



FIRST THINGS FIRST

The right system for bright futures

**Arizona Early Childhood Development and Health Board
4000 North Central, Suite 800
Phoenix, Arizona 85012**

**Pre and Post Natal Outreach
Central Phoenix and South Phoenix Regional Partnership Councils**

**Request for Grant Application (RFGA)
FTF-MULTI-10-0072-00**

Deadline	Grant Applications shall be submitted on or before 9:00 a.m. (Arizona MST) on May 20, 2009 at First Things First, 4000 North Central Avenue, Suite 800, Phoenix, Arizona 85012.
Procurement Guidelines	<p>In accordance with A.R.S 41-2701, competitive sealed grant Applications for the services specified within this document will be received by First Things First at the above-specified location until the time and date cited. Grant Applications received by the correct time and date will be opened and the name of each Applicant will be publicly read.</p> <p>Grant Applications must be in the actual possession of First Things First on or prior to the exact time and date indicated above. Telefaxed, electronic, or late grant Applications <u>shall not</u> be considered.</p> <p>Grant Applications must be submitted in a sealed envelope with the RFGA Number and the Applicant's name and address clearly indicated on the envelope.</p> <p>All Applications must be typewritten and a complete grant Application returned along with the offer by the time and date cited above. Additional instructions for preparing a grant Application are included within this document.</p> <p>Applicants are strongly encouraged to read the entire Request for Grant Application document carefully.</p> <p>It is the sole responsibility of Applicants to check the First Things First website for any changes to this RFGA, http://azftf.gov.</p>
Pre-Application Conference	Prospective Applicants are encouraged to attend a Pre-Application Conference on April 20, 2009 at 9:00 a.m. to 12:00 p.m. at First Things First, 4000 N. Central Avenue, Suite 800, 8 th Floor Board Room in Phoenix, Arizona. The purpose of the meeting is to discuss and clarify this Request for Grant Application.
Special Accommodations	Persons with a disability may request reasonable accommodation such as a sign language interpreter by contacting the Grants and Contracts Procurement Specialist at grants@azftf.gov or via Fax (602) 265-0009. Requests should be made as early as possible to allow time to arrange the accommodation.
Contract Information	<p><u>Service</u>: First Things First Regional Funding</p> <p><u>Contract Type</u>: Cost Reimbursement</p> <p><u>Contract Term</u>: The term of the contract shall commence on September 1, 2009 and shall remain in effect until June 30, 2010, unless terminated, cancelled or extended as otherwise provided herein.</p>
Contact Information	<p>Grants and Contracts Procurement Specialist</p> <p>First Things First</p> <p>Fax: (602) 265-0009</p> <p>Email: grants@azftf.gov</p>



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CERTIFICATION

TO THE STATE OF ARIZONA, ARIZONA EARLY CHILDHOOD DEVELOPMENT AND HEALTH BOARD:

If awarded a grant, the Undersigned hereby agrees to all terms, conditions, requirements and amendments in this request for grant Application and any written exceptions, as accepted by the Arizona Early Childhood Development and Health Board in the Application.

APPLICANT OFFER

Arizona Transaction (Sales) Privilege Tax License No.:

Name of Point of Contact Concerning this Application:

Name: _____

Federal Employer Identification No.:

Phone: _____ Fax: _____

E-Mail: _____

Name of Applicant

Signature of Person Authorized to Sign Offer

Address

Printed Name

City State Zip

Title

By signature in the Offer section above, the Applicant certifies:

1. The submission of the Application did not involve collusion or other anti-competitive practices.
2. The Applicant shall not discriminate against any employee or Applicant for employment in violation of Federal Executive Order 11246, State Executive Order 99-4 or A.R.S. §41-1461 through §1465.
3. The Applicant has not given, offered to give, nor intends to give at any time hereafter any economic opportunity, future employment, gift, loan, gratuity, special discount, trip, favor, or service to a public servant in connection with the submitted offer. Failure to provide a valid signature affirming the stipulations required by this clause shall result in rejection of the offer. Signing the offer with a false statement shall void the offer, any resulting contract and may be subject to legal remedies provided by law.

ACCEPTANCE OF APPLICATION

The Application is hereby accepted. The Applicant is now bound to perform as stated in the Applicant's grant Application as accepted by the Arizona Early Childhood Development and Health Board and the Request for Grant Application document, including all terms, conditions, requirements, amendments, and/or exhibits.

This grant shall henceforth be referred to as Grant No. _____

Arizona Early Childhood Development and Health Board,
Awarded this ____ day of _____, 20____

Jeanne Weeks, Grants and Contracts Procurement Specialist

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What is the Arizona Early Childhood Development and Health Board (First Things First)?

In November 2006, Arizona voters passed Proposition 203, also known as **First Things First**, a citizen's initiative that funds quality early childhood development and health at the state and local level. The Proposition created a new state level board known as the Arizona Early Childhood Development and Health (AzECDH) Board, also known as the Board of First Things First, and the Regional Partnership Councils.

First Things First Mission

The mission of First Things First is to increase the quality of, and access to, early childhood programs that will ensure a child entering school arrives healthy and ready to succeed. This mission will principally be achieved through regional grants tailored to the specific needs and characteristics of the communities that the regions serve, with a focus on demonstrating improved outcomes around First Things First's six goal areas prioritized by the challenges the regions face. This mission is also accomplished through statewide initiatives that have been prioritized by the Board of First Things First.

This statewide policy and regional perspective are critical to the success of the First Things First mission. Early childhood development and health system initiatives from First Things First will be coordinated through statewide initiatives and regional priorities.

First Things First Goal Areas

The First Things First initiative specifies that programs undertaken by the Arizona Early Childhood Development and Health Board and the Regional Partnership Councils are to accomplish one or more of the following Goal Areas:

- Improve the quality of early childhood development and health programs.
- Increase the access to quality early childhood development and health programs.
- Increase access to preventive health care and health screenings for children through age five.
- Offer parent and family support and education concerning early childhood development and literacy.
- Provide professional development and training for early childhood development and health providers.
- Increasing coordination of early childhood development and health programs and provide public information about the importance of early childhood development and health.

What is the Funding Source?

The First Things First initiative provides for the distribution of funding through both statewide and regional grants.

Of the monies expended in a fiscal year from the First Things First program account, no more than ten percent may be used to fund statewide grants or programs. Statewide programs are considered those implemented across regional boundaries and are designed to benefit Arizona's children as a whole.

This Request for Grant Application is specifically dedicated to funding regional programs. Regional funding is based on the approval of the Regional Partnership Council funding plans submitted to the Board of First Things First. Funding is allocated to each Regional Partnership Council based on the population of children aged five or younger and the population of children aged five or younger whose family income does not exceed 100% of the Federal Poverty Level.

The Regional Partnership Councils that are involved in the release of this Request for Grant Application include the following:

- Central Phoenix Regional Partnership Council
- South Phoenix Regional Partnership Council

An Applicant may choose to submit a single Application to serve one or both Regional Partnership Council areas; however, a separate budget must be submitted for each Regional Partnership Council area to be served.

Who is Eligible to Apply for this Funding Opportunity?

First Things First awards grants to:

- Non-profit 501 (c) (3) organizations providing services in Arizona (both secular and faith-based)
- Units of Arizona government (local, county and state entities as well as schools and school districts)
- Federally recognized Tribal governments or entities providing services within Arizona
- Arizona institutions of higher learning (colleges and universities)
- Private organizations providing services in Arizona

All potential Applicants must demonstrate organizational, fiscal and programmatic capacity to meet the requirements described in the scope of work listed in this RFGA.

What is the Total Funding Amount Available in this Request for Grant Application?

This is a ten (10) month contract with an option for renewal for two (2) additional twelve (12) month periods. Total funds available are approximately \$319,500 for programs serving the South Phoenix Region and approximately \$500,000 for programs serving the Central Phoenix Region are available during the first funding period. First Things First reserves the right not to award the entire amount of available funds or to award an amount that is greater than the posted available funds. Renewal will be contingent upon satisfactory contract performance, evaluation and availability of funds. One or multiple awards may be made. An Applicant may choose to submit a single Application to serve one or both Regional Partnership Council areas; however, a separate budget must be submitted for each Regional Partnership Council area to be served.

Scope of Work: What Will This Grant Fund?

The South Phoenix and Central Phoenix Regional Partnership Councils have identified the need for regional implementation of one or more of the following strategies:

- Establish or expand a comprehensive prenatal/post natal outreach, support, and information program for parents in the South and Central Phoenix Regions
- Increase access to and awareness of the importance of early prenatal care for pregnant women and women of child bearing age including teenagers
- Provide culturally appropriate support and information to at-risk pregnant women, facilitating access to prenatal care
- Reduce unhealthy behaviors such as smoking and alcohol use during pregnancy, and encourage healthy behaviors among at-risk pregnant women
- Establish or expand a comprehensive prenatal/postnatal outreach, support, and information programs for pregnant women through a home visiting program using nurses or paraprofessionals such a promotoras or lay health workers

- Conduct outreach to encourage and facilitate enrollment in public health insurance coverage for low income pregnant women

Applicants may apply to provide services in either the South Phoenix area, the Central Phoenix area, or both areas. Regional Partnership Councils from both regions have also concluded that Applicants may apply to provide one or more of the listed strategies.

The South Phoenix Regional Partnership Council serves, and Applications submitted in response to this RFGA must serve families with children birth through five in the City of Phoenix southern zip codes including 85009, 85031, 85033, 85035, 85037, 85040, 85041, 85043, and 85339. The intended target population of this funding opportunity is 800 to 1,000 low income women in targeted geographic areas (census tract numbers 1140.00, 1143.02, 1144.01, 1145.00, 1146.00, and 1153.00) who are pregnant, with special emphasis on including at-risk (first time or expectant teen mothers) and African-American and Hispanic women living in the region.

The Central Phoenix Regional Partnership Council serves, and Applications submitted in response to this RFGA must serve families with children birth through five residing in the central region of the City of Phoenix areas including zip codes 85003, 85004, 85006, 85007, 85008, 85012, 85013, 85014, 85015, 85016, 85017, 85018, 85019, and 85034.

A regional needs and assets assessment of the South Phoenix region revealed a lack of prenatal and postnatal care. In Phoenix and Laveen, 3 percent of women received no prenatal care in 2006. In some areas of the region, the percentages of pregnant women who received no prenatal care were even higher. A recent Maricopa County Department of Public Health Report, *Prenatal Care Satisfaction and Resilience Factors in Maryvale and South Phoenix*, reports that “although the majority of women reported that they believed prenatal care was important (97 percent), a significant percentage of women surveyed did not receive prenatal care at all, received it very late into their pregnancies, or received an inadequate amount of prenatal care.”

A regional needs and assets assessment of the Central Phoenix region noted nearly 6,700 pregnant women in the Central Phoenix region did not receive early prenatal care. In the Central Phoenix Region, there are many barriers that limit the use of early prenatal care, including lack of general health care, transportation, poverty, teenage motherhood, stress, and domestic violence. Some limiting factors to prenatal care in the central communities and neighborhoods include the large number of pregnant adolescents, the high number of non-English speaking residents, and the prevalence of inadequate literacy skills. In addition, cultural ideas about health care practices may be contradictory to early prenatal care and difficult to overcome, so that even when health care is available, pregnant women may not understand the need for early and regular prenatal care.

A number of studies have indicated a relationship between the use of prenatal care services and birth outcomes. Adequate use of prenatal care has been associated with improved birth weights and the amelioration of the risk of preterm delivery. Inadequate use of prenatal care has been associated with increased risk of low-birth-weight births, premature births, neonatal mortality, infant mortality, and maternal mortality. Several researchers have suggested that the beneficial effects of prenatal care are strongest among socially disadvantaged women.

According to the Centers for Disease Control, there are many systems-related barriers related to access to prenatal care. These barriers include, but are not limited to, availability and ease of enrollment in health coverage; adequacy of advertising on the availability of Medicaid; availability of child care for pregnant women with children; language and cultural incompatibility between providers and clients; poor communication between clients and providers, exacerbated by short interactions with providers; and limited information on exactly where to get care (phone numbers and addresses).

Some evidence also suggests that lack of transportation can also be a barrier, although recent research suggests that such evidence is diminished when controlled for other factors affecting access to prenatal care.

Attitudinal and personal factors can also affect access to prenatal care. These factors include a lack of social supports; fear that certain health habits will be discovered or criticized (such as drugs or alcohol abuse, smoking, etc); pregnancy unplanned or unwanted; lack of understanding of value of prenatal care; fear of deportation or immigration involvement; and fear of parental discovery.

Providing information on healthy behaviors during pregnancy is one strategy for addressing such attitudinal and behavioral factors. National Maternal and Infant Health Survey (NMIHS) findings suggest that women who receive sufficient health behavior information, as part of their prenatal care, are less likely to deliver a low-birth-weight infant. In addition, females who are at a greater risk such as teenagers or women with lower incomes show the greatest beneficial effects.

Efforts aimed directly at reducing unhealthy behaviors or improving healthy behaviors are also beneficial. One promising way to reduce aggregate rates of low birth weight (LBW) is to reduce smoking. Another is through better nutrition. Three separate studies found that participation in the Supplemental Nutrition Program for Women, Infants, and Children (WIC) raised birth weight.

Partnerships between informal systems of care involving indigenous community health workers and formal care networks are a promising practice. Use of promotoras (community health workers) in Latino communities, especially in rural communities, has shown promise when connecting women to prenatal care. For example, La Clinica del Cariño in Hood River County, Oregon has shown success in increasing access to early prenatal care. The clinic, which serves a predominantly rural Latino population, including many seasonal farm workers, began its Perinatal Health Promoter Program in 1987. In this program, *promotoras* are recruited from the community served by the clinic and are trained to both communicate the need for and to provide basic clinical prenatal services. The *promotoras* work in the communities and in the clinic. Their knowledge of and integration within the communities ensures that they are aware of nearly all pregnancies that occur within their communities. Nearly all pregnant women are or eventually become aware of the *promotoras*, who then become case managers for these women by providing prenatal counseling and by facilitating access to the clinic, which is a federally qualified health center. In addition to prenatal services, the *promotoras* provide early postpartum care and family planning services. They work closely with physicians in the clinic and discuss all cases, particularly high-risk pregnancies. Records from the clinic have shown that

more than 85 percent of Latina mothers who accessed services at the clinic received prenatal care within the first trimester of pregnancy.

Group prenatal care is another effective means of promoting and increasing prenatal care participation. Group prenatal care differs from childbirth education in that the prenatal medical care and childbirth educational information are provided at the same time. Groups are centered around topics that expectant mothers express interest or concerns about, and are led by a qualified health care professional. Group care seems to be particularly effective for teen parents.

Home visiting programs have also shown positive effects in improving birth outcomes. A 2004 study of home visiting programs found that mothers visited by paraprofessionals experienced better mental health, fewer miscarriages, and fewer low birth rate (LBW) newborns. Mothers and children visited by paraprofessionals displayed greater responsiveness to one another and in some cases had home environments that were more supportive of children's early learning.

The same study found that nurse-visited women reported more time between births of first and second children and lower domestic violence rates. Nurse-visited children of mothers with low psychological resource levels at onset had homes more conducive to early learning when compared with controls, more advanced language, better executive functioning, and better adaptive behavior during testing.

A prenatal home visitation program with focus on social support, health education, and access to services holds promise for reducing LBW deliveries among at risk women and adolescents. Psychosocial support appears to be an important element of such programs. Indeed, research has indicated that the rate of LBW for African-American mothers is associated with aspects of the social environment that are amenable to change, including social support and neighborhood characteristics. Other important elements appear to be linkages to medical providers and health and nutrition resources, and encouraging healthy prenatal behaviors.

Lack of health coverage is another important indicator of whether or not women receive timely prenatal care. In 1986 and 1987, the U.S. General Accounting Office conducted a survey of 1,157 women who were uninsured or receiving Medicaid benefits. They found that enrollment in Medicaid and participation in state outreach programs increased women's access to prenatal care. Moreover, participants in state outreach programs had substantially better access to prenatal care than did Medicaid enrollees.

Other states have successfully implemented outreach initiatives aimed at informing women of the availability of coverage and of the importance of early and continuous prenatal care. These campaigns, coupled with eligibility streamlining strategies, are intended to maximize client enrollment. Campaigns have employed friendly themes like "Baby Love" (North Carolina), "First Steps" (Washington), "Baby Your Baby" (Utah), and "Beautiful Babies Right from the Start" (District of Columbia), attempting to disassociate themselves from their welfare history to attract many new clients. States have also partnered with the media. Utah's Maternal

Child Health and Medicaid programs involved an NBC affiliate station in Salt Lake City in the design and implementation of a multimedia outreach campaign. The “Baby Your Baby” campaign achieved a 90 percent recognition rate among the state’s population, and state evaluation studies documented its success in drawing women into care.

As a component of their outreach efforts, states have incorporated toll-free hotlines displayed prominently on printed materials as well as in video and radio spots. Hotlines provide women with an immediate source of information about where to apply for assistance, where to find prenatal care providers, and general advice and counsel in response to any questions they might have about pregnancy (*U.S. Health Care for Children* vol 2, number 2, winter 1992 *Future of Children Journal*).

