

FIRST THINGS FIRST

the  
**Little**  
KIDS BOOK

A BOOK ABOUT ORGANIZATIONS THAT  
HELP YOUNG CHILDREN AND THEIR FAMILIES

**FREE**

Yavapai County  
Resource Guide **2013**



## YOU CAN HELP PREPARE OUR KIDS, AND OUR STATE, FOR SUCCESS.

A child's most important developmental years are those leading up to kindergarten. First Things First partners with Arizona parents and communities to help kids five and younger receive the early education, quality healthcare and family support they need to start school healthy and ready to succeed.

*The Big Kids and Little Kids Book is brought to you in part by the First Things First Yavapai Regional Partnership Council. Visit us online at [www.azftf.gov/yavapai](http://www.azftf.gov/yavapai).*

**For more information, contact Cindy Pemberton, 928-776-0062 or [cpemberton@azftf.gov](mailto:cpemberton@azftf.gov).**

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There's no better way to protect our communities—both now and long after your grandchildren's grandchildren are grown—than through an endowment with the Yavapai County Community Foundation. Endowments are created and supported by people just like you, who want to make a permanent, sustainable impact on causes close to their heart. And best of all, endowments continue to grow forever.

Make a lasting impact on your community. Call Yavapai County Community Foundation North Central Regional Manager Carol Chamberlain at (928) 708-9632 to find out more about the power of endowment, or visit [www.yavapafoundation.org](http://www.yavapafoundation.org).

300 E. WILLIS STREET, SUITE B  
PRESCOTT, AZ 86301  
(928) 708-9632

 **YAVAPAI COUNTY**  
COMMUNITY FOUNDATION  
*An affiliate of the  
Arizona Community Foundation*



**The Big & Little Kids Book  
is also available online:**

*for the most up-to-date and detailed information,  
please visit*

[www.yavapaikidsbook.org](http://www.yavapaikidsbook.org)

*Peace of Mind and  
Heart for all of  
Life's Changes.*

**W**hen it comes to health, wellness and happiness, one size doesn't fit all. So we carefully tailor every program at Yavapai Regional Medical Center (YRMC) to meet the exact needs of those in our community. We can help you prepare for all of life's changes and you can count on us to be there when you need us most.

We are proud to offer families and children in Western Yavapai County comprehensive healthcare resources, including:

- Childbirth classes at YRMC East in Prescott Valley
- Basic medical and dental care for underinsured and uninsured children through our Partners for Healthy Students Program
- Resources to care for newborns and parenting education through our First Steps and Healthy Families programs

To learn more about these programs, and other health and wellness resources, please contact the YRMC Community Outreach Department at (928) 771-5738.



**YAVAPAI REGIONAL  
MEDICAL CENTER**

*Two Great Hospitals ... One Caring Spirit*

1003 WILLOW CREEK ROAD, PRESCOTT, AZ 86301

(928) 445-2700 • [www.yrmc.org](http://www.yrmc.org)



# FIRST THINGS FIRST

**Ready for School. Set for Life.**

[www.azfff.gov/yavapai](http://www.azfff.gov/yavapai)

This is your directory of organizations that provide services to children, their families and referral agencies throughout Yavapai County. If you would like additional copies of this book or have corrections, please contact Cindy Pemberton, (928) 776-0062 or [cpemberton@azfff.gov](mailto:cpemberton@azfff.gov).

**Additional copies are available at the following locations:**

*Public Libraries; Yavapai Regional Medical Center (both campuses); Verde Valley Medical Center; Department of Economic Security; Step One Community Center; Catholic Charities Community Services, and local Pediatrician offices. Other locations are being enlisted as well, so please call or e-mail us for a location closest to you.*

**THE BIG & LITTLE KIDS BOOK IS ALSO AVAILABLE ONLINE:**

**For the most up-to-date and detailed information, please visit [www.yavapaikidsbook.org](http://www.yavapaikidsbook.org)**

First Things First is a statewide organization committed to helping Arizona children five and younger start school healthy and ready to succeed. A child's most important developmental years are those leading up to kindergarten. First Things First partners with Arizona parents and communities to help kids five and younger receive the early education, quality healthcare and family support they need to start school healthy and ready to succeed.

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**Please add your organization to the next edition:**

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# Table of Contents

I. How To Use This Directory .....	3
II. Alphabetical Index .....	4-5
III. Subject Index .....	6-7
IV. Early Care and Education Directory.....	8-11
V. New Parent Guide.....	12-15
VI. Agency Descriptions .....	16-50

## DISCLAIMER

The publishers have taken every reasonable measure to ensure the information in this resource directory is accurate. In the event any information is inaccurate, the publishers assume no liability for damages incurred directly or indirectly as a result of incomplete, incorrect or omitted information. Inclusion of an agency in this directory does not constitute an endorsement of the agency nor their services. If you identify information that is incorrect, please notify First Things First, Yavapai Regional Office, at (928) 776-0062 or Cindy Pemberton at [cpemberton@azftf.gov](mailto:cpemberton@azftf.gov)

# How to Use This Directory

**Nonprofits:** Agencies or organizations are in alphabetical order listing their contact information, mission statement and agency self-description. Agencies or organizations may provide the services listed or pay for those services.

## Index:



Look for this symbol in the index to find agencies that assist those with disabilities.

Disability services assist those with disabilities including, but not limited to: physical, mental, emotional, behavioral, learning, developmental, cognitive and medical disabilities.



Look for this symbol in the index to find agencies that welcome volunteers.

**Useful terms** when talking to agencies:

**Sliding Scale:** Fees are adjusted based on your income level and other determining factors.

**Payment Plan:** Total payment is broken down into smaller payments over a period of time.

**Scholarships:** Partial or full financial scholarships may be available.

**Pro Bono:** Some professionals provide free services.

For information on for-profit services, please check the Yellow Pages of your phone book or ask the agencies in the directory for further details.

**Please give us your feedback!** Go to [www.yavapaikidsbook.org](http://www.yavapaikidsbook.org) and click on the survey link.

# ALPHABETICAL INDEX (68)

2-1-1 Arizona .....	16
Arizona Association of Midwives .....	16
✿Arizona Dental Foundation .....	16
✿Arizona Department of Economic Security (DES).....	17
Arizona Department of Health Services .....	18
✿Arizona Department of Health Services– Bureau of Women’s and Children’s Health, Office for Children with Special Health Care Needs (OCSHCN) .....	19
✿Arizona Early Intervention Program High Country Early Intervention, Inc. Yavapai County.....	19
Arizona Friends of Foster Children Foundation.....	20
Arizona Health Care Cost Containment System (AHCCCS).....	20
Arizona Poison & Drug Information Center Pharmacy–Pulido Center.....	20
Arizona Postpartum Wellness Coalition (APWC) Quad Cities Chapter .....	21
Arizona Self Help .....	21
✿Arizona State School for The Deaf & The Blind.....	21-22
✿❤Arizona’s Children Association .....	22
Birth to Five Helpline .....	23
Birthline .....	23
❤Blankets 4 Kids, Inc. ....	23
✿❤Buena Vista Children’s Services .....	24
Caring Presence, The .....	25
CASA Children’s Center, Inc. / CASA Children’s Care .....	25
✿❤Catholic Charities Community Services .....	25-26
Child and Family Support Services .....	26
Child Care Resource & Referral .....	27
❤Child Haven, A Crisis Nursery .....	27
Children’s Rehabilitative Services (CRS).....	27
Coalition for Compassion & Justice (CCJ) .....	28
Community Counts.....	29
Community Health Center of Yavapai.....	29
Community Pregnancy Center .....	30
Compassionate Friends .....	30
Del E. Webb Family Enrichment Center (Yavapai College).....	30
✿Developmental Education and Research (Dear Inc.) .....	31
Eight Educational Outreach/Asset .....	31
Family Resource Center, Humboldt Unified School District .....	32
Family Resource Center, Yavapai Regional Medical Center.....	32
✿❤Four County Conference on Developmental Disabilities .....	32
✿High Country Early Intervention, Inc. DBA Karen A. Fay Therapies.....	33
House of Ruth Pregnancy Care Center .....	33
Life Connections, Pregnancy Resource and Referral .....	33
Moms Club of Prescott (Moms Offering Moms Support) .....	34
Mothers of Preschoolers – MOPS .....	34
Northern Arizona Council of Governments (NACOG) Head Start .....	34-35
Planned Parenthood.....	35
Postpartum Depression Information Line .....	36
Pregnancy Riskline .....	36
❤Prescott Area Women’s Shelter (PAWS) .....	36
❤Prevent Child Abuse Arizona .....	37
✿Raising Special Kids .....	38
Reach Out and Read Arizona .....	38
Shriners Hospitals for Children.....	38
Southwest Human Development .....	39
❤Step Up for Kids.....	39
❤Stepping Stones Agencies.....	40

Teen Outreach Pregnancy Services (TOPS) .....	40
✿♥the spot . . . a Child’s Museum.....	41
✿♥Tri-City Partnership for Special Children and Families .....	41
♥United Way of Yavapai County .....	41
University of Arizona Cooperative Extension Family Consumer Sciences .....	42
Verde Valley Guidance Clinic, Inc. ....	42
Verde Valley Medical Center.....	43-44
♥Volanté Academy of the Arts .....	45
✿♥West Yavapai Guidance Clinic.....	45
Wombs (Women Offering Mothers Birth Support).....	45
♥Yavapai CASA for Kids, Inc. ....	46
Yavapai College–Raising A Reader.....	46
♥Yavapai County Community Coalitions .....	47
Yavapai County Community Health Services .....	48
✿♥Yavapai Regional Medical Center (YRMC) .....	49-50

## Yavapai County Early Care and Education Directory (70)

A Place To Grow .....	11	Kids and Company.....	10
Accelerated Learning Charter School.....	9	Kids Club Group Home .....	11
Acorn Christian Montessori .....	11	Kids Corner Group Home .....	9
Acorn Montessori School.....	11	Kids Corral Preschool & Learning Center .....	10
All About Kids Learning Center, LLC.....	11	Learning Castle Children’s Center LLC.....	11
American Lutheran Preschool .....	10	Mimi’s Day Care.....	9
Ash Fork: NACOG Head Start .....	8	Mountain Oak Aftercare Program .....	10
Bagdad Special Needs Preschool .....	8	Noah’s Ark Child Care .....	11
Beaver Creek Elementary School District.....	11	Noah’s Ark Day Care .....	9
Bright Bears Preschool Academy .....	9	Oak Creek Preschool .....	9
Buena Vista Children’s Services Bright Futures Child Care.....	9	Pine Grove Preschool & Aftercare.....	10
Buena Vista Children’s Services Buena Vista Preschool .....	9	Precious Stones Preschool .....	11
Buena Vista Children’s Services Discovery Connection Clarkdale..	8	Prescott Child Development Center .....	10
Busy Bee Learning Center .....	11	Prescott: NACOG Head Start .....	10
Camp Verde Elementary Preschool .....	8	Prescott Valley: NACOG Early Head Start.....	11
Camp Verde: NACOG Head Start .....	8	Prescott Valley: NACOG Head Start .....	11
Cedar Tree Montessori Preschool.....	10	Prescott YMCA of Yavapai County .....	10
Chino Valley: NACOG Head Start .....	8	Primavera School .....	10
Christian Academy of Prescott Preschool.....	10	Rays of Sunshine Center, Inc. ....	8
Copper Kids Child Care & Early Learning Center .....	8	Robinson Family Child Care.....	9
Cornerstone Christian Preschool.....	10	Sacred Heart Catholic Preschool.....	10
Cottonwood: NACOG Head Start .....	9	Sedona: NACOG Head Start.....	11
Cougar Lane Preschool.....	8	Sonshine Learning Center .....	8
Del E. Webb Family Enrichment Center.....	10	South Verde Middle and High School Next Generation .....	8
Discovery Gardens Early Childhood Center.....	10	St. Joseph’s Catholic Montessori .....	9
First Steps Child Care, LLC.....	9	Stacy’s Family Group Home.....	11
Fitch Family Child Care .....	9	Sunnyside Charter Montessori School .....	8
Flip City Gym-N-Learn Preschool.....	9	Teddy Bear Care, LLC.....	11
God’s World Child Care .....	11	The Children’s Garden.....	10
Grandpa’s Farm .....	11	The Little Club For Kids Group Home .....	10
Grannie’s House .....	11	Trinity Christian Preschool .....	10
Growing Kids Preschool @ Lifepointe Church .....	11	Valley Learning Center .....	8
Gwen’s House Group Home .....	9	Verde Valley Montessori.....	9
Hilltop Christian Preschool .....	9	Village Christian School .....	11
Kare Bear Child Care Center, LLC .....	9	Yavapai: NACOG Head Start/Early Head Start.....	9

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# SUBJECT INDEX

## CHILD ABUSE PREVENTION / CRISIS SUPPORT (9)

*The following agencies can help you with crisis and abuse support :*

Arizona Dept. of Economic Security (DES)	Child Haven, a Crisis Nursery	Stepping Stones Agencies
Arizona's Children Association	Prescott Area Women's Shelter (PAWS)	West Yavapai Guidance Clinic
Buena Vista Children's Services	Prevent Child Abuse Arizona	Verde Valley Guidance Clinic

## CHILD CARE (9)

*The following agencies can help you with child care, including emergency and non-critical activities, assistance and referrals:*

**Also see Yavapai County Early Care and Education Directory**

Arizona Dept. of Economic Security (DES)	Child Care Resource & Referral	Mothers of Preschoolers - MOPS
Arizona Self Help	Child Haven, A Crisis Nursery	Northern Arizona Council of Governments (NACOG) Head Start
Arizona's Children Association	Del E. Webb Family Enrichment Center	
Buena Vista Children's Services	(Yavapai College)	

## DEVELOPMENTAL SCREENING & INTERVENTION (14)

*The following agencies can help you with disability/special needs services including direct care, referrals, training, advocacy, recreation activities and information:*

Arizona Dept. of Economic Security (DES)	Arizona State School for The Deaf & The Blind	Raising Special Kids
Arizona Dept. of Health Services – Bureau of Women's and Children's Health, Office for Children With Special Health Care Needs (OCSHCN)	Arizona's Children Association	Reach Out and Read Arizona
Arizona Early Intervention Program High Country Early Intervention, Inc. Yavapai County	Buena Vista Children's Services	Verde Valley Guidance Clinic, Inc.
	Child and Family Support Services	Yavapai College–Raising a Reader
	Children's Rehabilitative Services (CRS)	Yavapai County Community Health Services
	High Country Early Intervention, Inc. DBA Karen A. Fay Therapies	

## EDUCATION (16)

*The following agencies can help you with opportunities to learn, including classroom, informal and recreational settings:*

Buena Vista Children's Services	Family Resource Center, Humboldt	University of Arizona Cooperative Extension
Catholic Charities Community Services	Unified School District	Family Consumer Sciences
Community Counts	Northern Arizona Council of Governments (NACOG) Head Start	Volanté Academy of the Arts
Del E. Webb Family Enrichment Center (Yavapai College)	Raising Special Kids	Yavapai College–Raising a Reader
Eight Educational Outreach/Assist	Teen Outreach Pregnancy Services (Tops) the spot...a Child's Museum	Yavapai County Community Coalitions
		Yavapai County Community Health Services
		Yavapai County Education Service Agency

## FAMILY SUPPORT – HOME VISITING PROGRAMS (7)

*The following agencies can help you with home visitation opportunities:*

Family Resource Center, Yavapai Regional Medical Center	Raising Special Kids	Yavapai CASA for Kids, Inc.
Northern Arizona Council of Governments (NACOG) Head Start	Verde Valley Medical Center VVPP	Yavapai County Community Health Services
	Wombs (Women Offering Mothers Birth Support)	

## HEALTH (25)

*The following agencies can help you with information and referrals and direct care for specific health problems, as well as general preventative health care:*

Arizona Association of Midwives	Caring Presence, The	Shriners Hospitals for Children
Arizona Dental Foundation	Child and Family Support Services	Southwest Human Development
Arizona Dept. of Health Services	Children's Rehabilitative Services (CRS)	Teen Outreach Pregnancy Services (Tops)
Arizona Dept. of Health Services – Bureau of Women's and Children's Health, Office for Children With Special Health Care Needs (OCSHCN)	Coalition for Compassion & Justice (CCJ)	Verde Valley Guidance Clinic, Inc.
Arizona Health Care Cost Containment System (AHCCCS)	Community Health Center of Yavapai	Verde Valley Medical Center
Arizona Poison & Drug Information Center Pharmacy-Pulido Center	Family Resource Center, Yavapai Regional Medical Center	West Yavapai Guidance Clinic
	House of Ruth Pregnancy Care Center	Wombs (Women Offering Mothers Birth Support)
	Planned Parenthood	Yavapai County Community Health Services
	Pregnancy Riskline	Yavapai Regional Medical Center (YRMC)
	Raising Special Kids	

## **HOTLINES (IF YOU ARE IN PERSONAL DANGER, PLEASE DIAL 911 IMMEDIATELY) (12)**

*The following agencies can help you with crisis and non-crisis direct aid and referral information:*

2-1-1 Arizona	Birth to Five Helpline	Life Connections, Pregnancy Resource and Referral
Arizona Dept. of Economic Security (DES)	Child Care Resource & Referral	Postpartum Depression Information Line
Arizona Dept. of Health Services	Child Haven, a Crisis Nursery	Pregnancy Riskline
Arizona Poison & Drug Information Center Pharmacy-Pulido Center	Community Pregnancy Center	Stepping Stones Agencies

## **RESOURCE, INFORMATION & REFERRAL SUPPORT (39)**

*The following agencies can help you with resource, referral and information opportunities:*

2-1-1 Arizona	Child Care Resource & Referral	Planned Parenthood
Arizona Dental Foundation	Child Haven, a Crisis Nursery	Postpartum Depression Information Line
Arizona Dept. of Economic Security (DES)	Coalition for Compassion & Justice (CCJ)	Pregnancy Riskline
Arizona Dept. of Health Services	Community Counts	Prescott Area Women's Shelter (PAWS)
Arizona Early Intervention Program High Country Early Intervention, Inc. Yavapai County	Community Pregnancy Center	Prescott Valley Early Bird Lions Club
Arizona Postpartum Wellness Coalition (APWC) Quad Cities Chapter	Family Resource Center, Humboldt Unified School District	Prevent Child Abuse Arizona
Arizona Self Help	Four County Conference on Developmental Disabilities	Raising Special Kids
Arizona State School for The Deaf & The Blind	High Country Early Intervention, Inc. DBA Karen A. Fay Therapies	Shriners Hospitals for Children
Birth to Five Helpline	House of Ruth Pregnancy Care Center	Southwest Human Development
Birthline	Life Connections, Pregnancy Resource and Referral	Stepping Stones Agencies
Buena Vista Children's Services	Northern Arizona Council of Governments (NACOG) Head Start	Teen Outreach Pregnancy Services (TOPS)
Caring Presence, The		Tri-City Partnership for Special Children and Families
Catholic Charities Community Services		United Way of Yavapai County
		Verde Valley Medical Center
		Yavapai CASA for Kids, Inc.

