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Narrative Reports

Statewide Summary:

Quality First:

- Coaching:
- Child Care Health Consultant: **The central success is that the Quality First Child Care Health Consultant program is continuing to expand and progress allowing for increased access to high quality child care for children in Cochise County. The CCHC currently has 38 enrolled Quality First Child Care programs and the program is expanding to include 43 Quality First Child Care programs by next quarter. The CCHC is continuing work on the development of resources, trainings, and workshops for child care providers to improve the quality of child care for the children within Cochise County.**
- Scholarships: **Based on January analysis, VSUW allocated an additional 1,842 full-time scholarship slots to regions that are projected to be underspent by the end of the year. With the additional slot allocations, VSUW is projecting that 90% of the scholarship budget will be used by the end of the fiscal year. VSUW works closely with United Way of Yuma. They assist in administering the program to the Spanish speaking providers in Yuma, Cochise, South Pima and Santa Cruz. United Way of Yuma is assisting VSUW with this year's fiscal monitoring for those providers in Southern Arizona.**

Therapists:

The program has received inquiries from at least four additional therapists from the South Phoenix, and other inquiries from the North Pima, Central Pima, Cochise, Navajo Nation and the Yuma Regions. Some of these therapist reports they will not qualify for our program because their caseload is spread across FTF Regions and are unable to meet the 30 hour requirement of serving children in specified zip codes.

During the 3rd Quarter of FY 2013, two (2) contracts were signed totaling \$75,500; one (1) school district mental health specialist for South Phoenix and one (1) bilingual SLP providing services in the Yuma school district. This is in addition to the three (3) contracts signed during the first quarter of FY2013 and the one (1) contract signed for the Cochise Region in the second quarter of FY2013. One therapist from Cochise Region completed the two year contract and was sent a completion letter in January 2013.

TEACH:



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First Things First Quarterly Oral Health Narrative Report

Due the 20th following the end of each Quarter

Provider Name	University of Arizona Cooperative Extension Cochise County		
Contract #	ISA-RC002-11-0175-01-Y3		
User Completing Report	Evelyn Whitmer/Joyce Flieger		
Reporting Period	Quarter*	Year	
	3	FY 2013	
Regional Partnership Council	Cochise County		
Date Completed	4/1/2013		
Note*: 1 st Quarter: July-September – Narrative Report due October 20th 2 nd Quarter: October-December – Narrative Report due January 20th 3 rd Quarter: January-March – Narrative Report due April 20th 4 th Quarter: April- June – Narrative Report due July 20th			

Instructions: Please complete the questions below for all funded activities within your grant agreement. When completing this report reference your grant implementation plan. Please note that information reported in your narrative should supplement, not duplicate or conflict, with data reported in your assigned data template(s). The data template(s) assigned to your contract will serve as the system of record for data reported for your grant agreement. It may be helpful to complete your data submission report prior to this report.

Program Implementation:

1. Provide the following information on current outreach, recruitment and retention activities, as applicable. Describe any particular successes with these activities.

Date	Provider	Activity	Target Audience	# of Trainings	Total # Reached
01/08/13	Providers and Coaches	Intensive Training Parents as Teachers	Families	1	9
01/16/13	Tiny Tots	Education and Screening/fluoride	Teacher, families and children	2	66