One prominent indicator of whether prenatal care is obtained in the first trimester is ethnicity. In Arizona, 12 percent of Whites received no prenatal care, 24 percent of African-Americans received no prenatal care, 30 percent of Hispanics received no prenatal care, and 32 percent of American Indians received no prenatal care (Arizona Department of Health Services, Vital Statistics 2007).

According to 2007 data from the Arizona Department of Health Services, Vital Statistics, 77 percent of Arizona pregnant women received care in the first trimester of pregnancy compared to 83 percent of women nationally. Recognizing the close links between LBW and socioeconomic status, policymakers have emphasized a strategy of expanding prenatal care eligibility and services for poor pregnant women. Child health policymakers and practitioners have implemented many programs both to prevent LBW and to improve the life chances of LBW babies, especially in the areas of school readiness and achievement. To the extent that the programs succeed, they could help narrow racial gaps in school readiness by as much as 3 to 4 percent. Poor birth outcomes can have negative consequences for children’s health and development and have been associated with increased risk for maltreatment. Preterm and LBW babies face an elevated chance of early mortality, health problems, and developmental delays. LBW infants are twice as likely as their normal-weight peers to be placed in foster care and to be maltreated over their early years of life. In response, *Healthy People 2010*, the national health agenda, established a goal to reduce the prevalence of LBW to 5 percent.

This Request for Grant Application is seeking Applicants to address these specific Goals and Key Measures:

First Things First Goal Area to be addressed:

- Health

First Things First Goal to be addressed:

- First Things First will coordinate and integrate with existing education and information systems to expand families’ access to high quality, diverse, and relevant information and resources to support their child’s optimal development.

First Things First Key Measures to be addressed:

- Percent of families with children birth through five who report they are satisfied with the accessibility of information and resources on child development and health
- Percent of families with children birth through five who report they are competent and confident about their ability to support their child's safety, health, and well-being

To address the need to link women adequately to prenatal and postnatal care, the Regional Councils seek grant Applicants who would engage in one or more of the following activities to connect women to prenatal and postnatal care:

- Establish or expand a comprehensive prenatal/postnatal outreach, support, and information program for parents in the South Phoenix or Central Phoenix Regions
- Increase access to and awareness of the importance of early prenatal care for pregnant women and women of child bearing age including teenagers
- Provide culturally appropriate support and information to at-risk pregnant women, facilitating access to prenatal care
- Reduce unhealthy behaviors such as smoking and alcohol use during pregnancy, and encourage healthy behaviors among at-risk pregnant women
- Establish or expand a comprehensive prenatal/postnatal outreach, support, and information programs for pregnant women through a home visiting program using nurses or paraprofessionals such a promotoras or lay health workers
- Conduct outreach to encourage and facilitate enrollment in public health insurance coverage for low income pregnant women

Funding provided in this grant opportunity will NOT pay for direct health care or in-patient substance abuse or alcohol treatment. Rather, it is the intention of the Regional Councils that funding support pregnant woman who are at risk through parent education, family support, and coordination and facilitating connection to direct health care and other services.

All Applicants, regardless of the type of strategy (ies) they plan to implement, should address the following requirements in their proposal:

- Applicants who become successful grantees for these strategies should have experience and a track record of working with at-risk pregnant and post-partum women and their families.
- Efforts should be made to engage women early in prenatal care. Outreach and/or services to women in their first trimester of pregnancy are highly desirable. However, later engagement of women in prenatal care is also beneficial. Applicants should describe how efforts will be made to engage women in early care.
- Applicants should demonstrate knowledge, experience, and competence working with cultures and populations that mirror the target population.
- Applicants should be able to describe their approach to enhancing access to prenatal care and improving birth outcomes, and evidence and research that supports that approach.
- Applicants should demonstrate that their staffs possess adequate education and skills to successfully implement the proposed approach. Applicants whose strategies would serve immigrant populations should describe how staffs possess sufficient language skills to successfully implement the proposed approach.

- Applicants should describe how they will coordinate their services with other services and programs operating in the region, such as health insurance enrollment efforts; prenatal care service providers; WIC; AHCCCS; other home visiting programs; substance abuse, tobacco cessation and other such programs operating in the region; and mental health service providers.
- Applicants should describe how they will identify and target efforts towards at-risk pregnant women, and how they will work towards retaining such women in services (if applicable).
- Applicants should describe how they will tailor their strategies to address barriers faced by pregnant women who lack transportation to needed services (if applicable).

Applicants proposing to deliver prenatal and postnatal home visiting services will be required to implement the following activities if they are successful in becoming grantees. Applicants should describe how they will perform these activities in the “strategies” section of their proposal. The requirements related to prenatal/postnatal home visiting services are:

- Engage at-risk pregnant women in home visiting services early, preferably in the first trimester of pregnancy
- Engage pregnant women and their families in assessing their status using research supported tools to identify strengths and needs. Programs will identify the tools currently used in practice or use the Life Skills Progression
- Help pregnant women and families develop and implement a family service plan based upon assessment findings and goals and objectives identified with the family
- Connect eligible pregnant women to public health insurance coverage as needed and to prenatal care services available
- Monitor and encourage continued access to prenatal care throughout a woman’s pregnancy
- Encourage healthy prenatal behaviors and connect women to available services that mitigate unhealthy behaviors such as smoking cessation or drug or alcohol treatment
- Connect pregnant women to nutrition services such as the federal Women, Infants and Children (WIC) Nutrition Programs as needed
- Connect post partum women to family planning services regarding spacing of future pregnancies.
- Provide home-visiting services post-partum for at least twelve months, supporting the mother in understanding and addressing needs and development of their infant
- Connect women to mental health resources as needed
- After the birth of a child, conduct regular developmental screenings using a standardized or criterion referenced tool. Depending on the duration of the home visiting intervention, screenings may occur at 9, 18, and 24 months of age for all of the following developmental domains - cognitive, language, social-emotional and motor skills
- Provide resource and referral information to identify services available to families and the subsidies to which they may be entitled. Help them to fill out the forms to gain those services, and help the families to follow-through to ensure service delivery as needed
- Provide service coordination with other community resources to make an effort to minimize duplication and to ensure that families receive comprehensive services as needed
- Encourage retention of pregnant and postpartum women in the home visiting program through at least age one of the child. Encourage and support retention of pregnant and postpartum women to follow

through with and continue involvement with family support services that support family stability and child development

Applicants proposing to implement a promotora, lay health worker home visiting model will be required to implement the following activities if they are successful in becoming grantees. Applicants should describe how they will perform these activities in the “strategies” section of their proposal. The requirements related to implementation of a promotora/lay health worker model are:

- Engage at-risk pregnant women in prenatal services early, preferably in the first trimester of pregnancy. Ensure pregnant women are aware of and have access to formal prenatal care services.
- Engage pregnant women and their families in assessing their status using research supported tools to identify strengths and needs. Programs will identify the tools currently used in practice, or use the Life Skills Progression.
- Help pregnant women and families develop and implement a family service plan based upon assessment findings and goals and objectives identified with the family.
- Connect eligible pregnant women to public health coverage as needed and to prenatal care services available. Provide transportation to prenatal doctor visits as needed.
- Monitor and encourage continued access to prenatal care throughout a woman’s pregnancy.
- Encourage healthy prenatal behaviors, and connect women to available services that mitigate unhealthy behaviors such as smoking cessation or drug or alcohol treatment.
- Engage and empower members of the community in fostering support of pregnant women, preserving within the community the traditional Latino cultural context that appears to confer positive health effects. Organize community members to provide social support systems for pregnant mothers, such as those that exist in most areas of Latin America.
- Connect pregnant women to nutrition services such as the federal Women, Infants and Children (WIC) Nutrition Program as needed.
- Provide resource and referral information and identify services available to families and the subsidies to which they may be entitled. Help them to fill out the forms to gain those services and help the families to follow-through to ensure service delivery as needed.
- Provide service coordination with other community resources to make an effort to minimize duplication and to ensure that families receive comprehensive services as needed.
- Partner with lay midwives (*parteras*), health providers, and caregivers who provide support during labor and the postpartum period (*doulas*). Educate women on parenting skills, health needs of the young child and child development.

Applicants who become successful grantees that implement pre and post-natal home visiting (Exhibit F) or promotora models (Exhibit G) will be expected to comply with the relevant First Things First Standards of Practice.

It is expected that promotora or home visiting programs would provide services to families until a child is at least one year of age.

Applicants proposing to implement efforts aimed at educating pregnant women on the importance of prenatal care or healthy lifestyles should describe the curriculum that will be used, and evidence of its appropriateness and effectiveness.

Applicants proposing to conduct a media or outreach campaign aimed at encouraging healthy behaviors or linking women to health coverage or prenatal care should describe how messages and media will be selected, rationale behind the proposed approach, and any evidence of the effectiveness of similar efforts. They should also describe the specific timeline for such a campaign, and the number of media impressions expected.

For Applicants proposing to conduct awareness or health coverage outreach efforts, additional capacities are required:

- Applicants should possess experience and capacity in creating and implementing social marketing and/or public health campaigns.

Applicants proposing to implement home visiting programs should possess additional capacities including:

- Home visitors should possess a minimum of a Bachelors degree in early childhood development, education, family studies or a closely related field; or staff should be extensively trained and can demonstrate competency in service provision. (Programs must provide complete documentation). If programs experience hardship in recruitment efforts, they must notify and consult with First Things First.
- Applicants should be trained to administer developmental screenings. Applicants should describe how they will ensure that staffs are appropriately trained in their proposals.

Applicants proposing to implement promotora/lay health worker models should ensure that promotoras, who are lay practitioners, should be members of the communities in which they work and deeply familiar with their communities. They should have had formal or informal training in maternal and child health. Applicants should be able to describe the type of training they will receive.

Coordination and collaboration with all First Things First grantees is critical to developing a seamless service delivery system for children and families. Services and programs cannot be implemented in isolation and coordination and collaboration must occur within a region and across regions. First Things First staff and Regional Councils will identify opportunities for collaboration and coordination with successful Applicants that become grantees of First Things First. Successful Applicants will be required to attend meetings and workgroups in the region being served to identify, develop, and implement mechanisms around coordination and collaboration. Successful Applicants will also be required to share data with First Things First and the Regional Partnership Council that will be used for cross-regional analysis. Successful Applicants will also participate in cross-regional and statewide work that may include additional workgroups and meetings. In order to accomplish these tasks, Applicants should plan the appropriate budget that would include travel for monthly meetings within the regional area, four cross-regional meetings/workgroups held in various locations, and one statewide meeting to be held in Phoenix, Arizona. All travel related costs for these trainings and

meetings should be included in the Applicant's budget and calculated using the State of Arizona travel policy as described on the budget narrative worksheet.

Applicants should propose a budget that addresses the costs related to successful implementation of the proposed strategy (ies). Examples of costs may include (but are not limited to): personnel, fringe benefits, curriculum, incentives, media, printing, and transportation. In estimating the potential costs related to these strategies, First Things First estimated that the cost for home visitation programs may range from \$1,000 to \$4,000 per family depending on the range of services provided and the model approach, whether using lay health workers or a team approach such as Health Start that includes multiple levels with a range of credentials of personnel providing the services. It also assumed that the cost of an outreach campaign could range from \$50,000 (lower cost, print and radio) to \$500,000 (television) for a six-week campaign.

Any evaluation should be directly connected to the Goals, Key Measures, and the Performance Measures and should determine the extent to which the program has accomplished the stated goals and key measures. The evaluation should also measure program fidelity by assessing which activities were implemented and the quality, strengths, and weaknesses of the implementation. Successful Applicants agree to participate in the First Things First evaluation and will meet the requirements of the evaluation including, but not limited to, timely and regular reporting and cooperation with all First Things First evaluation activities. Timely and regular reporting of all performance and evaluation data includes the electronic submission (through the First Things First secure web portal) of performance measures and other evaluation data as proposed by the Applicant in this Request for Grant Application. Performance measure data must be submitted in its raw form (e.g. number of children served/proposed service number = 52 actual children served/50 proposed service number).

Successful Applicants are also required to collaborate with the First Things First longitudinal evaluation. The provider must participate in child assessment activities associated with the longitudinal evaluation including tracking and reporting to First Things First data pertaining to participant attendance, enrollment, and demographic information, all of which must be maintained in a secure and anonymous manner. In addition, Applicants agree to allow First Things First and evaluation consultants of First Things First to observe program activities on site and obtain parent consent for data collection related to evaluation efforts.

If implementing a national model, it is expected that evaluation tools within that model will be utilized. In addition, coordination of key questions from the standardized tools that "link up" with established First Things First evaluation measures will be identified. Any "provider-created" evaluation tools must be approved by First Things First evaluation staff prior to use. Providers could also elect to use a standardized tool for evaluation (for those not already involved in a national model). However, expenses for the purchase of the tool, training to use it, and staff to complete the data collection will be included in the total budgeted amount available for the service.

Performance Measures are defined by First Things First to determine the key impacts of the strategies, programs, and approaches being implemented. Applicants are expected to collect and report data to First Things First on the progress of achieving the Performance Measures. Performance Measures for purposes of this RFGA are as follows:

Performance Measures:

- Number of pregnant/postpartum women and their families receiving services/proposed service number
- Number of pregnant women accessing prenatal care in their first trimester/proposed service number
- Percent of child-bearing women in the target population showing an increase in knowledge of the value of early prenatal care after receiving support from early prenatal care providers funded as grantees through this strategy
- Number and percent of families that report satisfaction with home visiting support services (if applicable)
- Number of babies of women served born full term and at typical birth weight
- Number and percent of babies of women served born prematurely
- Percent of babies of families served that receive six weeks post-partum visit
- Percent of babies of families served with on-time immunizations (if applicable)
- Number of families showing increases in parenting knowledge and skill after receiving home visitation/actual service number using observational pre/post measure aligned with research based program requirements (if applicable)
- Number of expectant mothers receiving regular prenatal care/actual service number
- Number of children having dental visit before age one/actual service number (if applicable)
- Number of children screened for developmental delays/actual service number (if applicable)
- Number of children screened for vision and hearing/actual service number (if applicable)
- Number of families who report an increase in reading to their child in pre-post test (minimum questions provided by First Things First staff)/actual service number (if applicable)
- Number of media impressions/proposed service number (if applicable)

How Will Applications be Evaluated?

The review committee will evaluate Applications and recommend those for an award based on the following criteria:

- Capacity of the Applicant for Addressing Needs (20%)
- Addressing Goals and Key Measures (5%)
- Proposed Program or Strategy (25%)
- Implementation Activities (25%)
- Resource and Budget (10%)
- Evaluation Plan (15%)

Those Applicants not selected for funding will be notified in writing; however, pursuant to A.R.S. §41-2702 (E), all Applications shall not be open for public inspection until after grants are awarded. A.R.S. §41-2702 (G) also states the evaluator assessments shall be made available for public inspection no later than thirty (30) days after a formal award is made.

Application: Responding to the Scope of Work

To complete your Application, restate the question then provide a response to all numbered questions, one through 38. If the narrative response is accompanied by a completed attachment, please reference that attachment within your narrative response, where applicable.

Executive Summary (required – 1 page overview)

1. Provide a one (1) page narrative overview of the proposed project that includes a brief summary of the program or strategy, how it will be implemented, and the Applicant's capacity to implement this program and how success and outcomes will be measured.

Capacity for Addressing the Needs (20%)

This component creates a foundation for the proposal by focusing on: meeting the needs and building on assets; other individuals or groups who will play a role in the development or implementation of the program; and the capacity of the Applicant to meet the need and deliver the services.

Applicants must address Capacity for Addressing the Needs by completing the following questions and attachments, when applicable:

2. In addition to the stated needs and assets information reported in the Scope of Work section, identify any recent stated statistical information and additional needs and assets data that support the need/gap in service for the proposed program/strategy. Identify the sources of the data and how that data was collected.
3. Complete the First Things First Standard Data Collection Form (Attachment A). No additional narrative is required.
4. Provide a brief narrative description of your organization's capacity to address the needs and improve assets with similar programs previously implemented in the region(s). Provide examples of experience in implementing related programs and the outcomes of those programs, particularly within the region(s). Description should also include specific experience working with at-risk pregnant and post-partum women and their families as well as experience working with cultures and populations that mirror the target population. It should be noted that past performance on any grants may be taken into consideration in evaluation of your proposals. (In addition to the narrative, please complete Applicant's Experience, Attachment B.)
5. In order to implement the program or strategy, what capacity or infrastructure building will be needed? Provide a brief narrative description of the external team. Explain what other individual or organizations will be involved in the development and/or implementation of the Application, and define their roles. Provide a narrative description of how your organization coordinates and collaborates with other organizations and agencies to ensure a seamless service delivery system is being established. In your description, include specific examples of coordination and collaboration that worked well and why. Describe your agency's history of collaboration with the numerous community and neighborhood-based entities in these regional areas.
6. Describe how your organization will coordinate with other services or programs in the region(s), such as health insurance enrollment efforts, prenatal care service providers, WIC, AHCCCS, other home visiting programs, substance abuse, tobacco cessation, mental health providers, etc. In your description, include specific examples of coordination and collaboration that worked well and why.
7. Provide a brief narrative description of staff accountabilities and qualifications and list how much time each person will spend on the project. Describe how staff qualifications and experience will allow the Applicant to successfully implement the proposed strategy(ies). Include discussion of the specific capacities required to implement specific strategies as described in the Scope of Work. Further, describe how staff recruited will be geographically, culturally and linguistically responsive to the settings in which they work. If the proposed strategy(ies) includes immigrant populations, provide a

description of how staff possesses sufficient language skills to successfully implement the proposed approach. In addition, complete Attachment C, Key Personnel Overview. You must also attach resumes for key individuals involved in the project or job descriptions for positions to be filled.

