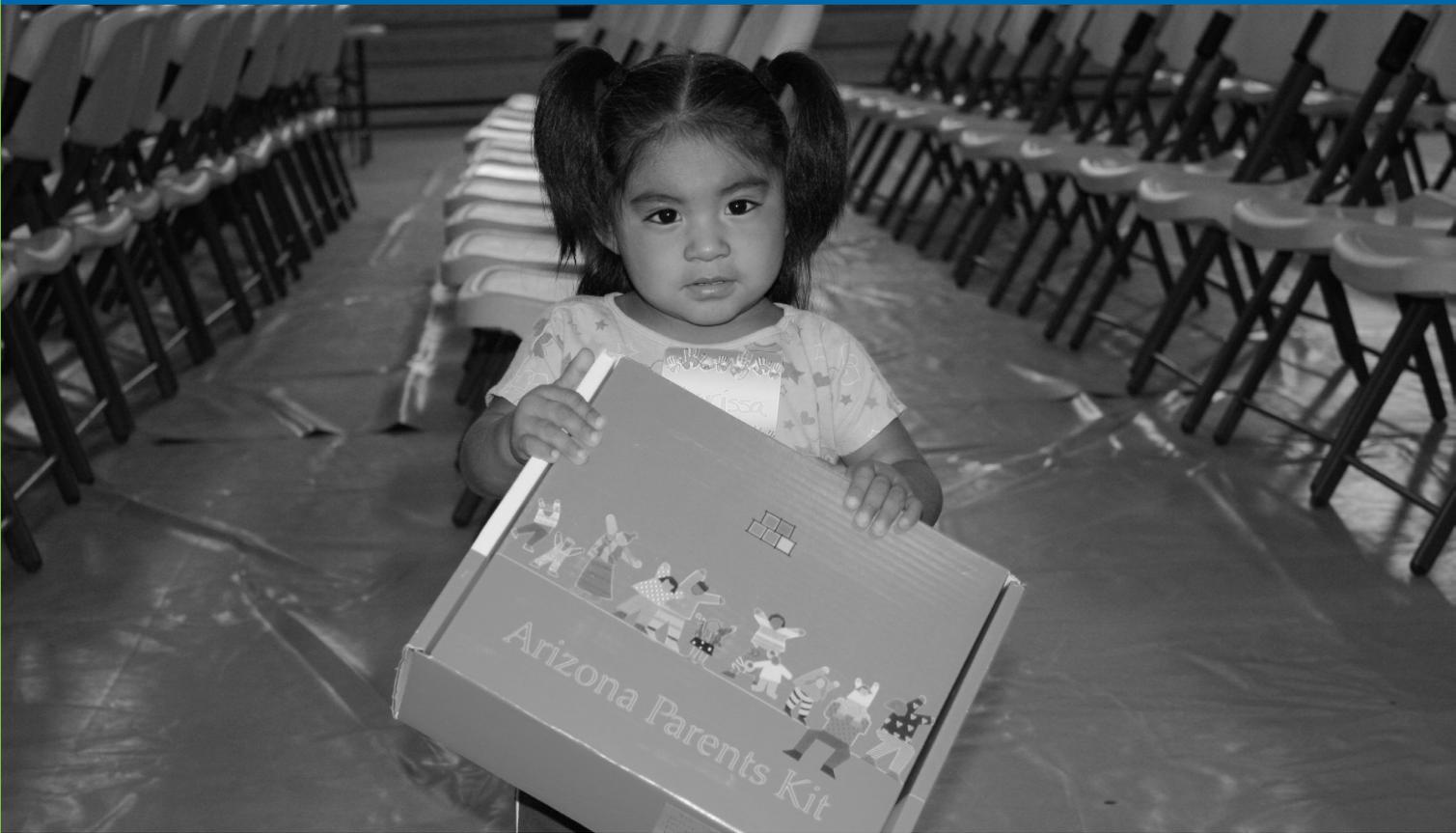


2012

PARENT RESOURCE GUIDE

Tohono O'odham Nation Regional Partnership Council



A GUIDE TO SERVICES IN THE TOHONO O'ODHAM NATION AREA



FIRST THINGS FIRST

Ready for School. Set for Life.

Congratulations on Your New Child!

The Tohono O'odham Nation First Things First Regional Partnership Council (Regional Council) welcomes your newest family member.

The Tohono O'odham Nation Regional Partnership Council, with its community partners, will work to create a system that builds and sustains a coordinated network of early childhood programs and services for the young children of this region.

We work to ensure that all children in the region are afforded an equal chance to reach their full potential.

We partner with the community to provide families with opportunities to improve their children's educational and developmental outcomes.