## **SUPPORT FOR FOSTER & KINSHIP FAMILIES (9)**

*The following agencies can help you with support of foster, family and kinship opportunities:*

Arizona Friends of Foster Children Foundation	Catholic Charities Community Services	Yavapai CASA for Kids, Inc.
Arizona's Children Association	Family Resource Center, Humboldt Unified School District	
Blankets 4 Kids, Inc.	Prevent Child Abuse Arizona	
CASA Children's Center, Inc./ CASA Children's Care	Raising Special Kids	

## **SUPPORT GROUPS (13)**

*The following agencies can help you with supportive and growth opportunities:*

Arizona Dept. of Health Services	Moms Club of Prescott (Moms Offering Moms Support)	Verde Valley Medical Center
Catholic Charities Community Services	Mothers of Preschoolers-Mops	Yavapai County Community Coalitions
Compassionate Friends	Step Up for Kids	Yavapai Reentry Project
Developmental Education and Research (Dear Inc.)	Teen Outreach Pregnancy Services (TOPS)	
Family Resource Center, Humboldt Unified School District	Tri-City Partnership for Special Children and Families	

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# YAVAPAI COUNTY EARLY CARE AND EDUCATION DIRECTORY

Choosing a child care provider is one of the most important decisions parents and families make. Listed below are child care programs in the Yavapai regional area that provide care to children birth through five years of age. The programs below are all regulated by the Department of Health Services and/or certified by the Department of Economic Security. For more information on any of the programs below, please contact the program directly.

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## ASHFORK

### ASH FORK: HEAD START

Phone: (928) 637-1027  
Address: 450 Lewis Avenue, Ash Fork, AZ 86320  
E-mail: ashfork@nacog.org

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## BAGDAD

### BAGDAD SPECIAL NEEDS PRESCHOOL

Phone: (928) 633-5974  
Address: P.O. Box 427, Bagdad, AZ 86321  
E-mail: millsk@commspeed.net

### COPPER KIDS CHILD CARE & EARLY LEARNING CENTER

Phone: (928) 633-6583  
Address: P.O. Box 1104, Bagdad, AZ 86321  
E-mail: chadcollins@commspeed.net

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## BLACK CANYON CITY

### BLACK CANYON COMMUNITY CHURCH SONSHINE LEARNING CENTER

Phone: (623) 680-2323  
Address: 34595 South Phyllis Street,  
Black Canyon City, AZ 86324  
E-mail: birch\_sherry@yahoo.com

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## CAMP VERDE

### CAMP VERDE ELEMENTARY PRESCHOOL

Phone: (928) 567-8060  
Address: 200 Camp Lincoln, Camp Verde, AZ 86322  
E-mail: jjackson@campverdeschools.org

### CAMP VERDE: NACOG HEAD START

Phone: (928) 567-3182  
Address: P.O. Box 1429, Camp Verde, AZ 86322  
E-mail: campverde@nacog.org

### SUNNYSIDE CHARTER MONTESSORI SCHOOL

Phone: (928) 567-2363  
Address: 30 Highway 260 East, Camp Verde, AZ 86322  
E-mail: amy.darwin@cnsmontessori.org

### RAYS OF SUNSHINE CENTER INC.

Phone: (928) 567-6299 • Fax: (928) 567-6277  
Address: 30 E. Cliffhouse Drive, Camp Verde, AZ 86322  
E-mail: raysofsunshine@live.com

### SOUTH VERDE MIDDLE AND HIGH SCHOOL NEXT GENERATION

Phone: (928) 274-0939 or (928) 567-8076  
Fax: (928) 567-8093  
Address: 462 South Main Street, Camp Verde, AZ 86322  
E-mail: tteach62@yahoo.com

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## CHINO VALLEY

### CHINO VALLEY: HEAD START

Phone: (928) 636-1076  
Address: P.O. Box 518, Chino Valley, AZ 86323

### COUGAR LANE PRESCHOOL

Phone: (928) 636-2299  
Address: 650 East Center Street, Chino Valley, AZ 86323

### VALLEY LEARNING CENTER

Valley Learning Centers, Inc.  
Phone: (928) 636-1656 • Fax: (928) 636-2575  
Address: 2235 S. Highway 89, Chino Valley, AZ 86323  
E-mail: snkmcc77@aol.com

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## CLARKDALE

### BUENA VISTA CHILDREN'S SERVICES DISCOVERY CONNECTION CLARKDALE

Phone: (928) 301-9105  
Address: 1619 Main Street, Clarkdale, AZ 86324  
Mailing Address: P.O. Box 1600 Cottonwood, AZ 86326  
E-mail: clarkbvcs@gmail.com  
Web site: <http://www.bv-cs.org>

## **CORNVILLE**

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### **OAK CREEK PRESCHOOL**

Phone: (928) 639-5109 • Fax: (928) 639-5108  
Address: 11490 Purple Sage Drive, Cornville AZ 86325  
E-mail: drodriguez@cocsd.k12.az.us

## **COTTONWOOD**

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### **ACCELERATED LEARNING CHARTER SCHOOL**

Phone: (928) 634-0650 • Fax: (928) 634-0672  
Address: 320 South Main Street, Cottonwood, AZ 86326  
E-mail: alcs@cableone.net

### **BRIGHT BEARS PRESCHOOL ACADEMY**

Phone: (928) 634-7039  
Address: 1500 S. Monte Tesoro Drive, Cottonwood, AZ 86326  
E-mail: ldonovan@cocsd.k12.az.us

### **BUENA VISTA CHILDREN'S SERVICES**

#### **BRIGHT FUTURES CHILD CARE**

Phone: (928) 649-1330 • Fax: (928) 646-5200  
Address: 19 East Beech Street, Cottonwood, AZ 86326  
E-mail: bf.bvcs@gmail.com

### **BUENA VISTA CHILDREN'S SERVICES**

#### **BUENA VISTA PRESCHOOL**

Phone: (928) 451-4376 • Fax: (928) 646-5188  
Address: 1500 Monte Tesoro, Cottonwood, AZ 86326  
E-mail: bf.bvcs@gmail.com

### **COTTONWOOD: NACOG HEAD START**

Phone: (928) 634-8236  
Address: P.O. Box 1063, Cottonwood, AZ 86326  
E-mail: cottonwood@nacog.org

### **FIRST STEPS, LLC**

#### **FIRST STEPS CHILD CARE**

Phone: (928) 646-3377 • Fax: (928) 646-3388  
Address: 1025 South Kelli Lane, Cottonwood, AZ 86326  
E-mail: firststeps3377@live.com

### **FIRST STEPS, LLC**

#### **NOAH'S ARK DAY CARE**

Phone: (928) 649-1010 • Fax: (928) 646-3388  
Address: 925 South Camino Real, Cottonwood, AZ 86326  
E-mail: firststeps3377@live.com

### **FITCH FAMILY CHILD CARE**

Phone: (928) 399-0700  
Address: 4293 East Comanche Drive, Cottonwood, AZ 86326

### **FLIP CITY GYM-N-LEARN PRESCHOOL**

Phone: (928) 639-2852  
Address: 1025 Kellie Lane, Cottonwood, AZ 86326  
E-mail: flipcitygym@yahoo.com  
Web site: www.flipcitygymnastics.com

### **GWEN'S HOUSE GROUP HOME**

Phone: (928) 634-6184  
Address: 1222 South Gold Dust, Cottonwood, AZ 86326  
E-mail: gwenluis55@aol.com

### **HILLTOP CHRISTIAN PRESCHOOL**

Phone: (928) 634-7759 or (928) 634-7876  
Fax: (928) 634-8214  
Address: 2021 East Fir, Cottonwood, AZ 86326  
E-mail: cottonwoodhilltoppreschool@yahoo.com

### **KARE BEAR CHILD CARE CENTER, LLC**

Phone: (928) 634-9613 • Fax: (928) 634-9613  
Address: 68 N. 12th Street, Cottonwood, AZ 86326  
E-mail: kbell039@yahoo.com

### **KIDS CORNER GROUP HOME**

Phone: (928) 639-2772  
Address: 871 Desert Jewel Drive, Cottonwood, AZ 86326  
E-mail: jillburnett02@gmail.com

### **MIMI'S DAY CARE**

Phone: (928) 301-4586  
Address: 4020 East Garden Lane, Cottonwood, AZ 86326  
E-mail: mcrews8670@aol.com

### **ROBINSON FAMILY CHILD CARE**

Phone: (928) 649-0270  
Address: 4650 East Prairie Lane, Cottonwood, AZ 86326

### **ST. JOSEPH'S CATHOLIC MONTESSORI**

Phone: (928) 649-0624  
Address: 2715 East State Route 89A, Cottonwood, AZ 86326  
E-mail: merrilypychinka@sjcms.net

### **VERDE VALLEY MONTESSORI**

Phone: (928) 634-3288  
Address: P.O. Box 2678, Cottonwood, AZ 86326  
E-mail: maryann@verdevalleymontessori.org

### **YAVAPAI: HEAD START/EARLY HEAD START:**

Phone: (928) 634-8308  
Address: P.O. Box 1556, Cottonwood, AZ 86326

## **HUMBOLDT**

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### **KIDS CORRAL PRESCHOOL & LEARNING CENTER**

Phone: (602) 558-3700

Address: P.O. Box 997, Humboldt, AZ 86329

## **PRESCOTT**

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### **AMERICAN LUTHERAN PRESCHOOL**

Phone: (928) 778-7049 • Fax: (928) 445-8343

Address: 1085 Scott Drive, Prescott, AZ 86301

E-mail: preschool@americanlutheran.net

Web site: www.americanlutheran.net

### **CEDAR TREE MONTESSORI PRESCHOOL**

Phone: (928) 771-8786 or 771-8785

Address: 130 South Penn Avenue, Prescott, AZ 86303

E-mail: damcmillan@cableone.net

### **THE CHILDREN'S GARDEN**

Phone: (928) 777-9150 • Fax: (928) 777-3137

Address: 13 Brookside Blvd, Prescott, AZ 86303

E-mail: childrensgardenprescott@gmail.com

### **CHRISTIAN ACADEMY OF PRESCOTT PRESCHOOL**

Phone: (928) 445-2565

Address: 148 S. Marina Street, Prescott, AZ 86303

E-mail: jbraaten@cap-prescott.com

### **CORNERSTONE CHRISTIAN PRESCHOOL**

Phone: (928) 771-2754

Address: 700 Rosser Street, Prescott, AZ 86301

E-mail: deedeemccarty2754@gmail.com

### **DEL E. WEBB FAMILY ENRICHMENT CENTER**

#### **Yavapai County Community College District**

Phone: (928) 776-2174 • Fax: (928) 777-3137

Address: 1100 E. Sheldon Street, Prescott, AZ 86301

E-mail: vickey.lamotte@yc.edu

### **DISCOVERY GARDENS EARLY CHILDHOOD CENTER**

#### **Prescott Unified School District**

Phone: (928) 442-1283 • Fax: (928) 442-9268

Address: 1845 Campbell Avenue, Prescott, AZ 86301

E-mail: Lynda.strzepek@prescottschools.com

### **THE LITTLE CLUB FOR KIDS GROUP HOME**

Phone: (928) 777-3299

Address: 621 Carson Drive, Prescott, AZ 86303

## **KIDS AND COMPANY**

### **Prescott Unified School District**

Phone: (928) 541-2295 • Fax: (928) 445-9806

Address: Miller Valley School, 900 Iron Springs Road, Prescott, AZ 86305

E-mail: Lynda.strzepek@prescottschools.com

Web site: www.prescottschools.com

### **MOUNTAIN OAK AFTERCARE PROGRAM**

Phone: (928) 541-7700

Address: 1455 Willow Creek Road, Prescott, AZ 86301

E-mail: mtnoak@cableone.net

### **PINE GROVE PRESCHOOL & AFTERCARE**

Phone: (928) 277-1424

Address: 217 Grove Avenue, Prescott, AZ 86301

E-mail: pinegrovekids@gmail.com

### **PRESCOTT CHILD DEVELOPMENT CENTER**

Phone: (928) 778-1840 • Fax: (928) 771-0390

Address: 1045 Whipple Street, Prescott, AZ 86301

### **PRESCOTT: HEAD START**

Phone: (928) 445-8534

Address: 828 Rodeo Drive, Prescott, AZ 86305

### **PRESCOTT YMCA OF YAVAPAI COUNTY**

Phone: (928) 445-7221 • Fax: (928) 445-5135

Address: 750 Whipple Street, Prescott, AZ 86301

E-mail: preschool@prescottymca.org

### **PRIMAVERA SCHOOL**

Phone: (928) 445-5382

Address: 1446 Moyer Road, Prescott, AZ 86303

E-mail: primaveraschool@qwestoffice.net

### **SACRED HEART CATHOLIC PRESCHOOL**

Phone: (928) 445-2621

Address: 150 Fleury Avenue, Prescott AZ 86301

E-mail: jrichards@shcsprescott.com

### **TRINITY CHRISTIAN PRESCHOOL**

Phone: (928) 445-4536

Address: 630 Park Avenue, Prescott, AZ 86303

E-mail: trinitypres@cableone.net

Web site: www.aztrinitypres.org

## **PRESCOTT VALLEY**

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### **ACORN CHRISTIAN MONTESSORI**

Phone: (928) 772-5778  
Address: 8556 Loos Drive, Prescott Valley, AZ 86314  
E-mail: acms@cableone.net

### **ACORN MONTESSORI SCHOOL**

Phone: (928) 775-0238  
Address: 7555 East Long Look, Prescott Valley, AZ 86314  
E-mail: acms@cableone.net

### **ALL ABOUT KIDS LEARNING CENTER, LLC**

Phone: (928) 772-9600 • Fax: (928) 775-0900  
Address: 8183 E. Florentine Road, Prescott Valley, AZ 86314  
E-mail: jlovettaak@gmail.com

### **BUSY BEE LEARNING CENTER**

**Valley Learning Centers, Inc.**  
Phone: (928) 636-2717 • Fax: (928) 636-2575  
Address: 8665 E. Florentine, Prescott Valley, AZ 86314  
E-mail: snkmcc77@aol.com

### **GOD'S WORLD CHILD CARE**

Phone: (928) 772-0460 • Fax (928) 772-2455  
Address: 3950 N. Valorie Drive, Prescott Valley, AZ 86314

### **GRANDPA'S FARM**

Phone: (928) 772-8009  
Address: 7117 E Addis Avenue, Prescott Valley, AZ 86314  
E-mail: grandpas\_farm@hotmail.com

### **GRANNIE'S HOUSE**

Phone: (928) 772-1445 • Fax: (928) 772-1445  
Address: 4620 N. Noel Drive, Prescott Valley, AZ 86314  
E-mail: aneerayne@cableone.net

### **GROWING KIDS PRESCHOOL @ LIFEPOINTE CHURCH**

Phone: (928) 710-2539  
Address: 10100 East Highway 69, Prescott Valley, AZ 86314

### **KIDS CLUB GROUP HOME**

Phone: (928) 772-5911  
Address: 6057 Parapet Circle, Prescott Valley, AZ 86314  
E-mail: fantashia@cableone.net

### **LEARNING CASTLE CHILDRENS CENTER LLC**

Phone: (928) 775-9677  
Address: 4701 North Robert Road, Prescott Valley, AZ 86314  
E-mail: info@learningcastlechildrenscenter.com

### **NOAH'S ARK CHILD CARE**

Phone: (928) 759-3710  
Address: 9905 East Catalina Drive, Prescott Valley, AZ 86314  
E-mail: koelersinc@msn.com

### **PRESCOTT VALLEY: EARLY HEAD START**

Phone: (928) 533-6002  
Address: 3045 North Tani Road, Prescott Valley, AZ 86314  
E-mail: pcvalleyehs@nacog.org

### **PRESCOTT VALLEY: HEAD START**

Phone: (928) 772-7726  
Address: 6955 Panther Paw Drive, Prescott Valley, AZ 86314  
E-mail: pcvalley@nacog.org

### **STACY'S FAMILY GROUP HOME**

Phone: (928) 308-0432  
Address: 6296 East Duchess Drive, Prescott Valley, AZ 86314  
E-mail: stacy.cavender@yahoo.com

### **TEDDY BEAR CARE, LLC**

**Child Care and Development Center**  
Phone: (928) 775-4673 • Fax: (928) 772-0087  
Address: 8416 East Spouse Drive, Prescott Valley, AZ 86314  
E-mail: admin@teddybearcarepv.com

## **RIMROCK**

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### **BEAVER CREEK ELEMENTARY SCHOOL DISTRICT**

Phone: (928) 567-4631 • Fax: (928) 567-5347  
Address: 4810 E. Beaver Creek Road, Rimrock, AZ 86335  
E-mail: kward@bcs.k12.ca.us

## **SEDONA**

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### **A PLACE TO GROW**

Phone: (928) 204-1340  
Address: 105 El Camino, Sedona, AZ 86336

### **PRECIOUS STONES PRESCHOOL**

Phone: (928) 282-4091 • Fax: (928) 282-5660  
Address: 390 Dry Creek Road, Sedona, AZ 86336  
E-mail: pspreschool@esedona.net

### **SEDONA: HEAD START**

Phone: (928) 204-2776  
Address: 570 Posse Ground Road, Sedona, AZ 86336

### **VILLAGE CHRISTIAN SCHOOL**

Phone: (928) 284-1762 • Fax: (928) 284-0134  
Address: 55 Rojo Drive, Sedona, AZ 86351  
E-mail: kimmyismyluckycharm@yahoo.com

## Are you thinking of having a baby?

Deciding to become pregnant is one of the most important decisions you will make in your life. It is important that you start taking care of yourself before you start trying to get pregnant. Ideally, a woman should give herself three months to prepare her body before getting pregnant. The five most important things you can do before becoming pregnant are:

1. Take 400 micrograms (400 mcg or 0.4 mg) of folic acid every day for at least three months before getting pregnant to lower your baby's risk of some birth defects of the brain and spine. Taking a vitamin with folic acid is the best and easiest way to ensure you're getting enough.
2. Stop smoking and drinking alcohol. Ask your doctor for help.
3. If you have a medical condition like asthma, diabetes, depression, or high blood pressure, be sure it is under control.
4. Talk to your doctor about any over-the-counter and prescription medications you are taking. These include dietary and herbal supplements. Some medicines are not safe during pregnancy. However, stopping medicines you need also can be harmful.
5. Avoid contact with toxic substances or materials at work and at home that could be harmful. Stay away from chemicals and cat and/or rodent feces.

