

# # FIRST THINGS FIRST

First Things First partners with communities to strengthen families and help more kids arrive at kindergarten healthy and ready to succeed.

## Family Guide to First Things First Funded Programs in Cochise Region

## Contact

### *Are you a parent or caregiver looking for resources and support?*

#### **Home Visitation**

Gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

**Parents As Teachers  
Easter Seals Blake Foundation**  
520-452-9784 x 1017

### *Do you have parenting questions, or need advice?*

#### **Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions.

**Southwest Human Development**  
1-877-705-KIDS (5437)

### *Do you need to find quality child care for your infant, toddler or preschooler?*

#### **Early Learning**

Resources for finding quality child care and preschool programs.

#### **Quality First Child Care Scholarships**

Helps low-income families afford a better educational beginning for their children.

**Quality First**  
[qualityfirstaz.com](http://qualityfirstaz.com)

#### **First Things First Cochise Regional Partnership Council**

#### **For more information contact:**

Melissa Avant, Regional Director at [mavant@azftf.gov](mailto:mavant@azftf.gov) or 520-378-3280

**Cochise County**