

Central Phoenix Regional Partnership Council

Health Strategy Analysis

The document reads from left to right, beginning with the identified “need”, followed by the explanations of the need. Location/population identifies a target audience or group that is associated with the need. Strategies funded in other regions highlights other FTF regions within Maricopa County funding strategies that closely associate with the identified need. Non-FTF funded programs provides information on other programs (state, federal, county, etc...) available to children/families also associated with meeting a similar need. Other Considerations highlight recommendations from staff as well as things the committee may want to consider when strategizing for funding this priority area. The last column corresponds with the “other considerations” and is directly linked to the staff recommendations. Ex: Recommend expansion of home visitation- Home visitation aligns with indicators 1, 8 and 10 and priority #4.

First Things First

Central Phoenix Regional Partnership Council

Health Strategy Analysis

Need	Why is this a need?	Location/population	Strategies funded in other regions	Non FTF funded programs in region	Other Considerations	Alignment w/ Regional Needs and Indicators
<p><u>Prenatal Outreach</u></p> <ul style="list-style-type: none"> ➤ 40% of women who gave birth in the region did not have High School diploma or GED <p><i>HIA recommendations for the Committee:</i></p> <p>Increase support of programs and outreach services targeting pregnant teens, fathers and parents of teens</p> <p>Develop specialized programs for inclusion of:</p> <ul style="list-style-type: none"> • culturally and linguistically appropriate breastfeeding education • Develop parental and postnatal and partner stress reduction management program • Support programs that promote peer support and substance abuse cessation and peer support for pregnant and post-natal participants <p>Promote funding of educational programs that assist parents in speaking to teens about sexual health and development</p>	<p>Uneducated mothers have greater risk factors that include:</p> <ul style="list-style-type: none"> ○ low birth weight ○ and high risk pregnancy ○ fewer prenatal visits ○ lack of social supports. ○ Poor birth outcomes <p>*Prenatal outreach has 2 goals-</p> <ol style="list-style-type: none"> 1. Recruit pregnant women into prenatal care early in pregnancy 2. Support parent education during pregnancy to improve birth outcomes 	<p>Women that are pregnant and parenting young children- include a focus on outreach to teen parents or young mothers and fathers.</p>	<p>Teen Outreach Pregnancy services N PHX Parent Ed- CBT \$357,000 to serve 80 teens with, developing support systems in the community, assistance with enrollment in parenting education classes, enrollment in education settings that will lead to the completion of high school diploma or GED and helping young parent choose quality, safe environments for child care. Additionally, the program will provide a range of services for pregnant and parenting tenens through the following modalities: 1) ongoing case management/case coordination services, 2) on going group parenting/life skills classes and 3) information and referral services.</p> <p>Prenatal Outreach (Healthy Start model with use of promotoras – lay health workers) S PHX \$ 550,000 to serve 550 adults in training session and 495 adults in home visitation. Classes cover DV, IPV, substance abuse, smoking, healthy pregnancy, developmental screening for baby up to 18 months, classes for fathers and young mothers.</p> <p>Parent Ed Community based Training N/W Maricopa targets grandparents raising grandchildren, teen parents and at risk families through this strategy. Council funds \$300,000 to serve 430 pregnant and parenting teens and grandparents raising grandchildren (approx. 200 each)</p>	<p>Through the federal MIECHV grant, 150 pregnant women are targeted for home visitation through Healthy Families and Nurse Family Partnership programs.</p> <p>ADHS offers information via hotline to assist low-income people in Arizona in overcoming system, social and cultural barriers which otherwise separate them from health care. regarding Pregnancy testing sites, Lactation referrals, Baby Arizona Prescreening, Free Prenatal Vitamins, why they are important & where to get them, see www.getfolic.org Low Cost Prenatal Packages</p> <p>MIHS offer OB/Medical Home; Refugee Women’s Clinic and Teen Pregnancy Program at the Comprehensive Healthcare Center located on 25th st and Roosevelt</p>	<p>**Expansion of home visitation could target pregnant women and families with young children and assist with completion of high school diploma or GED. Council could consider funding prenatal home visitation program. Home visitation is an early childhood intervention that supports parents/caregivers in their role of raising children by bringing services and supports into the home. Home visitation builds a parent’s capacity to support the child’s development and strengthen the existing bond between parent and child. Goals are created that are family centered and typically include parent goals and child goals. Parent goals will usually include: Improving rates of healthy pregnancy & delivery; enhancing parenting skills, prevent child abuse and neglect and improve parent knowledge of child’s development. Typical child centered goals will include: Increasing School readiness; improving health; enhancing cognitive and emotional development; assuring timely identification of and delivery of services for developmental delays.</p> <p>**C PHX addresses two of the HIA recommendations (1 &2) through home visitation</p> <p>***ACA addresses multiple issues related to prenatal services for women.</p>	<p align="center">Y aligns with indicators 1,8,10 and priority #4</p>