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Date	Provider	Activity	Target Audience	# of Trainings	Total # Reached
01/17/13	Blake Foundation-Parent/child group	Education, Screening/Fluoride	Families and children	2	23
01/24/13	Health care providers	Discussion of Fluoride varnish w/ medical and dental providers	Dentist, pediatrician, dental hygienist, executives	1	27
01/28/13	Shepherds Fold	Screening/Fluoride	Teacher, families and children	3	86
01/29/13	Childtime	Education, Screening/Fluoride	Teacher, families and children	4	105
01/30/13	Carmicheal Head Start	Education	Teacher, families and children	3	129
01/31/13	Key Stakeholder	Intensive Executive Training	FTF regional council	1	1
01/31/13	Shepherds Fold	Education	Teacher, families and children	3	102
02/04/13	CAS	Education	Teacher, families and children	2	100
02/05/13	Benson Head Start	Education, Screening/Fluoride	Teacher, families and children	1	44
02/06/13	CDS	Education, Screening/Fluoride	Teacher, families and children	3	125
02/25 AND 28/2013	First Baptist	Education, Screening/Fluoride	Children, teachers and Parents	4	106
02/07/13	CAS	Screening/Fluoride	Teacher, families and children	3	100
02/11/13	Health Providers	Training for nursing faculty	RN/LPN	1	12
02/11/13	San Simon Kinder	Education, Screening/Fluoride	Teacher, families and children	1	21
02/12/13	CPLC	Education, Screening/Fluoride	Teacher, families and children	4	104
02/13/13	Berean	Education, Screening/Fluoride	Teacher, families and children	1	36
02/19/13	Town and Country	Education, Screening/Fluoride	Teacher, families and children	2	97
02/20/13	Huachuca City Elementary	Education	Teacher, families and children	1	43



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02/20/13	Huachuca City Preschool	Education, Screening/Fluoride	Teacher, families and children	1	20
02/21/13	Carmicheal Head Start	Screening/Fluoride	Teacher, families and children	3	102
02/26/13	Palominas	Education, Screening/Fluoride	Teacher, families and children	2	63
02/27/13	Home visit	Education, Screening/Fluoride	Family and children	1	2
02/27/13	Tombstone	Education, Screening/Fluoride	Teacher, families and children	1	15
02/27/13	Tombstone	Education	Teacher, families and children	2	28
3/5,6,7,19 ,20 and 26/13	New Beginings Education	Education, Screening/Fluoride	Teacher, families and children	15	547
03/11/13	Home visits	Education, Screening/Fluoride	Family and children	2	4
03/12/13	Home visit	Education, Screening/Fluoride	Family and children	1	1
03/12/13	Cari Ross	Education, Screening/Fluoride	home provider	1	5
03/18/13	Providers and Coaches	AZ Children's Association foster parent	foster parents	1	15
03/18/13	Home visit	Education, Screening/Fluoride	Family and children	1	2
03/19/13	Health care providers	Student Nurses	Health care	1	7
03/21/13	PDS	Education	Teacher, families and children	3	106
03/21/13	Health care provider	Education	Palominas Pediatrician	1	2
03/22/13	Blake Head Start	Education, Screening/Fluoride	Parent education group	1	34
03/25/13	Carmicheal Preschool	Education, Screening/Fluoride	Teacher, families and children	6	158
03/27/13	Lestonnac	Education, Screening/Fluoride	Teacher, families and children	2	88
03/28/13	PDS	Education, Screening/Fluoride	Teacher, families and children	3	106
3rd Quarter Activity ONLY Combined categories of families and children				91	2641



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First Things First Quarterly Oral Health Narrative Report

Due the 20th following the end of each Quarter

This table reflects data submitted on Partner Grant Management Systems (PGMS)

Note: Due to HIPPA laws and the proximity of dental care access to Mexico, it is difficult at best to record the number of participants who followed up with dental care. State First Things First advised our program on how to proceed with this category of reporting going to the dentist. These numbers reflect their advice on how to record our findings. We have seen in some centers that children who were previously seen with visible dental cavities and have had referrals to dentists from us, have restorative dental procedures completed as noted below

First Smiles Grant Strategy and Service Units	PGM Totals										
	screenings	vamish	# of expectant mothers toothbrush kit	# of tooth brush kits 0-5	# of trainings conducted	# of families receiving education	# of health care providers receiving education	# of children receiving education	# canceled trainings	# referred to dentist	# reporting going to dentist*
July	4	4	0	1969	4	49	0	1942	0	4	1
August	81	73	1	166	20	529	4	276	0	81	4
September	87	82	0	126	22	539	0	388	0	87	0
1st quarter	172	159	1	2261	46	1117	4	2606	0	172	5
October	240	228	0	813	58	762	0	675	0	240	0
November	191	176	0	328	45	810	2	588	0	191	1
December	286	269	0	416	21	430	1	291	0	286	5
2nd quarter	717	673	0	1557	124	2002	3	1554	0	717	6
January	102	94	1	398	21	296	27	232	0	102	0
February	240	227	0	684	35	534	15	477	0	240	4
March	250	231	3	1361	35	573	0	487	0	250	18
3rd quarter	592	552	4	2443	91	1403	42	1196	0	581	22
April											
May											
June											
4th quarter											
YTD Totals	1521	1422	5	6317	267	4646	49	5468	0	1521	33

