



Early Literacy – Navajo County Library

“Parent trainings at the Head Start Center in St. Johns are always successful and enjoyable. The staff there is extremely supportive and parent liaison Nestor Montoya goes out of his way to welcome me and encourage parents to attend my sessions. There was time for an in-depth question and answer session after my presentation in February, and I was able to help individual parents with specific problems they were facing. One set of parents was really struggling with their son’s recent diagnosis of autism, and wanted resources to help them help their son (as well as to assist their other children in understanding their brother’s issues). I was able to go back to Holbrook and create a list of materials available at Apache & Navajo County Libraries along with some additional resource suggestions that they could access through inter-library loans (or ask their librarians to purchase). Nestor also opened the door for me to make my first presentation at the Springerville Head Start center this quarter, which was very successful. Staff in Springerville sent me parent evaluations of my presentation, which were very positive! This was the first time I’ve received written comments about one of my programs, and I found it very helpful (and uplifting, as well).”

Healthy Steps

North Country

“The Healthy Steps Specialist met Bianca when she was 6 days old. Mom is 17, Dad is 15, and neither of them have graduated and neither of them are presently attending high school. Mom and dad were upset because Bianca cried a lot, and did not like to burp. The HSS utilized a teaching moment to explain what non-expressed burps were when Bianca released gas and stopped crying for a time. Then she asked about what steps were being taken to help Bianca. Then the HSS helped dad put Bianca on his shoulder to burp, helped him pat her back and pointed out that Bianca had stopped crying and was snuggling with dad while on his shoulder, she liked this position.

The HSS also held the baby and modeled various ways to hold Bianca while talking about the baby’s response to those different holds, change in tone of voice and movements. She pointed out Bianca’s cues and explained that Bianca is telling them what she needs, what helps her and what is not helpful for her.”

Summit Healthcare

“Upon a referral from the inpatient pediatric unit a HSS visited a young family whose infant had been admitted to the hospital for an illness. The medical staff expressed concerns for the capacity of the mother and her boyfriend to care for this infant. The HSS was able to talk with the family and learn of their discomfort with understanding their role as their child’s caregiver while in the hospital. The

mother expressed confusion about her role in her child’s care and she expressed her fear for handling her very sick infant. The HSS was able to have the nursing staff address the mother’s fear and explain her role in her infant’s care. The HSS continued to work with the family and learned that the maternal grandmother generally cares for the infant at home and that the mother is not the child’s primary care provider. The young mother reported that she would like to care for her infant, but that she was unsure of how to do this. When offered Healthy Steps services the mother cried and reported that this was exactly what she needed. She agreed to continue receiving Healthy Steps services following the infant’s hospital discharge.

A mother delivering her 8th child received the Newborn Behavioral Observation (NBO) services from her Healthy Steps Specialist. The nursing staff reported to the HSS that this mother was quite experienced and probably would not benefit from the services. The HSS stated that all babies born at Summit are candidates for the NBO. Following administration of the NBO the HSS asked the mother if she learned anything that she didn’t know with her other infants. She reported with delight that everything she learned about her infant during the NBO was new information about infant development and behavior. She commented that the NBO helped her feel an immediate connection with her newborn.”

Oral Health

Children Screened during January – March, 2012

Male	Female	Total
209	215	424

Of the 424 oral health screens this quarter, 113 were 2nd applications and 33 were 3rd applications. During this quarter 5 participants had been determined Urgent (needing to see the Dentist right away). They will be followed in the next quarter.”

Lab School:

“Contacts and visits to local preschools have been made to review and discuss current programs and their potential partnerships with the Lab School. Collaborations with Siobhan Coffelt (NRMCC), Eve Hoskins (Ehmke’s and Successful Beginnings), Meghan Penrod (teacher) and Cheryl Byrd (PT) both at Blue Ridge Elementary will probably be beneficial for networking.

Sandy Brimhall (SLSD) expressed her district’s eagerness to partner with the lab school. Future meetings will be held to confirm their contributions of furniture, equipment, teaching positions, and transportation.”