## Congratulations! You're going to have a baby!

Now that you are pregnant, there are important things that you should do to help protect the health of your developing baby. You can take care of yourself and your baby by:

- Get early and regular prenatal care. Your doctor will check to make sure you and the baby are healthy at each visit.
- Take a multivitamin or prenatal vitamin with folic acid and iron every day. Getting enough iron prevents anemia, which is linked to pre-term birth and low birth weight.
- Don't smoke, drink alcohol, or use drugs. These can cause long-term harm or death to your baby.
- Ask your doctor before stopping any medicines or starting any new medicines. Keep in mind that even over-the-counter medicines and herbal products may cause side effects or other problems.
- Avoid X-rays. If you must have dental work or diagnostic tests, tell your dentist or doctor that you are pregnant so that extra care can be taken.
- Eat a variety of healthy foods to ensure that you and your baby get all of the nutrients you need. Also, be sure to drink plenty of fluids, especially water.
- Unless your doctor tells you not to, try to get at least two hours and 30 minutes of moderate-intensity aerobic activity a week.
- Don't take very hot baths or use hot tubs or saunas.
- Stay away from chemicals like insecticides, solvents, lead, mercury and paint (including paint fumes).
- Ask your doctor about childbirth education classes for you and your partner.

## Welcome home, newborn

Going home with a new baby is exciting, but it can be scary, too. Newborns have many needs, like frequent feedings and diaper changes. Your baby will go through many changes during the first year of life. Here are a few tips that can help parents feel confident about caring for their newborn.

- You should feed your baby on demand. A newborn baby usually needs to be fed every two to three hours in the first month, and less frequently as he or she grows older.
- Breast milk provides the best nutrition for your baby and helps build stronger immunity to illnesses.
- If you're breastfeeding, give your baby the chance to nurse about 10 to 15 minutes at each breast. If you're formula-feeding, your baby will most likely need about two to three ounces at each feeding.
- If your baby seems satisfied, produces about six wet diapers and several stools a day, sleeps well, and is gaining weight regularly, then he or she is probably eating enough. Talk to your doctor if you have concerns about your child's growth or feeding schedule.
- Introduce foods, such as baby rice cereal and apple puree, between four and six months of age. Ask your health care provider about when to introduce solids.
- A newborn will sleep for periods of three to four hours, for a total of 16 hours or more per day. Don't expect your baby to sleep through the night; the digestive system of babies is so small that they need nourishment every few hours.
- It's important to place babies on their backs to sleep to reduce the risk of sudden infant death syndrome (SIDS). Remove all fluffy bedding, quilts, stuffed animals and pillows from the crib to ensure that your baby doesn't get tangled in them or suffocate.
- Never shake your newborn. Shaking that is vigorous can cause bleeding in the brain and even death.
- Your baby needs to get a number of vaccinations within the first year that protect against 10 major childhood diseases. Consult your baby's doctor to receive the vaccinations at the recommended times.
- Don't allow smoking or smoke around your baby.
- Keep your baby out of the sun. Sunscreen should not be applied to infants younger than six months.
- Make sure your baby is securely fastened into his or her car seat and that the car seat is installed properly in the back seat, facing back.
- Change your baby's diaper frequently to avoid discomfort and diaper rash. A baby will dirty diapers about 10 times a day.
- Give your baby lots of love and attention. Respond to your baby with your eyes, your voice and your touch frequently. Talk and read to your child. It is not possible "spoil" a baby at this age.



***Your baby needs to get a number of vaccinations within the first year that protect against 10 major childhood diseases.***

## Caring for your young child

As your child grows, she will experience huge intellectual, social, and emotional changes. Your child will become increasingly independent and will explore and ask about her surroundings even more. Your child's personality and ways of thinking are being shaped by her experiences of the world.

- Provide a safe, loving and secure environment in which your child can grow.
- Read to your child every day.
- Help your child develop language skills by talking to her. Use complete sentences and help her to use correct words and phrases. Ask her to name body parts and objects.
- Make sure that your home is a safe place for your child to explore. Put sharp objects out of reach. Lock up medicines, household cleaners and poisons.
- Encourage your child to engage in pretend play. Playing with other children helps her learn the value of sharing and friendship.
- Always watch children near water. Don't leave, even for a moment.
- Take your child for routine physical check-ups. Your doctor will check that your child is experiencing normal growth and development. Get childhood vaccinations on schedule.
- Take your child to the dentist at about one year of age. Help them learn healthy habits like brushing teeth.
- It is recommended that you have your child's vision and hearing checked before they start school.
- It is recommended that children not be placed in a forward facing car seat until they are at least 1 year old and weigh more than 20 lbs. Children weighing between 40 lbs. and 80 lbs. should ride in a booster seat restrained with lap and shoulder belts. All children should ride in the back seat.
- Do not leave your child unattended in the car, even for a few minutes.
- Provide healthy food that provides the nutrients needed for your child to have energy, build strong bones and fight diseases. As your child grows, help her choose healthy meals and snacks.
- Keep your children active. Exercise strengthens muscles and builds bone. Find fun activities that the whole family can do together.

## Early care & education

Parents are a child's first and most important teachers. But many families must rely on some form of out-of-home care for their children. It's important to choose a child care center or home that provides quality education to your young child. Quality early care and education help prepare children for success in kindergarten, throughout their school years, and later in life. Quality programs are committed to continually improving. Look for centers that are accredited by a nationally recognized organization, such as National Association for the Education of Young Children (NAEYC) or American Montessori Society (AMS) or are participating in Quality First!, Arizona's new quality improvement and rating system.

## Support for strong families

Healthy, strong children rely on healthy, strong adults. Being a good parent is a big responsibility, but there are many organizations and services willing to help you with information, resources and support. We encourage you to get help when you need it. Remember, it's not just about you; there's a young child counting on you to be the best you can be.

## Five key ideas for new parents

You can help your child learn and be happier just by following these five simple guidelines:

### ***1. Take care of yourself so you can take care of your child***

Becoming a parent can be overwhelming and exhausting. Unless you take care of yourself, you will have a hard time taking good care of your child. For this reason, it is important to have support from friends, family or community organizations. Do not be afraid to ask for help caring for your child.

### ***2. Understand and respond to your baby's needs***

You can't "spoil" an infant, so go to her when she fusses or cries. By responding to your baby's cues, you teach her that you care about her needs and that she can trust you. Ignoring a baby's needs can do harm by causing stress levels to rise. You may not always understand your baby's cues, but be patient. This is a learning process for both you and your baby. If she likes what you are doing, you know you are getting it right.

### ***3. Talk, sing and read to your child***

Let your child hear your voice as much as possible. The young brain is especially interested in sound. You can form a deep emotional connection between you and your child by simply sharing the sound of your voice. Sounds are also important to a child because they are the building blocks of speech and language.

### ***4. Create a predictable world for your child***

Providing routines and expected responses gives your child a sense that the world is a trustworthy place. It also teaches him that he can depend on you. If your child understands this, he will spend less energy fussing over his needs and more time learning. Routines can include basic activities like feeding and bathing.

### ***5. Provide a warm and loving environment***

Helping your child feel safe and secure is the key to encouraging growth and development. A child who feels loved will have an easier time learning about the world around her. Therefore, make sure you interact with your child, providing love and affection.



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## AGENCY DESCRIPTIONS

### 2-1-1 ARIZONA

**CONTACT:**

Phone: 211 or 1-877-211-8661 • Fax: 602-263-0979  
Address: 2200 N. Central Ave., Suite 211, Phoenix, AZ 85004  
E-mail: [firstcall@cir.org](mailto:firstcall@cir.org) • Web site: <http://www.211arizona.org>

**MISSION:**

Community Information and Referral Services serves as Arizona's key source of integrated information that brings people and services together to meet vital needs.

**AGENCY SELF-DESCRIPTION:**

Provides English/Spanish bilingual information about and referrals to appropriate health and human services throughout Arizona. Follows up on some calls, identifies gaps in services and unmet needs, reports services requested and unmet needs assessment to legislators and municipal leaders, provides information about and referrals to local and national organizations helping with disaster relief and recovery efforts within Arizona and efforts outside of the state to which Arizonans are responding. Arizona Flu Shot Hotline refers people to flu shot clinics; Arizona Income Tax Assistance Hotline refers people to VITA and AARP tax assistance sites.  
*(Revised 10/12/2012)*

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### ARIZONA ASSOCIATION OF MIDWIVES

**CONTACT:**

Phone: (480) 773-0870  
Web site: <http://www.azassocmidwives.com>

**MISSION:**

To work in collaboration with other maternity care providers in an effort to improve overall prenatal outcomes in Arizona and to educate the public and other professionals regarding midwifery and home birth as a safe alternative in maternity care.

**AGENCY SELF-DESCRIPTION:**

Offers educational programs for midwives, related professionals and consumers. Provides referral for preconception planning, prenatal care, water birth, home birth and childbirth classes. *(Revised 11/7/2012)*

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### ARIZONA DENTAL FOUNDATION

**CONTACT:**

Phone: (480) 344-5777 or (800) 866-2732 • Fax: (480) 344-1442  
Address: 3193 N. Drinkwater Blvd., Scottsdale, AZ 85251  
Web site: <http://www.azda.org>, then log on to 'Find a Dentist'

**AGENCY SELF-DESCRIPTION:**

Provides free online referral information to assist parents in locating dentists who provide services to children, including children with special needs or phobias. *(Revised 11/1/2012)*

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## ARIZONA DEPARTMENT OF ECONOMIC SECURITY (DES)

### CONTACT:

Web site: <http://www.azdes.gov>

### CHILD CARE ADMINISTRATION

#### CONTACT:

##### *Cottonwood Office*

Phone: (928) 649-6892 • Fax: (928) 649-6889

Address: 1500 E. Cherry Street, Suite D, Cottonwood, AZ 86326

##### *Prescott Office*

Phone: (928) 277-2850 • Fax: (928) 277-2793

Address: 1519 W. Gurley Street, Suite 4, Prescott, AZ 86305

#### AGENCY SELF-DESCRIPTION:

DES Child Care assists eligible families with child care costs, enabling parents to be employed or obtain specific education and training related to employment.



### CHILD PROTECTIVE SERVICES

#### HOTLINE:

*Suspect abuse, report it now.*

Call Child Abuse Hotline (888) SOS-CHILD [(888) 767-2445]

#### CONTACT:

##### *Prescott Office*

Phone: (928) 277-2825 • Fax: (928) 277-2779

Address: 1519 W. Gurley Street, Suite 2, Prescott, AZ 86305

##### *Prescott Valley Office*

Phone: (928) 277-2600 • Fax: (928) 775-4502

Address: 3274 Bob Drive, Prescott Valley, AZ 86314

#### AGENCY SELF-DESCRIPTION:

The Child Protective Services program receives, screens and investigates allegations of child abuse and neglect. CPS also provides services designed to stabilize a family in crisis and to preserve the family unit.

### DIVISION OF DEVELOPMENTAL DISABILITIES

#### CONTACT:

##### *Cottonwood Office*

Phone: (928) 649-6883

Address: 1500 E. Cherry Street, Suite G, Cottonwood, AZ 86326

##### *Prescott Office*

Phone: (928) 277-2700 • Fax: (928) 277-2795

Address: 1519 W. Gurley Street, Suite 3, Prescott, AZ 86305

#### AGENCY SELF-DESCRIPTION:

Services help eligible individuals with developmental disabilities achieve self-sufficiency and independence. An array of home and community-based services, including information, referral and respite are provided. (Revised 11/7/2012)

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## ARIZONA DEPARTMENT OF HEALTH SERVICES

**CONTACT:**

Web site: <http://www.azdhs.gov>

**SMOKERS' HELPLINE****CONTACT:**

Phone: (800) 556-6222

Web site: <http://www.ashline.org>

**AGENCY SELF-DESCRIPTION:**

Telephone-based counseling and provisions of free materials to assist individuals to quit smoking. Web site offers information and tools to help people stop smoking.

**CHILDREN'S INFORMATION CENTER****CONTACT:**

Phone: (800) 232-1676

**AGENCY SELF-DESCRIPTION:**

Offers information about immunizations, dental care, services for children with special health care needs and Kids Care health insurance.

**FOLIC ACID PROGRAM****CONTACT:**

Phone: (602) 364-0216

Web site: <http://www.getfolic.org>

**AGENCY SELF-DESCRIPTION:**

Low-income women of childbearing age are provided free multivitamins containing folic acid.

**PREGNANCY AND BREASTFEEDING HOTLINE****CONTACT:**

Phone: (800) 833-4642

**AGENCY SELF-DESCRIPTION:**

Offers information about pregnancy and breastfeeding. Breast feeding calls are answered by Certified Lactation Counselors. Provides prescreening for Baby Arizona.

**WIC (WOMEN, INFANTS AND CHILDREN)****CONTACT:**

Phone: (800) 252-5942

**AGENCY SELF-DESCRIPTION:**

Offers information about the special supplemental food program in addition to locating the nearest WIC office or vendor complaints. *(Revised 11/6/2012)*

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## **ARIZONA DEPARTMENT OF HEALTH SERVICES Bureau of Women's and Children's Health, Office for Children with Special Health Care Needs (OCSHCN)**

### **CONTACT:**

Phone: (602) 542-1860 or 1 (800) 232-1676

Address: 150 N. 18th Ave., Suite 320, Phoenix, AZ 85007

E-mail: [OCSHCN@azdhs.gov](mailto:OCSHCN@azdhs.gov) • Web site: <http://www.azdhs.gov>

### **MISSION:**

To continuously improve comprehensive systems of care that enhances the health, future and quality of life for children and youth, their families and the communities in which they live. To maximize the health of children with special health care needs by building partnerships with families and professionals, both public and private, so that CYSHCN have the opportunity to reach their full potential.

### **AGENCY SELF-DESCRIPTION:**

OCSHCN works to promote and improve systems of care for children and youth with special health care needs (CYSHCN), their families, and the communities in which they live. OCSHCN maintains its critical Title V role by assisting families in accessing appropriate care and services for CYSHCN; promoting the increased involvement of families and youth within OCSHCN, other ADHS programs and other child-serving agencies; providing training on best practices related to medical home, cultural competence, pediatric to adult transition and family centered care; funding contracts for respite and palliative care, overnight stays that enable families to stay near their hospitalized CYSHCN and increased inclusion of CYSHCN in community-based wellness activities and health advocacy for their families. *(Revised 11/6/2012)*

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## **ARIZONA EARLY INTERVENTION PROGRAM HIGH COUNTRY EARLY INTERVENTION, INC. YAVAPAI COUNTY**

### **CONTACT:**

Phone: (928) 776-9285 • Fax: (928) 776-7753

Address: 3105 Clearwater Drive, Suite B, Prescott, AZ 86305

E-mail: [hceipinc@cableone.net](mailto:hceipinc@cableone.net) • Web site: <http://www.hceip.org>

For Web referral: <http://www.azdes.gov/azeip>

### **MISSION:**

We are dedicated to the belief that all children are capable of incredible growth despite any limitations they may presently be demonstrating. To this end, we strive to work with Yavapai County families with children (birth to age 3) to provide the best possible early intervention services available, without regard to degree of delay, income or race.