Service Unit	Proposed	Completed by March 31 st , 2023
Number of participating adults	2000	4646
Number of participating	36	42



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professionals		
Number of fluoride varnishes	600	1422
Number of children receiving oral health screenings	600	1521

1. Describe any particular successes with these activities.

The 3rd quarter implemented a new strategy for First Smiles. I trained 9 of the Blake Foundation's Parent as Teachers Educators on Oral Health. During the training we discussed how we could work together to improve the oral health of the families we work with. During this quarter I have participated in 6 family visits with Blake Foundation Parents as Teachers Program. During these home visits I provided oral health education to mothers, fathers and provided tooth brush instructions specific to the age of the child and family. Oral health screenings and fluoride varnish were also provided to these families in their homes. All of the families are very appreciative and would like the 2nd fluoride varnish application. The Blake Foundation Teachers are also very positive about the home visitation oral health program.

2. Are there any specific outcomes that have been achieved during this reporting period that may not be reflected in the data reporting you have completed?

University of Arizona's 2014 Intergovernmental Agreement has been written and submitted to First Things First, for the First Smiles program.

First Things First Staff Kelly Murphy, Regional Director Melissa Advant, Chair Melanie Rottweiler, Jane Strain, Vice Chair Steven Poling, and Evelyn Whitmer observed the First Smiles Team during a presentation and oral health assessment with fluoride application.

Two presentations were prepared for the Cochise Regional Council First Things First Monthly Board Presentations.

3. Describe current issues related to staffing necessary for program implementation.

Current staff has no issues at this time. The First Smiles program is currently at capacity. The only way this program can involve more childcare providers and children is to reduce services to current centers or to look at contracting with temporary staff to reach more children. This last concept would require more funding from Cochise Regional Council.



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Provider Name	Easter Seals Blake Foundation		
Contract #	FTF-RC002-13-0385-03		
User Completing Report	Jamie Thompson		
Reporting Period	Quarter*	Year	January 2013-March 2013
	3	2013	
Regional Partnership Council	Cochise		
Date Completed	4-20-13		

Note*: 1st Quarter: July-September – Narrative Report due October 20th
 2nd Quarter: October-December – Narrative Report due January 20th
 3rd Quarter: January-March – Narrative Report due April 20th
 4th Quarter: April- June – Narrative Report due July 20th

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Program Implementation:

1. Provide the following information on current outreach, recruitment and retention activities, as applicable: Describe any particular successes with these activities:

Activity	Target Audience	Frequency of Activity	Number Reached
Parents as Teachers Recruitment/outreach activities for the month of October are as follows number in () represents the number of brochures handed out. January Outreach: DES Recruitment Sierra Vista (20) Huachuca City Library Story time (10)	Provider/Public	Ongoing activities	Total Reached: 1,416



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<p>Sierra Vista Library Story time (10) Sierra Vista Mall (10) Berean Academy (20) Urgent Care (20) CPS (20) Community Intervention Agency Douglas (10) February Outreach: Tombstone High School Tombstone City Library Tombstone Family Clinic (20) Bisbee High School Women's Transition (10) Bisbee DES Boys and Girls Club (15) Gentle Birth Services (16) Chicanos por la Causa (10) March Outreach: Cooper Queen Medical Association (14) Cooper Queen Hospital (1) Cobre del Sol (10) Trinity Preschool (10) Bisbee Head Start (5) Bernadette's Home childcare (emailed brochure) Montessori School (10) DES Bisbee (10) Church of Nazarene Bisbee(10) Community Church Bisbee (10) 1st Baptist church Bisbee (10) Your Thrift Store Bisbee (20) Penny Lane Thrift Store (20) Palominas Hospital (10) Palominas Valley View School (5) Palominas School District (5) Benson high School St. David High school Benson Elementary School Tombstone Family clinic (5) The Exchange Fort Huachuca (5) Raymond W. Bliss Health Center Fort. Huachuca (10) DES Sierra Vista (5) Fort Huachuca School District, (1,000) Flyers were sent home in the children's backpacks.</p>			
<p>Third Quarter Presentations:</p>			