By investing in young children, the Regional Council and its partners help build brighter futures for the region's next generation of leaders. In this way, the Regional Council contributes to economic growth and the region's overall well-being.

This guide is meant to give you helpful information about your child and to help you strengthen your connections to your community and culture. This is the first edition of the Guide. We intend to update and improve it. If you have comments or suggestions for us, please contact us at:

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Mildred Manuel: Mildred.Manuel@tonation-nsn.gov

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REGIONAL PARTNERSHIP COUNCIL MEMBERS

Tohono O'odham Nation Regional Partnership Council:

Mr. Louis Johnson, *Chair, At-Large*

Ms. Mildred Manuel, *Vice Chair, At-Large*

Mr. Joseph Mease, *Educator*

Ms. Lucy Zazueta, *At-Large*

Dr. Albert Adler, *Health Services Provider*

Ms. Dionne Ramon, *Parent*

Ms. Janine Prewitt, *School Administrator*

Ms. Kymberlii Tenario, *Child Care Provider*

Mr. Carlos Becerra, *Business*

Ms. Ella Begay, *Faith-Based*

Travis J. Le Duc, *Regional Director*

tleduc@azftf.gov

Direct 520-628-6694

Mobile 480-710-1087

FACT:

*80% of a child's
brain develops before
they turn three years old,
and early experiences
lay the foundation for a
lifetime of learning.*

FOOD

Community Food Bank

520-622-0525: General Information

520-398-2771: Arivaca Satellite Location

This is an organization whose mission is to help provide food to individuals and families and link them to social services.

Community Garden Program

520-383-4966

TOCA's integrated projects support locally-identified goals of self-sufficiency & sovereignty, native health & wellness, traditions & cultural revitalization, and multi-generational leadership development & capacity-building.

Food Distribution Program

520-383-6250

This is a subdivision of the Tohono O'odham Nation Department of Health and Human Services. Food distribution provides commodity food through a tailgate distribution system on and near the reservation cities and towns for eligible individuals and families.

Women, Infants and Children's Program (WIC)

520-383-6200

WIC provides supplemental food program that enrolls pregnant, postpartum or lactating women, infants, and children up to their 5th birthday who are nutritionally at risk. WIC also works with HOPP, Family Preservation, and the STEP's Program

FACT:

Breastfeeding is the best way to give your baby a great start in life. Babies breastfed for at least 6 months have less chance of being fat, or diabetic and more chance of being smarter.

SHELTER

Low Income Home Energy Assistance Program

520-383-6250

This program assists with utility deposits and bill payments.

Tohono O’odham Ki:Ki Association

520-383-2202 or 1-866-248-5059

TOKA provides low-income and affordable housing services to the membership of the Tohono O’odham Nation.

Tohono O’odham Utility Authority (TOUA)

520-383-2236 or 520-383-5800

TOUA is charged by the Nation to provide services including electric, water/wastewater, telephone, cellular, propane and internet services.

Emerge! Center Against Domestic Violence

520-795-4266

Emerge! is the largest domestic abuse shelter and provider of domestic abuse prevention services and programs in Southern Arizona. Programs include emergency shelters, housing programs, and an accredited community-based childcare center that is open to the public.



Casa Amparo Shelter

520-746-1501

Casa Amparo, is the only shelter in southern Arizona specifically designed to serve Spanish-speaking victims of domestic violence.

Tohono O’odham Domestic Violence

520-383-6200

Provides services to victims/survivors of domestic violence. Services include a crisis line, counseling, referrals and transitional safe house. This program collaborates with Nation’s Police, Victim Witness Program, Indian Health Services and the Off Reservation Crisis Centers in Tucson and Casa Grande.

CLOTHING

Diaper Bank of Southern Arizona

520-325-1400

www.diaperbank.org

The Diaper Bank provides diapers to existing agencies that work with people in need. Their partners include: crisis nurseries, domestic violence shelters, senior centers, and congregations of various religious affiliations.

Clothing Allowance: contact your local district office to ask about clothing allowances

ECONOMIC ASSISTANCE

Tohono O’odham Human Resources

520-383-6540

The Human Resources Office for the Tohono O’odham Nation’s (Nation) Executive Branch recruits, employs, and retains a work force consisting of members of the Tohono O’odham Nation and all its surrounding counties. Equal employment opportunity and Indian Preference is exercised in accordance to the Personnel Policies.

Tohono O’odham Nation Family Assistance

520- 383-6250

Provides financial assistance for basic living needs to eligible individuals and families when income and resources are insufficient to meet basic living needs.

