



# FIRST THINGS FIRST

*Ready for School. Set for Life.*

Partnering with parents and families to help all children, ages birth to 5, stay healthy and succeed in school

## Family Guide to First Things First Funded Programs in Central Phoenix

## Contact

### *Are you a parent or caregiver looking for resources and support?*

#### **Home Visitation**

A voluntary home visitation program that will provide support to prenatal families and families with newborns younger than 3 months up to 5 years. Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

#### **Family Support for Children with Special Needs**

Provides in-home support for parents of children birth to five with suspected developmental delays who are not eligible for publicly-funded early intervention services i.e. AzEIP, DDD, Head Start, School District Special Ed.

#### **Parent Education Community-Based Training**

Community-based parenting education classes for families with children 0 – 5 who show evidence of developmental delays to address issues of early language and literacy, parenting skills, information and resources.

Strengthens families with young children by providing voluntary classes in community-based settings.

#### **Early Care and Education Inclusion (ECEI) Program**

Parents of children with special needs receive resources and support in enrolling their child with a provider who is committed to supporting children with developmental delays. Program offers supports and strategies to teachers and caregivers to help individual children be successful in their early care and education setting.

#### **Family Support Coordination**

Assists families with children 0 – 5 years old in accessing multiple support services (housing, health, employment, family issues, education) and simplifies the application process when connecting with selected resources.

Partnering organizations: Arizona Partnership for Children (AzPaC), Crisis Nursery, International Rescue Committee (IRC), Phoenix Children's Hospital (PCH), Southwest Human Development (SWHD), TERROS, United Cerebral Palsy of Arizona (UCP)

#### **Southwest Human Development Healthy Families**

(602) 427-4725

#### **Southwest Human Development**

(602) 468-3401

[swhd.org/parentcoaching](http://swhd.org/parentcoaching)

#### **Raising Special Kids**

(602) 242-4366

[info@raisingspecialkids.org](mailto:info@raisingspecialkids.org)

#### **Southwest Human Development Common Sense**

(602) 218-8663

#### **Chicanos por la Causa Nurturing Parenting Series**

(602) 248-0428 xt.268

#### **Southwest Human Development**

(602) 633-8454 or [eeei@swhd.org](mailto:eeei@swhd.org)

#### **Family Support Coordination**

(602) 200-4107

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***Do you have parenting questions, or need advice?***

**Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions.

**Southwest Human Development**

1-877-705-KIDS

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***Are you looking for pregnancy support services?***

**Prenatal Outreach**

Focuses on home and community-based pre/postnatal services to increase healthy pregnancies and good birth outcomes, as well as general health, safety, injury prevention and successful attachment of parents with their babies.

**Maricopa County Department of Public Health - Healthy Start**

(602) 304-1166

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***Do you want information about your child's physical or oral health?***

**Oral Health**

Decreases preventable oral health problems in young children 0-5 and pregnant women. Provides oral health screenings and fluoride varnish in a variety of community-based settings.

**Health Insurance Enrollment**

Assists families in application for or renewal of public health insurance.

**Early Childhood Medical Care Coordination Program**

Improves children's health care and future development by ensuring they have a regular source of care.

**Maricopa County Department of Public Health - First Teeth First Program**

(602) 506-6888 for locations and times

**Kids Health Links**

1-800-235-9678

**International Rescue Committee**

(602) 433-2440 ext. 227

**Maricopa Integrated Health Services**

(602) 344-2621

**Phoenix Children's Hospital**

(602) 933-0974

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***Want to see how reading and play can help your child learn?***

**Community Based Literacy**

Engages parents in a routine of reading daily to and with their children.

**Southwest Human Development**

**Raising a Reader**

(602) 633-8748

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***Are you providing quality child care for infants, toddlers or preschoolers?***

**Family, Friends and Neighbor Care**

Improves the quality of care and education that children receive in unregulated child care homes. Supports provided to family, friend and neighbor caregivers include training and financial resources.

**Association for Supportive Child Care**

**Kith and Kin Program**

(480) 829-0500 ext.1124

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***Are you looking for child care for your infant, toddlers or preschoolers?***

**Early Learning**

Resources for finding quality child care and preschool programs.

**Quality First**

qualityfirstaz.com

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**First Things First Central Phoenix Regional Partnership Council. For more information contact:**

Rana Simms, Central Phoenix Regional Director at [rsimms@azftf.gov](mailto:rsimms@azftf.gov) or 602-771-5046

Susana Ibarra, Community Outreach Coordinator at [sibarra@azftf.gov](mailto:sibarra@azftf.gov) or 602-771-5049

**Central Phoenix ZIP Codes**

85003 85004 85006 85007 85008 85012

85013 85014 85015 85016 85017 85018

85019 85034 85038

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