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<p>Prenatal and Post natal Presentations on Fort Huachuca for Active Duty soldiers (30) Presentation for Mommy Meet-up Group (20)</p>			
<p>Third Quarter Community Events/Fairs: There are none to report this month, we have many upcoming next quarter.</p>			

2. Are there any specific outcomes that have been achieved during this reporting period that may not be reflected in the data reporting you have completed?

As Of today (3/31/13) we have 25 prenatal families, and are serving 16 teen moms.
We are serving 52 Families with 2 or more high need factors.

Total Home visits conducted:

January: 108 visits
February: 106 visits
March: 124 visits

Group Connections:

There were 12 Group connections offered this quarter. Three have been held in Sierra Vista, Two have been held in Wilcox, two in Benson, three in Bisbee, and two in Douglas.

January 17, 2013 Sierra Vista. Topics: Dental Health

Joyce Flieger and Wendy West from the University of Arizona Cooperative Extension came out to talk to Parents about children's dental health. Joyce performed oral screenings on the children and provided fluoride varnish treatments. Wendy read to the children about dental health, and the children interacted with puppets to help them get more comfortable with dentists. There were 27 people at this group connection.

January 30th, 2013 Benson. Topic: Infant Massage

This group connection taught parents Infant massage for infants with colic. Parents were given handouts about the benefits of infant massage, the anatomy of the abdomen with diagrams to remind the mother how to do the strokes. Another handout with each stroke was also given. Handouts were given to each family enrolled in the Benson Area. Reminder calls were also done. Total in attendance was 6.

February 12th, 2013 Wilcox. Topic: Nutrition (in Spanish)

The parent educator provided information and activities for parents including Food Guide for Children, Special Nutrient Needs, and Healthy Habits for a Healthy Child, and Food Safety. Each parent received a CPAT flyer and an educational booklet about children balanced diet & nutritional needs. There were 23 people present at this group connection.



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February 15th, 2013 Benson. Topic: Car Seat Safety class.

Guest speaker Esther Valenzuela presented a car seat safety class that included handouts on car seat safety, brochures and demonstrations on how to safely use the car seats. Questions were professionally answered. The children were matched with the appropriate car seat. Handouts were passed out the PAT families and reminder calls were made. There were 14 people at this group connection.

February 26th, 2013. Sierra Vista. Topic: Family Resiliency

The family resiliency group connection was held in the evening so that working fathers and parents could attend. Nicole Spahl (LPC) from New Visions came out to speak to parents about how to build a resilient family, and build resiliency in children. The Parent Educators entertained the children with crafts while the parents listened to the presentation. After the presentation the children and their parents ate a family dinner together. There were 34 people at this group connection.

March 12, 2013 Bisbee. Topic: Dental Health

Joyce Fieger from the University of Arizona's "First Smiles Program" was the guest speaker. The First Smiles group connection was held with the intention of informing parents about dental care, free exams and free Fluoride treatments. There were 4 people at this group connection.

March 14th, 2013 Wilcox. Topic: Nutrition (English)

The parent educator provided information and activities for parents including Food Guide for Children Nutrients Needs, Healthy Habits for a Healthy Child, and Food Safety. Each parent received a CPAT flyer and an educational booklet about children balanced diet & nutritional needs. There were 12 people present at this group connection.