### **AGENCY SELF-DESCRIPTION:**

High Country Early Intervention, Inc. is contracted with AzEIP to provide EI services in a team-based approach to families, throughout Yavapai County, with children birth to age 3 who experience developmental delays or disabilities in accordance with State eligibility criteria. The program accepts referrals from a variety of referral sources (families, physicians, Community Health Nurses, CPS workers, etc.). Anyone can make a referral. To make a referral for your own child or another child, contact High Country Early Intervention, Inc. via one of the above methods. All referrals, no matter where the child lives in Yavapai County, go through HCEIP in Prescott. Referral, screening, evaluation and, if the child is found eligible, Individual Family Service Plan (IFSP) development is at no cost to the family. The IFSP is developed to identify needed services and supports to address a family's priorities, needs, and concerns related to supporting their child's development during daily activities. Ongoing services are provided by Developmental Specialists, Physical Therapists, Occupational Therapists and Speech Therapists. Families may be responsible to pay for a portion of the child's services, depending on income and family size. Many families find their percent to pay is zero. *(Revised 10/18/2012)*

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## ARIZONA FRIENDS OF FOSTER CHILDREN FOUNDATION

### CONTACT:

Phone: (602) 252-9445 • Fax: (623) 487-3392  
Address: 1645 E. Missouri Ave., Suite 220, Phoenix, AZ 85016  
E-mail: [grants@affcf.org](mailto:grants@affcf.org) • Web site: <http://www.affcf.org>

### MISSION:

Arizona Friends of Foster Children Foundation (AFFCF) is a nonprofit charity organized to promote the self-esteem and enrich the lives of Arizona's foster children by funding activities, education and other unique needs to provide them with quality experiences while they live through difficult circumstances. *(Revised 11/1/2012)*

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## ARIZONA HEALTH CARE COST CONTAINMENT SYSTEM (AHCCCS)

### AGENCY SELF-DESCRIPTION:

AHCCCS provides several health care insurance plans that provide medical coverage for doctor's office visits, physical exams, immunizations, prenatal care, hospital care and prescriptions. Individuals, pregnant women, and children who have little or no income, live in Arizona, and are U.S. citizens or qualified non-citizens, may be eligible.

### AHCCCS CARE

#### CONTACT:

Phone: (800) 528-0142 • Download application at: <http://www.azahcccs.gov/applicants> or apply online at: [www.healthEArizona.org](http://www.healthEArizona.org)

### KIDSCARE

#### CONTACT:

Phone: (877) 543-7669 • Download application at: [www.azkidsicare.gov](http://www.azkidsicare.gov) or apply online at: [www.healthEArizona.org](http://www.healthEArizona.org)

### BABY ARIZONA

**CONTACT:** Arizona Department of Health Services Pregnancy and Breast Feeding Hotline: (800) 833-4642

### AGENCY SELF-DESCRIPTION:

Baby Arizona is a simple, faster way for pregnant women to apply for AHCCCS medical coverage. Your first prenatal visit will be with a doctor who participates in the Baby Arizona program. Office staff will assist you in applying for AHCCCS medical coverage. Through Baby Arizona, women usually receive care while their application is being processed. *(Revised 11/6/2012)*

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## ARIZONA POISON & DRUG INFORMATION CENTER Pharmacy-Pulido Center

### CONTACT:

Hotline: (800) 222-1222 • Phone: (800) 222-1222 • Fax: (520) 626-2720  
Address: P.O. Box 210202, Tucson, AZ 85721-0202  
Web site: <http://www.pharmacy.arizona.edu/poisoncenter>

### MISSION:

The Arizona Poison & Drug Information Center at the University Health Sciences College of Pharmacy in Tucson provides a 24-hour free telephone service for relevant advice about poison, chemical and medication-related emergencies, referral assistance and complete information on poison and toxins, as well as poison prevention and safe use of medications.

### AGENCY SELF-DESCRIPTION:

Call for pamphlets about poisoning prevention, household hazards, venomous creatures, poisonous plants. *(Revised 10/15/2012)*

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## **ARIZONA POSTPARTUM WELLNESS COALITION (APWC) QUAD CITIES CHAPTER**

**CONTACT:**

Phone: (888) 434-MOMS (6667)

**AGENCY SELF-DESCRIPTION:**

Warmline volunteers provide phone support to new mothers. Calls are returned within three hours between 9 a.m. and 9 p.m. in English or Spanish. Mother-to-Mother pregnancy and postpartum adjustment support group began during summer 2009. *(Revised 11/6/2012)*

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## **ARIZONA SELF HELP**

**CONTACT:**

Web site: <http://www.arizonaselfhelp.org>

**AGENCY SELF-DESCRIPTION:**

An Internet-based program that estimates a family's eligibility for various state programs including: Cash and Nutrition Assistance; housing and utility assistance; health insurance from AHCCCS; and child care benefits. *(Revised 11/6/2012)*

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## **ARIZONA STATE SCHOOL FOR THE DEAF & THE BLIND**

**CONTACT:**

Phone: (928) 774-0655 • Fax: (928) 773-9229

Address: 1000 E. Butler Ave., Suite 115, Flagstaff, AZ 86001

Web site: <http://www.asdb.az.gov>

**MISSION:**

Committed to excellence in education of all children and youth with hearing or vision loss throughout Arizona. Committed to partnerships with families, school districts, communities and others that will enable children and youth with hearing or vision loss to succeed now and in the future.

**AGENCY SELF-DESCRIPTION:**

Provides services to families of children from birth to age 3 who have hearing or vision loss (vision impairment and blindness that is documented in a report from an eye doctor; hearing impairments and deafness that have been identified by an audiologist). Offers two programs to families and children living in Coconino, Yavapai and Mohave counties. *(Revised 11/1/2012)*

### **EARLY CHILDHOOD AND FAMILY EDUCATION**

Services are provided in the family's home and may include: information on the hearing or vision loss; supporting communicating with the infant/toddler; information on the child's development; and coordination with other community resources.

### **NORTH CENTRAL REGIONAL COOPERATIVE**

An educational partnership that assists in individual educational programs for students between the ages of 3 and 21. Certified teachers of the Blind and Visually Impaired, certified teachers of the Deaf and Hard of Hearing and qualified staff in the areas of Audiology, Orientation and Mobility, Sign Language and assessment and evaluation may be available to eligible students in the local school district programs. Audiological testing and vision screenings are available through age 3.

The Arizona State Schools for the Deaf and the Blind provides a variety of programs to children and youth from birth through 21 years of age who are blind or visually impaired, or Deaf/Hard of Hearing, throughout Arizona.

**SERVICES OFFERED:**

**Assessment:** Provides assessments for students and training for staff in assessment, communication, deaf-blindness, learning disabilities, low vision and multiple disabilities.

**Community Outreach Programs:** Does outreach to identify eligible students who might benefit from services offered.

**Computer Training/Assistive Technology:** Offers training in the use of assistive technology.

**Counseling:** Provides individual and group counseling. Refers for and provides consultation to other agencies for other counseling/social work.

**Daily Living Skills/Independent Living Skills Training:** Provides training in visual development, auditory/sensory, and independent living skills. Assigns rehabilitation counselor to students from State Blind Services as a part of Individual Transition Plan beginning at age 14.

**Early Intervention/Infant Services:** Early Childhood Education Program provides outreach services to families of children from the ages of birth to 5 years.

**Education Services:** Offers the following programs: grades K-12, college preparatory, general academic, vocational skill development.

**Employment/Job Training:** Provides pre-vocational evaluation, career and skill counseling, occupational skill development. Refers and provides consultation to other agencies for other employment services.

**Information and Referral:** Provides information about education of deaf and blind in Arizona. Refers to appropriate services.

**Libraries/Alternate Media and Learning Resources:** Maintains a library with services for use by blind/visually impaired.

**Low Vision Services:** Offers low vision and initial ophthalmological examinations. Provides low vision evaluation and follow-up. Prescribes and supplies low vision devices.

**Preschool Programs:** Preschool Programs for Visually Impaired Preschoolers (VIP) and Hearing Impaired Children (CHIC) provide early intervention services for Arizona's children, birth to 5, who have a diagnosed bilateral, permanent hearing loss and/or a medically diagnosed visual impairment.

**Recreation Services:** Offers clubs, outdoor education program, swimming, chorus, football, volleyball, basketball, wrestling, track and field, Special Olympics.

**Support for Parents:** Offers parent education and support groups. Performs psychological testing and evaluation.

**Travel/Orientation and Mobility:** Provides orientation and mobility training.

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## ARIZONA'S CHILDREN ASSOCIATION

**CONTACT:**

Phone: (928) 443-1991 • Fax: (928) 771-2351

Address: 440 N. Washington Ave., Prescott, AZ 86301

E-mail: [sgifford@arizonaschildren.org](mailto:sgifford@arizonaschildren.org) • Web site: <http://www.arizonaschildren.org>

**MISSION:**

Protecting children, preserving families since 1912.

**AGENCY SELF-DESCRIPTION:**

In-home family counseling; foster care and adoption; counseling and consultation; independent living services. Referrals from Child Protective Services, NARBHA, or Juvenile Probation Department are required. Free services available to the general public are Child Haven (crisis nursery in-home environment for children birth to age 6), substance abuse prevention parenting classes, and home visiting services for families who are pregnant and/or have children who are not old enough to enroll in Kindergarten.

**PARENTS AS TEACHERS**

Free home visitation program for families who are pregnant or have children who are not old enough to enroll in Kindergarten. Parents learn and practice skills to support their child's overall development, while addressing other areas of development, health, and parenting. Individualized programs are tailored to each family's strengths and needs. Group meetings with other parents are offered. Community supports are also utilized. (Revised 10/30/2012)



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## **BIRTH TO FIVE HELPLINE**

**CONTACT:**

Phone: 1-877-705-KIDS (5437)

Address: 2850 N. 24th Street, Phoenix, AZ 85008

**AGENCY SELF-DESCRIPTION:**

A toll-free number for all Arizona families with young children and parents-to-be, to call with questions or concerns about their infants, toddlers, and preschoolers. Call and talk to a child development specialist—it's free. *(Revised 11/6/2012)*

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## **BIRTHLINE**

**CONTACT:**

Phone: (928) 778-5683

Address: 808 Hillside, Prescott, AZ 86301

**MISSION:**

Assist women who are pregnant and need help. Non-judgmental; goal is to care for anyone who crosses our doorstep or calls.

**AGENCY SELF-DESCRIPTION:**

Clothing for children up to age 2, baby furniture, will loan crib with linens and car seat to grandparents for up to three weeks. Directory of services available, lending library (books, parenting videos), sometimes baby formula. Also coordinates with the WIC program at the Health Department. Provides pregnancy tests. *(Revised 11/7/2012)*

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## **BLANKETS 4 KIDS, INC.**

**CONTACT:**

Phone: (928) 541-0483 • Fax: (928) 443-7445

Address: 1130 W. Fawn Lane, Prescott, AZ 86305

E-mail: 4kid@cableone.net • Web site: <http://www.blankets4kids.org>

**MISSION:**

Blankets 4 Kids is devoted to providing comfort, warmth, and security to children who are in families that may not be able to provide these essential components. We provide a needy child with a blanket, hat, scarf and a stuffed animal.

**AGENCY SELF-DESCRIPTION:**

This organization donates thousands of these blankets, wrapped up in a roll with a scarf and hat inside, teddy bear's head sticking merrily out the top. What joy this brings to youngsters! No child in America should have to be cold. All children need a stuffed animal to snuggle and comfort them! We are on a mission to make sure every child that has a need to warmth and comfort will receive it.

Blankets 4 Kids works closely with 16 various children's agencies, distributing these "comfort items" to them so that may provide them to children in need. We also hold "Blanket-Thons" in the fall and winter months around the community and at Christmas time, where families who pick up a food basket from the Yavapai Food Bank can also receive these blankets and teddy bears directly. *(Revised 7/23/2012)*

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## **BUENA VISTA CHILDREN'S SERVICES**

### **CONTACT:**

Phone: (928) 646-5200 • Fax: (928) 646-5188  
Address: P.O. Box 1600 / 19 E. Beech Street, Cottonwood, AZ 86326  
E-mail: eml.bvcs@gmail.com • Web site: <http://www.bv-cs.org>

### **MISSION:**

Buena Vista Children's Services is a community-based nonprofit organization that designs, develops and implements model programs for children. Programs address emerging needs in the areas of child care, education, parenting, special needs, resource and referral. Buena Vista Children's Services fosters innovative programs and leadership to enhance the quality of life for children in Yavapai, Navajo and Apache counties.

### **AGENCY SELF-DESCRIPTION:**

**Corporate-Sponsored Child Care:** Verde Valley Medical Center partnership provides quality infant/preschool age child care to VVMC employees at a corporate discount and is also open to the public. Call Bright Futures Child Care (in Cottonwood across the street from VVMC) at (928) 649-1330.

**Discovery Connection Out-of-School Program:** Provides quality out-of-school time programs to children and youth in the Verde Valley utilizing a Multiple Intelligence based integrated curriculum. Discovery Connection provides a safe space for children during out-of-school hours offering academic support and opportunities for creative expression through the arts; developing the Whole Child. Programs located in Clarkdale at 1619 Main Street, (928) 301-9105; and 19 E. Beech St. in Cottonwood, (928) 649-1330.

**Quality Child Care Consultants:** Provide technical and hands-on assistance to the startup, development and management of quality child care programs.

**DES Certified Child Care Home Providers:** Department of Economic Security - Child Care Administration - Child Care Recruitment and Study in Yavapai County (2000-present) and Navajo and Apache Counties (2010-present), recruits and provides technical assistance to potential as well as seasoned home child care providers.

**Buena Vista Preschools:** Provides quality preschool programming to pre-K age children utilizing research-based curriculum aligned with Arizona State Standards and local public school curriculum including special needs and site-specific inclusion. Sites located in Clarkdale, (928) 301-9105; and Cottonwood, (928) 649-1330.

**Early Childhood Conference:** Annual conference held in February or March targeting issues related to young children. Buena Vista also provides monthly trainings targeted to emerging focuses in early childhood education.

**Children's Celebration:** An annual free event held in early April highlighting and promoting agencies that provide services for children and families. Event includes lots of hands-on activities for children and performances by local children, as well as a Kindergarten Fair, and more!

**Child Abuse Prevention Grant:** To provide the community with information and education about child abuse and child abuse prevention including Tax Check-off campaign, April Children's Celebration, an annual conference, and Blue Ribbon Campaign, as well as ongoing child advocacy efforts at the local, regional and state levels.

**Buena Vista Lending Library:** Buena Vista invites community members, early childhood educators and parents to utilize Buena Vista's vast resources in a professional and expanding library full of books and materials. This library is free and open to the public.

**Early Childhood Education Training:** BVCS provides FREE monthly trainings to those in the child care field in the Verde Valley. The training topics are related to early childhood care, education, and development. Participants receive trainings hours towards state licensing requirements.

**Parenting Education Classes:** Funded by First Things First through a grant with Community Counts, BVCS provides FREE parenting education classes and resources to residents in Yavapai county targeting parents with children birth to age 5.  
(Revised 10/31/2012)

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## CARING PRESENCE, THE

**CONTACT:**

E-mail: [info@caringpresence.com](mailto:info@caringpresence.com) • Web site: <http://www.caringpresence.com>

**Prescott Office**

Phone: (928) 771-0701 • Toll Free: (866) 771-0701  
Address: 1024 Willow Creek Road, Suite B, Prescott, AZ 86301

**Cottonwood Office**

Phone: (928) 639-2166 • Toll Free: (866) 639-2166



**AGENCY SELF-DESCRIPTION:**

Provides a variety of non-medical, in-home care services, such as: assistance for new moms, personal care, light housekeeping, meal preparation, laundry, companionship, incidental transportation, respite care, shopping, community resources information, and after-surgery care. (Revised 11/6/2012)

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## CASA CHILDREN'S CENTER, INC. / CASA CHILDREN'S CARE

**CONTACT:**

Phone: (928) 284-6868  
Address: P.O. Box 2523, Cottonwood, AZ 86323

**MISSION:**

To enhance the quality of life for dependent children, under court supervision, in the greater Verde Valley.

**AGENCY SELF-DESCRIPTION:**

Due to the drastic reduction of state funds designated to serve abused children, CASA Children's Center, Inc. (DBA CASA Children's Care), provides the necessary extras: clothing, camp, art/music/dance lessons, special tutoring, celebrations, transportation, etc. We are a 501(c)(3), all-volunteer organization. (Revised 10/31/2012)

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## CATHOLIC CHARITIES COMMUNITY SERVICES

**CONTACT:**

Web site: <http://www.catholiccharitiesaz.org>

**Prescott**

Phone: (928) 778-2531 • Fax: (928) 771-9531  
Toll Free (800) 859-2531  
Address: 434 W. Gurley Street, Prescott, AZ 86301

**Cottonwood**

Phone: (928) 634-4254 • Fax: (928) 639-4368  
Address: 736 N. Main Street, Cottonwood, AZ 86326

**MISSION:**

Helping our community's most vulnerable with solutions that permanently improve lives.

**AGENCY SELF-DESCRIPTION:**

Founded in 1933, Catholic Charities Community Services is one of Arizona's oldest and largest nonprofit organizations which offers a diverse range of social services that strengthen families, protect and nurture children and support people in crisis. Catholic Charities serves people of all ages and faiths. Catholic Charities is a member organization of Catholic Charities USA, which is the largest private network of social service organizations in the United States working to support families, reduce poverty and build communities. The organization is accredited by the Council on Accreditation of Children and Family Services. Our programs include

adoption and pregnancy counseling, counseling, community services, emergency shelter and transitional housing, homeless prevention, Family Partners, Arizona Families F.I.R.S.T., foster care, medical loan equipment, promoting healthy youth through North Star Youth Partnership, information and referral. Emergency financial and energy assistance benefits children and their families with food, emergency shelter and prescriptions. Paths of HOPE helps individuals and families improve their quality of life through resource building and financial stability.