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<p><u>Nutrition/Obesity Prevention</u></p> <ul style="list-style-type: none"> ➤ 55% of children in region participated in SNAP (food stamps) ➤ 36% of households with children under age 5 lived below poverty level. <p><i>HIA recommendations for the Committee:</i></p> <p>Sponsor bilingual nutrition classes, resources and activity calendars.</p> <p>Underwrite wise grocery shopping classes to teach how to provide nutritious meals on a budget.</p> <p>Encourage AHCCCS Health Plans to include nutrition education and obesity prevention strategies in materials and services.</p>	<p>Lower economic status is associated with higher levels of food insecurity. With limited income, families in AZ Health Survey reported lack of food to last all month and inability to prepare healthy meals.</p> <p>Evidence shows families who are food insecure are more likely to have poor health outcomes.</p>	<p>Families with children 0-5</p>	<p>N/W & S/W Maricopa fund Nutrition/Obesity Prevention to children, families and child care providers through community based health education in community locations and childcare settings. also has an injury prevention component (car seat safety training and installation).</p> <p>S/E Maricopa funds Food Security strategy, assisting low income families with children 0-5 with nutritionally sound food boxes.</p> <p>S/W Maricopa funds Food Security strategy, assisting low income families with children 0-5 with nutritionally sound food boxes.</p> <p>N/W Maricopa funds Food Security strategy, assisting low income families with children 0-5 with nutritionally sound food boxes.</p>	<p>Head Start, Early Head Start, hospitals, Native Health, ADHS, MIHS</p>	<p>**SFY16 Expansion of parent education strategy to specify integrating health and nutrition into curriculum.</p> <p>**C PHX currently addresses nutrition obesity prevention through prenatal outreach and home visitation.</p> <p>Nemours, in conjunction with ADHS (FTF as a partner) received a federal grant to address physical activity/nutrition best practices in childcare settings. This will tie into Empower work already occurring.</p> <p>Empower pack (see handout)</p>	<p>Y aligns with indicators 1 &10 and priority #4</p>

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<p>Oral Healthcare</p> <ul style="list-style-type: none"> ➤ Nearly 40% of children 0-5 in Maricopa County have never seen a dentist. Reasons reported according to 2010 AZ Health Survey – 41% stated not old enough; 28% stated no reason/ no problems. ➤ According to ADHS 54% of children age 3 have never seen a dentist; 37% of children 2-4 have had tooth decay & 30% will have untreated tooth decay. <p>HIA recommendations for the Committee:</p> <p>Promote funding of programs that respond to the oral healthcare needs for children with autism, homeless children or other special populations.</p> <p>Develop public education materials and/or a campaign to inform parents about preventative oral healthcare needs of young children.</p> <p>Develop collaborations with medical community so that training materials can assist primary care physicians in making referrals.</p>	<p>Oral decay is 100% preventable. Oral health issues or disease in the mouth can endanger the rest of the body. Untreated tooth cavities can lead to other more severe forms of treatment (root canal, etc...) to alleviate pain.</p>	<p>All Families with children 0-5</p>	<p>Oral Health</p> <p>South Phoenix- ISA with ADHS (MCDPH provides services) fluoride varnish and screening in WIC offices. This grant is in the pilot phase of the grant that will allow county health depts. to bill AHCCCS for fluoride varnish.</p> <p>N/W Maricopa ISA with MCDPH funds \$400,000 to screen and varnish children in WIC clinics</p> <p>S/W Maricopa ISA with MCDPH funds \$175,000 to screen and varnish children in WIC clinics</p> <p>ISA with MCDPH funds \$151,484 to screen and varnish children</p>	<p>Pediatric Dentists, Wesley Community Center, MIHS, Valle Del Sol, CASS, Indian Health Services, Head Start and Early Head Start.</p>	<p>**support oral health strategy within WIC clinics and possibly immunization clinics providing screening and varnishing and face to face parent education.</p> <p>Addressing the HIA recommendations, FTF is developing a resource and referral database for children who need free or low cost oral health services</p> <p>Empower Pack now includes an oral health component (tooth brushing and oral health education)</p> <p>.</p> <p>AZAAP is pursuing a state law that will reimburse pediatricians for applying fluoride varnish.</p> <p>FTF does not fund dental services</p> <p>FTF does fund oral screenings and application of fluoride varnish to children ages 1-5 years old thru WIC clinics, child care centers, family resource centers. FTF coordinates with dentists and community clinics</p>	<p>Y</p> <p>aligns with 1 & 10 and priority #4</p>