March 28th, 2013 Sierra Vista. Topic: Dr. Seuss Literacy week

Parent Educators distributed reading logs to all their parents to keep track of the amount of books they read to their children during the month of March. Parents were to bring in the reading logs for a change to win a literacy basket. The Parent who read the most books won the literacy basket. All families received a goody bag with a bookmark, certificate of achievement, I like to read bracelet, and a pencil. The Parent Educators read Dr. Seuss stories and did crafts related to the books. Afterwards families enjoyed lunch together. There were 19 people present at this group connection.

The following group connections were offered, with no families showing.

Bisbee

1/28/13 – Get to Know CPAT – Inclement weather

2/12/13 – "Gardening with Baby" – Once again very poor weather condition

Douglas

1/24/13 – Getting to Know CPAT – Working to get families connected

3/8/13 – "Pre-natal nutrition" U of A presenter invited CPAT and WIC families

Following the group connection's a Parent Survey was conducted; the results from the surveys showed that the families felt respected and learned new information from one another. Last quarter parents asked us to help them connect to one another. This quarter we included ice-breakers at the beginning of every group connection which has helped parents feel more comfortable around one another.

3. Describe current issues related to staffing necessary for program implementation.



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A parent Educator from the Sierra Vista location was out on maternity leave for 8 weeks, she is now back and working on building her case load. A Parent Educator at the Douglas location went to part-time status due to family medical issues. An advertisement for this position is currently out.

4. Describe any barriers to successful implementation or other challenges. If the challenge is ongoing, what is your plan for resolving these issues?

Recruitment has been an ongoing barrier to successful implementation in our program. The supervisors are in the process of planning recruitment training for the Parent Educators, as well as developing a new recruitment plan which will enhance current strategies and add some new strategies.

Collaboration and Communication:

5. Describe collaboration efforts that have been undertaken or are continuing during the reporting period. Describe the nature of the collaborative effort and who potential or current partners are in the effort. Briefly describe anticipated results of the collaboration.

A collaborative meeting was held in January at Army Community Services (ACS) to discuss what all the different agencies in Cochise County have to offer. All the different agencies had a chance to present their programs, exchange brochures/flyers, and business cards. This meeting was scheduled to take place quarterly.

Our second advisory council meeting was held on February 8th at Easter Seals Blake Foundation in Sierra Vista. There were approximately 7 people in attendance. The advisory board members and the CPAT supervisor's brain stormed recruitment ideas. The board members came up with different ideas to help recruitment based on their areas of expertise. The advisory board members were asked to share some of their knowledge and expertise at the next board meeting.

A home visiting collaboration meeting was held in March 2013, other home visiting programs were invited to meet with us to discuss a collaborative approach to marketing our programs, building our caseload and serving all families most effectively. Five different agencies representing six different kinds of home visiting programs met together in Sierra Vista to begin this process:

- 1.) Cochise Health & Social Services – Health Start & CPAT
- 2.) Easter Seals Blake Foundation – CPAT, Early Head Start, and AzEIP
- 3.) Child Parent Centers – Early Head Start
- 4.) Child & Family Resources – Healthy Families
- 5.) U of A Cooperative Extension – EFNEP (Extended Food & Nutrition Education Program)

During the first meeting we familiarized ourselves with the similarities and differences among programs including: eligibility, areas covered and types of services offered. We were able to set up a matrix of referral back and forth among us to accomplish the following:

- 1.) To prevent duplication of service
- 2.) To make sure all families who need/request receive services
- 3.) To make sure each family gets the most comprehensive services possible
- 4.) To ensure all county areas/communities are covered

We plan to meet again in April and May, and quarterly thereafter to maximize home visiting service delivery throughout the county.



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Are there successes that can be shared during this reporting period? Include success stories that would be of interest to stakeholders including First Things First Regional Partnership Councils, the Board of First Things First or the general public.

29 month old boy-This child enrolled when he was almost two and at that time he did not have any words. He did make some noises and sounds, but no words. Mom admitted that even though she read to the child almost every day, playtime for them was very quiet and she did not use a lot of spoken language. Through coaching, mom was able to work with the child and was able to implement more parallel talking when playing with him. His whole family started talking, naming, and asking more so that he would speak more. At this time the boy has acquired lots of words and has begun to put together sentences. His mom is very proud of him. It shows that she has been working with him. She is very thankful for the program and is always eager to schedule our next visit.

