First Things First Quarterly Oral Health Narrative Report

Due the 20th following the end of each Quarter

Provider Name	University of Arizona Cooperative Extension Cochise County		
Contract #	ISA-RC002-11-0175-01-Y3		
User Completing Report	Evelyn Whitmer/Joyce Flieger		
Reporting Period	**Quarter***	**Year**	
	4	FY 2013	
Regional Partnership Council	Cochise County		
Date Completed	6/30/2013		

Note*: 1st Quarter: July-September – Narrative Report due October 20th
2nd Quarter: October-December – Narrative Report due January 20th
3rd Quarter: January-March – Narrative Report due April 20th
4th Quarter: April- June – Narrative Report due July 20th

Instructions: Please complete the questions below for all funded activities within your grant agreement. When completing this report reference your grant implementation plan. Please note that information reported in your narrative should supplement, not duplicate or conflict, with data reported in your assigned data template(s). The data template(s) assigned to your contract will serve as the system of record for data reported for your grant agreement. It may be helpful to complete your data submission report prior to this report.

Program Implementation:

1. Provide the following information on current outreach, recruitment and retention activities, as applicable. Describe any particular successes with these activities.

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Date	Provider	# of Trainings	0-5 Trainings	Total Family	Health Professionals	Screening	Varnish	Referred to dentist	Report dental visit	Activity	Target Audience
04/02/13	Village Christian	1	62	69		27	24	27	3	Education and Screening	Children, Families and Teachers
04/03/13	Douglas High School Preschool	1	18	43		9	9	9	1	Education and Screening	Children, Families and Teachers
04/04/13	CCC Nurses	1	0	3	3			0		Professional Training	student nurses
04/04/13	Trinity Preschool	2	27	31		23	22	23	2	Education and Screening	Children, Families and Teachers
04/08/13	Willcox Head Start	2	40	46		14	12	14	1	Education and Screening	Children, Families and Teachers
04/09/13	Carmichael Preschool	6	19	29		19	16	19	1	Screening	Children, Families and Teachers
04/10/13	Wesylan	2	32	38		23	22	23		Education and Screenings	Children, Families and Teachers
04/11/13	Home Visitation	1	1	3		1		1		Education and Screening	Children and Families
04/16/13	Home Visitation	1	1	4		1	1	1		Education and Screening	Children and Families
04/16-18/13	Expanding Horizons	5	73	78		69	65	69	4	Education and Screening	Children, Families and Teachers

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04/22/13	Douglas Public School Preschools	6	154	161				0		Education	Children Teachers and Families
04/30/13	Johnson and Johnson Foothills	2	30	34		20	20	20	2	Education and Screening	Children, Families and Teachers
04/29/13	Imagine	5	73	78						Education	Children, Families and Teachers
04/30/13	Home Visitation	1	3	4		3	3	3		Education and Screening	Children and Families
04/30/13	Home Visitation	1	2	3		2	2	2		Education and Screening	Children and Families
5/1 - 5/2 2013	Imagine	0	115	138		108	102	108	2	Screening	Children, Families and Teachers
05/07/13	Lomeli	1	24	29		10	10	10		Education and Screening	Children, Families and Teachers
05/07/13	Coqui	1	15	34		1	1	1	1	Education and Screening	Children, Families and Teachers
05/16/13	Pearce Preschool	1	20	22		7	7	7		Education and Screening	Children, Families and Teachers
05/21/13	Johnson and Johnson South	1	40	45		11	10	11		Education and Screening	Children, Families and Teachers
05/21/13	Home Visitation	1	14	14		14	14	14		Education and Screening	Children and Families
05/23/13	Home Visitation	1	1	2		1	1	1		Education and Screening	Children and Families
05/23/13	Home Visitation	1	2	3		1	1	1		Education and Screening	Children and Families
05/29/13	Home Visitation	1	1	3		1		1		Education and Screening	Children and Families

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05/30/13	Home Visitation	1	1	2		1	1	1		Education and Screening	Children and Families
06/01/13	Varela	1	1	3		1	1	1		Education and Screening	Children, Families and Teachers
06/04/13	Tiny Tots	1	32	5		29	26	29		Education and Screening	Children, Families and Teachers
06/11/13	Dental CE	1	0	19	19			0		Dental CE	Dental Professionals
06/12/13	Douglas Library Story Hour	1	6	2				0		Education	Children and Families
06/13/13	Behavioral Health Day camp	2	20	20				0		Education	Children and Families
06/19/13	Cruz	1	6	8		6	6	6		Education and Screening	Children and Families
06/19/13	Maria Chavez	1	5	12		5	4	5	1	Education and Screening	Children and Families
06/19/13	Hoke	1	2	4		2	2	2		Education and Screening	Children and Families
06/20/13	Douglas Library Story Hour	1	30	39		6		6		Education and Screening	Children and Families
4th Quarter	TOTALS	56	870	1028	22	415	382	415	18		

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This table reflects data submitted on Partner Grant Management Systems (PGMS)

Note: Due to HIPPA laws and the proximity of dental care access to Mexico, it is difficult at best to record the number of participants who followed up with dental care. State First Things First advised our program on how to proceed with this category of reporting going to the dentist. These numbers reflects their advise on how to record our findings. We have seen in