Addressing the Goal Area, Goal and Key Measures (5%)

This component captures the broad statements of intent (Goal) and the more specific Key Measures for these Goals. First Things First has identified fifteen Goals within six Goal Areas and Key Measures that align with Goals and indicate what we want to change. For more information on First Things First Goal Areas, Goals and Key Measures, please visit:

[http://www.azftf.gov/WhatWeDo/Impacting/Documents/azftf Strategic Road Map2008.pdf](http://www.azftf.gov/WhatWeDo/Impacting/Documents/azftf%20Strategic%20Road%20Map2008.pdf).

This Request for Grant Application is seeking Applicants to address these specific Goals and Key Measures:

First Things First Goal Area to be addressed:

- Health

First Things First Goal to be addressed:

- First Things First will coordinate and integrate with existing education and information systems to expand families' access to high quality, diverse, and relevant information, and resources to support their child's optimal development

First Things First Key Measures to be addressed:

- Percent of families with children birth to 5 who report they are satisfied with the accessibility of information and resources on child development and health.
- Percent of families with children birth to 5 who report they are competent and confident about their ability to support their child's safety, health, and well-being.

Applicants must address Goals and Key Measures by completing the following question:

8. Demonstrate your understanding of the Goal Area, Goal and Key Measures identified for the strategy by describing your organization's prior experience addressing similar goals and key measures. Please describe how the Goal Area, Goal, and Key Measures will be improved by the proposed strategy/program.

Strategies (25%)

This component identifies and describes the Applicant's program/strategy(ies) chosen to reach the stated Goals and Key Measures and also addresses the targeted individuals or groups to be reached.

The strategies chosen by the South and Central Phoenix Regional Partnership Council to address the needs of the region are as follows:

- Increase access to and awareness of the importance of early prenatal care for pregnant women and women of child bearing age including teenagers
- Provide culturally appropriate support and information to at -risk pregnant women facilitating access to prenatal care

- Reduce unhealthy behaviors such as smoking and alcohol use during pregnancy, and encourage healthy behaviors among at-risk pregnant women
- Establish or expand a comprehensive prenatal/postnatal outreach, support, and information programs for pregnant women through a home visiting program using nurses or paraprofessionals such a promotoras or lay health workers
- Conduct outreach to encourage and facilitate enrollment in public health insurance coverage for low income pregnant women

Applicants must address Strategies by completing the following questions:

9. Describe which of the strategies will be implemented, how the proposed strategy(ies) will be implemented, as well as how the proposed strategy(ies) addresses the Goal(s) and Key Measure(s) identified.
10. Describe how this program will be tailored to address barriers faced by pregnant women living in areas that lack transportation to needed services in the region.
11. Is the proposed program expanding resources or developing new services?
12. Describe if the selected approach is a model or research-based program. If adapting a proven effective program, explain what the adaptations are and why they are being made. Also, describe how the proposed program enhances access to prenatal care and improving birth outcomes, and evidence and research that supports that approach.
13. Describe the target population to be served by the identified program. Be as specific as possible. Include the number of pregnant women currently served through the Applicant's existing services, and targeted service numbers proposed.
14. Describe how efforts will be made to engage women early in prenatal care or provide services to pregnant women in their first trimester of pregnancy.
15. Describe how the target population will be recruited and how recruitment efforts will target at-risk and vulnerable populations, including low-income families, pregnant and parenting teens, and un/underserved populations. Identify outreach, engagement, and retention practices for participants/families. Recruitment and retention activities and tasks must also be included in the implementation plan.
16. Explain how the selected program or strategy applies to the targeted population and explain how the selected program is culturally sensitive, and meets the needs of the most at-risk populations.
17. Describe where services will be delivered in the region(s). Do you plan to serve women across the entire region(s), or in specific neighborhoods or areas? If services will be focused in select areas, describe justification for such targeting. Otherwise, specific activities and tasks that ensure delivery across all areas of the regions should also be included in your Implementation Plan.
18. You may attach relevant scientific research proving the effectiveness of the proposed program or strategy.
19. If proposing to implement a home visiting or promotora model, describe the curriculum-based or standardized tools to identify strengths and needs that will be used and if they are currently in place, or if the Applicant will use the Life Skills Progression tool, to engage the family and to assess family status.
20. If proposing to implement a home visiting program, state whether the program will use the Ages and Stages Questionnaire (ASQ) or Parents Evaluation of Developmental Status (PEDS). Costs associated

with using either tool must be included in the budget including purchase of the materials, training fees, or other required costs to use the chosen instrument.

21. If proposing to conduct education efforts aimed at pregnant women: Describe the curriculum that will be used, and evidence of its appropriateness and effectiveness.
22. If proposing to conduct media or an outreach campaign: Describe how messages and media will be selected, and rationale behind the proposed approach, including any evidence of the effectiveness of similar efforts.

Implementation

This component focuses on the steps that must be taken to put the strategy(ies) into action. It should include all the elements that will be required to operationalize the program.

Applicants must address Implementation Activities and Budget by completing the following questions:

Implementation Activities (25%)

23. Sequentially list the activities needed to operationalize the strategy(ies), including timelines and responsibilities using Attachment D, Implementation Plan. No additional narrative is required.
24. Describe any anticipated barriers to implementation and your plans to overcome those barriers.
25. Describe staff training needs, including (if applicable) training for staff conducting developmental screening or other screening using standardized tools. Describe how and when this training will be delivered and how the training will enhance professional development of staff specific to this project. This should be included in the Implementation Plan (Attachment D).
26. For Applicants responding with a prenatal/postnatal home visiting or promotora model, describe in narrative form how the program will provide services that promote effective parenting, and will also encourage family enrollment in other community services such as health insurance enrollment, receipt prenatal care, and utilization of a consistent medical provider. Describe how the home visitor will help facilitate these needed community services in the families that they serve.
27. For Applicants responding with a prenatal/postnatal home visiting model, describe how staff conducting developmental screening or other screening using standardized tools will receive training to administer these tools through a formal training program approved by the administering agency of that standardized tool. Is there other training that might be needed for existing and/or new staff? Describe how and when this training will be delivered and how the training will enhance professional development of staff specific to this project. This should be included in the Implementation Plan (Attachment D).

Budget (10%)

Each attached budget form is provided as an example to ensure that the line item budget and budget narrative provide a clear and concise explanation of the methods used to determine the amounts for each line item in the proposed program budget. All budget forms must be signed by an authorized agency representative.

28. Submit the Funds Requested Form (Attachment E). No additional narrative is required.
29. Submit the Line Item Budget (Attachment F). See Exhibit B for a sample line item budget. No additional narrative is required.
30. Submit the Budget Narrative (Attachment G). See Exhibit C for a sample budget narrative.

31. Submit the Disclosure of Other Funding (Attachment H). This list should include all other sources of funding currently received from other State or public agencies, Federal agencies, non-profit organizations and other sources that will be applied to the proposed program/strategy(ies). Note that statute A.R.S. §8-1183 provides for a prohibition on supplanting of state funds by First Things First expenditures, meaning that no FTF monies expended are to be used to take the place of any existing state or federal funding for early childhood development and health programs. In addition, the intent of First Things First funding is to address gaps and needs in the community rather than to fulfill budget shortfalls that may exist in any given year at the state or local levels. No additional narrative is required.
32. Describe your organization's business management system by completion of the Financial Systems Survey. Attach the Financial Systems Survey (Attachment I) to capture basic financial system/operational information to assess financial capacity early in the process. No additional narrative is required. As noted in the financial system survey, you are required to submit a complete copy of the most recent audited, reviewed or compiled financial statements as well as management letters and a schedule showing the TOTAL federal funds (by granting agency) expended by your agency for the most recent fiscal year. NOTE THAT ONLY ONE COPY OF EACH OF THESE DOCUMENTS NEEDS TO BE INCLUDED WITH THE APPLICATION MARKED "ORIGINAL".

The following applies to requested funds:

- List all resources that will be needed to implement the program/strategy(ies) described. These financial resources may involve costs that include personnel, employee related expenses, materials and supplies, curriculum, transportation, printing, materials and media. However, costs MUST NOT include any provision of direct health care.
- Funding shall be limited to those items specifically listed in the proposed budget. Total funding may not be modified following award of the grant/contract. Requests for line item modifications, which do not change the total program funding, shall be requested in writing and shall only be made following receipt of written authorization from First Things First.
- Successful Applicants will be required to attend meetings and workgroups in the region being served to identify, develop, and implement mechanisms around coordination and collaboration. Successful Applicants will also be required to share data with First Things First and the Regional Partnership Council that will be used for cross regional analysis. Successful Applicants will also participate in cross regional and statewide work that may include additional workgroups and meetings. In order to accomplish these tasks, Applicants should plan the appropriate budget that would include travel for monthly meetings within the regional area, four cross-regional meetings/workgroups held in various locations, and one statewide meeting to be held in Phoenix, Arizona. All travel related costs for these trainings and meetings should be included in the Applicant's budget and calculated using the State of Arizona travel rate for mileage, per diem, and lodging as described on the budget narrative worksheet. For more information about the state requirements, visit <http://www.gao.state.az.us/travel/>.

Evaluation Plan (15%)

This component will address questions about how the program is working and what can be done to make the program more effective. The evaluation should be directly connected to the Goals, Key Measures, and

Performance Measures and should determine the extent to which the program has accomplished the stated goals and key measures. The evaluation should also measure program fidelity by assessing which activities were implemented and the quality, strengths and weaknesses of the implementation. Successful Applicants agree to participate in the First Things First evaluation and will meet the requirements of the evaluation including, but not limited to, timely and regular reporting and cooperation with all First Things First evaluation activities. Timely and regular reporting of all performance and evaluation data includes the electronic submission (through the First Things First secure web portal) of performance measures and other evaluation data as proposed by the Applicant in this Request for Grant Application. Performance measure data must be submitted in its raw form (e.g., number of children served/proposed service number = 52 actual children served / 50 proposed service number).

Successful Applicants are also required to collaborate with the First Things First longitudinal evaluation. The provider must participate in child assessment activities associated with the longitudinal evaluation including tracking and reporting to First Things First data pertaining to participant attendance, enrollment, and demographic information; all of which must be maintained in a secure and anonymous manner. In addition, Applicants agree to allow First Things First and evaluation consultants of First Things First to observe program activities on site and obtain parent consent for data collection related to evaluation efforts.

If implementing a national model, it is expected that evaluation tools within that model will be utilized. In addition, coordination of key questions from the standardized tools that “link up” with established First Things First evaluation measures will be identified. Any “provider-created” evaluation tools must be approved by First Things First evaluation staff prior to use. Providers could also elect to use a standardized tool for evaluation (for those not already involved in a national model). However, expenses for the purchase of the tool, training to use it, and staff to complete the data collection will be included in the total budgeted amount available for the service.

Performance Measures are defined by First Things First to determine the key impacts of the strategies, programs and approaches being implemented. Applicants are expected to collect and report data to First Things First on the progress of achieving the Performance Measures. Performance Measures for purposes of this RFGA are as follows:

Performance Measures:

- Number of pregnant/postpartum women and their families receiving services/proposed service number
- Number of pregnant women accessing prenatal care in their first trimester/proposed service number
- Percent of child-bearing women in the target population showing an increase in knowledge of the value of early prenatal care after receiving support from early prenatal care providers funded as grantees through this strategy
- Number and percent of families that report satisfaction with home visiting support services (if applicable)
- Number of babies of women served born full term and at typical birth weight
- Number and percent of babies of women served born prematurely
- Percent of babies of families served that receive six weeks post-partum visit
- Percent of babies of families served with on-time immunizations (if applicable)

- Number of families showing increases in parenting knowledge and skill after receiving home visitation/actual service number using observational pre/post measure aligned with research based program requirements (if applicable)
- Number of expectant mothers receiving regular prenatal care/actual service number
- Number of children having dental visit before age one/actual service number (if applicable)
- Number of children screened for developmental delays/actual service number (if applicable)
- Number of children screened for vision and hearing/actual service number (if applicable)
- Number of families who report an increase in reading to their child in pre-post test (minimum questions provided by First Things First staff)/actual service number (if applicable)
- Number of media impressions/proposed service number (if applicable)

Applicants must include a plan for Evaluation and Quality Improvement by completing the following questions.

33. Describe any additional Performance Measures that will be collected during the implementation of the proposed strategy.
34. Who will have overall responsibility for the data collection and reporting? Be sure to include this person in your Key Personnel Overview (Attachment C).
35. How will the required data be collected? Describe how you will ensure that data entered into the First Things First web-based database after it has been collected is accurate and timely. What procedures will be in place to assure the quality of your data (e.g., training for data collectors, data collection forms, timeliness for administering tools, etc.)?
36. Complete the Evaluation Plan Overview table in Attachment J.
37. What resources (e.g., personnel, supplies, computer, etc.) will be needed to complete necessary activities related to the quality data input and data collection of the program? In addition to a narrative description, the funds dedicated to evaluation should be reflected in the budget.

Quality Improvement

38. Describe the plan to use the results of First Things First evaluation efforts to improve the quality of the proposed program or strategy throughout the duration of this grant.

Instructions to Applicants

A. Inquiries

1. Duty to Examine It is the responsibility of each Applicant to examine the entire RFGA, seek clarification in writing (inquiries), and examine its' Application for accuracy before submitting the Application. Lack of care in preparing an Application shall not be grounds for modifying or withdrawing the Application after the Application due date and time, nor shall it give rise to any Contract claim.
2. RFGA Contact Person Any inquiry related to an RFGA, including any requests for or inquiries regarding standards referenced in the RFGA shall be directed solely to the RFGA contact person. The Applicant shall not contact or direct inquiries concerning this RFGA to any other State employee unless the RFGA specifically identifies a person other than the RFGA contact person as a contact.
3. Submission of Inquiries The Grants and Contracts Procurement Specialist identified in this RFGA, who is the contact for all inquiries except at the Pre-Application Conference, requires that an inquiry be submitted in writing. Any inquiry related to the RFGA shall refer to the appropriate RFGA number,

page and paragraph. Do not place the RFGA number on the outside of the envelope containing that inquiry, since it may then be identified as an Application and not be opened until after the Application due date and time. Electronic inquiries are acceptable. First Things First shall consider the relevancy of the inquiry but is not required to respond in writing.

4. Timeliness Any inquiry or exception to the RFGA shall be submitted as soon as possible and should be submitted at least seven days before the Application due date and time for review and determination by First Things First. Failure to do so may result in the inquiry not being considered for an RFGA Amendment.
5. No Right to Rely on Verbal Responses An Applicant shall not rely on verbal responses to inquiries. A verbal reply to an inquiry does not constitute a modification of the RFGA.
6. RFGA Amendments The RFGA shall only be modified by a formal written RFGA amendment. Formal written amendments are posted on the First Things First website, www.azftf.gov. It is the sole responsibility of the Applicant to check the website regularly.
7. Pre-Application Conference A Pre-Application Conference has been scheduled for this RFGA for April 20, 2009 at 9:00 a.m. to 12:00 p.m. at First Things First, 4000 N. Central Ave., Suite 800, 8th Floor Board Room in Phoenix, Arizona. Applicants should raise any questions about the RFGA at that time. The Pre-Application Conference will clarify the contents of the RFGA in order to prevent any misunderstanding of First Things First's position. Any doubt as to the requirements of the RFGA or any apparent omission or discrepancy should be presented to First Things First at the Conference. An Applicant may not rely on any verbal responses to questions at the Conference. Material issues raised at the Conference that result in changes to the RFGA shall be answered solely through a formal written RFGA amendment. **Attendance at the Pre-Application Conference is strongly encouraged, but not mandatory.**
8. Persons with Disabilities Persons with a disability may request a reasonable accommodation, such as a sign language interpreter, by contacting the RFGA contact person. Requests shall be made as early as possible to allow time to arrange the accommodation.

B. Application Preparation

1. Forms No facsimile or electronic mail Applications shall be accepted. An Application shall be submitted using the forms provided in this RFGA or on their substantial equivalent. Any substitute document for the forms provided in this RFGA must be legible and contain the same information requested on the forms, unless the RFGA indicates otherwise.
2. Technical Requirements Applications will be reviewed initially for compliance with technical requirements. Noncompliance with these requirements may result in the Application being deemed non-responsive, and therefore, not susceptible to award.
 - Responses should be typed, single-spaced with one-inch margins or wider with a twelve (12)-point font used.