FACT:

If you decide to bottle feed your baby, hold your baby whenever they are fed as well as many other times during the day. Holding your baby gives them emotional, social, and intellectual stimulation that help develop their brain.

BEHAVIORAL HEALTH

The Behavioral Health Program provides individuals with counseling for mental and substances abuse issues. It also provides outpatient therapy, education, and culture-groups.

Behavioral Health-San Xavier

520-295-2570

Behavioral Health-Santa Rosa Clinic

520-361-2261

Behavioral Health—Sells

520- 383-6165 or 520-295-2570

Health & Human Services

520- 383-6000

The purpose of the Department of Human Services is to improve the health and social well being of the O’odham. This includes providing services related to addictions and mental health, disease and communicable disease prevention and management, develop health promotion and wellness programs, provide social services and assistance to needy families, provide child protection and emergency shelter care services, provide cultural activities and social services to the elders, provide special needs services to individuals with developmental disabilities, provide transportation to those needing assistance to needed medical appointments and provide administration to health and education facilities construction.

FACT:

Depression is a serious health concern in both children and adults.

Depression can happen in 1 out of 4 new mothers and they may not know that they are depressed. If you are not enjoying your baby or taking an interest in the growth and well being of the baby, please speak to a health care provider immediately.

BEHAVIORAL HEALTH

Intermountain Services for Human Development

520- 721-1887 or 520-383-1793

Intermountain Centers for Human Development provides out of home and home-based support services to a variety of at-risk populations including children and youth who are emotionally and behaviorally challenged, adults who have been diagnosed with serious mental illness, and individuals with developmental disabilities.

Child Welfare Division

520- 383-6100

A subdivision of the Tohono O’odham Nation Department of Health and Human Services. Services include Child Protective Services, Foster Care Program, Family Preservation Program and Children’s Home Program.

Family Preservation

520-383-4200

Provides parenting skills training classes, and co-facilitates the Fatherhood Movement and Personal Growth and Development training.

Sonora Behavioral Health Hospital

520-469-8700

Sonora Behavioral Health is a hospital dedicated to the treatment of behavioral health and chemical dependency issues affecting children, adolescents and adults. Sonora is the only hospital in Southern Arizona that focuses on the unique needs of children and adolescents, and is the provider of choice in Southern Arizona for many commercial health plans.



Tohono O’odham Nation Youth Suicide Prevention Program

520-383-6000

This program does assessments and referrals to appropriate treatment for persons 11-24 including those under the Child Welfare and Justice Systems for alcohol and drug related offenses. Other services include case management for youth, community-based life skills and gatekeeper training for youth and adults that support youth.

HEALTH CARE

Health Transportation

520-383-6050

Satellite Offices:

Ak Chin 520-361-6101 or 520-361-6052

San Xavier 520-807-8657

San Lucy 928-683-2853

San Simon 520-362-7046

Health Transportation provides non-emergency, medically necessary transportation to all members of the Nation.

Sells Indian Hospital

520-383-7200

The IHS is the principal federal health care provider and health advocate for Indian people, and its goal is to raise their health status to the highest possible level.

San Xavier Clinic

520-295-2550

Santa Rosa Clinic

520-361-2261 or 2403

San Simon Health Clinic

520-362-7098

Tohono O’odham Healthy Choices Program

520-383-6124

Healthy Choices Healthy Children A Family-centered diabetes prevention & healthy lifestyle promotion program for infants, toddlers and young children with Special Needs.

Community Health Services

520-383-6200

Programs include: Community Health Representatives (CHR), Women Infants and Children (WIC), Domestic Violence Program, and Maternal Child Health (MCH).

Health Promotion (HOPP)

520-383-6240

HOPP is responsible for primary and secondary prevention of diabetes and diabetes related complications by promoting wellness to individuals and communities throughout the Tohono O’odham Nation. The primary focus is on physical activity, nutrition education, and like other diabetes awareness.

Special Needs

520-383-6124

The Special Needs Program focuses on program development in the area of development disabilities and other special health conditions. The Special Needs Program takes an active role in the provision of services to our Special Needs population, and coordinates services currently provided by other agencies. First Things First: using home visitation our goal is to educate parents, caregivers and families about the importance of early childhood development and health, support families in advocating for their children’s needs and how to access resources of the Tohono O’odham Nation.

EDUCATION

Child Care Centers

Early Childhood Development

520-383-7800

Tohono O'odham Nation Child Care Services

520-383-8750

Tohono O'odham Nation Head Start Program

520-383-7800

Head Start

Arizona Head Start Programs provide high quality early childhood education, nutrition, health, mental health, disabilities, and social services with a strong parent involvement focus.