PGM Totals	screenings	varnish	# of expectant mothers toothbrush kit	# of tooth brush kits 0-5	# of trainings conducted	# of familes receiveing education	# of health care providersreceiveing education	# of children receiving education	# canceled trainings	expectant mothers receiving services.	expectant mother screened	# refered to dentist	# reporting going to dentist
July	4	4	0	1969	4	49	0	1942	0	0	0	4	1
August	81	73	1	166	20	529	4	276	0	0	0	81	4
September	127	120	0	182	28	663	0	500	0	0	0	127	0
October	240	228	0	813	58	762	0	675	0	0	0	240	0
November	191	176	0	328	45	810	2	588	0	0	0	191	1
December	286	269	0	416	21	430	1	291	0	0	0	286	5
January	91	83	0	387	19	284	27	221	0	0	0	91	0
February	240	227	0	684	35	534	15	477	0	0	0	240	4
March	250	231	3	1361	35	573	0	487	0	0	0	250	18
April	211	196	1	520	37	624	3	563	0	0	0	211	14
May	155	147	0	226	9	292	0	214	0	0	0	155	3
June	49	39	0	116	10	112	19	93	0	1	0	49	1
4th quarter totals	415	382	1	862	56	1028	22	870	0	1	0	415	18
2013 Totals	1925	1793	5	7168	321	5662	71	6327	0	1	0	1925	51

some centers that children who were previously seen with visible dental cavities and have had referrals to dentists from us, have restorative dental procedures completed as noted belo

First Smiles Grant Stragegy and Service Units

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Service Unit	2013 Proposed TSU	Completed by June 2013
Number of participating adults	2000	5662
Number of participating professionals	36	71
Number of fluoride varnishes	600	1793
Number of children receiving oral health screenings	600	1925

1. Describe any particular successes with these activities.

The Blake Foundation Teachers are very positive about the home visitation oral health program. This quarter 10 home visits were completed with Parents as Teachers. One on one visits with the parents brought to light some interesting habits. One mother from China was giving her infant a prescribed tablet from China to suck on to promote good oral health. It did contain xylitol but it also contain sucrose. (I had to have her read the label because it was in Chinese.) I gave her a xylitol baby wipe to alleviate the conflict with sucrose. I have researched this product and have found no evidence that it works to prevent tooth decay.

Another mom with a teething infant was relieving the teething 'pain' of her child with a strategy suggested from a breast feeding Facebook group. The group suggested to all to freeze breast milk and then place the frozen milk in a net and allow the infant to suck on the cold breast milk. Breast milk contains simple sugars that promote tooth decay. This teething strategy would be similar to putting the child to bed with a bottle. We discussed how decay is formed and that there are ways to minimize the risk of children getting tooth decay. She asked about the teething tablet that was taken off the market and that some of her friends are still buying them. I researched this and found out the tablet containing Benzoncaine was recalled, but a new formula was now available. Through email I am still working with this mom on her teething concerns.

Both mothers doing what they thought was best for their infant but not knowing the whole picture of affecting the childs teeth. I have developed a new handout to leave with the parents that hopefully they can refer to when making decisions on food intake for their child.

The library story hour has also been very successful in opening up discussions with the parents on their children's oral health.

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2. **Are there any specific outcomes that have been achieved during this reporting period that may not be reflected in the data reporting you have completed?**

   Our program was selected for First Things First Quality Assurance Review. All documents were prepared and submitted as scheduled. The site visit took place June 4 and 5th. Final report was received and First Smiles had no deficiencies and was meeting all First Things First Standards. Three areas were noted as excelling in standards.

3. **Describe current issues related to staffing necessary for program implementation.**

   Current staff has no issues at this time.

4. **Describe any barriers to successful implementation or other challenges. If the challenge is ongoing, what is your plan for resolving these issues?**

   First Smiles had a very successful year.

Collaboration and Communication:

5. **Describe collaboration efforts that have been undertaken or are continuing during the reporting period. Describe the nature of the collaborative effort and who potential or current partners are in the effort. Briefly describe anticipated results of the collaboration.**

   First Smiles is collaborating with Parent as Teacher Educators with The Blake Foundation providing home visits about oral health.

   Private dental providers and medical providers continue to contact First Smiles for current information on dental related topics. The dental continueing education presented in June was well received with request for more presentation from University of Arizona.

   First Smiles is collaborating with Cochise County Library system providing an oral health story for children and if time allows an activity. Parents appreciate the topic and also approach dental hygienist with questions about oral health.

6. **Are there successes that can be shared during this reporting period? Include success stories that would be of interest to stakeholders including First Things First Regional Partnership Councils, the Board of First Things First or the general public.**

   Quality Assurance Review was very successful.

Support or Additional Information:

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7. What specific assistance or guidance do you need from FTF staff to ensure the success of your program?

None at this time.

First Smiles continues to strive for open communication with the Regional Council and board members. Any First Things First council member or staff is welcomed to observe our oral health program. Thank you for all your support.

8. Describe any additional information you would like to share about program implementation.

Brochure for including pregnant women in the First Smiles program has been developed and approved by First Things First.