- Applications are not to be bound in spiral binders or in 3-ring notebooks. Please submit your Applications either stapled in the upper left-hand corner or use a binder clip.
- Applications should be single sided, NOT duplexed.
- Number all pages and include a table of contents that follows the underlined categories in the “Application: Responding to the Scope of Work” Section. Enclose one (1) original (clearly marked “ORIGINAL”) and nine (9) additional copies.
- All Attachments must be completed as instructed.
- The organization name and the Request for Grant Application Number **FTF-MULTI-10-0072-00** must be clearly marked on the outside of the sealed envelope/package.

Please refer to the Checklist on Page 40 to verify inclusion of all required documentation and use of the proper format.

3. Evidence of Intent to be Bound The Applicant Offer and Acceptance Form within the RFGA shall be submitted with the Application and shall include a signature by a person authorized to sign the Application. The signature shall signify the Applicant’s intent to be bound by the Application, the terms of the RFGA and that the information provided is true, accurate and complete. Failure to submit verifiable evidence of intent to be bound, such as an original signature, shall result in rejection of the Application.
4. Exceptions to Terms and Conditions All exceptions included with the Application shall be submitted in a clearly identified separate section of the Application in which the Applicant clearly identifies the specific paragraphs of the RFGA where the exceptions occur. Any exceptions not included in such a section shall be without force and effect in any resulting Contract unless such exception is specifically accepted by the Grants and Contracts Procurement Specialist in a written statement. The Applicant’s preprinted or standard terms will not be considered by First Things First as a part of any resulting Contract. All exceptions that are contained in the Application may negatively affect First Things First’s proposal evaluation based on the evaluation criteria stated in the RFGA or result in rejection of the Application.
5. Subcontracts Applicant shall clearly list any proposed subcontractors and the subcontractor’s proposed responsibilities in the Application.
6. Cost of Application Preparation First Things First will not reimburse any Applicant the cost of responding to an RFGA.
7. RFGA Amendments Each RFGA Amendment shall be signed with an original signature by the person signing the Application, and shall be submitted no later than the Application due date and time. Failure to return a signed copy of a RFGA Amendment may result in rejection of the Application.
8. Additional Materials Additional materials such as promotional brochures or examples of other programs should not be submitted unless they directly relate to the information required in the Application.

9. Provision of Tax Identification Numbers Applicants are required to provide their Arizona Transaction Privilege Tax Number and/or Federal Tax Identification number in the space provided on the Offer and Acceptance Form.
10. Disclosure If the firm, business or person submitting this Application has been debarred, suspended or otherwise lawfully precluded from participating in any public procurement activity, including being disapproved as a subcontractor with any Federal, state or local government; or if any such preclusion from participation from any public procurement activity is currently pending, the Applicant shall fully explain the circumstances relating to the preclusion or proposed preclusion in the Application. The Applicant shall include a letter with its Application setting forth the name and address of the governmental unit, the effective date of this suspension or debarment, the duration of the suspension or debarment, and the relevant circumstances relating to the suspension or debarment. If suspension or debarment is currently pending, a detailed description of all relevant circumstances including the details enumerated above shall be provided.
11. RFGA Order of Precedence In the event of a conflict in the provisions of this RFGA, the following shall prevail in the order set forth below:
 - 11.1 First Things First Special Terms and Conditions
 - 11.2 State of Arizona Uniform Terms and Conditions
 - 11.3 Scope of Work
 - 11.4 Attachments
 - 11.5 Exhibits
 - 11.6 Instructions to Applicants
 - 11.7 Other documents referenced or included in the RFGA

C. Submission of Application

1. Sealed Envelope or Package One (1) original (clearly marked "original") Application and nine (9) copies shall be submitted to the submittal location identified in this RFGA. Applications must be submitted in a sealed envelope or container. The envelope or container should be clearly identified with name of the Applicant and RFGA number. First Things First may open envelopes or containers to identify contents if the envelope or container is not clearly identified.
2. Late Applications An Application submitted after the exact Application due date and time shall be rejected. Applications **must** be received by First Things First at the designated due date and time.
3. Application Amendment or Withdrawal An Application may not be amended or withdrawn after the Application due date and time except as otherwise provided under applicable law.
4. Application Opening Applications shall be opened publicly at the time and place identified in this RFGA. The name of each Applicant shall be read publicly and recorded.
5. Disqualification An Applicant (including each of its principals) who is currently debarred, suspended or otherwise lawfully prohibited from any public procurement activity shall have its Application rejected.

6. Public Record All Applications submitted and opened are public records and must be retained by First Things First. Applications shall be open to public inspection no later than 30 days after Contract award pursuant to A.R.S. §41-2702 (E), except for such Applications deemed to be confidential by First Things First. If an Applicant believes that information in its Application should remain confidential, it shall indicate as confidential the specific information and submit a statement with its Application detailing the reasons that the information should not be disclosed. Such reasons shall include the specific harm or prejudice which may arise. First Things First, pursuant to A.C.R.R. R2-7-104, shall review all requests for confidentiality and provide a written determination. If the confidential request is denied, such information shall be disclosed as public information, unless the person utilizes the "Protest" provision as noted in A.R.S. §41-2611 through §41-2616.
7. Application Acceptance Period Applications shall be irrevocable for 120 days after the RFGA due date and time.
8. Non-collusion, Employment, and Services By signing the Offer and Acceptance Form, the Applicant certifies that:
 - a. The Applicant did not engage in collusion or other anti-competitive practices in connection with the preparation or submission of its Application; and
 - b. The Applicant does not discriminate against any employee or applicant for employment or person to whom it provides services because of race, color, religion, sex, national origin, sexual orientation or disability, and that it complies with all applicable Federal, state and local laws and executive orders regarding employment.
9. Budget Limitations In the event that the Applications received exceed the budget limitations, First Things First reserves the option to request a reduction in the scope of the Applicant's proposed program. If such an option is exercised by First Things First, funds shall be recommended for funding consideration according to the priority scores. Revised budget documents will be required. First Things First reserves the right to award contracts for less than the proposed amount and/or less than the available funds or make awards that exceed the posted available funds as additional funds become available.
10. Waiver and Rejection Rights Notwithstanding any other provision of the RFGA, the State reserves the right to:
 - 10.1 Waive any minor informality,
 - 10.2 Reject any and all Applications or portions thereof, or
 - 10.3 Cancel the RFGA.

D. Award

1. Multiple Awards In order to ensure adequate coverage of First Things First requirements, multiple awards may be made, but a single award may be considered.
2. Contract Inception An Application does not constitute a Contract nor does it confer any rights on the Applicant to the award of a Contract. A Contract is not created until the Application is accepted in

writing by the First Things First designee's signature on the Offer and Acceptance Form. A notice of award or of the intent to award shall not constitute acceptance of the Application.

3. Effective Date The effective date of this Contract shall be the date that the First Things First designee signs the Offer and Acceptance form or other official contract form, unless another date is specifically stated in the Contract.

E. Protests

1. A protest shall comply with and be resolved according to A.R.S. §41-2611. Protests shall be in writing and filed with the Executive Director, Arizona Early Childhood Development and Health Board. A protest of an RFGA shall be received by the Grants and Contracts Procurement Specialist before the Application due date. A protest of a proposed award or of an award shall be filed within ten (10) days after the protester knows or should have known the basis of the protest. A protest shall include:
 - 1.1 The name, address and telephone number of the protester,
 - 1.2 The signature of the protester or its representative,
 - 1.3 Identification of the RFGA or Contract number,
 - 1.4 A detailed statement of the legal and factual grounds of the protest including copies of relevant documents, and
 - 1.5 The form of relief requested.

F. Comments Welcome

1. First Things First periodically reviews the Instructions to Applicants and welcomes any comments you may have. Please submit your comments to the Grants and Contracts Procurement Specialist, grants@azftf.gov

FIRST THINGS FIRST SPECIAL TERMS AND CONDITIONS

1. Term of Contract The term of the contract shall commence September 1, 2009 and shall remain in effect until June 30, 2010.
2. Contract Renewal/Contract Amendment This Contract shall not bind nor purport to bind First Things First for any contractual commitment in excess of the original contract period. First Things First shall have the right, with consult of the awardee, to issue a written contract amendment to expand services and increase funding awarded to compensate for the agreed upon service expansion. First Things First shall have the right, at its sole option, to renew the contract for two (2) one-year periods or a portion thereof. Contract awards may be increased, decreased, or not renewed based on evaluation, programmatic and fiscal performance, the availability of funds, or the discretion of First Things First. If First Things First exercises such rights, all terms, conditions and provisions of the original contract shall remain the same and apply during the renewal period.
3. Reporting At a minimum grantees shall submit quarterly programmatic progress reports due by the 20th of the month following the quarter and will submit evaluation data reports and enter data into the FTF data system as determined by FTF evaluation staff. Failure to submit timely reports will result in suspension of reimbursement. The report shall contain such information as deemed necessary by First Things First.

Programmatic reports and requests for program and budget changes must be sent to:
First Things First
Regional Division – Central Phoenix and South Phoenix Regional Partnership Councils
4000 N. Central Avenue, Suite 800
Phoenix, AZ 85012

4. Reimbursement/Payment The Grantee shall be paid on a cost-reimbursement basis, at a maximum of monthly or a minimum of quarterly for those items submitted and approved in the budget inclusively. Reimbursement requests shall be submitted monthly or quarterly. **Grantee shall submit a final reimbursement request for expenses obligated prior to the date of contract termination no more than forty-five (45) days after the contract end.** Requests for reimbursement received later than forty-five (45) days after the contract termination will not be paid. **If awarded a contract, your organization must have sufficient funds to meet obligations for at least sixty- (60) days while awaiting reimbursements.** If an exception is requested to this requirement, it must be provided in writing in your Application describing the justification and need for alternative considerations.

Financial reimbursement requests must be sent to:
First Things First
Finance Division - Central Phoenix and South Phoenix Regional Partnership Councils
4000 North Central Avenue, Suite 800
Phoenix, Arizona 85012

5. Confidentiality of Records The Grantee shall establish and maintain procedures and controls that are acceptable to First Things First for the purpose of assuring that no information contained in its records or obtained from First Things First or from others in carrying out its functions under the contract shall be used by or disclosed by it, its agents, officers, or employees; except as required to efficiently perform duties under the contract. Persons requesting such information shall be referred to First Things First. Grantee also agrees that any information pertaining to individual persons shall not be divulged other than to employees or officers of the Grantee as needed for the performance of duties under the contract, unless otherwise agreed to in writing by First Things First.
6. Key Personnel It is essential that the Grantee provide an adequate staff of experienced personnel, capable of and devoted to the successful accomplishment of work to be performed under this contract. The Grantee must assign specific individuals to the key positions, when possible or submit an official position description for which candidates must qualify. **Once assigned to work under the contract, if key personnel are removed or replaced, written notification shall be sent to First Things First.**
7. Orientation A mandatory Orientation Meeting will be scheduled during the first quarter after awards are made and will provide all awarded grantees the information required to manage the contract.
8. Capital Expenditures Items over \$5,000 with a life of more than one (1) year are allowable.
9. Working with Tribal Regional Partnership Council(s) A grantee must comply with requirements set

forth by the Tribal Government in relation to essential functions of the grants operation including data collection. It is the responsibility of the grantee to follow appropriate policy and procedures, complete IRB, parent consent, and appropriate tribal approvals as designated by tribal authorities.

10. Geographic Distribution If Applications are not received from geographic areas within the region or if an Application submitted is not deemed applicable to funding by the review committee or falls below a review-scoring threshold, all funding may not be awarded or could be awarded to meet disparate geographic need for services. First Things First also reserves the right to fund more than one program in an area, to not award the entire amount of available funds, or to award an amount that is greater than the posted available funds.

STATE OF ARIZONA UNIFORM TERMS AND CONDITIONS

1. Contract Interpretation

- 1.1 Arizona Law This Contract shall be governed and interpreted by the laws of the State of Arizona. The venue for any proceedings, actions, or suits arising from this Contract shall be in Maricopa County, Arizona.
- 1.2 Implied Contract Terms Each provision of law and any terms required by law to be in this Contract are a part of this Contract as if fully stated in it.
- 1.3 Contract Order of Precedence In the event of a conflict in the provisions of the Contract, as accepted by First Things First and as they may be amended, the following shall prevail in the order set forth below:
 - 1.3.1. First Things First Special Terms and Conditions
 - 1.3.2. State of Arizona Uniform Terms and Conditions
 - 1.3.3. Statement or Scope of Work
 - 1.3.4. Attachments/Exhibits
 - 1.3.5. Documents referenced or included in the RFGA
- 1.4 Severability The provisions of this Contract are severable. Any term or condition deemed illegal or invalid shall not affect any other term or condition of the Contract.
- 1.5 No Parole Evidence This Contract is intended by the parties as a final and complete expression of their contract. No course of prior dealings between the parties and no usage of the trade shall supplement or explain any terms used in this document and no other understanding either oral or in writing shall be binding.
- 1.6 No Waiver Party's failure to insist on strict performance of any term or condition of the Contract shall not be deemed a waiver of that term or condition even if the party accepting or acquiescing in the nonconforming performance knows of the nature of the performance and fails to object to it.

2. Contract Administration and Operation

- 2.1 Records Pursuant to A.R.S. §35-214 and §35-215, the Grantee shall retain and shall contractually require each subcontractor to retain all data and other "records" relating to the acquisition and

performance of the Contract for a period of five years after the completion of the Contract. All records shall be subject to inspection and audit by First Things First at reasonable times. Upon request, the Grantee shall produce a legible copy of any or all such records.

- 2.2 Non-Discrimination The Grantee shall comply with State Executive Order No. 99-4 and all other applicable Federal and State laws, rules and regulations, including the Americans with Disabilities and all applicable provisions and regulations relating to Executive Order No. 13279 – Equal Protection of the Laws for Faith-based and Community Organizations.
- 2.3 Audit Pursuant to A.R.S. §35-214, at any time during the term of this Contract and five (5) years thereafter, the Grantee’s or any subcontractor’s books and records shall be subject to audit by First Things First and, where applicable, the Federal Government, to the extent that the books and records relate to the performance of the Contract or subcontract.
- 2.4 Financial Audit In compliance with the Federal Single Audit Act (31 U.S.C. par., 7501-7507), as amended by the Single Audit Act Amendments of 1996 (P.L. 104 to 156), grant sub-recipients, as prescribed by the President’s Council on Integrity and Efficiency Position #6, expending Federal Grants from all sources totaling \$500,000 or more, must have an annual audit conducted in accordance with OMB Circular #A-133, “Audits of States, Local Governments and Non-profit Organizations.” **If you have expended more than \$500,000 in federal dollars, a copy of your audit report for the previous fiscal year must be submitted with your Application.**
- 2.5 Audit Trails Grantee shall maintain proper audit trails for all reports related to this contract. First Things First reserves the right to review all program records.
- 2.6 Fund Management The Grantee must maintain funds received under this contract in separate ledger accounts and cannot mix these funds with other sources. Grantee must manage funds according to applicable regulations for administrative requirements, cost principles and audits.

The Grantee must maintain adequate business systems to comply with State requirements. The business systems that must be maintained are:

- a. Financial Management
- b. Procurement
- c. Personnel
- d. Property
- e. Travel

A system is adequate if it is: 1) written; 2) consistently followed – it applies in all similar circumstances; and 3) consistently applied – it applies to all sources of funds.

- 2.7 Notices All notices, requests, demands or communications by either party to this Agreement, pursuant to or in connection with this Agreement shall be in writing and shall be delivered in person or shall be sent by the United States Postal Service, certified mail, return receipt requested, to the respective parties at the following addresses:

Program:

First Things First
Regional Division - Central Phoenix and South Phoenix Regional Partnership Councils
4000 N. Central Avenue, Suite 800
Phoenix, AZ 85012

Finance:

First Things First
Finance Division – Central Phoenix and South Phoenix Regional Partnership Councils
4000 N. Central Avenue, Suite 800
Phoenix, AZ 85012

- 2.8 Advertising, Publishing and Promotion of Contract The Grantee shall not use, advertise or promote information for commercial benefit concerning this Contract without the prior written approval of the Grants and Contracts Procurement Specialist.
- 2.9 Ownership of Information/Printed Material First Things First reserves the right to review and approve all publications and/or media funded or partially funded through this contract. All publications funded or partially funded through this contract shall recognize First Things First as the funding source. First Things First shall have full and complete rights to reproduce, duplicate, disclose, perform, and otherwise use all materials prepared under this Agreement.