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<p><u>Injury Prevention</u></p> <p>As cited in the HIA, during 2011 837 children under age 18 died in AZ- 35% of those deaths were preventable. Over 100 deaths were in or around the home- more than half were under the age of 1. 64 deaths were due to unsafe sleep environments. Nearly half of the child fatalities in the state were due to lack or improper use of vehicle restraints.</p> <p><i>HIA recommendations for the Committee:</i> Support educational programs that distribute car seat safety seats and demonstrate the proper use of the equip. Include public and professional education as a component.</p> <p>Support educational programs that help new parents understand safe sleep environments include education to physicians.</p> <p>Strengthen existing home visitation programs</p> <p>Support a consistent message related to prevention of child drowning.</p> <p>Encourage participation in community education activities at health fairs, back to school nights and other public events.</p>	<p>Data not adequate to support separately funding injury prevention- particularly to focus on distribution of car seats, safe installation of car seats, crib safety, drowning prevention</p> <p>The difference between needs for car seat distribution and car seat installation is not clearly identified in injury prevention data.</p> <p>W</p>	<p>All families with children age 0-5.</p>	<p>Parent Ed/CBT Family Resource Centers Home Visitation Central Maricopa funds \$389,411 for Parent Ed/CBT, \$1,510,000 for Family Resource Centers and \$600,000</p> <p>Family Resource Centers & Home Visitation South Phoenix funds \$2,000,000 for Family Resource Centers and \$2,300,000 for Home Visitation</p> <p>Home Visitation Parent ED/CBT Northeast Maricopa funds \$165,809 for Home Visitation and \$265,000 for Parent ED/CBT</p> <p>Home Visitation, Parent ED/CBT, Family Resource Centers North Phoenix funds \$978,717 for Home Visitation, \$740,000 for Family resource Centers, \$477,532 for Parent ED/CBT</p> <p>Home Visitation, Parent ED/CBT, Family Resource Centers, N/W Maricopa funds \$500,000 for Home Visitation, \$300,000 for Parent Ed/CBT and \$725,000 for Family Resource Centers</p> <p>Home Visitation, Parent ED/CBT, Family Resource Centers S/W Maricopa funds \$300,000 for Home visitation and \$375,000 for Parent ED/CBT and \$900,000 for Family Resource Centers</p>	<p>ADHS, multiple County Health programs, hospitals and</p>	<p>** expand home visitation or Parent Ed/CBT.</p> <p>Injury prevention components such as crib safety, water safety, safe sleep environments are directed through home visitation and various parent education/community based training curricula.</p> <p>**C PHX currently addresses 4 of the 5 recommendations of the HIA through currently through Home visitation and community outreach. No specific messaging has been developed to directly address prevention of child drowning and can be a consideration.</p>	<p>Y aligns with indicators 1,8, 10 and priority #4</p>

