

FIRST THINGS FIRST

First Things First partners with communities to strengthen families and help more kids arrive at kindergarten healthy and ready to succeed.

Family Guide to First Things First Funded Programs in Navajo/Apache Region

Contact

Are you a parent or caregiver looking for resources and support?

Birth to Five Helpline

Helps families with young children get free answers to their toughest parenting questions.

Southwest Human Development

1-877-705-KIDS (5437)

Do you want information about your child's physical or oral health?

Oral Health

Decreases preventable oral health problems in young children.

Navajo County Public Health Services

928-524-4750

Care Coordination

Improves children's health care and future development by ensuring they have a regular source of care.

North Country HealthCare

928-537-4301

Healthy Steps Summit Healthcare

928-367-6550

Do you need to find quality child care for your infant, toddler or preschooler?

Early Learning

Resources for finding quality child care and preschool programs.

Quality First

qualityfirstaz.com

First Things First Navajo/Apache Regional Partnership Council

For more information contact: Kate Dobler-Allen, Regional Director, kdallen@azftf.gov

or Jessica Beach, Community Outreach Coordinator, jbeach@azftf.gov

Office number: 928-532-5041

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(Navajo/Apache Region Zip Codes)