3. Funding/Payments

- 3.1. Funding Requested funding must be submitted in an all-inclusive basis. The State will not reimburse any item other than the all-inclusive funding contained on the budget forms.
- 3.2. Tax Indemnification Grantee and all subcontracts shall pay all Federal, state and local taxes applicable to its operation and any persons employed by the Grantee. Grantee shall, and require all subcontractors to hold First Things First harmless from any responsibility for taxes, damages and interest, if applicable, contributions required under Federal, and/or state and local laws and regulations and any other costs including transaction privilege taxes, unemployment compensation insurance, Social Security and Worker’s Compensation.
- 3.3. IRS Substitute W9 Form In order to receive payment the Grantee shall have a current IRS Substitute W9 Form on file with State of Arizona, unless not required by law.
- 3.4. Availability of Funds for the Next Fiscal Year Funds are not presently available for performance under this contract beyond the current fiscal year. Every payment obligation of First Things First under this Contract is conditioned upon the availability of funds appropriated or allocated for the payment of such obligation. If funds are not allocated and available for the continuance of this Contract, this Contract may be terminated by First Things First at the end of the period for which funds are available. No liability shall accrue to First Things First in the event this provision is exercised, and First Things First shall not be obligated or liable for any future payments or for any damages as a result of termination under this paragraph.

4. Contract Changes

- 4.1 Amendments Any change in the contract including the scope of work and budget described herein, whether by modification or supplementation, must be accomplished by a formal written contract amendment signed and approved by and between the duly authorized representatives of the Grantee and First Things First. Any such amendment shall specify an effective date, any increases or decreases in the Grantee's compensation, if applicable, and entitled as an "Amendment" and signed by the parties identified in the preceding sentence. The Grantee expressly and explicitly understands and agrees that no other method and/or no other document, including correspondence, acts, and oral communications by or from any person, shall be used or construed as an amendment or modification or supplementation to the contract.
- 4.2 Subcontractors The Grantee agrees and understands that no subcontract that the Grantee enters into with respect to performance under this contract shall in any way relieve the Grantee of any responsibility for performance of its duties. It is highly recommended by First Things First that a Memorandum of Understanding or some other type of contract is in place between the Grantee and a Subcontractor for services to be performed, and in which a payment amount has been negotiated and approved, to avoid any misunderstanding between both parties. The Subcontract shall incorporate by reference the terms and conditions of this Contract.
- 4.3 Assignment and Delegation The Grantee shall not assign any right nor delegate any duty under this Contract without the prior written approval of the Grants and Contracts Procurement Specialist. First Things First shall not unreasonably withhold approval.

5. Risk and Liability

- 5.1. Indemnification (Not Public Agency) The parties to this Contract agree that First Things First, its departments, Board and Councils shall be indemnified and held harmless by the Grantee for the vicarious liability of First Things First as a result of entering into this contract. However, the parties further agree that First Things First, its departments, Board and Councils shall be responsible for its own negligence. Each party to this contract is responsible for its own negligence.
- 5.2 Indemnification Language for Public Agencies Only Each party (as 'indemnitor') agrees to indemnify, defend, and hold harmless the other party (as 'indemnitee') from and against any and all claims, losses, liability, costs, or expenses (including reasonable attorney's fees) (hereinafter collectively referred to as 'claims') arising out of bodily injury of any person (including death) or property damage but only to the extent that such claims which result in vicarious/derivative liability to the indemnitee, are caused by the act, omission, negligence, misconduct, or other fault of the indemnitor, its officers, officials, agents, employees, or volunteers.
- 5.3 Insurance Requirements Grantee and subcontractors shall procure and maintain until all of their obligations have been discharged, including any warranty periods under this Contract, are satisfied, insurance against claims for injury to persons or damage to property which may arise

from or in connection with the performance of the work hereunder by the Grantee, his agents, representatives, employees or subcontractors.

The *insurance requirements* herein are minimum requirements for this Contract and in no way limit the indemnity covenants contained in this Contract. First Things First in no way warrants that the minimum limits contained herein are sufficient to protect the Grantee from liabilities that might arise out of the performance of the work under this contract by the Grantee, its agents, representatives, employees or subcontractors, and Grantee is free to purchase additional insurance.

A. **MINIMUM SCOPE AND LIMITS OF INSURANCE**: Grantee shall provide coverage with limits of liability not less than those stated below.

1. **Commercial General Liability – Occurrence Form**

Policy shall include bodily injury, property damage, personal injury and broad form contractual liability coverage.

- General Aggregate \$2,000,000
- Products – Completed Operations Aggregate \$1,000,000
- Personal and Advertising Injury \$1,000,000
- Blanket Contractual Liability – Written and Oral \$1,000,000
- Fire Legal Liability \$50,000
- Each Occurrence \$1,000,000

- a. The policy shall be endorsed to **include coverage for sexual abuse and molestation**.
- b. The policy shall be endorsed to include the following additional insured language: ***“The State of Arizona, its departments, agencies, boards, commissions, universities and its officers, officials, agents, and employees shall be named as additional insureds with respect to liability arising out of the activities performed by or on behalf of the Grantee”***.
- c. Policy shall contain a waiver of subrogation against the State of Arizona, its departments, agencies, boards, commissions, universities and its officers, officials, agents, and employees for losses arising from work performed by or on behalf of the Grantee.

2. **Business Automobile Liability**

Bodily Injury and Property Damage for any owned, hired, and/or non-owned vehicles used in the performance of this Contract.

- Combined Single Limit (CSL) \$1,000,000

- a. The policy shall be endorsed to include the following additional insured language: ***“The State of Arizona, its departments, agencies, boards, commissions, universities and its officers, officials, agents, and employees shall be named as additional insureds with respect to liability arising out of the activities performed by or on behalf of the Grantee, involving automobiles owned, leased, hired or borrowed by the Grantee”***.

- b. Policy shall contain a waiver of subrogation against the State of Arizona, its departments, agencies, boards, commissions, universities and its officers, officials, agents, and employees for losses arising from work performed by or on behalf of the Grantee.

3. Worker's Compensation and Employers' Liability

- Workers' Compensation Statutory
- Employers' Liability
 - Each Accident \$ 500,000
 - Disease – Each Employee \$ 500,000
 - Disease – Policy Limit \$1,000,000

- a. Policy shall contain a waiver of subrogation against the State of Arizona, its departments, agencies, boards, commissions, universities and its officers, officials, agents, and employees for losses arising from work performed by or on behalf of the Grantee.
- b. This requirement shall not apply to separately, EACH Grantee or subcontractor exempt under A.R.S. §23-901, AND when such Grantee or subcontractor executes the appropriate waiver (Sole Proprietor/Independent Contractor) form.

4. Professional Liability (Errors and Omissions Liability)

- Each Claim \$1,000,000
- Annual Aggregate \$2,000,000

- a. In the event that the professional liability insurance required by this Contract is written on a claims-made basis, Grantee warrants that any retroactive date under the policy shall precede the effective date of this Contract; and that either continuous coverage will be maintained or an extended discovery period will be exercised for a period of two (2) years beginning at the time work under this Contract is completed.
- b. The policy shall cover professional misconduct or lack of ordinary skill for those positions defined in the Scope of Work of this contract.

B. ADDITIONAL INSURANCE REQUIREMENTS: The policies shall include, or be endorsed to include, the following provisions:

- 1. The State of Arizona, its departments, agencies, boards, commissions, universities and its officers, officials, agents, and employees wherever additional insured status is required such additional insured shall be covered to the full limits of liability purchased by the Grantee, even if those limits of liability are in excess of those required by this Contract.
- 2. The Grantee's insurance coverage shall be primary insurance with respect to all other available sources.
- 4. Coverage provided by the Grantee shall not be limited to the liability assumed under the indemnification provisions of this Contract.

C. NOTICE OF CANCELLATION: Each insurance policy required by the insurance provisions of this Contract shall provide the required coverage and shall not be suspended, voided, canceled, or reduced in coverage or in limits except after thirty- (30) days prior written notice has been given to the State of Arizona. Such

notice shall be sent directly to (First Things First, Grants and Contracts Procurement Specialist, 4000 N. Central, Suite 800, Phoenix, AZ 85012) and shall be sent by certified mail, return receipt requested.

- D. ACCEPTABILITY OF INSURERS: Insurance is to be placed with duly licensed or approved non-admitted insurers in the state of Arizona with an "A.M. Best" rating of not less than A-VII. The State of Arizona in no way warrants that the above-required minimum insurer rating is sufficient to protect the Grantee from potential insurer insolvency.
- E. VERIFICATION OF COVERAGE: Grantee shall furnish the State of Arizona with certificates of insurance (ACORD form or equivalent approved by the State of Arizona) as required by this Contract. The certificates for each insurance policy are to be signed by a person authorized by that insurer to bind coverage on its behalf.
- F. All certificates and endorsements are to be received and approved by the State of Arizona before work commences. Each insurance policy required by this Contract must be in effect at or prior to commencement of work under this Contract and remain in effect for the duration of the project. Failure to maintain the insurance policies as required by this Contract, or to provide evidence of renewal, is a material breach of contract.
- G. All certificates required by this Contract shall be sent directly to (First Things First, Grants and Contracts Procurement Specialist, 4000 N. Central, Suite 800, Phoenix, AZ 85012). The State of Arizona project/contract number and project description shall be noted on the certificate of insurance. The State of Arizona reserves the right to require complete, certified copies of all insurance policies required by this Contract at any time. DO NOT SEND CERTIFICATES OF INSURANCE TO THE STATE OF ARIZONA'S RISK MANAGEMENT SECTION.
- H. SUBCONTRACTORS: Grantees' certificate(s) shall include all subcontractors as insureds under its policies or Grantee shall furnish to the State of Arizona separate certificates and endorsements for each subcontractor. All coverages for subcontractors shall be subject to the minimum requirements identified above.
- I. APPROVAL: Any modification or variation from the *insurance requirements* in this Contract shall be made by the Department of Administration, Risk Management Section, whose decision shall be final. Such action will not require a formal Contract amendment, but may be made by administrative action.
- J. EXCEPTIONS: In the event the Grantee or sub-contractor(s) is/are a public entity, then the Insurance Requirements shall not apply. Such public entity shall provide a Certificate of Self-Insurance. If the Grantee or sub-contractor(s) is/are a State of Arizona agency, board, commission, or university, none of the above shall apply.

5.4 Force Majeure If either party hereto is delayed or prevented from the performance of any act required in this Agreement due to acts of God, strikes, lockouts, labor disputes, civil disorder, or other causes without fault and beyond the control of the party obligated, performance of or payment for such act will be excused for the period of the delay.

5.5 Third Party Antitrust Violations The Grantee assigns to First Things First any claim for cover charges resulting from antitrust violations to the extent that those violations concern materials or services supplied by third parties to the Grantee, toward fulfillment of this Contract.

6. Compliance

6.1 Compliance with Applicable Laws The services supplied under this Contract shall comply with all applicable Federal, state and local laws, and the Grantee shall maintain all applicable licenses and permit requirements.

6.2 Sectarian Requests Funds may not be expended for any sectarian purpose or activity, including sectarian worship or instructions.

6.3 Restrictions on Lobbying The Grantee shall not use these funds to pay for, influence, or seek to influence any officer or employee of First Things First, state government or the federal government if that action may have an impact, of any nature, on this contract.

6.4 Licenses Grantee shall maintain in current status all federal, state and local licenses and permits required for the operation of the business conducted by the Grantee.

6.5 Fingerprinting Pursuant to A.R.S. §41-1758 Grantee will obtain fingerprint cards and/or background checks as applicable.

This Contract may be cancelled or terminated if the fingerprint check or the certified form of any person who is employed by a provider, whether paid or not, and who is required or allowed to provide services directly to children, discloses that a person has committed any act of sexual abuse of a child, including sexual exploitation or commercial sexual exploitation, or any act of child abuse or that the person has been convicted of or awaiting trial on any criminal offenses in this state or similar offenses in another state or jurisdiction.

7. State's Contractual Remedies

7.1 Right to Assurance If First Things First in good faith has reason to believe that the Grantee does not intend to, or is unable to perform or continue performing under this Contract, the Grants and Contracts Procurement Specialist may demand in writing that the Grantee give a written assurance of intent to perform. Failure by the Grantee to provide written assurance within the number of Days specified in the demand may be, at First Things First's discretion, the basis for terminating the Contract under the First Things First Uniform Terms and Conditions or other rights and remedies available by law or provided by the contract.

7.2 Cancellation for Failure to Perform Failure by the Grantee to adhere to any provision of this Agreement or its Attachments in the time and manner provided by this Contract or its Attachments shall constitute a material default and breach of this Contract and First Things First may cancel, at its option, this Agreement upon prior written notice.

First Things First may issue a written ten (10) day notice of default to the Grantee for acting or failing to act including but not limited to any of the following:

- The Grantee provides personnel that do not meet the requirements of this Agreement or are of an unacceptable quality.
- The Grantee fails to perform adequately the services required in this Agreement.
- The Grantee fails to furnish the required product or services within the time stipulated in this Agreement.
- The Grantee fails to make progress in the performance of the requirements of the Agreement and/or gives a positive indication that the Grantee will not or cannot perform to the requirements of this Agreement.

If the Grantee does not correct any problem(s) within ten (10) days after receiving the notice of default, First Things First may cancel the Contract. If First Things First cancels the Contract pursuant to this clause, First Things First reserves all rights or claims to damage for breach of the Contract and the Grantee agrees to a general release in favor of First Things First for any claim for reimbursement.

7.3 Non-Exclusive Remedies The rights and the remedies of First Things First under this Contract are not exclusive.

8. Contract Termination

8.1 Cancellation for Conflict of Interest. Pursuant to A.R.S. §38-511, First Things First may cancel this Contract within three (3) years after Contract execution without penalty or further obligation if any person significantly involved in initiating, negotiating, securing, drafting or creating the Contract on behalf of First Things First is or becomes at any time while the Contract or an extension of the Contract is in effect an employee of or a consultant to any other party to this Contract with respect to the subject matter of the Contract. The cancellation shall be effective when the Grantee receives written notice of the cancellation unless the notice specifies a later time. If the Grantee is a political subdivision of the State of Arizona, it may also cancel this Contract as provided in A.R.S. §38-511.

8.2 Suspension or Debarment First Things First may, by written notice to the Grantee, immediately terminate this Contract if First Things First determines that the Grantee has been debarred, suspended or otherwise lawfully prohibited from participating in any public procurement activity, including but not limited to, being disapproved as a subcontractor of any public procurement unit or other governmental body. Submittal of an Application or execution of a contract shall attest that the Grantee is not currently suspended or debarred. If the Grantee becomes suspended or debarred, the Grantee shall immediately notify First Things First.

8.3 Termination for Convenience First Things First reserves the right to terminate the Contract, in whole or in part at any time, when in the best interests of First Things First without penalty or recourse. Upon receipt of the written notice, the Grantee shall stop all work, as directed in the notice, notify all subcontractors of the effective date of the termination and minimize all further costs to First Things First. In the event of termination under this paragraph, all documents, data and reports prepared by the Grantee under the Contract shall become the property of and be delivered to First Things First upon demand. The Grantee shall be entitled to receive just,

equitable compensation for work in progress, work completed, and materials accepted before the effective date of the termination. The cost principles and procedures provided in A.A.C. R2-7-701 shall apply.

- 8.4 **Termination for Default** In addition to the rights reserved in the contract, First Things First may terminate the Contract in whole or in part due to the failure of the Grantee to comply with any term or condition of the Contract, to acquire and maintain all required insurance policies, bonds, licenses and permits, or to make satisfactory progress in performing the Contract. The Grants and Contracts Procurement Specialist shall provide written notice of the termination and the reasons for it to the Grantee. Upon termination under this paragraph, all materials, documents, data and reports prepared by the Grantee under the Contract shall become the property of and be delivered to First Things First on demand. Upon termination of this Contract, First Things First may procure, on terms and in the manner that it deems appropriate, materials or services to replace those under this Contract. The Grantee shall be liable to First Things First for any excess costs incurred by First Things First in procuring services in substitution for those due from the Grantee.

9. Contract Claims

- 9.1 **Arbitration** The parties to this Contract agree to resolve all disputes arising out of or relating to this contract through arbitration, after exhausting applicable administrative review, to the extent required by A.R.S. §12-1518, except as may be required by other applicable statutes (Title 41).

10. State of Arizona General Uniform Terms and Conditions

The latest edition of the Arizona Uniform General Terms and Conditions and Uniform Instructions to Applicants is incorporated into this Request for Grant Application by reference. Copies may be obtained from the Arizona State Procurement Office at (602) 542-5511 or at:

<http://www.azdoa.gov/spo/documents-forms/procurement-documents>.