North Komelic Head Start Center

520- 383-8750 or 520-361-2369

Pisinemo Head Start Center

520-362-2465

San Xavier Head Start Center

520-807-8658 or 520-807- 8689

Santa Rosa Head Start Center

520-361-2244

Sells Head Start Center

520-383-8677 or 520-383-8767

FACT:

When you hold your baby, you can get cues about your baby. Are they hungry, sad, wet, scared or lonely. Holding your baby helps you to understand more about what needs and feels.

Vaya Chin Head Start Center

520-362-2205

BIA School-San Simon

520-362-2231

Serves grades Kindergarten to Eighth Grade.

Indian Oasis Baboquivari Unified School District 40

520-383-6746

www.iobusd40.org

Serves grades Kindergarten to 12th.

San Xavier Mission School

520-294-0628

San Xavier Mission School is committed to educate, nurture, and empower Tohono O’odham students, and students of all cultures, to strengthen their living expression of the Catholic faith. Our diverse academic program develops a student’s respect for tradition and culture as well as provides the necessary skills to succeed in an ever changing world.

Santa Rosa Boarding School and Day School

520-361-3510 or 520- 361-2276

A public school that serves grades kindergarten through 8th grade.

Santa Rosa Ranch School

520-383-2359

A public school that serves grades kindergarten through 8th grade.

Southwest Living Word Academy

520-383-8424

A private school that serves grades kindergarten through 12th grade.

Tohono O’odham Nation Special Services Program

520-383-8750 or 8774



PARENT & CAREGIVER EDUCATION

Tohono O’odham Community College

520-383-8401

Early Childhood Education classes are available that teach you about your children’s growth and development, and give you ideas and activities to do with them from birth through age 5. You will receive college credit for each course.

Indian Oasis Baboquivari Unified School District 40

520-383-6746

www.iobusd40.org

Serves grades Kindergarten to 12th. GED assistance and services are available.

Southwest Living Word Academy

520-383-8424

A private school that serves grades kindergarten through 12th grade. GED assistance and services are available.

Tohono O’odham Nation High School

520-362-2400

Our mission is to enhance the unique Tohono O’odham Himdag by strengthening individuals, families, and communities through holistic, quality higher education services. These services will include research opportunities and programs that address academic life, and development skills.

One Stop Job Development

(520) 383-4251

One-Stop Centers provide free services including; job placement, skills assessments, job training, career counseling, resume development, GED assistance, and practice GED exams.

Southwest Living Word Academy

520-383-8424

A private school that serves grades kindergarten through 12th grade. GED assistance and services are available.



COMMUNITY & CULTURE

Emergency: Call 911

Police Department

520- 383-3275 or 520-383-3276

Police Department Tucson Line

520-622-1587 or 520-383-7276

Tohono O’odham Domestic Violence Kom Cud Ki

520-383-6200

Tohono O’odham Human Resources

520-383-6540

The Human Resources Office for the Tohono O’odham Nation’s (Nation) Executive Branch recruits, employs, and retains a work force consisting of members of the Tohono O’odham Nation and all its surrounding counties. Equal employment opportunity and Indian Preference is exercised in accordance to the Personnel Policies.

WHEN YOU NEED HELP!

Emergency: Call 911

Drugs & Alcohol

Sells Behavioral Health

520-383-6165

The Behavioral Health Program provides individuals with counseling for mental and substances abuse issues. We also provided outpatient therapy, education, and culture-groups.

San Xavier Behavioral Health

520-295-2570

The Behavioral Health Program provides individuals with counseling for mental and substances abuse issues. We also provided outpatient therapy, education, and culture-groups.

Santa Rosa Health Center

520-361-2261

Provides health care services.

Depression and Mental Health Tohono O’odham Behavioral Health

520-383-6165

The Behavioral Health Program provides individuals with counseling for mental and substances abuse issues. We also provided outpatient therapy, education, and culture-groups.

Domestic Violence

Tohono O’odham Domestic Violence

520-383-6200

Provides services to victims/survivors of domestic violence in the form of a crisis line, counseling, referrals and transitional safe house. This program collaborates with Nation’s Police. Victim Witness Program, Indian Health Services and the Off Reservation Crisis Centers in Tucson and Casa Grande.

INFORMATION SOURCES

- 2009 Sells Community Resource Directory
- Indian Health Service
- Community Members

**Tohono O’odham Nation
Regional Partnership Council**

310 S. Williams Blvd., Ste 106
Tucson, AZ 85711

(520) 628-6694

www.azfff.gov/RC026/Pages/default.aspx

FACT:

The human body is made up of about 90% water. Drinking lots of clean water is very important for your child and yourself.