

US Department of Health and Human Services

Home Visiting Evidence of Effectiveness

Models

Child FIRST

Child FIRST works to decrease the incidence of serious emotional disturbance, developmental and learning problems, and abuse and neglect among high-risk young children and families. Child FIRST provides services to families with children birth to age 6 in which the child has emotional, behavioral, or developmental concerns or the family faces multiple barriers. A clinician and care coordinator provide services that include comprehensive assessment of child and family needs, observation and consultation in early care and education settings, parent-child mental health intervention, development of a family and a child plan of care, and care coordination/case management.

- Target Population: Birth-11 months, 1-2 years, 2-3 years, 3-4 years, 4+ years
 - Research shows favorable outcomes in: Maternal Health, Child Development and School Readiness, Reductions in Child Maltreatment, Linkages and Referrals
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Family Check-Up

the Family Check-Up model is designed as a preventative program to help parents address typical challenges that arise with young children before these challenges become more serious or problematic.

- Target Population: 1-2 years, 2-3 years, 3-4 years, 4+ years
 - Research shows favorable outcomes in: Maternal Health, Child Development and School Readiness, Positive Parenting Practices
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Healthy Families America (HFA)

Healthy Families America (HFA) is designed to help families manage life's challenges by building on their strengths, rather than focusing on correcting weaknesses.

- Target Population: Pregnant Women, Birth-11 months, 1-2 years, 2-3 years, 3-4 years, 4+ years
 - Research shows favorable outcomes in: Child Health, Child Development and School Readiness, Reductions in Child Maltreatment, Positive Parenting Practices, Family Economic Self-Sufficiency, Linkages and Referrals
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Nurse Family Partnership (NFP)

The Nurse Family Partnership (NFP) is designed for first-time, low-income mothers and their children. It includes one-on-one home visits by a trained public health nurse to participating clients.

- Target Population: Pregnant Women, Birth-11 months, 1-2 years
 - Research shows favorable outcomes in: Maternal Health, Child Health, Child Development and School Readiness, Reductions in Child Maltreatment, Reductions in Juvenile Delinquency, Family Violence, and Crime, Positive Parenting Practices, Family Economic Self-Sufficiency
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Parents as Teachers (PAT)

The goal of the Parents as Teachers (PAT) model is to provide parents with child development knowledge and parenting support. The PAT model includes home visiting, professional development, and advocacy.

- Target Population: Birth-11 months, 1-2 years, 2-3 years, 3-4 years, 4+ years
 - Research shows favorable outcomes in: Child Development and School Readiness, Positive Parenting Practices
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