Checklist

Use the following list to make sure your Grant Application is complete and meets the requirements specified in this request for grant Applications:

- One (1) original copy marked “original”, and nine (9) additional copies
- Completed and signed First Things First Offer and Acceptance form
- Table of Contents
- Application including Executive Summary and response to all 38 questions
- Standard Data Collection Form completed, Attachment A
- State of Arizona Substitute W-9 Form (must be downloaded and printed) signed, if applicable
- Applicant’s Experience completed, Attachment B
- Personnel Overview completed, Attachment C
- Implementation Plan completed, Attachment D
- Funds Requested Page, completed and signed, Attachment E
- Line Item Budget, completed and signed, Attachment F
- Budget Narrative, completed and signed, Attachment G
- Disclosure of Other Funding Sources, completed and signed, Attachment H
- Financial Systems Survey is completed and signed, Attachment I
- Evaluation Plan, Attachment J
- Resumes for all personnel listed in the budget
- One copy of your agency’s most recent audited, reviewed or compiled financial statements as well as a schedule showing the total federal funds (by granting agency) expended by your agency for the most recent fiscal year included with the Application marked Original.
- Page numbers are included on all pages, in sequence, twelve point font or larger and single-spaced, with one inch margins or wider.
- All documents requiring signatures should have **ORIGINAL** signatures.
- Do **NOT** bind your Application in spiral binders or in 3-ring notebooks. Please submit your Applications either stapled in the upper left-hand corner or use a binder clip.
- When submitting your Application, insure your organization name and the Request for Grant Application Number **FTF-MULTI-10-0072-00** is CLEARLY marked on the outside of the SEALED envelope/package.
- It is the responsibility of each Applicant to insure their Application is delivered to First Things First by the due date and time, **May 20, 2009 at 9:00 a.m. Arizona MST**. Allow for such contingencies as heavy traffic, weather, directions, parking, security, etc.

Attachments and Exhibits

Attachment A	Standard Data Collection Form
Attachment B	Applicant's Experience
Attachment C	Key Personnel Overview
Attachment D	Implementation Plan
Attachment E	Funds Requested Page
Attachment F	Standard Line Item Budget
Attachment G	Budget Narrative Explanation
Attachment H	Disclosure of Other Funding Sources
Attachment I	Financial Systems Survey
Attachment J	Evaluation Plan
Exhibit A	Definition of Terms
Exhibit B	Sample Standard (No Match) Line Item Budget
Exhibit C	Sample Budget Narrative
Exhibit D	Sample Certificate of Insurance
Exhibit E	Research References
Exhibit F	First Things First Home Visitation Aimed at Improving Birth Outcomes Standards of Practice
Exhibit G	First Things First Standards of Practice for Promotion of Access to Prenatal Care and Healthy Prenatal Behaviors Community Health Worker (Promotora) Model

Attachment A

FIRST THINGS FIRST STANDARD DATA COLLECTION FORM

A. Agency Information:

Program Name (if applicable) _____

Agency _____ Contact Person _____

Address _____ Position _____

Address _____ Email _____

City, State, Zip _____ Phone _____ x _____ Fax _____

County _____ Employer Identification Number: _____

Agency Classification: State Agency County Government Local Government Schools Tribal
 Faith Based Other

Have you previously conducted business with First Things First using this EIN? **Y** **N**

If **NO**, please go to the following website, download the State of Arizona Substitute W-9 Form and submit with your Application:
http://www.gao.state.az.us/Vendor/forms/new/stateofaz_subw-9_042008.pdf

In which Congressional (Federal) District is your agency? Enter District # _____
<http://www.azredistricting.org> (click on Final Maps)

In which Legislative (State) District is your agency? Enter District # _____
<http://www.azredistricting.org> (click on Final Maps)

Approximately how much FEDERAL funding (from a Federal Source) will your organization expend in your current fiscal year? \$ _____

What is your organization's fiscal year-end date? _____

Accounting Method: Cash Accrual

Does your organization undergo an annual independent audit in accordance with OMB Circular A-133? **Y** **N**

Please provide contact information of the audit firm conducting your audit:

Agency _____

Address _____

Phone Number _____

B. Proposed Program Information / Description:

Amount requested: _____

Service area of proposed program: _____

Target population of proposed program: _____

Number of participants to be served: _____

Please provide a **brief** description of the **proposed program** in one or two paragraphs.

C. Contact Information (Please copy this page as many times as needed.)

Program Agency – Indicate person to be primary contact with First Things First and who is directly responsible for ensuring that the program plan is implemented. All future program correspondence will be sent to **this person**.

Fiscal Agency - Indicates person responsible for financial matters pertaining to this grant.

Collaborator – Indicates all persons/agencies that have been identified as a collaborator, partner, or host site as a requirement of this grant.

<u>Program Agency</u>	<u>Fiscal Agency</u>	<u>Collaborator</u>
Agency _____		Contact Person _____
Address _____		Position _____
Address _____		Email _____
City, State, Zip _____		Phone _____ x _____ Fax _____
County _____		

<u>Program Agency</u>	<u>Fiscal Agency</u>	<u>Collaborator</u>
Agency _____		Contact Person _____
Address _____		Position _____
Address _____		Email _____
City, State, Zip _____		Phone _____ x _____ Fax _____
County _____		

<u>Program Agency</u>	<u>Fiscal Agency</u>	<u>Collaborator</u>
Agency _____		Contact Person _____
Address _____		Position _____
Address _____		Email _____
City, State, Zip _____		Phone _____ x _____ Fax _____
County _____		

Attachment B

APPLICANT'S EXPERIENCE

Name and address of organization for which the service or activity was provided:
Location where services or activities were conducted:
Dates the service or activity was conducted: (e.g., October 2007 – September 2008)
Describe the services or activities that were provided:
Describe what was achieved with the services or activities: (e.g., increased knowledge among 20% of program participants, served 100 children, etc.)

Attachment C

KEY PERSONNEL OVERVIEW

STAFF MEMBER	BACKGROUND AND EXPERTISE OF PERSONNEL
Name: Title: FTE on this project:	

***In addition to this overview, please attach a resume (for current personnel) or a job description (for positions to be hired) for the key individuals involved in the project.**

Attachment D

IMPLEMENTATION PLAN

Activities	Task	Person Responsible	Date Task Will Be Completed/Timeline	Support Documentation

Attachment E

FUNDS REQUESTED PAGE

The Offeror must state a firm, fixed total guaranteed not-to-exceed amount of funds requested for the Grant.

Central Phoenix Funding Request

Total Funds Requested per Strategy		Strategies
<input type="checkbox"/>	\$	Establish or expand a comprehensive prenatal/post natal outreach, support, and information program for parents
<input type="checkbox"/>	\$	Increase access to and awareness of the importance of early prenatal care for pregnant women and women of child bearing age including teenagers
<input type="checkbox"/>	\$	Provide culturally appropriate support and information to at-risk pregnant women, facilitating access to prenatal care
<input type="checkbox"/>	\$	Reduce unhealthy behaviors such as smoking and alcohol use during pregnancy, and encourage healthy behaviors among at-risk pregnant women
<input type="checkbox"/>	\$	Establish or expand a comprehensive prenatal/postnatal outreach, support, and information programs for pregnant women through a home visiting program using nurses or paraprofessionals such a promotoras or lay health workers
<input type="checkbox"/>	\$	Conduct outreach to encourage and facilitate enrollment in public health insurance coverage for low income pregnant women

\$ _____ Total Funds Requested for Central Phoenix

South Phoenix Funding Request

Total Funds Requested per Strategy		Strategies
<input type="checkbox"/>	\$	Establish or expand a comprehensive prenatal/post natal outreach, support, and information program for parents
<input type="checkbox"/>	\$	Increase access to and awareness of the importance of early prenatal care for pregnant women and women of child bearing age including teenagers
<input type="checkbox"/>	\$	Provide culturally appropriate support and information to at-risk pregnant women, facilitating access to prenatal care
<input type="checkbox"/>	\$	Reduce unhealthy behaviors such as smoking and alcohol use during pregnancy, and encourage healthy behaviors among at-risk pregnant women
<input type="checkbox"/>	\$	Establish or expand a comprehensive prenatal/postnatal outreach, support, and information programs for pregnant women through a home visiting program using nurses or paraprofessionals such a promotoras or lay health workers
<input type="checkbox"/>	\$	Conduct outreach to encourage and facilitate enrollment in public health insurance coverage for low income pregnant women

\$ _____ Total Funds Requested for South Phoenix

Please Note: A separate line item budget and budget narrative must be included for each Regional Partnership Council area to be served.

Authorized Signature _____
Job Title _____

Date _____

Attachment F

STANDARD LINE ITEM BUDGET – NO MATCHING FUNDS

While you must use this format, you may reproduce it with Word Processing or Spreadsheet software. Limit your budget line items to the following categories: Personnel, Fringe Benefits, Professional Services, Travel, Pass-Through (i.e., Sub grants), Other Operating Expenses and Administrative/Indirect Costs. **Please Note: A separate line item budget and budget narrative must be included for each Regional Partnership Council area to be served.**

Budget period: September 1, 2009 – June 30, 2010

Budget Category	Line Item	Requested Funds	Total Cost
PERSONNEL AND FRINGE BENEFITS			
PROFESSIONAL SERVICES			
TRAVEL			
SUBGRANTS			
OTHER OPERATING EXPENSES			
Subtotal Direct Program Costs:		\$	\$
Administrative/Indirect Costs:			
INDIRECT COSTS			
TOTAL COST			
Total		\$	\$

*As shown, a line item budget justification for each component **MUST** be included in the proposal that describes the procedure for determining the cost of budget categories. Detail in the line item budget narrative strengthens proposals. See the following page for budget narrative format.

Authorized signature _____

Date _____

Job Title _____

Attachment F

LINE ITEM BUDGET – USE IF LISTING MATCHING FUNDS

While you must use this format, you may reproduce it with Word Processing or Spreadsheet software. Limit your budget line items to the following categories: Personnel, Fringe Benefits, Professional Services, Travel, Pass-Through (i.e., Sub grants), Other Operating Expenses and Administrative/Indirect Costs. **Please Note: A separate line item budget and budget narrative must be included for each Regional Partnership Council area to be served.**

Budget period: September 1, 2009 – June 30, 2010

Budget Category	Line Item	Requested Funds	**Matching Funds/ Source	Total Cost
Personnel and Fringe Benefits				
Personnel				
Fringe Benefits				
Contracted Services/Professional Services				
Contract services				
Travel				
Out of State:				
In State:				
Pass Through				
Sub grants				
Supplies and Other Operating				
Supplies and Other Operating Expenses				
Subtotal Direct Program Costs:		\$	\$	\$
Administrative/Indirect Costs				
Indirect Costs		\$	\$	\$
Total		\$	\$	\$

*As shown, a line item budget justification for each component **MUST** be included in the proposal that describes the procedure for determining the cost of budget categories. Detail in the line item budget narrative strengthens proposals. See the following page for budget narrative format.

** Matching Funds are not required, but if listed, are subject to monitoring by First Things First.

Authorized signature _____

Date _____

Job Title _____

Attachment G

BUDGET NARRATIVE EXPLANATION

The purpose of the budget narrative is to provide more clarity and detail on the various budget line items. The budget narrative should explain the criteria used to compute the budget figures on the budget form. Please verify that the narrative and budget form correspond and the calculations and totals are accurate.

Personnel: *Include information such as position title(s), name of employee (if known), salary, time to be spent on this program (hours or %), number of months assigned to this program, etc. Explain how the salary rate for each position was determined. If salaries are expected to increase during the project year, indicate the percentage increases for each position and justify the percent of the salary increase. Also, be sure to include the scheduled salary increases on the Budget Form.*

Fringe Benefits: *(Include a benefit percentage and what expenses make up employee benefit costs. Indicate any special rates for part-time employees, if applicable. Explain how the benefits for each position were determined. If using a fringe benefit rate, explain how this percentage is justified or approved by your agency.*

Contracted Consultant/Professional Services: *If professional consultants/services costs are proposed in the budget, define how the costs for these services were determined and the justification for the services related to the project. Explain how all contracts will be procured.*

Travel: *Include a detailed breakdown of hotel, transportation, meal costs, etc. Indicate the location(s) of travel, the justification for travel, how many employees will attend and how the estimates have been determined. Explain the relationship of each cost item to the project (e.g., if training or training expenses are requested, explain the topic of the training and its relationship to the project). Applicants **must** use the State of Arizona Travel Policy on rates for mileage, lodging, and meals (www.gao.state.az.us/travel/).*

Pass Through/Sub grants: *In the event that this Application represents collaboration and the contract will be utilizing other sub grantees to perform various components of the program, include a list of sub grantees, programmatic work each sub grantee will perform, and how costs for each sub grantee are determined.*

Supplies and Operating Expenses: *Explain each supply item to be purchased, how the costs were determined and justify the need for the items. Items with a unit cost less than \$5,000 are considered supplies and should be listed in this category. All purchases should be made through competitive bid or using established purchasing procedures.*

Administrative/Indirect Costs: *Administrative costs are general or centralized expenses of overall administration of an organization that receives grant funds and does not include particular program costs. For organizations that have an established federally approved indirect cost rate for Federal awards, indirect costs mean those costs that are included in the organization's indirect cost rate. Such costs are generally identified with the organization's overall operation and are further described in 2 CFR 220, 2 CFR 225, and 2 CFR 230.*

Applicants must list either Option A or Option B and provide proper justification for expenses included:

Option a - Administrative Costs: *with proper justification, sub grantees may include an allocation for administrative costs for up to 10% of the total direct funds requested of the grant request. Administrative costs may include allocable direct charges for: costs of financial, accounting, auditing, contracting or general legal services; costs of internal evaluation, including overall organization's management improvement costs; and costs of general liability insurance that protects the organization(s) responsible for operating a project, other than insurance costs solely attributable to the*

project. Administrative costs may also include that portion of salaries and benefits of the project's director and other administrative staff not attributable to the time spent in support of a specific project.

Option B - Federally Approved Indirect Costs: If your organization has a federally approved indirect cost rate agreement in place, grantees may include an allocation for indirect costs for up to 10% of the grant request. **Applicants must provide a copy of their federally approved indirect cost rate agreement.**

Indirect costs are costs of an organization that are not readily assignable to a particular project, but are necessary to the operation of the organization and the performance of the project. The cost of operating and maintaining facilities, depreciation, and administrative salaries are examples of the types of costs that are usually treated as indirect.

Authorized Signature _____

Date _____

Job Title _____

Attachment H

DISCLOSURE OF OTHER FUNDING SOURCES

Please list all other funding that your organization currently receives from State or Public Agencies, Federal Agencies, Non-Profit Organizations, or any other source providing funding for the proposed Program*. A.R.S. §8-1183 provides for a prohibition on supplanting of state funds by First Things First expenditures, meaning that no FTF monies expended are to be used to take the place of any existing state or federal funding for early childhood development and health programs.

Use a continuation sheet if necessary. The following form may be reproduced with word processing software or another form may be created that contains all the information requested.

Type of Funding (Federal, State, local, other)	Received From	Amount	✓ If used for match on this grant
TOTAL:			

***This table should include only those funds that will support the program detailed in this Application.**

Authorized Signature _____

Date _____

Job Title _____

Attachment I

FIRST THINGS FIRST FINANCIAL SYSTEMS SURVEY

Name of Applicant: _____

Please answer every question by filling in the circle next to the correct answer. Attach materials and document comments as required.

As stewards of federal and state funds, First Things First awards funds to organizations (regardless of how small or large) that are both capable of achieving project goals/objectives and upholding their responsibility for properly managing funds as they achieve those objectives.

This survey will be used primarily for initial monitoring of the organization. This survey may also be used in evaluating the financial capability of the organization in the award process. Deficiencies should be addressed for corrective action and the organization should consider procuring technical assistance in correcting identified problems.

