Home Visitation Resource Guide

Present through June 30, 2010

This Guide is organized by First Things First Regional Partnership Councils. Find your Regional Partnership Council

FIRST THINGS FIRST
The right system for bright futures

FTF is funding additional Family Support strategies and will be added to this guide in the future.
This resource guide was developed in partnership with the organizations listed in the guide. Each organization provided the information listed for their organization.
**West Regions**

### Arizona’s Children Association

**Agency:** Arizona’s Children Association

**Program:** Bright Start

**Contact:** Cecilia Overly  (928) 680-4458

**Eligibility:**
Ages 0 -5, high risk, Mohave/La Paz

**Description:**
Bright Start services are based upon best practice models in the fields of child welfare, child development and behavioral health. The AzCA staff utilizes these models to teach budgeting, hygiene, nutrition, job readiness, housing search, life skills, coping skills, behavior management and parenting. Staff may also address specific topics that may be related to issues that impact one’s parenting: substance abuse, domestic violence, stress management and special needs children. In addition, staff follows the New Directions Institute’s Brain Box curriculum, designed to educate families on child development as well as teach brain stimulation to enable further development.

**# of Families Served by FTF Funding:**
60

### Child and Family Resources

**Agency:** Child and Family Resources

**Program:** Healthy Families of Mohave County

**Contact:**
- Laurie Holmquist (Kingman)  Phone: (928) 753-4410  Fax: (928) 753-4452
- Annette Munoz (Bullhead City)  Phone: (928) 758-9304  Fax: (928) 758-9304

**Eligibility:**
Families are screened and assessed for potential risk factors; Ages of Children Served: Eligibility by 3 months of age; Prenatal families are eligible for the program; Program length is 3-5 years.

**Description:**
The Healthy Families program provides in-home support services focusing on three major goals:
1. Enhancing family functioning through teaching problem-solving, providing community linkages, and crisis intervention.
2. Promoting positive parent-child interaction through modeling positive parent-child interaction, teaching families to respond to infant cues, and provision of emotional support.
3. Promoting child development education through the use of child development curriculum, provision of behavior management information and developmental screening using the Ages and Stages Questionnaire (ASQ). During weekly home visits, Family Support Specialists (FSS) provide assistance in developing parenting and coping skills. FSS utilize the Growing Great Kids (Great Kids, Inc.) curriculum as a primary source for activities to use during home visits. Role modeling, active problem solving, and empowering families to make good decisions are inherent in home-based planning.

**# of Families Served by FTF Funding:**
100
LaPaz/Mohave

<table>
<thead>
<tr>
<th>Agency:</th>
<th>Mohave County Department of Public Health</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program:</td>
<td>First Steps</td>
</tr>
<tr>
<td>Contact:</td>
<td>Angelica Pichardo</td>
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<tr>
<td></td>
<td>(928) 753-0714</td>
</tr>
</tbody>
</table>

**Eligibility:**
- Proposed population to be served in Kingman and Bullhead City only.
- Families with children ages 0-5; Pregnant women who qualify as: • First time mothers; • Teen mothers; • Low income families; • Parents with cognitive limitations; Families of children with Special health care needs/medical high risk; Parents at risk of child abuse and neglect; Grandparents as primary caretakers; Mothers who have been discharged from the Newborn Intensive Care Program (NICP)/Health Start programs.

**Description:**
The First Steps home visiting program utilizes a Public Health Nurse and Lay Health Worker to provide in-home family support services and case management services for pregnant women and families with children ages 0-5 in Bullhead City and Kingman. These in-home services for families include assessment tools that identify health and safety hazards as well as developmental screening using the Ages and Stages Questionnaire, referrals to appropriate health services, and activities to enrich the family environment by ensuring age-appropriate toys, books, and other resources are available for children.

**# of Families Served by FTF Funding:**
60

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LaPaz/Mohave

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<thead>
<tr>
<th>Agency:</th>
<th>Social Service Interagency of Lake Havasu City</th>
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<tbody>
<tr>
<td>Program:</td>
<td>Healthy Families of Arizona</td>
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<tr>
<td>Contact:</td>
<td>Shelley Fischer</td>
</tr>
<tr>
<td></td>
<td>(928) 453-5800 x 253</td>
</tr>
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</table>

**Eligibility:**
- In order to be eligible to enroll in the Healthy Families program, the family must be prenatal or have a baby three months of age or younger. Once enrolled the family may stay in the program until the child is five years old. We screen families for potential risk factors for child abuse and neglect before we are able to offer the program. We serve all of Lake Havasu City and Parker up to 40 miles from our site. The zip codes we serve are: 85344, 86403, 86404, 86505 and 86406. These areas are in Mohave/LaPaz Counties.