**SERVICES PROVIDED:**

**HOUSING AND OUTREACH**

Contact office to obtain application. Emergency shelter and transitional housing apartments for the homeless. Waiting list may apply.

**COMMUNITY SERVICES**

Phone: Call or come to Prescott or Cottonwood offices. Financial assistance to assist with heating and cooling utility bills. Connect people with resources.

**FOSTER HOME/COMMUNITY ADOPTION SERVICES**

Phone: (928) 634-4254, ext. 54132

Recruitment, study and licensing and monitoring of foster/adoptive parents to provide a safe and healthy setting for children.

**PREGNANCY COUNSELING & CHILD PLACEMENT**

Phone: (888) 818-4445

A variety of services including pregnancy counseling, parent education and adoption. Available 24 hours a day.

**MEDICAL LOAN EQUIPMENT**

Phone: (928) 778-2531 in Prescott and (928) 634-4254 in Cottonwood

Wheelchairs, walkers, shower chairs, commodes and a variety of other durable medical equipment available for a nominal non-refundable deposit.

**ANGER MANAGEMENT CLASSES**

Phone: (928) 778-2531

Series of highly interactive classes for adults struggling with daily stress, anxiety and anger.

**NORTH STAR YOUTH PARTNERSHIP**

Phone: (928) 708-7214

A variety of afterschool programs, events and opportunities to help young people develop healthy, self-assured, positive and engaged youth.

**EMPOWERU**

Phone: (928) 778-2531 or (928) 634-4254

Free financial education to adults, teens and kids. *(Revised 10/29/2012)*

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## **CHILD AND FAMILY SUPPORT SERVICES**

**CONTACT:**

Phone: (928) 775-2500 • Toll Free (877) 775-2570 • Fax: (928) 775-2800

Address: 8652 E. Eastridge Drive, Suite 103, Prescott Valley, AZ 86314

Web site: <http://www.cfssinc.com>

**AGENCY SELF-DESCRIPTION:**

CFSS provides a full range of out-patient behavioral health services for children and families. Most services are provided in homes, schools, and the community. *(Revised 11/6/2012)*

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## CHILD CARE RESOURCE & REFERRAL

**CONTACT:**

Phone: (800) 308-9000 • Fax: (602) 244-2718  
Address: 3910 S. Rural Road, Suite O, Tempe, AZ 85282  
Web site: <http://www.azchildcare.org>

**AGENCY SELF-DESCRIPTION:**

Child Care Resource and Referral (CCR&R) educates parents about the importance of quality child care and assists them in finding child care. CCR&R provides information about available child care programs and providers and refers parents to child care based on each family's needs. All services are available at no cost. *(Revised 11/6/2012)*

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## CHILD HAVEN, A CRISIS NURSERY

**CONTACT:**

Phone: (928) 772-3435 or (888) 771-3435  
Address: 440 N. Washington Ave., Prescott, AZ 86301  
E-mail: [lmunn@arizonaschildren.org](mailto:lmunn@arizonaschildren.org) • Web site: <http://www.arizonaschildren.org/childhaven.htm>

**MISSION:**

Child Haven is a program of Arizona's Children Association: Protecting children, preserving families since 1912.

**AGENCY SELF-DESCRIPTION:**

Child Haven, a member of Arizona's Children Association family of agencies, is a crisis nursery for young children in Yavapai County whose families are facing extreme difficulties. Many times life circumstances can overwhelm parents and place children at risk. Child Haven's goal is to provide a place for families to turn to ensuring children are safe and families receive the support they need. It provides free, overnight shelter care. All of the children stay in the homes of volunteer licensed or certified Child Haven host families, and almost all of them are referred by their own families. It is the only program of its kind in Arizona. Child Haven host families care for children ages birth to six, and their older siblings up to age 10. The typical stay is one to three days, with arrangements made for extended stays on a case by case basis. Child Haven helps families for any number of reasons such as stress, illness, homelessness, respite or crisis. Child Haven also offers a variety of other services to support families in need including information and referral; free clothing room, diapers and formula; and intensive case management services for families in crisis. If you are a parent, grandparent or anyone raising children and you find you need help, please contact Child Haven. Child Haven volunteer host families are always needed and welcomed. For more information on becoming a Child Haven host family or volunteer, contact Child Haven. *(Revised 11/6/2012)*

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## CHILDREN'S REHABILITATIVE SERVICES (CRS)

**CONTACT:**

Phone: (602) 914-1520  
Address: 3141 N. 3rd Ave., Phoenix, AZ 85013  
Web site: <http://www.dmgcrs.org>

**AGENCY SELF-DESCRIPTION:**

Children's Rehabilitative Services (CRS) clinics provide coordinated services for Arizona's special needs children including diagnosis, surgery, hospitalization, rehabilitation, medication, and allied health services. Many families pay nothing or are covered by AHCCCS. *(Revised 11/6/2012)*

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## COALITION FOR COMPASSION AND JUSTICE (CCJ)

### CONTACT:

Phone: (928) 445-8382 • Fax: (928) 445-5316  
Address: P.O. Box 1882, Prescott, AZ 86302-1882  
E-mail: ccjdirector@gmail.com • Web site: <http://www.yavapaiccj.org>

### MISSION:

A community organization committed to meeting immediate needs, empowering people toward self-sufficiency and advocating for systemic change impacting the health and well-being of people in Yavapai County.

### AGENCY SELF-DESCRIPTION:

**Programs:** (See individual programs for more detail) **Circles of Support:** A family mentoring program to support low-income families. **Home Repair:** Providing emergency safety and health repairs to qualified low-income homeowners. **Open Door:** Providing emergency services to low-income families and those who are homeless.

### CIRCLES OF SUPPORT

#### CONTACT:

Phone: (928) 445-8382 • Fax: (928) 445-5316  
Physical Address: 505 W. Gurley Street, Prescott, AZ 86305 • Mailing Address: P.O. Box 1882, Prescott, AZ 86302-1882  
E-mail: ccjdirector@gmail.com • Web site: <http://www.yavapaiccj.org>

#### AGENCY SELF-DESCRIPTION:

Circles of Support mentors and supports families to transition from poverty to self-sufficiency. Highly-trained volunteers meet regularly with their Circle families, providing caring encouragement. Each Circle seeks to identify the family's current barriers to success, and helps them to set goals like a better job, education, transportation, and health care. The Circle then helps the family work toward gaining necessary resources to meet those goals.

### HOME REPAIR

#### CONTACT:

Phone: (928)-445-8382 • Fax: (928) 445-5316  
Address: P.O. Box 1882, Prescott, AZ 86302  
E-mail: [directorhomerepair@gmail.com](mailto:directorhomerepair@gmail.com) • Web site: <http://www.yavapaiccj.org>

#### AGENCY SELF-DESCRIPTION:

The Home Repair Program grew out of an awareness that a significant number of homes in the greater Prescott area do not provide their owners with minimum standards for health and safety. The Home Repair goal is to improve health and safety conditions for very low-income homeowners who are living in substandard, unsafe housing. Most clients are elderly, disabled or families with children and do not have the skills or financial means to improve their conditions. Using donated funds, materials and services, a volunteer workforce performs repairs or may contract work to local businesses. We are the only organization offering this kind of program in our area.

### OPEN DOOR

#### CONTACT

Phone: (928) 776-0353 • Fax: (928) 445-5316  
Address: 505 W. Gurley Street, Prescott, AZ 86301  
E-mail: [directoropendoor@gmail.com](mailto:directoropendoor@gmail.com) • Web site: <http://www.yavapaiccj.org>

#### AGENCY SELF-DESCRIPTION:

The Open Door Program provides low-income families and individuals with nutritious hot meals, food boxes, showers, clothing, toiletries, baby needs and mail service. Open Door partners with schools and other organizations to give children in need a Fair Start, providing them with backpacks, school supplies, books, personal hygiene items, underwear and socks. Through Warm for Winter, low-income children and adults are given winter clothing and household items, including coats, hats, gloves, socks and blankets.

*(Revised 10/29/2012)*

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## COMMUNITY COUNTS

**CONTACT:**

Phone: (928) 708-0100 • Fax: (928) 708-0553

Address: 8056 E. Valley Rd., Ste. B, Prescott Valley, AZ 86314

E-mail: [info@communitycountsaz.org](mailto:info@communitycountsaz.org) • Web site: <http://CommunityCountsAZ.org>

**MISSION:**

Community Counts is an umbrella organization which establishes and manages community programs that serve youth, individuals and families.

**AGENCY SELF-DESCRIPTION:**

Community Counts helps create non-traditional solutions to the unique challenges facing communities across Yavapai County. We help unite organizational efforts (across and between local communities), combine their resources, and obtain additional support for their worthwhile efforts. Community Counts sponsors the Yavapai County AmeriCorps Project and Parenting Education through First Things First. (Revised 10/16/2012)

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## COMMUNITY HEALTH CENTER OF YAVAPAI

**CONTACT:*****Prescott Health Clinic***

Appointment Line: (928) 583-1000

Address: 1090 Commerce Drive, Prescott, AZ 86305

Web site: <http://www.prescotthealthclinic.com>

***Cottonwood Health Clinic***

Appointment Line: (928) 639-8132

Address: 10 S. 6th Street, Cottonwood, AZ 86326

***Prescott Valley Health Clinic***

Appointment Line: (928) 583-1000

Address: 3212 N. Windsong Drive, 2nd floor, Prescott Valley, AZ 86314

**ELIGIBILITY:**

The Community Health Center of Yavapai (CHCY) provides health care to people regardless of their ability to pay. Individuals who are uninsured and financially eligible may pay a reduced rate based on a sliding fee schedule. CHCY will also bill AHCCCS if you have selected a community health center provider as your primary care doctor, Medicare Part B or other qualified private insurance. Patients are required to provide proof of address, income verification, and dependent information.

**REPRODUCTIVE HEALTH****AGENCY SELF-DESCRIPTION:**

Physical exams and contraceptive methods are available to women in their childbearing years. Services are free to women whose income is below 100% of the Federal Poverty Guidelines. For others, fees are charged according to a sliding fee schedule. Screening and treatment is provided to prevent the transmission of sexually transmitted diseases.

**PRENATAL CARE****AGENCY SELF-DESCRIPTION:**

Uninsured pregnant women receive comprehensive prenatal care for a reduced cost package fee. Patients are referred to local obstetricians for delivery services.

**PRIMARY CARE****AGENCY SELF-DESCRIPTION:**

Physicians and nurse practitioners provide routine medical care which includes diagnosis and treatment of acute and chronic conditions. Diagnostic services (lab and x-ray) necessary for treatment are provided. Patients of the CHCY are also able to access dental services and mental health counseling. (Revised 11/6/2012)

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## COMMUNITY PREGNANCY CENTER

**CONTACT:**

Web site: <http://www.cpcprescott.org>

**Prescott**

Phone: (928) 778-7654 • Fax: (928) 776-5994  
Address: 1124 E. Gurley Street, Prescott AZ 86301  
E-mail: [info@cpcprescott.org](mailto:info@cpcprescott.org)

**Prescott Valley**

Phone: (928)277-0869 • Fax: (928) 515-2269  
Address: 8561 E. Florentine, Prescott Valley 86314  
E-mail: [cpcprescottvalley12@gmail.com](mailto:cpcprescottvalley12@gmail.com)

**MISSION:**

Provide support for women who are in a crisis pregnancy or related problem.

**AGENCY SELF-DESCRIPTION:**

We provide free pregnancy testing, ultrasound examination, maternity clothing, baby clothing and accessories, pregnancy counseling, abstinence education and post-abortion support, sexual abuse groups. *(Revised 11/6/2012)*

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## COMPASSIONATE FRIENDS

**CONTACT:**

Chapter Name: Prescott's Compassionate Friends  
Phone: (928) 778-1950, ext. 13  
E-mail: [cmumford@cableone.net](mailto:cmumford@cableone.net)  
Via Prescott United Methodist Church

**AGENCY SELF-DESCRIPTION:**

Assists families to move toward positive resolution following the death of a child at any age, while providing information and support. *(Revised 11/7/2012)*

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## DEL E. WEBB FAMILY ENRICHMENT CENTER (Yavapai College)

**CONTACT:**

Phone: (928) 776-2111 • Fax: (928) 777-3137  
Address: 1100 E. Sheldon Street, Prescott, AZ 86301  
E-mail: [Vickey.Lamotte@yc.edu](mailto:Vickey.Lamotte@yc.edu) or [Connie.Reordan@yc.edu](mailto:Connie.Reordan@yc.edu) • Web site: <http://www.yc.edu/fec>

**MISSION:**

The Del E. Webb Family Enrichment Center provides a developmentally appropriate learning environment for children ages 3 months through 5 years, while serving as a laboratory school for students in the Early Childhood Education program at Yavapai College. The Center offers a quality program based on best practices, promotes parent involvement, and serves as a model for the broader community.

**AGENCY SELF-DESCRIPTION:**

We are a high quality early care and learning center that strives to provide each child with the individualized attention and support needed to grow and learn to their fullest potential. Each classroom features low group size, low staff to child ratios, experienced and knowledgeable teachers, and a rich and stimulating learning environment. We are open year round, Monday through Friday from 7:45 a.m. to 5:15 p.m. Although Yavapai College students receive enrollment priority, we also enroll children from the community. *(Revised 6/20/2012)*

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## DEVELOPMENTAL EDUCATION AND RESEARCH (DEAR INC.)

### CONTACT:

Phone: (928) 777-8844

Web site: <http://www.dearinc.org>

### AGENCY SELF-DESCRIPTION:

Education programs for parents of children with disabilities, professionals who work with children with disabilities, and community organizations. These programs focus on education strategies, current research, and medical issues related to successful living and learning. Phone consultations, mentor assistance at Individual Education Plan (IEP) meetings, parent support groups, social events.  
(Revised 11/6/2012)

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## EIGHT EDUCATIONAL OUTREACH/ASSET

### CONTACT:

Phone: (602) 496-1104 • Fax: (602) 496-8754

Address: 555 N. Central Ave., Suite 500, Phoenix, AZ 85004

E-mail: [asset@asu.edu](mailto:asset@asu.edu) • Web site: <http://www.azpbs.org/asset>

### MISSION:

As the educational arm of Eight Public Television, ASSET (Arizona School Services through Educational Technology) is a trusted Pre-K through 12th grade resource that uses the most innovative educational technologies to enrich the lives of students, educators, and parents through quality outreach programs and services that educate, inform, and inspire.

### AGENCY SELF-DESCRIPTION:

Eight Educational Outreach/ASSET is the educational outreach department of KAET–Eight Public Television. We specialize in supporting educators and students in the classroom, and families at home by creating and connecting quality PBS educational content to national and state academic and professional development standards. We help our constituents improve student performance through standards and research-based content that is relevant and engaging. We accomplish this through the power of noncommercial television, the Internet, radio, other media, outreach activities, and a variety of community-based initiatives. In partnership with PBS, Eight, and Arizona State University, ASSET serves as a trusted, independent catalyst for educational improvement. We serve our community and the Pre-K through 12th grade general education community with programs, workshops and educational resources including the following:

**KIP, Kindergarten In Progress (FREE Web site):** [www.asset.asu.edu/kip/index.html](http://www.asset.asu.edu/kip/index.html)

**Early Learning and Literacy Workshops:** [www.asset.asu.edu/new/ready\\_to\\_learn\\_workshop.html](http://www.asset.asu.edu/new/ready_to_learn_workshop.html)

**First Things First Early Literacy Workshops:** [www.asset.asu.edu/new/workshop.html](http://www.asset.asu.edu/new/workshop.html)

**Pre-K through 12 Educator Professional Development via PBS Teacherline, Onsite workshops, and Webinars:**

[www.asset.asu.edu/new/teacherline.html](http://www.asset.asu.edu/new/teacherline.html) or [www.asset.asu.edu/new/webinars.html](http://www.asset.asu.edu/new/webinars.html)

(Revised 11/7/2012)



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## **FAMILY RESOURCE CENTER, HUMBOLDT UNIFIED SCHOOL DISTRICT**

### **CONTACT:**

Phone: (928) 759-5104 • Fax: (928) 775-2648

Address: 6411 N. Robert Road, Prescott Valley, AZ 86314

E-mail: [pam.vandriel@humboldtunified.com](mailto:pam.vandriel@humboldtunified.com) • Web site: <http://www.humboldtunified.com>

### **MISSION:**

Provide support to the families, students, parents, community and staff members as a safe haven where people can get whatever assistance or referrals that they need. Identify, coordinate, and provide assistance and support for the students who comprise our “homeless” population.

### **AGENCY SELF-DESCRIPTION:**

Provide a safe haven to the families, students, parents, community and staff members where people can get whatever assistance or referrals they need. We also provide information on resources such as charities, food banks, shelters, medical assistance and DES assistance. The clothing bank provides clothing for infants through adults and is open Monday through Friday, 9 a.m. to 3 p.m. Community members are welcome to stop by to select what they need—all free (please call first). Donations of gently used children’s clothes and shoes are appreciated. Please call Pam at (928) 759-5104 before stopping by (to ensure the center is open). Parenting classes are offered, as well as numerous special classes on subjects such as growth and development of boys/girls and bullying, to name a few. Check the Web site at [www.humboldtunified.com](http://www.humboldtunified.com) under ‘parenting’ and then click on ‘workshops’ to see what is available for the current month. For information on the parenting classes and the Grandparent Support Group, you may contact Sylva Ducharme at (928) 759-5109. *(Revised 11/7/2012)*

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## **FAMILY RESOURCE CENTER, YAVAPAI REGIONAL MEDICAL CENTER**

### **CONTACT:**

Phone: (928) 771-5651 • Fax: (928) 759-5812

Address: YRMC Del E. Webb Outpatient Center, 3262 N. Windsong Drive, Prescott Valley, AZ 86314

E-mail: [bwisler-waldock@yrmc.org](mailto:bwisler-waldock@yrmc.org) • Web site: <http://www.yrmc.org>

### **MISSION:**

To provide developmental information, emotional support and community resources to families with newborns/young children in the surrounding quad-city area. This includes First Steps and Healthy Families. The Healthy Families program provides home visiting services. Prenatal enrollment available for Healthy Families Program.

