



FIRST THINGS FIRST

The right system for bright futures

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Family Fun All Year Round

The Annual Tribal Fair and Rodeo is an event most of us look forward to every year. We love the parade, rodeo and, of course, the fair! It's important that families continue to have fun together through the entire year and not just during the fair.

Arizona is a very diverse state and children can learn a lot while they are having fun with their family. Having a good time as a family doesn't have to cost a lot of money so here are some suggestions on how to have fun without having to spend a lot.

Fishing, Hiking and Outdoor Activities: The Fort Apache Indian Reservation has some of the most beautiful land in the state of Arizona and our children should learn to appreciate and enjoy it. During the warmer months families can take their children fishing or hiking on many of the trails and paths the reservation has. To make it an even more memorable experience, consider packing a picnic lunch with some of your children's favorite foods. They will enjoy the exercise they get while being able to spend time with their family.

Educational Activities: Arizona has numerous activities for children to do while learning and having fun at the same time. Locally, Larson Memorial Public Library and the Show Low Public Library host various activities for young children and their families. In most cases, these activities are free to the public and allow kids the opportunity to use their imaginations. If you are looking to head to Phoenix or Tucson, consider checking out some of the museums designed especially for children. Some of the most popular are:

1. The Tucson Children's Museum
2. Children's Museum of Phoenix
3. The Phoenix Zoo

Just Plain Fun: If you are looking for something fun your kids will remember, try visiting one of these locations:

1. Red Rock State Park
2. Castles N Coasters
3. Water World

Remember that in most cases, planning fun activities with your children can take some time and preparation. For those activities that require traveling or even entrance fees, plan ahead and set aside a little bit of money at a time. Most importantly, your children will remember the fun you have with them as long as you are enjoying yourself as much as they are. Don't let the Tribal Fair & Rodeo be the only time of the year you have fun with your children.

If you would like more information about early childhood development and health, please feel free to contact Rochelle Lacapa, Regional Coordinator at (928) 532-5041 or via email at rlacapa@azftf.gov.