**Description:**
Healthy Families is a home visitation program designed to teach child development, support families, and provide community resource information and referrals. The home visitor will visit the family weekly to provide support with effective parent-child interactions, provide child development, nutrition, early literacy, and safety information, appropriate discipline skills, and encourage self-sufficiency through education, employment and goal setting. Services are designed to strengthen the families during the first five years of a child’s life when vital early brain development occurs. We also have a Fatherhood Now Program that will provide home visits to fathers or men that are enrolled in Healthy Families. The Fatherhood Now facilitator will also provide workshops and playgroups open to any male involved with a child age birth to five. This program will equip fathers and men with the self-awareness, compassion, and a sense of responsibility as they learn about the importance of fathering. Program goals are: To enhance parent/child interaction, promote child health and development, and prevent child abuse and neglect.

**# of Families Served by FTF Funding:**
85-95
### Choices for Teens

**Agency:** Child & Family Resources, Inc.

**Program:** Choices for Teens

**Contact:** Dede Wolf (928) 783-4003 x 18

**Eligibility:** Pregnant and Parenting Teens, 21 years of age and younger whose children are 0-5 and reside in Yuma County.

**Description:** The Choices for Teens program provides a continuum of services both in the home and in facility, individually and in groups. The services are delivered through ongoing case management on a weekly to twice-monthly basis, with the primary goal of preventing child abuse and neglect. The program meets these goals through the following: assist teens in becoming successful parents; education on their child’s physical, emotional, social, intellectual, and language development; offer support and guidance for life goals such as self-sufficiency and job readiness, family planning; information and referral to other agencies, and obtaining health care.

**# of Families Served by FTF Funding:** 85-100

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### Parent Awareness Program

**Agency:** Child & Family Resources, Inc.

**Program:** Parent Awareness Program

**Contact:** Lourdes Encinas (928) 783-4003 x 17

**Eligibility:** Pregnant and Parenting Families with children ages 0-5 residing in Yuma County.

**Description:** Families will learn how to provide quality learning environments within their own home, culture, family structure and community, that impact overall child development and provides a language and literacy rich environment for their children. Families will learn about community resources and how to access needed supports and health care for their children and family. Services are provided in home and through ongoing community education opportunities. There is strong emphasis on brain development and activities designed to promote healthy brain development. This is a short term program in which families participate for six months or less.

**# of Families Served by FTF Funding:** 300 annually
Yuma

Agency: The Excel Group
Program: Healthy Families - Primero Los Niños: Site 56
Contact: Silvia Castro (Program Supervisor) (928) 341-4218
Gabriela Felix (Family Assessment Worker) (928) 341-2334

Eligibility:
Healthy Families Program is offered to families who are expecting a baby or have a baby who is less than 90 days old. Services can continue for up to five years. Healthy Families is a home visiting program for at-risk parents. Healthy Families serves families in Yuma County. Service areas are: 85364, 85365, 85349, 85336, 85364, and other.

Description:
Healthy Families is a community program sponsored by the Excel Group. The program provides in home support to families during pregnancy and the first five years of a child’s life. Infants and toddlers are at the highest risk for the life long impacts of abuse and neglect. Healthy Families begins before risks overwhelm parents and provides long-term practical support throughout early childhood. Pregnant women are referred by community professionals, friends, or they self-refer. Healthy Families focuses on preventing child abuse and neglect, promotes child health, development and enhances parent-child relationships and overall family functioning.

# of Families Served by FTF Funding:
100 families

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Yuma

Agency: Yuma County Health Services District
Program: Smart and Healthy Families
Contact: Diana Gomez, Program Manager (928) 317-4580
Maria Chaira, Health Educator

Eligibility:
Parent and primary caretakers of children 0-5 years of age.
Residents of Yuma County: Classes will be offered in Wellton, Somerton, San Luis, and Yuma.

Description:
The primary goal of the program is to empower parents to build trust, relationships, and promote language and literacy in children ages 0-5. A secondary goal of the program is to create and support infrastructure to establish linkages between parents, public health and early childhood education agencies. The program will be implemented throughout Yuma County with community based classes offered in Wellton, Somerton, San Luis and Yuma. The home visitation program will consist of 12 visits. The initial intake and assessment will be 2.5 hours. Consequent visits will be 60-90 minutes. Additional visits and time will be allocated according to individual need.