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<p><u>Developmental and Sensory Screening</u></p> <p>According to the 2012 Needs and Assets report, the number of children screened for disabilities has more than doubled between 2007 and 2010; yet many families were turned away for services due to shortage of services.</p> <p><i>HIA recommendations for the Committee:</i></p> <p>Provide funding support for programs or agencies that loan hearing and vision equipment and for the training of staff to operate equipment.</p> <p>Identify agencies and providers in the region willing to accept referrals for screenings and treatments from FTF grantees if this child is not AHCCCS/KidsCare eligible</p> <p>Work with AHCCCS health plans to provide educational materials or videos that provide parent education about the need for well child visits and various screenings, for use by OB and pediatric offices,.</p>	<p>30-50% of all children are considered to have some level of delay- not all eligible for AZEIP or Pat B services.</p> <p>Early and consistent screening promotes family awareness of potential developmental or sensory deficits and provides a point of intervention.</p> <p>Screening supports systems building between community organizations, health providers and agencies providing early intervention.</p>	<p>All Families with children 0-5</p>	<p>Developmental and Sensory Screening North Phoenix funds \$167,598 to provide to provide 3,600 hearing screenings</p>	<p>Regionally funded strategies- Care Coordination, Home Visitation and Parent Education offer developmental screenings.</p> <p>Periodic screenings are provided in pediatric offices for children. AHCCCS is required to review all AHCCCS health plans and their ability to provide certain periodic screenings through “well child checks”</p> <p>ADHS loans equipment to provide hearing and vision screenings to school districts; Head Start and Early Head Start offer developmental and sensory screenings.</p> <p>If a child is eligible, AZEIP provides hearing and vision screening as a team approach to children through a hearing/vision specialist.</p> <p>CPLC, Native Health Start, Crisis Nursery, MIHS, U MOM, UCP, Foundation of AZ BASICS</p>	<p>For FY14, South and Central Phoenix will let a joint RFGA for Care Coordination that embeds Developmental and Sensory screening as a secondary strategy. RFGA will be released March 1 for the Central and South PHX regions Applicants will be required to address how they will ensure children are receiving required screenings (vision and hearing) and periodic developmental screenings.</p> <p>Other FTF funded strategies such as home visitation, CCHC and Parent ED CBT offer developmental screenings.</p>	<p>Y</p> <p>Aligns with indicators 1,8,10 and priority 1,2,4</p>

Other findings that were cited frequently in the 2012 Needs and Assets and the Health Impact Assessment						
<p>➤ Lack of awareness cited most frequently in Needs and Assets report as a barrier for families accessing services to:</p> <ul style="list-style-type: none"> • Parenting support (20%) • Social services (21%) • Services for children with special needs (20%) • Early childhood education (23%) • Behavioral health services (18%) 	<p>Lack of awareness leads to lack of use for existing programs and services. May indicate less of a need and more of a need for awareness.</p>	<p>All Families with children 0-5</p>	<p>Central Phoenix RPC is currently funding a Family Support Coordination strategy. This strategy provides central intake and referral for families who may be experiencing crises or complex issues and increases the ability of families to access needed supports and services. Many families will only access the referral and resource component. For those families that receive ongoing support through intake, assessment and case management, additional support is provided and identified through establishment of family goals and working to establish self-sufficiency through accessing supports on their own and successfully meeting their established goals.</p> <p>Central PHX RPC funds Community Outreach position that works to raise awareness to the general public, including parents, of the importance of early childhood development and health and raise awareness amongst parents of the regionally funded programs.</p> <p>Central Phoenix RPC funds Care Coordination</p> <p>Central Phoenix, North Phoenix and South Phoenix RPCs host semiannual grant partner meetings that allow for intentional networking and collaboration exercises to systematically approach parent and community awareness.</p>		<p>**inquire of existing funded programs within the region to expand on outreach and awareness efforts in narrative report.</p> <p>**include in future RFGA's /agreements, language that requires applicants to create a detailed implementation plan for outreach and awareness as well as a focus on collaboration between FTF funded grantees.</p>	

Recommendations:

Expand home visitation

Fund Oral Health

***SFY16 Expand Parent ED/CBT, include focus on existing models that include an in depth focus on nutrition/obesity prevention, injury prevention and developmental milestones.**