Teen Mom and 8 month old baby- This little girl although strong and healthy was not scooting or crawling a month ago. Mom was afraid of giving her tummy time because she mentioned that the baby would cry nonstop. Apparently mom thought it was okay that her daughter preferred to be in the bouncer than on her tummy for most of the time. After some visits where tummy time was discussed and a tummy time chart was provided, the little girl began having longer periods of tummy time without crying. Before turning 8 months, she was scooting and now she is crawling. It is satisfying to visit this mom because even though she is a teenager, she looks forward to the visit and follows through with the activities and suggestions.

Overall, it is satisfying to hear parents say, "I tried what you told me, and my child is doing so much better." Or "After the screening, I have been paying attention to my child more. I have learned to observe him."



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Support or Additional Information:

6. What specific assistance or guidance do you need from FTF staff to ensure the success of your program? **Guidance on policy and procedures concerning marketing, to include public speaking, radio ads, newspaper ads, Facebook and other media.**
7. Describe any additional information you would like to share about program implementation.

Screenings Conducted: January-March 2013

*ASQ Screening: 61

*Vision Screening: 39

*Hearing Screening: 28

*Health Assessment Screening: 49

There were 64 children who received a developmental screening this quarter, out of the 64 children, 7 children showed a concern/delay, and received proper referrals.

Staff Training

Date	Staff Name (attending)	Topics	Hour(s)
1/8/13	Lacretia White, Shannon Wilson, Roxana Washington, Ivelisse Borrero, DeAnna Smith, Terri Gibson, Sonia Millet, Anne Arey-Feugate, Jamie Thompson, Marilyn Godfrey, Judith Gilligan	Oral Health for Children	1.5
2/5/13	Lacretia White, Shannon Wilson, Roxana Washington, Ivelisse Borrero, DeAnna Smith, Terri Gibson, Sonia Millet, Anne Arey-Feugate	Infant Massage	1
2/15/13	Lacretia White, Shannon Wilson , Ivelisse Borrero	Introduction to Early Childhood Mental Health	3
2/2013	Lacretia White, Shannon Wilson, Roxana Washington, Ivelisse Borrero, DeAnna Smith, Terri Gibson, Sonia Millet, Anne Arey-Feugate, Jamie Thompson, Marilyn Godfrey	Keys to Interactive Parenting Scale (KIPS)	20
3/15/13	Lacretia White, Shannon Wilson , Ivelisse Borrero, Roxana Washington,	Assessment Foundations in Early childhood Mental Health	3

Describe staff recruitment and retention activities.

There was no staff recruitment activities conducted this quarter. Staff retention includes monthly meetings with all Parent Educators together as a team. Separate monthly staff meetings are also conducted with the CHSS and ESBF teams. Supervision is held weekly with all Parent Educators.



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SOURCE OF ALL REFERRAL <u>INTO</u> PROGRAM		Number
1	Early Care and Education (Child Care)	
2	Community social service provider (Catholic Community Services) (Healthy Families)	2
3	Community support group (Breast Feeding group)	
4	Early Intervention/Therapy (ex. AZEIP, special education pre-schools, physical/speech)	1
5	Education – School District	
6	Education – parent (Self referral's into the program through recruitment)	17
7	Faith community (MOPS playgroup)	1
8	Family Planning (WIC)	21
9	Financial (emergency utility/rent/food assistance)	
10	Hospital	
11	Housing Support (ex Shelter Services)	1
12	Job Development/Placement	
13	Legal	
14	Mental health counseling	
15	Primary Care Physician	1
16	Prenatal Group	
17	Dental Provider	
18	Socialization/Recreation	
19	Specialized medical*	
20	Transportation	
21	Government Agency (please identify) (CPS) & (DES)	1
22	Other (please identify) Public Health Nurse and NICP Program	8

*Specialized medical - related to a child's documented and ongoing medical conditions and/or disability. E.g. children referred from the Office of Children with Special Healthcare Needs (OCSHCN).