# of Families Served by FTF Funding:
150+
## HOME VISITATION
*(Present - June 30, 2010)*

### Northeast Regions

#### Coconino

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<tr>
<th>Agency:</th>
<th>Coconino County Health Department</th>
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<tr>
<td>Program:</td>
<td>Coconino County Healthy Families Program</td>
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</table>
| Contact:             | Elena Mendoza  
                     | (928) 679-7219 |

**Eligibility:**
The Program enrolls pregnant woman and newborns under three months of age. The program serves a 40 mile radius of Flagstaff, excluding reservation areas and including Williams, Parks, Bellmont, Munds Park, etc.

**Description:**
The Coconino County Healthy Families Program is a community/relationship/strength-based, family-centered, culturally appropriate, free of charge, voluntary home visitation program serving at risk prenatal families and families with newborns through age five; addresses the immediate, health, safety and welfare of young child through primary prevention of abuse and neglect; and focuses primarily on parent/child interaction, promotion of health and development and promotion of early literacy and school readiness.

**# of Families Served by FTF Funding:**
Depending on the intensity of service (i.e., number of visits occurring weekly, bi-monthly, monthly or quarterly), a minimum of 42-75 families per month will receive home visiting services.

#### Coconino

<table>
<thead>
<tr>
<th>Agency:</th>
<th>Parenting Arizona</th>
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<tr>
<td>Program:</td>
<td>Parenting Arizona’s Home Visitation Program</td>
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</table>
| Contact:             | Sue Branch  
                     | (928) 587-8155 |

**Eligibility:**
Ages between 0-5 years; Serving Zip Code: 86047.

**Description:**
Parenting Arizona (PA) is implementing a Home Visitation Program that will promote health & development and improve school readiness for children age five or younger. The program is designed to teach child development, child health, effective parenting techniques and to provide linkage to community resources. Services are provided until the child turns 5 years of age. Support services include: Weekly, Bi-monthly or Monthly home visits; Child Development Education and Screening; Parenting Information; Emotional Support; Positive Play and Interaction; Short and Long Term Problem Solving; Referrals to Health and Community Services; Family Socials and Activities; and Book Lending Library.

**# of Families Served by FTF Funding:**
20
### Navajo/Apache

<table>
<thead>
<tr>
<th>Agency</th>
<th>Northland Therapy Services – Hummingbird Early Intervention – Summit Health Care Regional Center</th>
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</thead>
<tbody>
<tr>
<td>Program</td>
<td>Beautiful Beginnings</td>
</tr>
<tr>
<td>Contact</td>
<td>Joe Dorsey</td>
</tr>
</tbody>
</table>

#### Eligibility:
Children ages 0-5 living in Navajo or Apache County outside of Reservation Lands.

#### Description:
Beautiful Beginnings is for all families with children ages 0-5 years residing outside reservation lands in southern Navajo and Apache County. You will have the opportunity to visit with a trained developmental specialist. We desire to cultivate a healthy, safe and developmentally appropriate environment in which your child can grow and develop. We provide services that are based upon a culture of trust and respect. This includes maintaining confidentiality, open and honest communication between you and your home visitor, and an open dialogue concerning your needs and wants for your child’s development. We support the growth and development of all family members, building on each other’s strengths and convictions.

### # of Families Served by FTF Funding:

200+
HOME VISITATION
(Present - June 30, 2010)

Central East Regions
(includes Cochise)

Cochise

Agency: Arizona’s Children Association
Program: Bright Start
Contact: Judith Schmitt (520) 458-2131 x 101

Eligibility:
Birth to Five in Cochise County, except for Willcox area.

Description:
The Bright Start program, through Arizona’s Children Association (AzCA), is designed to provide a range of support services to families with children (birth to five), including parenting skills, instruction in child development, infant brain development, accessing health services, home management, job preparation, accessing community resources and emergency assistance. The program is intended to assist the family in expanding their skills and knowledge in these areas. The services provided are individualized based upon the family’s wishes/needs and the services requested by the referral source. An AzCA bachelor’s level parent aide provides in-home support and follow up for families for a 3 - 12 month period, depending on the needs of individual families. Parent Aide services focus on helping families to implement the skills they have learned into their everyday routines.