### **AGENCY SELF-DESCRIPTION:**

We provide prenatal, infant and early childhood developmental information as well as family support activities to participating families. *(Revised 10/31/2012)*

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## **FOUR COUNTY CONFERENCE ON DEVELOPMENTAL DISABILITIES**

### **CONTACT:**

Phone: (928) 778-3391 • Fax: (928) 778-0298

Address: 325 N. Arizona Ave., Prescott, AZ 86301 • Mailing Address: P.O. Box 3262, Prescott, AZ 86302

E-mail: [4ccdd@commspeed.net](mailto:4ccdd@commspeed.net)

### **AGENCY SELF-DESCRIPTION:**

An advocacy group for persons with developmental disabilities and their families. Seminars, workshops, training opportunities, newsletters, lending library, and a toy library are offered. *(Revised 11/7/2012)*

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## **HIGH COUNTRY EARLY INTERVENTION, INC. DBA Karen A. Fay Therapies**

### **CONTACT:**

Phone: (928) 776-4349 • Fax: (928) 776-1369  
Address: 3105 Clearwater Drive, Ste. B, Prescott, AZ 86305  
E-mail: kfay@cableone.net • Web site: <http://www.hceip.org>

### **MISSION:**

We are dedicated to the belief that all individuals are capable of incredible growth despite any limitations they may presently be demonstrating. To that end we strive to work with Yavapai County's children and adults birth to 99 to provide Early Intervention and Therapy services via best practices, without regard to degree of delay, income, or race.

### **AGENCY SELF-DESCRIPTION:**

High Country Early Intervention, Inc. DBA Karen A. Fay Therapies, has expanded its service delivery to include individuals from birth to 99 providing Physical Therapy, Occupational Therapy, and Speech Therapy. We can serve clients through private pay, AHCCCS insurance billing, private insurance billing, and/or those enrolled with the DES: Division of Developmental Disabilities. High Country Early Intervention, Inc. is a non-profit agency that has been providing services since 1996. *(Revised 10/24/2012)*

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## **HOUSE OF RUTH PREGNANCY CARE CENTER**

### **CONTACT:**

Phone: (928) 634-0212 • (928) 634-1918  
Address: 1198 E. Mingus Ave., Cottonwood, AZ 86326  
E-mail: [houseofruth@qwestoffice.net](mailto:houseofruth@qwestoffice.net) • Web site: <http://www.cottonwoodpregnancy.com>

### **MISSION:**

The House of Ruth Pregnancy Care Center is a Christian ministry dedicated to serving pregnant women and to protecting the lives of unborn children. Our goal is to demonstrate the love of Christ by assisting with emotional, spiritual, and physical needs, enabling women to make healthy, life-affirming choices throughout pregnancy, delivery and beyond.

### **AGENCY SELF-DESCRIPTION:**

We provide free pregnancy testing, information and referrals. Through free parenting lessons, assistance is available for maternity and baby clothing, plus baby furnishings. The lessons start before birth and go through toddlerhood and beyond. *(Revised 8/15/2012)*

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## **LIFE CONNECTIONS, PREGNANCY RESOURCE AND REFERRAL**

### **CONTACT:**

Phone: (928) 227-3130  
Address: 654 W. Gurley Street, Prescott, AZ 86305  
E-mail: [lifecconnections@rocketmail.com](mailto:lifecconnections@rocketmail.com)

### **MISSION:**

Our mission is to serve all people who are struggling with making tough choices regarding an unintended pregnancy. This is accomplished through free, loving and non-judgmental support by our dedicated and caring volunteers.

### **AGENCY SELF-DESCRIPTION:**

Assistance provided to women who are pregnant and need help. Services include: free pregnancy testing, pregnancy counseling, providing accurate information about pregnancy options, post-abortion healing, and assistance with accessing community resources. *(Revised 10/18/2012)*

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## **MOMS CLUB OF PRESCOTT (Moms Offering Moms Support)**

### **CONTACT:**

Web site: <http://www.momsclubofprescott.webs.com>

### **MISSION:**

The goals of MOMS Club are: 1) to provide a support group for mothers who choose to stay at home to raise their children; 2) to provide a forum for topics of interest to mothers; 3) to help children in the community; 4) to perform at least one service project yearly helping needy children.

### **AGENCY SELF-DESCRIPTION:**

Some of our activities include (but are not limited to) playgroups, monthly business meetings, service projects, Mini Mozart's, Little Librarians, Moms Night Out, holiday parties, craft days, family events, and park days. Activities are scheduled on various days and times, and in various places, so hopefully something will work for you! Dues are \$20 per year, but may be reduced or waived for financial hardships. *(Revised 11/6/2012)*

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## **MOTHERS OF PRESCHOOLERS–MOPS**

### **CONTACT:**

Phone: (928) 445-4348 • Fax: (928) 445-8343

Address: 1085 Scott Drive, Prescott, AZ 86301

E-mail: [info@americanlutheran.net](mailto:info@americanlutheran.net) • Web site: [www.americanlutheran.net](http://www.americanlutheran.net)

### **AGENCY SELF-DESCRIPTION:**

The MOPS program benefits mothers with preschoolers. On the first and third Thursdays of each month during the school year, moms meet from 9:15 to 11:15 a.m. to visit with other moms, enjoy group activities, focus on teaching to help nurture their little one and have breakfast together while their preschoolers are cared for by trained volunteers in the Moppets program.

Fees: Annual membership fee applies payable at first meeting. Scholarships are available. *(Revised 7/26/2012)*

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## **NORTHERN ARIZONA COUNCIL OF GOVERNMENTS (NACOG) HEAD START**

### **CONTACT:**

Web site: <http://www.nacog.org/hs>

### **AGENCY SELF-DESCRIPTION:**

Head Start, a federally funded program, serves children zero to five years of age. The program addresses the needs of enrolled children and families by using the Head Start Performance Standards and locally designed service delivery systems. NACOG uses several program options to provide Preschool and Infant and Toddler services in seven Yavapai County communities and an additional 20 communities throughout northern Arizona. NACOG Head Start programs use a comprehensive approach to meet the needs of enrolled children and their families. The programs work with families to address the education, health, dental, and nutrition needs of young children and provide many opportunities for parents to become engaged and to empower their own growth and development. NACOG Head Start services are offered without charge to qualifying low-income families. *(Revised 2012)*

### **HEAD START**

(NACOG Head Start/EHS is dedicated to quality services and meeting the individual needs of children and families)

**Ash Fork Head Start**

Phone: (928) 637-1027 • Fax: (928) 637-2642  
Address: 450 W. Lewis Ave. / P.O. Box 374, Ashfork, AZ 86320  
E-mail: ash@nacog.org  
Web site: http://www.nacog.org/hs

**Camp Verde Head Start**

Phone: (928) 567-3182  
Address: 353 W. Apache Trail, Camp Verde, AZ 86322  
E-mail: campverde@nacog.org

**Chino Valley Head Start**

Phone: (928) 636-1076 • Fax: (928) 636-5098  
Address: 1985 N. Road 1 West, Chino Valley, AZ 86323  
Mailing address: P.O. Box 518, Chino Valley, AZ 86323  
E-mail: chino@nacog.org

**Clarkdale Head Start**

Phone: (928) 634-8308 • Fax: (928) 634-0493  
Address: 601 Black Hills Drive, Clarkdale, AZ 86324  
E-mail: yavapai@nacog.org

**Cottonwood Head Start**

Phone: (928) 634-8236  
Address: 270 E. Mingus, Cottonwood, AZ 86326  
E-mail: Cottonwood@nacog.org

**Prescott Head Start**

Phone: (928) 445-8534 • (928) 717-2058  
Address: 828 Rodeo Drive, Prescott, AZ 86305  
E-mail: Prescott@nacog.org

**Prescott Valley Head Start**

Phone: (928) 772-7726 • Fax: (928) 775-2876  
Address: 6955 Panther Path A, Prescott Valley, AZ 86314  
E-mail: pcvalley@nacog.org  
Web site: http://www.NACOGHeadstart.org

**Sedona Head Start**

Phone: (928) 204-2776  
Address: 221 Brewer Road, Suite 400, Sedona, AZ 86339  
E-mail: sedona@nacog.org

**Yavapai Head Start**

Phone: (928) 634-8308 • Fax: (928) 634-0493  
Address: 601 Blackhills Drive, Clarkdale, AZ 86324  
E-mail: yavapai@nacog.org

*(Revised 4/16/2012)*

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## PLANNED PARENTHOOD

**CONTACT:**

Phone: (928) 776-0420 • Fax: (928) 776-4145  
Hotline: (800) 230-PLAN (7526)  
Address: 7750 E. Florentine Road, Prescott Valley, AZ 86314  
Web site: http://www.plannedparenthood.org/ppaz/

**MISSION:**

Planned Parenthood promotes and protects every person’s freedom and right to enjoy sexual health and well-being, to make reproductive choices and build healthy strong families.

**AGENCY SELF-DESCRIPTION:**

Pregnancy options counseling, sliding scale for family planning services. Sports physicals, birth control, diagnosis and treatment of STI’s, pregnancy tests, medical abortion, mammogram referrals, and hormone replacement therapy.

*(Revised 11/6/2012)*



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## POSTPARTUM DEPRESSION INFORMATION LINE

**CONTACT:**

Phone: (928) 639-6157

For more urgent concerns, call AZ Postpartum Wellness Coalition Warmline (888) 434-MOMS (6667)

Web site: <http://www.mommymoods.net>

**MISSION:**

The Arizona Postpartum Wellness Coalition is dedicated to improving the pregnancy and postpartum experience for Arizona families through providing support for families and professionals, increasing awareness of the serious nature of perinatal mood disorders, and improving access to available screening methods, treatment options and resources in Arizona.

**AGENCY SELF-DESCRIPTION:**

A phone line offering information and referrals to new mothers and fathers experiencing depression and/or anxiety during pregnancy or after the birth of your baby. Please feel free to leave a confidential message and someone will return your call within 24 hours. *(Revised 11/6/2012)*

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## PREGNANCY RISKLINE

**CONTACT:**

Phone: Statewide (888) 285-3410

**AGENCY SELF-DESCRIPTION:**

Arizona Teratology Information Program is available to pregnant and lactating women, their families and health care providers. ATIP provides accurate and current information to callers about possible effects a drug or substance may have during a pregnancy or breastfeeding. Three part-time genetic counselors staff the pregnancy risk line Monday through Friday, 8:30 a.m. to 4:30 p.m. MST. *(Revised 11/7/2012)*

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## PRESCOTT AREA WOMEN'S SHELTER (PAWS)

**CONTACT:**

Phone: (928) 778-5933

Address: 336 N. Rush Street, Prescott, AZ 86301

E-mail: [pawsdirector@qwestoffice.net](mailto:pawsdirector@qwestoffice.net) • Web site: <http://www.prescottshelter.org>

**MISSION:**

Since we are a people who take hope seriously and believe in the innate worth of every human being, it is our job to take people from where they are and help get them where they want to go. The shelter provides basic resources to homeless/transitional women and children of Yavapai County. Our facility is an outreach program connecting guests to current outside resources.

**AGENCY SELF-DESCRIPTION:**

The Prescott Area Women's Shelter provides women and their children with nightly emergency shelter services. Guests must arrive between 5 and 6 p.m. for check-in procedures. Hours will be overnight, from 5 p.m. until 8 a.m. Women and their children (male children must be below the age of 12) will be admitted if they agree to abide by the rules and regulations of the shelter, are not intoxicated, and do not appear to be a danger to others. Guests are provided a hot meal, a shower, and access to telephone and Internet as well as information on community resources. *(Revised 11/5/2012)*

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## PREVENT CHILD ABUSE ARIZONA

### CONTACT:

Phone: (928) 445-5038

Address: P.O. Box 26495, Prescott Valley, AZ 86312

E-mail: [mail@pcaaz.org](mailto:mail@pcaaz.org) • Web site: <http://www.preventchildabuse.org>

### MISSION:

To prevent the abuse and neglect of Arizona's children.

**AGENCY SELF-DESCRIPTION:** PCA Arizona is one of 50 state chapters of Prevent Child Abuse America ([preventchildabuse.org](http://preventchildabuse.org)).

A statewide organization based in Prescott Valley, PCA Arizona promotes innovative, evidence-based prevention strategies for parents of young children at risk for maltreatment. PCA Arizona also provides state-of-the-art trainings for home visitors, health care providers, law enforcement and Child Protective Services personnel to increase their capacity to protect children from maltreatment.

### BEST FOR BABIES - YAVAPAI

**CONTACT:** Becky Ruffner • Phone: (928) 445-5038

**AGENCY SELF-DESCRIPTION:** A team of local child welfare stakeholders consisting of court personnel, foster parents, attorneys, parent aides, therapists, early intervention specialists, family support and public health meet monthly to increase shared knowledge of the unique needs of maltreated infants and toddlers, and to coordinate services for them and their parents aimed at improving outcomes.

### NEVER SHAKE A BABY ARIZONA

**CONTACT:** Nicole Valdez • Web site: [www.nsbaz.org](http://www.nsbaz.org)

**AGENCY SELF-DESCRIPTION:** Never Shake a baby is a statewide initiative to educate all parents of newborns about coping with crying and the dangers of shaking. In 2012-2013, almost 40,000 new parents will be educated by OB nurses in participating hospitals. In Yavapai, Verde Valley Medical Center is implementing Never Shake a Baby through funding from the Yavapai Regional Partnership of First Things First. Never Shake a Baby Web site provides practical advice for parents, caregivers as well as data and medical information on traumatic brain injury for community professionals. Monthly data reports show the number of new parents educated in each participating hospital.

### SMART SUPPORT/MENTAL HEALTH CONSULTATION IN CHILD CARE

**CONTACT:** Amy Chinook

Phone: 1-866-330-5520 • Web site: <http://www.swhd.org/training/early-childhood-training/smart-support>

**AGENCY SELF DESCRIPTION:** Smart Support is a unique program that partners early childhood mental health consultants with child care providers to promote the social and emotional development of all children in care, and help providers respond to children with behavioral challenges. Smart Support consultants work with you to design an individualized plan to meet your program's needs for children from birth to age 5. Services may include training, consultation, implementation of classroom strategies and resources or referrals for specific children or situations. Your plan may be short- or long-term, depending on need.

### YAVAPAI FAMILY ADVOCACY CENTER

**CONTACT:** Kathryn Chapman, Director

Phone: (928)775-0669 • Fax: (928) 759-0747

Address: P.O. Box 26495, Prescott Valley, AZ 86312

E-mail: [kathryn@yfac.org](mailto:kathryn@yfac.org)

**AGENCY SELF-DESCRIPTION:** Yavapai Family Advocacy Center seeks to minimize further trauma to victims of family violence by coordinating law enforcement, Child Protective Services, prosecution, and victim support services. Short-term counseling is provided for clients. Staff identify and assist in locating resources for victims. Support groups for survivors are held weekly. Childcare is provided. A 5-week Parent Support Group is available to parents whose children have been abused. *(Revised 10/30/2012)*

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## RAISING SPECIAL KIDS

**CONTACT:**

Phone: (800) 237-3007 or (602) 242-4366 • Fax: (602) 242-4306  
Address: 5025 E. Washington, Suite 204, Phoenix, AZ 85034  
E-mail: [info@raisingspecialkids.org](mailto:info@raisingspecialkids.org) • Web site: <http://www.raisingspecialkids.org>

**MISSION:**

The mission of Raising Special Kids is to improve the lives of children with disabilities by providing families with parent to parent support, training, information and individual assistance.