A. GENERAL INFORMATION

1. Has your organization received a Federal or State Grant within the last two years?	<input type="radio"/> YES <input type="radio"/> NO
2. Has your organization completed an A-133 Single Audit within the past two years? If yes, please attach a complete copy of your A-133 Audit, including, but not limited to, your Management Letter, Findings and Questioned Costs.	<input type="radio"/> YES <input type="radio"/> NO
3. If your organization has not completed an A-133 Single Audit, have your financial statements been audited, reviewed or compiled by an independent Certified Public Accountant within the past two years? If yes, please attach a complete copy of the most recent audited, reviewed or compiled financial statements. NOTE THAT ONLY ONE COPY OF YOUR AUDIT NEEDS TO BE INCLUDED WITH THE APPLICATION MARKED "ORIGINAL". It is not necessary to include additional copies with each copy of the completed Application.	<input type="radio"/> YES <input type="radio"/> NO
4. Please attach a schedule showing the TOTAL federal funds (by granting agency) expended by your agency for the most recent fiscal year. Note: If your organization had an A-133 Single Audit, a copy of the "Schedule of Expenditures for Federal Awards" can be submitted. ONLY ONE COPY IS NEEDED, TO BE INCLUDED WITH THE APPLICATION MARKED "ORIGINAL"	
5. Has your organization been granted tax-exempt status by the Internal Revenue Service?	<input type="radio"/> YES <input type="radio"/> NO <input type="radio"/> N/A
6. If you answered YES to question #5, under what section of the IRS code? <input type="radio"/> 501 C (3) <input type="radio"/> 501 C (4) <input type="radio"/> 501 C (5) <input type="radio"/> 501 C (6) <input type="radio"/> Other Specify: _____	
7. Does your organization have established policies related to salary scales, fringe benefits, travel reimbursement and personnel policies?	<input type="radio"/> YES <input type="radio"/> NO

B. FUNDS MANAGEMENT

1. Which of the following describes your organization's accounting system?	<input type="radio"/> Manual <input type="radio"/> Automated <input type="radio"/> Combination
--	--

2. How frequently do you post to the General Ledger?	<input type="radio"/> Daily <input type="radio"/> Weekly <input type="radio"/> Monthly <input type="radio"/> Other
3. Does the accounting system completely and accurately track the receipt and disbursements of funds by each grant or funding source?	<input type="radio"/> YES <input type="radio"/> NO
4. Does the accounting system provide for the recording of actual costs compared to budgeted costs for each budget line item?	<input type="radio"/> YES <input type="radio"/> NO
5. Are time and effort distribution reports maintained for employees working fully or partially on state or federal grant programs that account for 100% of each employee's time?	<input type="radio"/> YES <input type="radio"/> NO
6. Is your organization familiar with Federal Cost Principles (i.e., 2 CFR 220, 2 CFR 225, and 2 CFR 230)?	<input type="radio"/> YES <input type="radio"/> NO
7. How does your organization plan to charge common/indirect costs to this grant? NOTE: Those organizations using allocable direct charges must attach a copy of the methodology and calculations in determining those charges. Those organizations using a federally approved indirect cost rate must attach a copy of the approval documentation issued by the federal government.	<input type="radio"/> Direct Charges <input type="radio"/> Utilizing an Indirect Cost Allocation Plan or Rate

INTERNAL CONTROLS

1. Are duties of the bookkeeper/accountant segregated from the duties of cash receipt or cash disbursement?	<input type="radio"/> YES <input type="radio"/> NO
2. Are checks signed by individuals whose duties exclude recording cash received, approving vouchers for payment and the preparation of payroll?	<input type="radio"/> YES <input type="radio"/> NO
3. Are all accounting entries and payments supported by source documentation?	<input type="radio"/> YES <input type="radio"/> NO
4. Are cash or in-kind matching funds supported by source documentation?	<input type="radio"/> YES <input type="radio"/> NO
5. Are employee time sheets supported by appropriately approved/signed documents?	<input type="radio"/> YES <input type="radio"/> NO
6. Does the organization maintain policies that include procedures for assuring compliance with applicable cost principles and terms of each grant award?	<input type="radio"/> YES <input type="radio"/> NO

D. PROCUREMENT

1. Does the organization maintain written codes of conduct for employees involved in awarding or administering procurement contracts?	<input type="radio"/> YES <input type="radio"/> NO
2. Does the organization conduct purchases in a manner that encourages open and free competition among vendors?	<input type="radio"/> YES <input type="radio"/> NO
3. Does the organization complete some level of cost or price analysis for every major purchase?	<input type="radio"/> YES <input type="radio"/> NO
4. Does the organization maintain a system of contract administration to ensure Grantee conformance with the terms and conditions of each contract?	<input type="radio"/> YES <input type="radio"/> NO
5. Does the organization maintain written procurement policies and procedures?	<input type="radio"/> YES <input type="radio"/> NO

E. CONTACT INFORMATION

Please indicate the following information. In the event that First Things First has questions about this survey, this individual will be contacted.

Prepared By: _____

Job Title: _____

Date: _____

Phone/Fax/Email: _____

F. CERTIFICATION

I certify that this report is complete and accurate, and that the Grantee has accepted the responsibility of maintaining the financial systems.

Authorized Signature

G. COMMENT AND ATTACHMENTS

Please use the space below to comment on any answers in Sections A – D. Please indicate the Section and Question # next to each comment. Number of Attachments (please number each attachment): _____

COMMENTS:

Exhibit A

DEFINITION OF TERMS

As used in these Instructions, Special Terms and Conditions and Uniform Terms and Conditions, the terms listed below are defined as follows:

1. **“Activity”** means activities, services, and programs direct or indirect or contracted means to carry out strategies.
2. **“Application”** means bid, proposal or quotation.
3. **“Applicant”** means a person who responds to a RFGA.
4. **“Attachment”** means any item the RFGA that requires an Applicant to submit as part of the Application.
5. **“Best Practice”** means that there is a technique, method, process, activity, incentive or reward that is more effective at delivering a particular outcome than any other. Best Practice can also be defined as the most efficient (least amount of effort) and effective (best results) way of accomplishing a task, based on repeatable procedures that have proven themselves over time for large numbers of people. Best Practice is used to describe the process of developing and following a standard way of doing things that multiple organizations can use for management, policy, and especially software systems.
6. **“Collaborate”** means to work jointly with others or together to conduct planning, decision-making, or program execution; may include exchange of information or resources.
7. **“Contract”** means the combination of the RFGA, including the Instructions to Applicants, The Uniform and Special Terms and Conditions, and the Specifications and Statement or Scope of Work; the Application and any Application Clarifications; and any RFGA Amendments or Contract Amendments.
8. **“Contract Amendment”** means a written document signed by the Grants and Contracts Procurement Officer that is issued for making changes in the Contract.
9. **“Coordination”** means to take a leadership role and responsibility for outcomes in bringing people, organizations, or resources together to conduct planning, decision-making or program execution; to bring into a common action, movement, or condition.
10. **“Days”** means calendar days unless otherwise specified.
11. **“Early Child Development and Health” (ECDH)** means the array of programs, services, and supports in both Early Care and Education and Health which serve children aged birth through five years and their families.
12. **“Exhibit”** means any item labeled as an Exhibit in the RFGA or placed in the Exhibits section of the RFGA. Exhibits are resource materials.
13. **“Goal”** means broad measurable statement of intent to set a future direction; what an Applicant wants to accomplish. The goal communicates the direction of (more, less, maintain) the result statement. Goals indicate what First Things First will do as part of the comprehensive early childhood system. Each Goal is a piece of a larger picture and is inextricably interrelated and linked with the other Goals.
14. **“Goal Area”** means First Things First’s over-arching goals- Quality and Access; Health; Professional Development; Family Support; Coordination; Communications.
15. **“Grantee”** means any Applicant whose Application has been accepted and has been awarded a Grant with First Things First.
16. **“Grants and Contracts Procurement Specialist”** means the person, or his or her designee, duly authorized by First Things First to enter into and administer Contracts and make written determinations with respect to the Contract.

17. **"Key Measures"** means measures that align directly with Goals and indicate what we want to change. Many Key Measures listed will indicate whether regular progress toward First Things First Goals will be achieved within three to five years. Other Key Measures listed will provide important data to determine ongoing impact on and progress of the early childhood development and health system.
18. **"Logic Model" (LM)** means a sequential program planning, implementation, and evaluation process that identifies and links all elements to achieve positive impacts on individuals and the community. Using a logic model supports strong program/project planning and design, promotes realistic expectations, leads to identification of meaningful evaluation data, assists in monitoring progress and tracking changes so that successes can be replicated and mistakes avoided. The logic model provides a standardized approach to grant planning, implementation and evaluation that is used across the Arizona Early Childhood Development and Health regions.
19. **"Performance Measures"** means a short-term impact that links to the Key Measures and include service numbers.
20. **"Promising Practice,"** means practices that were developed based on theory or research, but for which an insufficient amount of original data have been collected to determine the effectiveness of the practices. Practices in this category may have been studied, but they did not go through rigorous study designs. These practices have been tested but the results are not as clear as those results in the proven category above. Practices that fall in this category are based on some type of research – whether it is theoretical, qualitative, or quantitative – but data have yet to be collected on effectiveness. Promising practices may have been tested under different conditions and, therefore, may have a research foundation. However, the practices themselves have not been tested using the most rigorous research designs, or were tested in different contexts.
21. **"Proven Practice"** means the study design uses a convincing comparison group to identify program impacts, including randomized-control trial (experimental design) or some quasi-experimental designs. Sample size of evaluation exceeds thirty in both the treatment and comparison groups. Must directly impact one of the indicators.
22. **"Research-based"** means research that is based on the neuro-biological, behavioral and social sciences that has led to major advances in understanding the conditions that influence whether children get off to a promising or worrisome start in life.
23. **"RFGA"** means an a Request for Grant Application (RFGA).
24. **"RFGA Amendment"** means a written document that is signed by the Grants and Contracts Procurement Officer and issued for making changes to the RFGA.
25. **"School Readiness"** means the match between the range of developmental accomplishments (e.g., emerging literacy and numeracy skills, such as pretending to read stories or counting to 20, and small-motor skills, such as buttoning clothes and holding a pencil properly) and difficulties (e.g., such as restlessness and inattention, speech difficulties, and less than optimal health) that children bring with them when they arrive at kindergarten and the capacity of schools to educate all children regardless of the abilities, interests and talents they bring to school.
26. **"State"** means the State of Arizona, Early Childhood Development and Health Board who executes the Contract.
27. **"State Fiscal Year" (SFY)** means the period beginning with July 1 and ending June 30.
28. **"Strategy"** means general methods or overall approaches used to achieve goals. Strategies provide direction and are globally defined best practices that positively impact the lives of children and families served. Strategies work together and indicate how we will implement the Goals.
29. **"Subcontract"** means any Contract, express or implied, between the Grantee and another party delegating or assigning, in whole or in part, the furnishing of any service required for the performance of the Contract.

Exhibit B

SAMPLE STANDARD (NO MATCH) LINE ITEM BUDGET

This attachment is provided as an example only. While you must use this format, you may reproduce it with word processing or spreadsheet software. Limit your budget line items to the following categories: Personnel, Fringe Benefits, Professional Services, Travel, Pass-Through (i.e., sub-grants), Other Operating Expenses and Administrative/Indirect Costs.

Budget period: September 1, 2009 – June 30, 2010

Budget Category	Line Item	Requested Funds	Total Cost
Personnel and Fringe Benefits			
Personnel	Percy Miller, Executive Director, 10%, 10 months Roxanne Trump, Program Manager, 15%, 10 months Vera Contreras, Program Assistant, 100%, 10 months Program Coordinator, TBD, 100%, 10 months Chris Walker, Accounting Assistant, 50%, 10 months	\$7,083 \$8,125 \$25,000 \$37,500 <u>\$14,853</u>	\$7,083 \$8,125 \$25,000 \$37,500 <u>\$14,853</u>
Fringe Benefits	Agency Rate (22%)- see budget narrative	\$20,304	\$20,304
Professional Services			
Professional (contracted) services	Larry, Terry and Kerry Evaluation Services, Inc. 120 hours of contracted evaluation services x \$100 per hour 80 additional hours are donated as in-kind services	\$12,000	\$20,000
Travel Expenses			
Travel	Out of State Travel: Not Applicable In-State Travel: <ul style="list-style-type: none"> Coordinator and Assistant program related travel (500 miles per week x 40 weeks x 2 staff x state mileage rate \$.445/mile) Manager program related travel (50 miles per week x 40 weeks x 1 staff x state mileage rate of \$.445 /mile) Attend First Things First Orientation in Phoenix and travel to required FTF state required meetings: (100 miles round trip to FTF x 4 staff x 8 meetings x state travel) Attend Regional Partnership Council Monthly meetings: (50 miles round trip x 3 staff x 10 monthly meetings x state travel rate of \$.445/mile) 	\$0 \$17,800 \$890 \$1,424 <u>\$667.50</u>	\$0 \$17,800 \$890 \$1,424 <u>\$667.50</u>
Pass-Through			
Subgrants	Not Applicable		
Supplies & Other Operating			
Other Operating Expenses	Postage (\$100/month x 10 months for monthly correspondence) Telephone (\$75/month x 10 months x 2 full time staff) Rent and Utilities for 2.75 FTE x \$240/month x 10 months (see Narrative) Office Supplies: \$150/month x 10 months Work station and computer for new employee (Program Coordinator) Workshop Supplies (10 workshops x \$550 each)	\$1,000 \$1,500 \$6,600 \$1,500 \$1,500 <u>\$5,500</u>	\$1,000 \$1,500 \$6,600 \$1,500 \$1,500 <u>\$5,500</u>
Subtotal Direct Program Costs:		\$162,977	170,922
Administrative/Indirect Costs			
Indirect Cost	Option A 10% administrative cost rate is used. Agency's allocation policy for administrative costs is 15%. Please see narrative.	\$16,298	\$17,092
Total		\$179,275	\$188,014

*As shown, a line item budget justification for each component **MUST** be included in the proposal that describes the procedure for determining the cost of budget categories. Detail in the line item budget narrative strengthens proposals.

Authorized signature Tabitha S. McGillicuddy Date May 3, 2009 Job Title Accounting Manager

Exhibit C

SAMPLE BUDGET NARRATIVE

The detail of this budget narrative is fictitious and is to be used as an example only. Budget items listed may or may not pertain to the scope of work and requirements listed in this RFGA.

Personnel:

- Percy Miller, Ph.D. is the Executive Director. He oversees all programs and will be spending 10% of his time on the proposed program for the 10 month grant cycle to include attending program related meetings and training as well as management of the evaluation subcontract. With an annual salary of \$85,000, 10% of which will be charged to this grant for 10 months, or \$7,083.
- Roxanne Trump, M.P.H. is the Program Manager for the Family Support projects at our agency. Oversight of this program and staff supervision will require 15% of her time for the 10 month grant cycle. With an annual salary of \$65,000, 15% of the 10 month salary which will be charged to this grant, or \$8,125.
- Vera Contreras will serve as the full-time Program Assistant, 100% of her time for 10 months. Vera will be responsible for coordination of the workshops, submitting programmatic reports, and data entry in cooperation with the evaluation consultants. Her annual salary is \$30,000, 10 months is \$25,000, which will be charged entirely to this grant.
- The position of Program Coordinator will be hired to serve full-time on this project. The Program coordinator has daily oversight of program implementation for the 10 month grant cycle. (Please see attached job description for other duties associated with this position.) The annual salary of this position is \$45,000, 10 months is \$37,500, which will be charged entirely to this grant.
- Chris Walker, Accounting Assistant, will devote 50% of his time to this project and will complete the financial tracking and reporting for this program over the 10 months. His annual salary is \$35,000, of which 50% of ten months salary will be charged to this grant or \$14,583.
- The total expenses for all program related salaries equals \$92,292.

Fringe Benefits: The approved fringe benefit percentage for employees is calculated at 22%. Medicare, Social Security, Arizona Unemployment, Worker's Compensation, and health insurance make up the employee benefit cost. Twenty-two percent of the total salaries (\$92,292) is \$20,304, the amount charged to this grant.

Contracted Consultant/Professional Services: The firm of Larry, Terry and Kerry Evaluation Services, Inc. will be contracted to complete the required evaluation. It is estimated that approximately 20 hours will be spent monthly for the 10 month grant cycle to perform the evaluation services including survey development, staff training for evaluation data quality assurance, data analysis and reporting. A resume for Phil Kerry, Ph.D., who will serve as the primary evaluator on this project, is included in this grant application. The firm has 50 years combined experience evaluating early childhood development programs. The firm has donated a total of 80 hours of in-kind services over the course of the grant cycle at a rate of \$100 per hour (\$8,000 total in-kind). 120 hours of contracted evaluation services at \$100 per hour is included in the budget request. Total evaluation services are valued at \$20,000 with \$12,000 being requested from First Things First.

Travel:

- Program travel for the Coordinator and Assistant is necessary in the successful implementation of the program and includes the tasks of providing outreach, recruiting program participants, and delivering the program. In addition, travel to and from the monthly programmatic workshops has been included in the projected cost, which will be conducted by the Coordinator and the Assistant. This local travel has been estimated at 500 miles per week for 40 weeks of program delivery for the 2 staff members. The state mileage rate of \$.445 per mile was used, as required. Total for this line item is \$17,800.

- Manager program related travel is calculated at 50 miles per week for 40 weeks at the state mileage rate of \$.445 per mile. The Manager's travel includes performing quality assurance checks, attending workshops as needed, and attending the local Family Support Coalition meetings. Total cost is \$890.
- As required, the four key staff members will attend the First Things First Orientation meeting in Phoenix and will travel to the required FTF state meetings. This travel has been estimated at 100 miles round trip to FTF for 4 staff members for the 8 meetings and has been calculated at the state travel rate of \$.445 per mile and has been listed in the budget for the total of \$1,424.
- As a requirement of this RFGA, up to three staff members will attend the Regional Partnership Council Monthly meetings and/or trainings. This travel cost is estimated at 50 miles round trip for 10 monthly meetings for three staff and has been calculated at the state travel rate of \$.445 per mile for a total of \$667.50.
- With all programmatic travel, ride sharing to meetings, workshops and programmatic visits will be encouraged and utilized to cut down on the cost of travel. The budget request for all travel described above equals \$20,782.

Pass Through/Sub grants: There are no sub grants involved with this program application.