# of Families Served by FTF Funding:
60

Cochise

Agency: Child & Family Resources Inc.
Program: Building Bright Futures
Contact: Cindi Alva Phone: (928) 428-7231 x 27 Fax: (928) 428-7248

Eligibility:
The target population is families with children birth – 5 years of age living in Cochise County- within a 40 mile radius of Willcox. Services are aimed at families that exhibit multiple risk factors and vulnerabilities such as: pregnant and parenting teens, families experiencing mental health concerns, family violence, Child Protective Services' (CPS) involvement, criminal history, substance use, low income and/or not currently employed and/or unable to maintain stable housing.

Description:
Building Bright Futures offers a community-based, culturally appropriate family centered service that provides for child safety, school readiness and the enhanced ability for families to create a stable and nurturing home environment. Services are delivered to the family through home visitation services. All services to families are free and voluntary. Program staff work with families to build on the individual assets and strengths of the family. Goals and services are established in partnership with the family. Services begin with a minimum of weekly home visits to ensure that the family establishes a strong base of support. Services reduce in intensity as the family progresses in their strengths and become increasingly more independent and able to express positive outcomes for their family.

# of Families Served by FTF Funding:
88
## Cochise

**Agency:** Cochise County Health Department  
**Program:** Adolescent Maternal Child Health Program  
**Contact:**  
- **Willcox/Benson**  
  Beverly Eskue (beskue@cochise.az.gov)  
  **Douglas Area**  
  Letty Martinez (imartinez@cochise.az.gov)  
  & Debbie Olivarria (dolivarria@cochise.az.gov)  
  **Sierra Vista Area**  
  Margarita Macedo (mmacedo@cochise.az.gov)  
  **Bisbee Area**  
  & Margarita Macedo (mmacedo@cochise.az.gov)  
  **Fatherhood Program (Countywide)**  
  Brian Roorda  
  **Administration**  
  Robin Falconer  
  **Phone:** (520) 384-7102  
  **Phone:** (520) 805-5617 \& (520) 805-5602  
  **Phone:** (520) 383-3906/3907  
  **Phone:** (520) 803-3906  
  **Phone:** (520) 432-9451  
  **Phone:** (520) 432-9436  
  **Fax:** (520) 384-0309  
  **Fax:** (520) 364-5453  
  **Fax:** (520) 459-8195  
  **Fax:** (520) 432-9479  
  **Fax:** (520) 432-9480  
  **Fax:** (520) 432-9480  

**Eligibility:**  
Families from prenatal until the age of 6 may participate. The program is county-wide, covering all of Cochise County.

**Description:**  
The Cochise County Adolescent Maternal Child Health Program (AMCH) serves families throughout the county through a community health worker (CHW) program. CHWs come to your home or wherever you choose to meet and provide medically accurate information on pregnancy, child-rearing and life skills. The CHWs provide a support system for families through services such as home safety checks, community resource information and referral, and developmental checks for children. The new fatherhood program serves fathers throughout the county who seek more information on the most important job they will ever have - being a father. This will be accomplished through home visits, presentations and workshops.

**# of Families Served by FTF Funding:**  
The program is contracted to serve 150 new families and 100 fathers through June 30th, 2010.

## Gila

**Agency:** Pinal Gila Community Child Services  
**Program:** Home Visitation  
**Contact:** Sara Maestas  
  **Phone:** (520) 723-1227  

**Eligibility:**  
- **Ages Served –** Pregnant Women, Birth to Three.  
- **Communities Served:** Globe, Miami, Young, Gisela, Payson, Pine, Star Valley.

**Description:**  
Weekly Home Visits address Family Services (Basic Needs, Parenting, Goal Setting, Health Services, \& Self Sufficiency). Child Services (Developmental Assessments, Nutrition, Health Services, Literacy).

**# of Families Served by FTF Funding:**  
15
Graham/Greenlee

Agency: Child & Family Resources Inc.
Program: Building Bright Futures
Contact: Cindi Alva, Phone: (928) 428-7231 x 27, Fax: (928) 428-7248

Eligibility:
The target population is families with children birth – 5 years of age living within Graham or Greenlee Counties. Services are aimed at families that exhibit multiple risk factors and vulnerabilities such as: pregnant and parenting teens, families experiencing mental health concerns, family violence, Child Protective Services' (CPS) involvement, criminal history, substance use, low income and/or not currently employed and/or unable to maintain stable housing.