**AGENCY SELF-DESCRIPTION:**

With more than 30 years experience serving Arizona as a nonprofit, parent-led organization, programs are offered in English and Spanish to family members and professionals caring for children with special needs. Raising Special Kids is the Arizona Parent Training and Information Center, designated under Part D of the Individuals with Disabilities Education Act, and serves as Arizona's Family to Family Health Information Center. *(Revised 11/11/2012)*

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## REACH OUT AND READ ARIZONA

**CONTACT:**

Phone: (602) 532-0137  
Address: c/o Arizona Chapter of the Academy of Pediatrics, 2600 N. Central Ave., Suite 635, Phoenix, AZ 85004  
E-mail: [info@rorarizona.org](mailto:info@rorarizona.org) • Web site: <http://www.rorarizona.org>

**AGENCY SELF-DESCRIPTION:**

Reach Out and Read prepares America's youngest children to succeed in school by partnering with doctors to prescribe books and encourage families to read together. During the well child visit at participating clinics, children aged six months through 5 years are given a new book to keep and parents are advised to read aloud. Participating clinics in Yavapai County include: Yavapai County Community Health Centers in Prescott, Prescott Valley and Cottonwood, Cornerstone Pediatrics, Yavapai Regional Medical Center/ Partners for Healthy Students, Ponderosa Pediatrics & North Country Community Health Center/Ash Fork & Seligman Clinics. *(Revised 11/7/2012)*

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## SHRINERS HOSPITALS FOR CHILDREN

**CONTACT:**

Charles R. Leon  
Phone: (928) 632-9320  
Mailing Address: P.O. Box 25735, Prescott Valley, AZ 86312-5735  
E-mail: [ckleon1@yahoo.com](mailto:ckleon1@yahoo.com)

Bill Brown  
Phone: (928) 713-9536  
Mailing Address: P.O. Box 25735, Prescott Valley, AZ 86312-5735

**Shrine Hospital Clinic & Services**

Phone: (602) 231-0188 • Address: 522 N. 40th Street, Phoenix, AZ 85008  
Web site: <http://www.shrinershospitalsforchildren.org>

**MISSION:**

Offering medical help for children (age newborn to 18) to provide the highest quality care to those with neuromusculoskeletal conditions, burn injuries, missing limbs, spinal cord injuries, cleft lip and palate, within a compassionate family-centered and collaborative environment. To provide for the education of physicians and other health care professionals. To conduct research, to discover new knowledge that improves the quality of care and quality of life of children and families, without regard to race, color, creed, sex or sect. All care is provided regardless of the family's ability to pay. Go online to "Shriners Hospitals for Children" for additional information. *(Revised 10/12/2012)*

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## **SOUTHWEST HUMAN DEVELOPMENT**

### **CONTACT:**

Phone: (602) 266-5976

Address: 2850 N. 24th Street, Phoenix, AZ 85008

Web site: <http://www.swhd.org>

### **MISSION:**

Southwest Human Development is Arizona's largest nonprofit providing comprehensive services to young children and their families. Programs are based on the understanding that a child's earliest experiences and relationships establish the foundation for all future development--intellectual, social, emotional, physical and behavioral. Our goal is to give all children an optimal start in life.

### **AGENCY SELF-DESCRIPTION:**

**Birth to Five Helpline:** (877) 705-5437 is a FREE helpline for parents, families and caregivers of children ages birth to five. The Helpline is answered by early childhood development specialists who have access to the agency's full range of professionals including psychologists and pediatricians. An extension of the Helpline, the Fussy Baby Program provides telephone support for parents with babies who cry excessively during their first months of life. Helpline is staffed Monday through Friday from 8 a.m. to 8 p.m.

**Children's Developmental Center:** A new approach to helping children ages birth to 5 with developmental concerns, the center uses a blended model that combines the best of medical, developmental, and mental health treatments. Coordinated care by a team of pediatric specialists includes developmental pediatricians, psychologists, speech-language, occupational and physical therapists, and a dietician working together to provide one assessment, report and treatment plan. Specialties include autism, feeding and assistive technology. For more information call (602) 468-3430.

**Smart Support:** Partners early childhood mental health consultants with child care providers to promote the social and emotional development of all children in their care and if needed, help them respond to children exhibiting behavior challenges. Masters level professionals work with you to design an individualized plan to ensure children are engaged and learning, manage children's difficult behavior, improve communication with parents, enhance staff relationships and provide resources and referrals. Call for more information (866) 330-5520. *(Revised 7/31/2012)*

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## **STEP UP FOR KIDS**

### **CONTACT:**

Phone: (928) 458-6068

E-mail: [salli@cableone.net](mailto:salli@cableone.net) • Web site: <http://www.stepupkids.org>

### **MISSION:**

Step Up for Kids has a mission to support parenting in Prescott and beyond, and is committed to giving parents and children dignity as they engage in the community.

### **AGENCY SELF-DESCRIPTION:**

The founders of Step Up for Kids envision a community where children and their parents may live a dignified, supportive existence. Our vision is to ultimately create an aesthetically-pleasing drop-in center where new parents may go with their children to give and receive support during the emotionally rigorous times of post-partum-to-preschool parenthood. By creating and selling colorfully painted stepstools so that children may reach the sink to wash their hands, Step Up for Kids invites local businesses to pledge their support to an environment where the needs of a family are valued. Step Up for Kids offers greater community involvement in order to ease the challenges inherent to parenthood, and we collectively thrive as children develop healthy habits, and become increasingly self-reliant. As such, we are currently piloting a Mom-to-Mom support program in the home, to help new families adapt to their new, demanding role. *(Revised 11/7/2012)*

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## STEPPING STONES AGENCIES

### CONTACT:

Phone: (928) 772-4184 • 24/7 Helpline (928) 445-4673 (445-HOPE) • Fax: (928) 772-3944  
Address: 6719 E. 2nd Street, Suite A, Prescott Valley, AZ 86314  
E-mail: [hope@steppingstonesaz.org](mailto:hope@steppingstonesaz.org) • Web site: <http://www.steppingstonesaz.org>

### MISSION:

To provide 24-hour emergency shelter, advocacy and support services for women and their children who are victims of domestic violence, sexual assault or homelessness in West Yavapai County.

### AGENCY SELF-DESCRIPTION:

**Shelter:** We provide meals and daily essentials to women and their children while in our shelter. Upon completion of 96-hour emergency shelter assessment and intake, a woman and her children may be able to stay up to 120 days.

**Advocacy:** One-to-one and group educational and support programs, safety planning, legal and justice advocacy for women and children. Women not living at Stepping Stones may be able to attend educational programs. **Hotline:** 24-hour support line for women seeking help from a victimizing or dangerous situation: (928) 445-HOPE. *(Revised 11/7/2012)*

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## TEEN OUTREACH PREGNANCY SERVICES (TOPS)

### CONTACT:

Phone: (928) 772-5590 • Fax: (928) 772-5714  
Address: 8182 E. Florentine Road, Suite C, Prescott Valley, AZ 86314  
E-mail: [info@topsaz.org](mailto:info@topsaz.org) • Web site: <http://www.teenoutreachaz.org>

### MISSION:

To provide teen-specific pregnancy, childbirth, and parenting educational support so teens and their families can experience a positive outcome.

### AGENCY SELF-DESCRIPTION:

Teen Outreach Pregnancy Services (TOPS) is an innovative community-based Nurse managed health education nonprofit which provides pregnant and parenting adolescents education and supportive services. We cultivate caring relationships of mutuality with our teen moms as we work together to improve birth outcomes for their newborn and to improve the physical, emotional and intellectual growth and development of their child, from birth to age five. We offer holistic, integrated services: free pregnancy testing, Case Manager and Nurse Educator support, Healthy Pregnancy classes, Childbirth Education classes, Proactive Parenting classes, goal setting, action planning, Eminent Birth and Postnatal monitoring, home and hospital visits, support groups, Jensen's Corner (teen mom and baby store) and special events. We walk together each step of the way. Join the TOPS family--come, grow and serve as a teen mom or as a volunteer of any age. *(Revised 10/17/2012)*



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## THE SPOT...A CHILD'S MUSEUM

**CONTACT:**

Address: 3250 Gateway Blvd., Suite 144 - Prescott Gateway Mall, Prescott, AZ 86303

E-mail: [museum@thespotmuseum.org](mailto:museum@thespotmuseum.org) • Web site: <http://www.thespotmuseum.org>

**MISSION:**

The spot...a Child's Museum provides interactive play experiences to stimulate curiosity, creativity, critical thinking and problem solving for children of all ages. The spot...a Child's Museum fosters this mission by creating discovery through fun exploration, encouraging healthy family relationships, promoting community partnerships, and demonstrating respect for diversity.

**AGENCY SELF-DESCRIPTION:**

The spot... a Child's Museum—an emerging premier destination site for children and families. Located inside Prescott Gateway Mall, the museum is open every Friday and Saturday 1 to 5 pm. Just \$3 per person, children and adults enjoy self-guided experiences in STEM (Science, Technology, Engineering and Math) at our newest exhibit—Quantum Quizzics: Hands-on Science for Inquisitive Kids! Kids and adults can get enough of our Water, Air, Light, Wind, Magnets, Robots, Gears, Research, Recycling and more! *(Revised 11/3/2012)*

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## TRI-CITY PARTNERSHIP FOR SPECIAL CHILDREN AND FAMILIES

**CONTACT:**

Phone: (928) 772-5048

Web site: <http://www.tricitypartners@cableone.net>

**MISSION:**

Tri-City Partnership is parents partnering with professionals to improve the lives of children, adults and families with disabilities or special healthcare needs. Including but not limited to: Physical, Mental, Emotional, Behavioral, Learning, Developmental, Cognitive, Medical.

**AGENCY SELF-DESCRIPTION:**

We are a team of parents, family members of individuals with special needs, self advocates, community members and professionals who work with the disabled. After a season of being very active and involved in our community and our state, we are forced to slow things down a bit and are focusing primarily on passing information on to families and agencies about all the wonderful programs offered in our community.

Please contact: Jessica at [ma4girls@gmail.com](mailto:ma4girls@gmail.com), if you have information or events pertaining to the special needs population, that you would like included on this Web site or e-mailed out to our listserv. *(Revised 11/4/2012)*

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## UNITED WAY OF YAVAPAI COUNTY

**CONTACT:**

Phone: (928) 778-6605 • Fax: (928) 771-8858

Address: 634 Schemmer Drive, Suite 302, Prescott, AZ 86305

E-mail: [uwyc@cableone.net](mailto:uwyc@cableone.net) • Web site: <http://www.unitedwayyavapai.org>

**MISSION:**

To improve lives by mobilizing the caring power of the communities in Yavapai County through our Community Impact programs. Note: United Way of Yavapai County Information Network (UWIN) services became a part of the nationwide 2-1-1 referral service in February, 2012. *(Revised 11/1/2012)*

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## UNIVERSITY OF ARIZONA COOPERATIVE EXTENSION FAMILY CONSUMER SCIENCES

### CONTACT:

Phone: Lori Brandman (928) 445-6590, ext. 235 • Fax: (928) 445-6593  
Address: 840 Rodeo Drive, Building C, Prescott, AZ 86305  
E-mail: brandman@cals.arizona.edu • Web site: <http://extension.arizona.edu/yavapai>

### MISSION:

Educational programs in family and youth development help families become healthy and develop successful family relationships. Programs focus on young children and youth development, food safety, community development and leadership.

### AGENCY SELF-DESCRIPTION:

Early Brain Development Training for child care providers; Literacy Strategies for Parents of Infants and Young Children.  
(Revised 11/1/2012)

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## VERDE VALLEY GUIDANCE CLINIC, INC.

### CONTACT:

Phone: (928) 634-2236 • Fax: (928) 634-8960  
Address: 8 E. Cottonwood Street, Cottonwood, AZ 86326  
E-mail: richardd@vvgclinic.org  
Web site: <http://www.verdevalleyguidanceclinic.com>

### Satellite Locations:

Sedona: 2880 Hopi Drive, Sedona AZ 86336  
Camp Verde: 452 Finnie Flat Road, Camp Verde, AZ 86322

### MISSION:

The mission of the Verde Valley Guidance Clinic is to offer to those we serve an opportunity for recovery through hope, empowerment, partnership and compassion.

### AGENCY SELF-DESCRIPTION:

Since 1965, the dedicated and professional staff of the not-for-profit Verde Valley Guidance Clinic has provided behavioral health care services to the Verde Valley. Qualitative treatment services for children and adults are provided by highly competent, dedicated and professional staff in a confidential setting. (Revised 10/24/2012)



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## VERDE VALLEY MEDICAL CENTER

### CONTACT:

Phone: (928) 634-2251

Address: 269 S. Candy Lane, Cottonwood, AZ 86326

Web site: <http://www.VerdeValleyMedicalCenter.com>

### VVMC - Cottonwood

Phone: (928) 634-2251

Address: 269 S. Candy Lane, Cottonwood, AZ 86326

### VVMC - Sedona Campus

Phone: (928) 204-3000

Address: 3700 W. State Route 89A, Sedona, AZ 86336

Web site: [www.VerdeValleyMedicalCenter.com/SedonaCampus/OurServices](http://www.VerdeValleyMedicalCenter.com/SedonaCampus/OurServices)



### MISSION:

Verde Valley Medical Center will provide patients with exceptional care while transforming the health of the communities we serve.

### AGENCY SELF-DESCRIPTION:

From a small outpatient clinic in 1939, Verde Valley Medical Center in Cottonwood has grown into a full-service, 99-bed, nonprofit hospital serving North Central Arizona. Four locations serve the Verde Valley: Cottonwood, Sedona, Camp Verde and Village of Oak Creek. More than 800 professional and support staff are employed at VVMC. The medical staff is comprised of nearly 100 physicians representing 25 medical specialties. VVMC is accredited by DNV, licensed by the state of Arizona and certified by Medicare. VVMC is a member of Northern Arizona Healthcare, which also serves patients through Flagstaff Medical Center, Heart & Vascular Center of Northern Arizona, Cancer Centers of Northern Arizona Healthcare, Guardian Air, and Northern Arizona Homecare and Hospice.

### WOMEN AND INFANTS SERVICES:

At Verde Valley Medical Center, our medical professionals and certified services are dedicated to keeping you and your baby safe before, during and after delivery. We hold our Perinatal Services department to the highest standards, and feature state of the art equipment and specially trained physicians and nurses who are committed to their patients. Women's Surgical Services and Maternity and Family Services offered at VVMC include complete care to the mother and family.

VVMC's certified Level One Perinatal Center includes labor and delivery, obstetric, nursery and pediatric units. Board certified obstetricians and physicians are credentialed to provide obstetrical care, and all core staff members are cross-trained to labor and delivery, mother and infant, and the continuing care nursery. All nursing staff members are BLS, NRP and STABLE certified, with approximately one-third of the nursing staff ACLS certified.

### HEALTHY BABIES PROGRAM

Phone: (928) 639-6657 • Web site: <http://www.VerdeValleyMedicalCenter.com/OurServices/Maternity/Programs>

The Healthy Babies Program is an outreach support service provided by VVMC to assist parents who are expecting or have a new baby in their family. Babies don't come with instructions, but the nurses from VVMC's Healthy Babies program do! As you prepare for your baby's arrival, and after your baby is born, our experienced perinatal educators work with your physician to provide assessment, education and support for mothers making the transition from pregnancy to parenthood. All care and instructions are delivered in the familiar surroundings of your home. This program is provided by VVMC at no cost to all parents and babies we serve. Please call us to set up an appointment with you at your convenience. The appointment can be scheduled at your home or at the VVMC Perinatal Unit.

**Healthy Babies Prenatal Home Visit includes:** Nutritional and dietary needs review tips to keep you comfortable during pregnancy, ways to help you and your baby stay healthy, suggestions on how to prepare for your baby's arrival, information on recognizing the signs and symptoms of labor, and Information about community resources. During the prenatal visit, the Healthy Babies nurse also will provide information concerning community resources such as childbirth classes, a list of physicians, do a brief

assessment of the mother-to-be, and answer any questions and address any concerns you may have. **Mother/Baby Home Visit includes:** Assessment and care for you and your baby How to feed and bathe your baby, advice to help siblings and pets adjust to a new baby, instructions on child-proofing your home, breastfeeding support with a lactation consultation, skilled care for premature babies and newborns, as well as emotional support for you and your family.

In addition, your Healthy Babies nurse will follow-up with you and your baby once you return home. During the postnatal visit, your nurse will do a physical assessment of your baby, provide developmental information, and answer any questions you may have.

### **VERDE VALLEY PARENTING PARTNERSHIP**

The Verde Valley Parenting Partnership partners with Verde Valley parents to help meet their family needs. VVPP has established goals of fostering self-sufficiency; encouraging parent-child relationships; providing resources; addressing health, safety and developmental needs; and promoting literacy. Through early intervention, this home-based program is designed to assure healthy growth and development for infants and toddlers through age 5. Staff members will provide parenting information and education, developmental screening, professional counseling referrals, play groups and resources.



### **CHILDBIRTH EDUCATION**

Phone: (928) 639-6437 • Web site: [www.VerdeValleyMedicalCenter.com/OurServices/Maternity/Education](http://www.VerdeValleyMedicalCenter.com/OurServices/Maternity/Education)

Preparing for your baby's birth is an exciting time. This series of classes will help you understand the labor process and better prepare for the birth and caring of your infant. Our childbirth instructors are registered nurses who also work in the Labor and Delivery department at VVMC. We encourage you to begin your first class in your seventh month of pregnancy. Childbirth education classes are for you and your support person. Topics covered through the series include prenatal care, the labor process, breathing techniques, possible complications, the delivery process, breastfeeding techniques, and infant care.