Supplies and Operating Expenses:

- **Postage** expenses are calculated at \$100 per month for the 10 month and include costs for monthly programmatic correspondence that may include recruitment letters, follow up surveys, and parental consent forms.
- **Telephone:** Due to the extensive programmatic travel and program coordination needed for successful implementation, the Program Coordinator and Program Assistant will each be eligible to receive the agency's cellular phone reimbursement which is \$75 per month as stated in our policies and procedures. This is calculated for 10 months x 2 full time staff for a total request of \$1,500.
- **Rent and Utilities** for the agency is calculated based on the number of FTE employees per funding source at a rate of \$240 per month as per our policies and procedures. This project utilizes 2.75 FTE employees for the 10 month grant cycle for a total of \$6,600.
- **Office Supplies** for the programmatic staff have been estimated at \$150 each month for the 10 months. Monthly expenses estimated include: copy paper = \$40; printer and copier toner = \$60; general office supplies = \$50 for the \$150 total monthly request, totaling \$1,500.
- **Workshop Expenses:** The implementation of the program includes a series of ten workshops, one to be held each month of the grant year. The cost of each workshop is estimated at \$550 each (x 12) for a total of \$5,500. Workshop expenses per workshop include the following: 20 participant workbooks x \$15 each = \$300; \$100 per workshop for light refreshments; \$25 per hour for 3 on-site licensed child care providers for 2 hours = \$150.00.

Administrative/Indirect Costs: Option A: Our agency utilizes an annual cost allocation policy for all funding sources that includes organization expenses including human resources staff salaries, payroll staff salaries, audit services, general employee/board training and orientation, agency liability insurance, and organizational administrative staff salaries. Current cost allocation for administrative costs is 15% of the agency budget, the percentage requested from each funding source. As allowed by First Things First, a 10% administrative cost rate is requested in this budget, \$16,298, with the remaining 5% being contributed by our agency through fundraising/unrestricted dollars.

Authorized signature Tabitha S. McGillivuddy

Date May 3, 2009

Job Title Accounting Manager

Exhibit D

SAMPLE CERTIFICATE OF INSURANCE

Prior to commencing services under this contract, the Grantee must furnish the state certification from insurer(s) for coverages in the minimum amounts as stated below. The coverages shall be maintained in full force and effect during the term of this contract and shall not serve to limit any liabilities or any other Grantee obligations.

Name and Address of Insurance Agency:		Company Letter:	Companies Affording Coverage:		
		A			
		B			
Name and Address of Insured:		C			
		D			
LIMITS OF LIABILITY MINIMUM - EACH OCCURRENCE		COMPANY LETTER	TYPE OF INSURANCE	POLICY NUMBER	DATE POLICY EXPIRES
Bodily Injury Per Person Each Occurrence Property Damage OR Bodily Injury and Property Damage Combined			Comprehensive General Liability Form Premises Operations Contractual Independent Contractors Products/Completed Operations Hazard Personal Injury Broad Form Property Damage Explosion & Collapse (If Applicable) Underground Hazard (If Applicable)		
Same as Above			Comprehensive Auto Liability Including Non-Owned (If Applicable)		
Necessary if underlying is not above minimum			Umbrella Liability		
Statutory Limits			Workmen's Compensation and Employer's Liability		
			Other		

State of Arizona and the Department named above are added as additional insureds as required by statute, contract, purchase order, or otherwise requested. It is agreed that any insurance available to the named insured shall be primary of other sources that may be available.

It is further agreed that no policy shall expire, be canceled or materially changed to affect the coverage available to the state without thirty- (30) days written notice to the State. This Certificate is not valid unless countersigned by an authorized representative of the insurance company.

Name and Address of Certificate Holder:

Date Issued: _____

Authorized Representative: _____

Exhibit E

Research References

- Ian T. Hill. "The Role of Medicaid and Other Government Programs in Providing Medical Care for Children and Pregnant Women." *The Future of Children*, Winter 1992. [The Woodrow Wilson School of Public and International Affairs at Princeton University and The Brookings Institution.](#)
- Jane Knitzer, Suzanne Theberge, Kay Johnson. "Reducing Maternal Depression and Its Impact on Young Children Toward a Responsive Early Childhood Policy Framework" Project Thrive, Issue Brief Number 2. National Center for Children In Poverty, January 2008.
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- Miller, M., Vigdor, E.R., Manning, W.G. (2004). "Covering the Uninsured: What is it worth?" *Health Affairs*. Retrieved 2/12/08 from <http://content.healthaffairs.org/cgi/reprint/hlthaff.w4.157v1.pdf>
- Olds DL, Robinson J, Pettitt L, Luckey DW, Holmberg J, Ng RK, Isacks K, Sheff K and Henderson CR. "Effects of Home Visits by Paraprofessionals and by Nurses: Age 4 Follow-up Results of a Randomized Trial." *Pediatrics*, December 2004.
- "Preexisting Factors, but Not Logistical Barriers, Inhibit Timely Use of Prenatal Care." *Family Planning Perspectives*. Volume 32, Number 5, September/October 2000. Alan Guttmacher Institute.
- Nancy E. Reichman. "Low Birth Weight and School Readiness." *The Future of Children*, Spring 2005. [The Woodrow Wilson School of Public and International Affairs at Princeton University and The Brookings Institution.](#)
- <http://www.cdc.gov/ReproductiveHealth/Products&Pubs/DatatoAction/pdf/rhow8.pdf>

Exhibit F

First Things First Home Visitation Aimed at Improving Birth Outcomes Standards of Practice

Home visitation programs deliver education, information and support to families where they are - in their homes. Home visiting programs have also shown positive effects in improving birth outcomes. A 2004 study of home visiting programs found that mothers visited by paraprofessionals experienced better mental health, and fewer miscarriages and fewer low birth weight newborns. Mothers and children visited by paraprofessionals displayed greater responsiveness to one another and in some cases had home environments that were more supportive of children's early learning.

The same study found that nurse-visited women reported more time between births of first and second children and lower domestic violence rates. Nurse-visited children of mothers with low psychological resource levels at onset had homes more conducive to early learning when compared with controls, more advanced language, better executive functioning and better adaptive behavior during testing. (Pediatrics, 2004)

A prenatal home-visitation program with focus on social support, health education, and access to services holds promise for reducing LBW deliveries among at-risk women and adolescents. Psychosocial support appears to be an important element of such programs. Indeed, research has indicated that the rate of LBW for black mothers is associated with aspects of the social environment that are amenable to change, including social support and neighborhood characteristics. Other important elements appear to be linkages to medical providers and health and nutrition resources, and encouraging healthy prenatal behaviors. (American Journal of Preventive Medicine, February 2009)

A variety of home visitation program models exists. They differ in many technical aspects, such as the experience and credentials of the home visitor, and the duration and intensity of the visits. Yet, common aspects unite home visitation program models focusing on improved birth outcomes, including psychosocial support for the at-risk pregnant woman, encouragement of healthy prenatal behavior, linkages to community services such nutrition and medical services, and parent education and support related to infant and child development.

As stated in the Scope of Work, it is expected that home visitation programs funded by First Things First will be comprehensive for the families they serve. These programs will:

- Engage at-risk pregnant women in home visiting services early, preferably in the first trimester of pregnancy.
- Engage pregnant women and their families in assessing their status using research supported tools to identify strengths and needs. Programs will identify the tools currently used in practice or use the Life Skills Profile
- Help pregnant women and families develop and implement a family service plan based upon assessment findings and goals and objectives identified with the family
- Connect eligible pregnant women to public health coverage as needed and to prenatal care services available

- Monitor and encourage continued access to prenatal care throughout a woman’s pregnancy
- Encourage healthy prenatal behaviors, and connect women to available services that mitigate unhealthy behaviors such as smoking cessation or drug or alcohol treatment
- Connect pregnant women to nutrition services such as the federal Women, Infants and Children (WIC) Nutrition Program as needed
- Provide home-visiting services post-partum for at least twelve months, supporting the mother in understanding and addressing needs and development of their infant
- Refer pregnant and postpartum women for depression, using a standardized or criterion-referenced tool. Connect women to mental health resources as needed.
- After the birth of a child, conduct regular developmental screenings using a standardized or criterion-referenced tool. Provide evidence that staff administering any developmental tool have received the required professional training to administer the instrument. Depending on the duration of the home visiting intervention, screenings may occur at 9, 18 and 24 months of age for all of the following developmental domains: cognitive, language, social-emotional and motor skills
- Provide resource & referral Information-Identify services available to families and the subsidies to which they may be entitled; help them to fill out the forms to gain those services, and help the families to follow-through to ensure service delivery as needed
- Provide service coordination with other community resources to make an effort to minimize duplication and to ensure that families receive comprehensive services as needed
- Encourage and support retention of pregnant and postpartum women to follow-through with and continue involvement with family support services that support family stability and child development.

Each family must receive information and support in each of the core areas: parenting skills, prenatal health and healthy prenatal behaviors, family planning/spacing of birth of children, child health and developmental needs, resource and referral and service coordination. Information and support should be tailored to the needs of the pregnant women and family, as identified in the family service plan.

- Child development includes all domains (physical, cognitive, social, emotional, language, sensory)
- Parenting skills should involve age-appropriate child-adult interactions and address multiple facets of parenting skills such as physical touch, positive discipline, early reading experiences and verbal and visual communications
- Support for the health of the pregnant woman and young child should include information and connection to resources related to the following: proper nutrition and available nutrition resources for pregnant women and young children; obesity prevention; breastfeeding; physical activity; immunizations; insurance enrollment; participation in consistent medical/dental homes; participation in prenatal care; family planning; safety; developmental health; vision and hearing screening)

Programs may also help families:

- Identify their natural supports such as peer support and natural helping networks in their neighborhoods or community
- Access opportunities to participate in family literacy activities and reinforce reading to the child from birth
- Address issues of substance abuse, domestic violence, mental health, and children with developmental delays or disabilities

When implementing the Scope of Work, programs will:

- #1: Provide services to families that are based upon a culture of trust and respect
 - A. Create a family-centered environment
 - Home visitors are from the community and have extensive knowledge of community resources
 - Structure activities compatible with the family's availability and accessibility.
 - Demonstrate genuine interest in and concern for families
 - Respect the culture and heritage of the family
 - B. Clearly define program objectives with the families upon enrollment; understanding what the program will accomplish helps families become fully engaged in program services
 - C. Create opportunities for formal and informal feedback regarding services delivered and act upon it; ensure that input shapes decision-making
 - D. Encourage open, honest communication
 - E. Maintain confidentiality, being respectful of family members and protective of their legal rights
- #2: Support the growth and development of all family members; encourage families to be resources for themselves and others
 - A. Encourage family members to build upon their strengths
 - B. Publicity/outreach, literature and staff training reflect the commitment to effectively serve fathers
 - C. Help families identify & acknowledge informal networks of support and community resources
 - D. Create opportunities to enhance parent-child and peer relationships
- #3: Affirm, strengthen & promote families' cultural, racial and linguistic identities and enhance their ability to function in a multicultural society
 - A. Create opportunities for families of different backgrounds to identify areas of common ground and to accept and value differences between them
 - B. Strengthen parent and staff skills to advocate for themselves within institutions and agencies
 - C. Hire staff who reflect the cultural and ethnic experiences and language of the families with whom they work and integrate their expertise into the entire program
 - D. Provide ongoing staff development on diversity issues
- #4: While ensuring model fidelity, programs are flexible and continually responsive to emerging family and community issues
 - A. Be accessible for families. Offer extended service hours including weekend/evening hours.
 - B. To ensure quality services caseload size for each staff person is based upon:
 - How many hours per week the home visitor works

- Family need and intensity of services provided (for example, for families with high risk or multiple risk factors, frequency and intensity of programming can increase to allow for more time to build relationships, modify maladaptive behaviors or attitudes or practice newly learned parenting skills)
- Where each family lives

For example; 20 is the maximum caseload for a home visitor working entirely in homes with families assessed as high risk or with multiple risk factors at one time per week. However, adjustments may occur (in consultation with First Things First) based on unique community or client needs.

- C. Engage families as partners to ensure that the program is beneficial. Families have regular input and feedback in programmatic planning to meet their needs.
- D. Develop a collaborative, coordinated response to community needs

#5: Home visitors receive ongoing staff development/training to ensure program quality and give staff an opportunity to develop professionally

- A. Assess home visitors' skills and abilities. Home visitors must be able to engage families while keeping a professional rapport.
- B. Prior to serving families, staff must have professional training or have participated in development opportunities to ensure a level of competency in service delivery.
- C. Staff will receive training and information regarding mandatory reporting. Arizona law requires home visitation staff who suspect that a child has received non-accidental injury or has been neglected, to report their concerns to Child Protective Services or local law enforcement (ARS §13-3620.A).
- D. Provide ongoing staff development/training
- E. Supervisors should work with home visitation program staff to prepare professional development plans

#6: All Standards of Practice are modeled in all activities including planning, governance, and administration

- A. Wages and benefits are adequate for supporting high quality staff
- B. The length of employment and experience/education are reflective of high quality staff. Home visitors are required to have a minimum of a Bachelors degree in early childhood development, education, family studies, social work or a closely related field; or staff is extensively trained and can demonstrate competency in service provision (Programs must provide complete documentation). If programs experience hardship in recruitment efforts, they must notify and consult with First Things First to determine if alternative education or experience is permitted.
- C. Establish an effective, consistent supervisory system that provides support for all staff members and ensures accountability to participants, funders, and the community

- D. Establish supervision as a collaborative process with mechanisms that support staff in difficult situations and provides regular discussion to reflect and debrief. Supervision will also include observation. It is important that supervisors spend time with home visitors in the field to have a sense of how the service is being delivered. This will help supervisors and staff to identify coaching and mentoring opportunities.
- E. All staff work as a team, modeling respectful relationships of equality
- F. Build a team of staff who is consistent with program goals and whose top priority is the well-being of families and children
- G. Structure governing bodies so that they reflect the diverse constituencies of the community and are knowledgeable about community needs
- H. Evaluation and monitoring is a collaborative, ongoing process that includes input from staff, families, program administrators, and community members
 - 1. Activities, as identified by First Things First, include pre and post testing, self-assessment and opportunities for feedback.
 - 2. Identify outreach, engagement and retention practices
 - 3. Must demonstrate program effectiveness mechanism. Programs must participate in data collection and reporting of performance measures.

Exhibit G

First Things First Standards of Practice for Promotion of Access to Prenatal Care and Healthy Prenatal Behaviors Community Health Worker (Promotora) Model

Partnerships between informal systems of care involving indigenous community health workers and formal care networks is a promising practice in connecting women to prenatal care and improving birth outcomes.

Use of promotoras (community health workers) in Latino communities (especially in rural communities) has shown promise when connecting women to prenatal care. For example, La Clinica del Cariño in Hood River County, Oregon has shown success in increasing access to early prenatal care. The clinic, which serves a predominantly rural Latino population, including many seasonal farm workers, began its Perinatal Health Promoter Program in 1987. In this program, *promotoras* are recruited from the community served by the clinic and are trained to both communicate the need for and to provide basic clinical prenatal services. The *promotoras* work in the communities and in the clinic. Their knowledge of, and integration within, the communities ensures that they are aware of nearly all pregnancies that occur within their communities. Nearly all pregnant women are or eventually become aware of the *promotoras*, who then become case managers for these women by providing prenatal counseling and by facilitating access to the clinic, which is a federally qualified health center. In addition to prenatal services, the *promotoras* provide early postpartum care and family planning services. They work closely with physicians in the clinic and discuss all cases, particularly high-risk pregnancies. Records from the clinic have shown that more than 85 percent of Latina mothers who accessed services at the clinic received prenatal care within the first trimester of pregnancy. (American Journal of Public Health, 2004)

First Things First is interested in implementing the promotora outreach model in rural, Latino communities as a means of improving birth outcomes. Specifically, Applicants who become successful grantees would:

- Engage at-risk pregnant women in prenatal services early, preferably in the first trimester of pregnancy. Ensure pregnant women are aware of and access formal prenatal care services
- Engage pregnant women and their families in assessing their status using research supported tools to identify strengths and needs. Programs will identify the tools currently used in practice or use the Life Skills Profile
- Help pregnant women and families develop and implement a family service plan based upon assessment findings and goals and objectives identified with the family
- Connect eligible pregnant women to public health coverage as needed and to prenatal care services available. Provide transportation to prenatal doctor visits, as needed.
- Monitor and encourage continued access to prenatal care throughout a woman's pregnancy
- Encourage healthy prenatal behaviors, and connect women to available services that mitigate unhealthy behaviors such as smoking cessation or drug or alcohol treatment

- Engage and empower members of the community in fostering support of pregnant women, preserving within the community the traditional Latino cultural context that appears to confer positive health effects. Organize community members to provide social support systems for pregnant mothers, such as those that exist in most areas of Latin America.
- Connect pregnant women to nutrition services such as the federal Women, Infants and Children (WIC) Nutrition Program as needed
- Provide resource & referral information. Identify services available to families and the subsidies to which they may be entitled; help them to fill out the forms to gain those services, and help the families to follow-through to ensure service delivery as needed
- Provide service coordination with other community resources to make an effort to minimize duplication and to ensure that families receive comprehensive services as needed
- Partner with lay midwives (*parteras*), health providers, and caregivers who provide support during labor and the postpartum period (*doulas*), educating women on parenting skills, the health needs of the young child, and child development.

Promotoras, who are lay practitioners, should be members of the communities in which they work and deeply familiar with their communities. They should have had formal or informal training in maternal and child health. Applicants should be able to describe the type of training they will receive.

END OF REQUEST FOR GRANT APPLICATION

FTF-MULTI-10-0072-00