Description:
Building Bright Futures offers a community-based, culturally appropriate family centered service that provides for child safety, school readiness and the enhanced ability for families to create a stable and nurturing home environment. Services are delivered to the family through home visitation services. All services to families are free and voluntary. Program staff work with families to build on the individual assets and strengths of the family. Goals and services are established in partnership with the family. Services begin with a minimum of weekly home visits to ensure that the family establishes a strong base of support. Services reduce in intensity as the family progresses in their strengths and become increasingly more independent and able to express positive outcomes for their family.

# of Families Served by FTF Funding:
55

Pinal

Agency: Pinal Gila Community Child Services
Program: Home Visitation
Contact: Sara Maestas, Phone: (520) 723-1227

Eligibility:
Ages Served – Pregnant Women, Birth to Three.
Communities Served: Ak-Chin, Mammoth, Maricopa, Oracle, Picacho, San Manuel, Stanfield, Superior, Toltec.

Description:
Weekly Home Visits address Family Services (Basic Needs, Parenting, Goal Setting, Health Services, & Self Sufficiency). Child Services (Developmental Assessments, Nutrition, Health Services, Literacy).

# of Families Served by FTF Funding:
100
Central Pima

**Agency:** Amphi Parents as Teachers

**Contact:** Dina Gutierrez (520) 696-6940

**Eligibility:** Families must reside within the Central Pima region and either be a prenatal family or have children ages birth to 5.

**Description:**
Amphi Parents as Teachers (Amphi PAT) is a free parent education and family support program serving families throughout pregnancy until their child enters kindergarten. Parents are supported by PAT certified parent educators trained to translate scientific information on early brain development into specific when, what, how and why advice for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child’s language development, intellectual growth, social development and motor skills. As a long-term goal your child’s school readiness and school success will increase. As an Amphi Parents as Teachers family, you will receive:
- Monthly personal visits by a certified parent educator
- Group meetings with other parents. Meetings will provide information on age-appropriate topics and opportunities to meet other parents
- Stay and Play Time offered once a month
- Screening of child’s vision, hearing, and development
- Community Resource Referrals.

**# of Families Served by FTF Funding:**
20

Central Pima

**Agency:** Casa de los Niños The Parent Connection, in partnership with Easter Seals Blake Foundation

**Program:** Nurse Family Partnership and Raising Healthy Kids

**Contact:** Rosie Dyer (520) 624-5600 x 506

**Eligibility:**
- Raising Healthy Kids-Central Pima zip code region, need to have a child under the age of 5
- Nurse Family Partnership-Central Pima zip code region, poverty level income, first time pregnant moms, < 28 weeks pregnant.

**Description:**
Family Nurse Visitation/Raising Healthy Kids Home Visitation Program offers long term home based family support and parent education services to families with children ages pre-natal to 5 years. Family support services are preventive in nature and address the immediate health, safety and welfare needs of the children.

**# of Families Served by FTF Funding:**
500
Central Pima

Agency: Parent Aide Child Abuse Prevention Center (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)
Program: Parent Partners™ Program
Contact: Tiffany Chipman (520) 798-3004

Eligibility:
It is a voluntary program, so a family must be willing to participate, have a child age 0-5 years old in the home, and must not have an open Child Protective Services' (CPS) case and reside within the Central Pima region.

Description:
Professional Staff are partnered with distressed families in the community to support them in strengthening their family through education and family support. Staff work with each family to identify their desired goal areas, and then provide tools, instruction and support to each family which aid in meeting their goals. Through this partnership, families strengthen parenting skills, increase knowledge of child development, enhance family communication, develop a sense of self-sufficiency, improve their support system and much more.

# of Families Served by FTF Funding:
7
### Southeast Regions

#### Central Pima

<table>
<thead>
<tr>
<th>Agency</th>
<th>Teen Outreach Pregnancy Services (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)</th>
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<tbody>
<tr>
<td>Program</td>
<td>Teen Outreach Pregnancy Services</td>
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<tr>
<td>Contact</td>
<td>Laura Pedersen (520) 888-2881</td>
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</tbody>
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**Eligibility:**
Pregnant and/or parenting teens aged 12-21 and their children through age 5 in the Central Pima region.