### **FAMILY HEALTH PROVIDERS**

Web site: [www.VVMCFamilyHealthProviders.com](http://www.VVMCFamilyHealthProviders.com)

Family Health Providers (FHP) is a full-service healthcare practice with primary care providers in four clinic locations throughout the greater Verde Valley area. FHP includes physicians, physician assistants and nurse practitioners who specialize in family medicine and/or internal medicine. Services include immunizations and vaccines, preventive healthcare and women-specific services. FHP has four convenient locations:

#### ***Cottonwood***

Phone: (928) 634-5551

Address: Manzanita Plaza, 450 S. Willard Street, Suite 115928

#### ***Sedona VVMC***

Phone: (928) 204-4944

Address: 3700 W. State Route 89A

#### ***Camp Verde***

Phone: (928) 639-5555

Address: 460 Finnie Flats Road

#### ***Village of Oak Creek***

Phone: (928) 204-4999

Address: 61 Bell Rock Plaza

### **VERDE VALLEY MEDICAL CENTER - SEDONA CAMPUS**

Phone: (928) 204-3000 • Web site: [www.VerdeValleyMedicalCenter.com/SedonaCampus](http://www.VerdeValleyMedicalCenter.com/SedonaCampus)

For more than 15 years, Verde Valley Medical Center's Sedona Campus has provided high-quality healthcare to Sedona residents and visitors. The 43-acre campus on State Route 89A in West Sedona offers 24/7 emergency service, advanced cancer services and heart and vascular specialists. VVMC - Sedona Campus offers primary care offices staffed with board-certified internal medicine providers and a pediatric physician, and orthopedic physician offices. (Revised 11/6/2012)

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## **VOLANTÉ ACADEMY OF THE ARTS**

### **CONTACT:**

Phone: (928) 772-1218

Address: 6901 E. Horizon Lane, Prescott Valley, AZ 86314

E-mail: [volante@cableone.net](mailto:volante@cableone.net) • Web site: <http://www.volanteacademy.org>

### **MISSION:**

The academy's goal is to provide a special program of community outreach, offering quality training in the Fine Arts (music, art, dance and theater) for all ages. The program offers private lessons in piano, voice, guitar, strings and classes in dance, drama, guitar, visual arts; two choirs available for ages 4-18. Volanté Academy of the Arts is committed to making a positive impact on the lives of children, youth, and adults, and on the entire community, by offering quality education and training in the Fine Arts. Volanté Academy is a non-profit, after school program, offering all areas of the Fine Arts to children and youth of all ages, and to adults as well. The program offers its students the opportunity to develop their gifts and talents with opportunities to perform for audiences in the community. Lessons and classes are taught by experienced, talented instructors. The academy is centrally located, and serves students from the entire Prescott quad city area. For further information or to schedule, please call Jan Luke, Founder and Director, (928) 772-1218 or write to [volante@cableone.net](mailto:volante@cableone.net). (Revised 10/29/2012)

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## **WEST YAVAPAI GUIDANCE CLINIC**

### **CONTACT:**

Phone: (928) 445-5211 • Fax: (928) 445-9522

Address: 505 S. Cortez Street, Prescott, AZ 86303 • Address: 3343 N. Windsong Drive, Prescott Valley, AZ 86314

Web site: <http://www.wygc.org>

### **MISSION:**

A nonprofit agency providing high-quality behavioral health services in a professional environment that is sensitive to individual and community needs and resources. Since 1966 WYGC has exercised a leadership role in providing accessible and affordable services to individuals, families, organizations and the community.

### **AGENCY SELF-DESCRIPTION:**

West Yavapai Guidance Clinic provides treatment services to children that address mild, moderate and severe behavioral health problems, with emphasis on family intervention and community involvement. Services are available to AHCCCS-eligible children and families, and those meeting Arizona Department of Health Services eligibility requirements. Limited services are available to other populations. Services may include crisis intervention; psychiatric care; individual, family and group counseling; and direct support services. Crisis stabilization is available on an emergency basis. (Revised 7/30/2012)

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## **WOMBS (Women Offering Mothers Birth Support)**

### **CONTACT:**

Phone: (801) 528-1295 Laura Nyman

E-mail: [info@wombs.org](mailto:info@wombs.org) • Web site: <http://www.wombs.org>

### **MISSION:**

WOMBS facilitates access to doula services, and promotes positive birth and postpartum experiences and outcomes for women, infants, and families.

### **AGENCY SELF-DESCRIPTION:**

WOMBS is a group of birth and postpartum doulas who are trained in supporting women through birth and the postpartum period. Services for birth include education, emotional support, and suggestions for physical comfort. Postpartum doulas help with housework and with newborn care. Services are available throughout all of Yavapai County, and free or low-cost services can be provided. (Revised 9/11/2012)

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## YAVAPAI CASA FOR KIDS, INC.

### CONTACT:

Phone: (928) 445-0800 • Fax: (928) 445-9327

Address: P.O. Box 12457, Prescott, AZ 86304

E-mail: [dinahyasmine@gmail.com](mailto:dinahyasmine@gmail.com) • Web site: <http://www.YavapaiCASAforKids.org>

### MISSION:

The Mission of Yavapai CASA for Kids, Inc. is to serve the unmet needs of abused, neglected and/or abandoned youth up to age 21 who are or have been in the care of the Court and to support the work of the CASA program and the CASA volunteers.

### AGENCY SELF-DESCRIPTION:

Yavapai CASA for Kids has a number of programs that directly support youths who are wards of the Court. One of the largest of these is our Clothing Supplement Program, which provides annual clothing gift cards for all children in care, as well as emergency clothing cards for children who are removed from their homes with no clothing except what they are wearing. Another large program is our Grants for Kids, which provides money for necessary items or services that are not covered by State funding. CASA for Kids also maintains a Family Visiting Center for biological parents to enjoy supervised visits with their children while working toward reunification. Other services include a confidential Adoption Exchange Mailbox, Gift Cards for birthdays and other celebrations, and Christmas Gifts for all children in the care of the Courts. *(Revised 10/23/2012)*

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## YAVAPAI COLLEGE—RAISING A READER

### CONTACT:

Phone: (928) 776-2245 (Carolyn) or (928) 776-2306 (Le Anne) • Fax: (928) 771-4849

Address: 1100 E. Sheldon Street, Prescott, AZ 86301

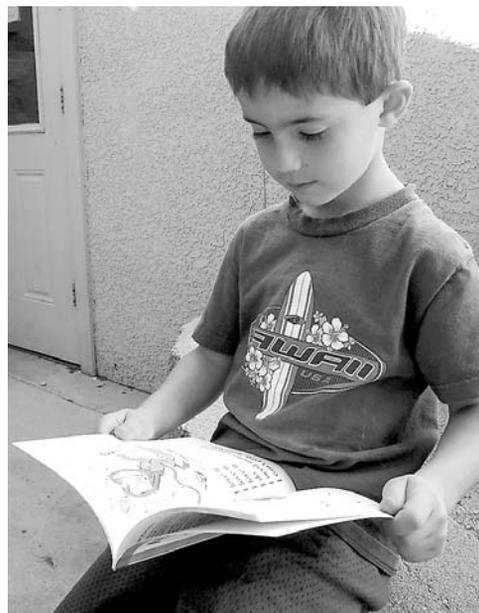
E-mail: [carolyn.shelley@yc.edu](mailto:carolyn.shelley@yc.edu) and [leanne.lawhead@yc.edu](mailto:leanne.lawhead@yc.edu)

### MISSION:

The Raising a Reader mission is to engage parents in a routine of daily “book cuddling” with their children from birth to age 5 to foster healthy brain development, parent-child bonding, and early literacy skills critical for school success.

### AGENCY SELF-DESCRIPTION:

Our early literacy program partners with childcare providers in the Yavapai Region to distribute and rotate book bags containing age appropriate books to be taken home by young children, ages birth to age 5, and shared by the families. Training is also provided to childcare professionals and parents on the importance of early brain development, the acquisition of language skills and simple book sharing techniques. At the conclusion of the book bag rotation cycle, families are also introduced to their local library with a special visit and library book bag. *(Revised 10/15/2012)*



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## YAVAPAI COUNTY COMMUNITY COALITIONS

### CHILD CARE COALITION

**CONTACT:**

Phone: (928) 776-0062

Address: 1100 E. Sheldon Street, Prescott AZ 86301

E-mail: cpemberon@azfff.gov

**AGENCY SELF-DESCRIPTION:** The Child Care Coalition is a grass roots organization that brings Child Care Providers together for support, camaraderie, and direct access to services and resources.

### HOME VISITING COMMITTEE

**CONTACT:**

Phone: (928) 776-0062

Address: 1100 E. Sheldon Street, Prescott, AZ 86301

**AGENCY SELF-DESCRIPTION:** The purpose of the Home Visiting Coalition is to create a collaborative countywide system of home visiting services that ensures families with young children receive support that best meets their needs.

### PARENTING EDUCATION COALITION

**CONTACT:**

Nikki Rosson

Phone: (928) 708-0100 • Fax: (928) 708-0553

Address: 8056 E. Valley Road, Ste. B, Prescott Valley, AZ 86314

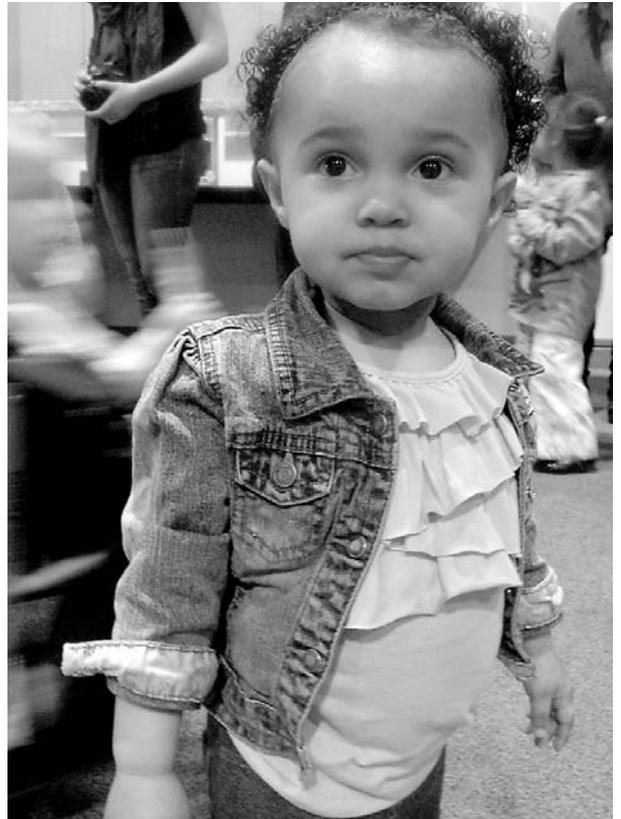
E-mail: info@ParentsAZ.org • Web site: www.ParentsAZ.org

**MISSION:**

To increase the quality and availability of, and access to, parenting education opportunities which will help to ensure that every child in Yavapai County has the quality parenting necessary for their health, success and safety.

**AGENCY SELF-DESCRIPTION:**

The Parenting Education Coalition (PEC) consists of a committed group of community members from a broad spectrum of areas including the Prescott Unified School District, Del E. Webb Family Enrichment Center, and various nonprofit agencies that help to raise community awareness and facilitate public outreach for parenting education issues. Our Web site offers a comprehensive calendar of parenting classes available throughout Yavapai County as well as resources for parents.



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## YAVAPAI COUNTY COMMUNITY HEALTH SERVICES

### CONTACT:

Web site: [www.yavapaihealth.com](http://www.yavapaihealth.com)

#### **Prescott Community Health Center**

Phone: (928) 583-1000

Address: 1090 Commerce Drive, Prescott, AZ 86305

Web site: <http://www.yavapaihealth.com>

#### **Cottonwood Community Health Center**

Phone: (928) 639-8132 • Fax: (928) 639-8195

Address: 1 Brian Mickelsen Parkway, Cottonwood, AZ 86326

Web site: <http://www.yavapaihealth.com>

#### **Prescott Valley Community Health Center**

Phone: (928) 583-1000

Address: 3212 N. Windsong Drive, Prescott Valley, AZ 86314

Web site: [www.yavapaihealth.com](http://www.yavapaihealth.com)

### MISSION:

Yavapai County Community Health Services will provide leadership, information and services that contribute to improving the health and well-being of Yavapai County residents.

### AGENCY SELF-DESCRIPTION:

Provide comprehensive support and services to pregnant women, their infants and children and all family members. A variety of primary care, home visiting, case management services are available.

### MEDICAL CARE/PRIMARY CARE

Medical care is provided through our federally funded primary care clinic, including immediate and chronic care, immunizations, dental services, and mental health services. Sliding fee scale is available and most insurance accepted. Three convenient sites located county-wide.

### ARIZONA SMOKERS' HELPLINE

Phone: (800) 556-6222 • Web site: [www.ashline.org](http://www.ashline.org)

Telephone-based counselling and provisions of free materials to assist individuals to quit smoking. Web site offers information and tools to help people stop smoking.

### WIC (WOMEN, INFANTS & CHILDREN SUPPLEMENTAL NUTRITION PROGRAM)

Phone: Prescott area: (928) 771-3138; Verde Valley area: (928) 639-8134

The WIC program provides nutritious foods, education about healthy eating, and community referrals. WIC serves pregnant, breastfeeding, and postpartum women, and infants and children under age five who meet WIC eligibility. Women participating in WIC also receive breastfeeding information and support through the Breastfeeding Peer Counselor Program.

### HOME VISITING PROGRAMS

#### **NURSE FAMILY PARTNERSHIP program**

Phone: Prescott/Quad Cities area: (928) 442-5478; Verde Valley: (928) 634-6851

The Nurse Family Partnership program brings a Registered Nurse into your home to answer your questions and provide support. This national program is available to 1st time pregnant women who are no more than 28 weeks along in their pregnancy. The RN will help you learn about your pregnancy, help you to get ready for labor/delivery, teach you about infant care, child health and development, and more! Teen moms are welcome!

#### **HEALTH START program**

Phone: Prescott/Quad Cities area: (928) 442-5478; Verde Valley: (928) 634-6849

Health Start is a wonderful home visiting program that connects pregnant women and/or women with a child under the age of 2 to an experienced Community Health Worker (CHW). Home visits are done to provide education and support about health, development, and safety. During home visits, the CHW will answer your questions about yourself and your child. The CHW can help to connect you with other needed services. (Revised 10/30/2012)

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## YAVAPAI REGIONAL MEDICAL CENTER (YRMC)

### CONTACT:

Phone: (928) 445-2700

Web site: <http://www.yrmc.org>

### *YRMC West Campus:*

Address: 1003 Willow Creek Road, Prescott, AZ 86301

### *YRMC East Campus:*

Address: 7700 E. Florentine Road, Prescott Valley, AZ 86314

### *YRMC Del E. Webb Outpatient Center:*

Address: 3262 N. Windsong Drive, Prescott Valley, AZ 86314

### *YRMC Wellness Center:*

Address: 930 Division Street, Prescott, AZ 86301

### *YRMC Women's Health Pavilion and Breast Care Center:*

Address: 7700 E. Florentine Road, Prescott Valley, AZ 86314

### MISSION:

To provide comprehensive, high-quality healthcare consistent with our communities' needs. We do this by creating a Total Healing Environment in which the people of YRMC work in partnership with patients and their families to provide peace of mind and peace of heart, as well as physical cure and comfort, because we understand the indivisible relationship that exists between body, mind and the human spirit.

### AGENCY SELF-DESCRIPTION:

YRMC's growing list of compassionate services include: Emergency Care, Inpatient and Outpatient Surgical Services, a full-service Laboratory, Respiratory Care, Physical, Occupational and Speech Language Therapy, and advanced Diagnostic Imaging. Our Partners for Healthy Students Program brings free health care services to school age children and their younger siblings who have no health insurance or are underinsured. And our Family Resource Center is here to help parents with the often complex task of raising a happy, healthy family through its progressive First Steps and Healthy Families programs.

### CHILDBIRTH CLASSES, TAUGHT AT YRMC EAST CAMPUS, PRESCOTT VALLEY

Preparation for Childbirth, families have a choice of the original six-week course, Just the Basics three-week course, or One More Time two-week class intended for families who have had previous child birth experience. Classes are open to all expectant families and are held on an ongoing basis at YRMC East Campus in Prescott Valley. Expectant mothers should plan to attend during their sixth or seventh month of pregnancy. Classes are available in English. Spanish language childbirth classes are provided by appointment. YRMC is also pleased to offer refresher course training for couples who have previously given birth but need to brush up on their skills. Please call for more information or to register. Call (928) 442-8800 for more information.

### PARTNERS FOR HEALTHY STUDENTS

Partners for Healthy Students is a school-based health service that provides basic medical and dental care to uninsured and underinsured children and their siblings at participating schools in the greater Prescott area. A Pediatric Nurse Practitioner delivers healthcare and the clinics are licensed by the state. Please call for more information. Call (928) 771-5662 for more information.



## FAMILY RESOURCE CENTER

No one is born knowing how to be a parent. Raising children in today's world can be a complicated process ... and one that presents a wide range of challenges on an almost daily basis. The Family Resource Center at Yavapai Regional Medical Center is here to help you with the often-complex task of raising a happy, healthy family. From educational materials to individual home visitations, the Family Resource Center offers the support you need to be a successful parent. To serve the needs of parents and their young children, we are pleased to offer residents of the greater Prescott area the following two voluntary programs at absolutely no cost. Call (928) 771-5651 for more information.

## FIRST STEPS

The First Steps program supports new families by providing a hospital visit after the baby's birth, warm line telephone follow-up calls and links to community resources.

## HEALTHY FAMILIES

The Healthy Families program provides intensive support and parenting education to new families by degreed family support specialists. Services include a hospital visit after the baby's birth, home visits prenatally and continuing until the child is five years old, individualized parent education, support groups, and links to community resources. (Revised 10/31/2012)



# Emergency Contact Information

### Emergency Services:

#### Police, Fire and Ambulance

911

#### Arizona Poison Control Center

(800) 222-1222

#### Birth to Five Helpline

(877) 705-5437

[www.swhd.org/get-help/](http://www.swhd.org/get-help/)

[birth-to-five-helpline](http://birth-to-five-helpline)

#### Child Abuse Hotline

(888) 767-2445

#### Child Care Resource & Referral

(800) 308-9000

or [www.azchildcare.org](http://www.azchildcare.org)

#### Stepping Stone Agencies

*Providing urgent, safe housing for women and their children affected by domestic violence*

24 Hour Help Line: (928) 445-4673

### ***In case of emergency please contact:***

**Parent/Guardian:** \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell/Home Phone: \_\_\_\_\_

**Friend/Relative:** \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell/Home Phone: \_\_\_\_\_

**Doctor:** \_\_\_\_\_

Work Phone: \_\_\_\_\_

Cell/Home Phone: \_\_\_\_\_