**Description:**
Teen Outreach Pregnancy Services (TOPS) pregnant teens attend 16 hours of Healthy Pregnancy and Childbirth Education classes and receive ongoing case management throughout their pregnancy, delivering babies greater than 5.5 pounds and 37 weeks gestation. TOPS parenting teens receive 16 hours of parenting education (Proactive Parenting), post-partum exercise and support (Shape UP), and Family Support Group. Supportive services for the adolescent family include case management, mentoring, peer support, father/family involvement and home visits conducted by a Registered Nurse. Teens may continue to receive services until they reach age 22 or their child is over 5.

**# of Families Served by FTF Funding:**
By June 30, 2010, up to 150 pregnant teens and up to 150 parenting teens will have enrolled in TOPS services and received education and support.

#### Central Pima

<table>
<thead>
<tr>
<th>Agency</th>
<th>The Parent Connection, a member agency of Arizona’s Children Association (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)</th>
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<tbody>
<tr>
<td>Program</td>
<td>Kim Metz</td>
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<tr>
<td>Contact</td>
<td>Ask for Parents as Teachers (520) 321-1500</td>
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</tbody>
</table>

**Eligibility:**
Must live in the Central Pima region either be a prenatal family and/or have children ages birth to 5.

**Description:**
The programs and services offered at The Parent Connection are invaluable to promoting the well-being and resiliency of families in our community. There are several formats to choose from: Play-based Parenting Groups; Parenting Classes; and Parents as Teachers. Each format incorporates the concepts of mutual respect between family members as well as fun and engaging activities that promote child development and positive parenting techniques. In addition, a menu of specialty services is provided that include Infant massage, CPR, Newborn baby care, Sign with your baby, One-on-one parenting consultation and more.

**# of Families Served by FTF Funding:**
20 parents plus 30 parents through parent groups.
North Pima

<table>
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<tr>
<th>Agency:</th>
<th>Amphitheater Public School District (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)</th>
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<tr>
<td>Program:</td>
<td>Amphi Parents as Teachers</td>
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<tr>
<td>Contact:</td>
<td>Dina Gutierrez (520) 696-6940</td>
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Eligibility:
Families must reside in the Amphitheater School District, within the North Pima region, and either be a prenatal family or have children ages birth to 5.

Description:
Amphi Parents as Teachers (Amphi PAT) is a free parent education and family support program serving families throughout pregnancy until their child enters kindergarten. Parents are supported by PAT certified parent educators trained to translate scientific information on early brain development into specific when, what, how and why advice for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child’s language development, intellectual growth, social development and motor skills. As a long-term goal your child’s school readiness and school success will increase. As an Amphi Parents as Teachers family, you will receive: • Monthly personal visits by a certified parent educator • Group meetings with other parents. Meetings will provide information on age-appropriate topics and opportunities to meet other parents • Stay and Play Time offered once a month • Screening of child’s vision, hearing, and development • Community Resource Referrals.

# of Families Served by FTF Funding:
20

North Pima

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<tr>
<th>Agency:</th>
<th>Child and Family Resources (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)</th>
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<tr>
<td>Program:</td>
<td>Healthy Families</td>
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<tr>
<td>Contact:</td>
<td>Lupe Ricardez (520) 321-3754</td>
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</table>

Eligibility:
Pima County, including Catalina, Oro Valley, Marana, Avra Valley, Picture Rocks, and Tucson. Family must enroll either prenatally or before the child turns 3 months old. Families go through a screening process and are assessed for potential risk factors to determine eligibility for the program.

Description:
During weekly home visits, Family Support Specialists (FSS) provide assistance in developing parenting and coping skills. FSS utilize the Growing Great Kids (Great Kids, Inc.) curriculum as a primary source for activities to use during home visits. Role modeling, active problem solving, and empowering families to make good decisions are inherent in home-based planning. In addition to child development information, FSS encourage school readiness, assist interested parents in employment and further education services, and provide education on the importance of good nutritional habits to improve the overall health of children. The FSS emphasize the importance of reading and early literacy skills as part of school readiness activities with young children.

# of Families Served by FTF Funding:
46
North Pima

Agency: Easter Seals Blake Foundation (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)
Program: Raising Healthy Kids
Contact: Ask for Raising Healthy Kids (520) 628-2282

Eligibility:
Children ages birth to 5 years of age – for children not eligible for Arizona Early Intervention Program (AzEIP). Serving North Pima County including northern areas of Tucson, Catalina, and Marana.

Description:
A Community Health Specialist/home visitor will provide support for a child/children with special health care needs, including those with a broad range of developmental delays and/or medical challenges such as spina bifida, congenital heart defects, cancer, traumatic brain injury, cystic fibrosis, failure to thrive, or children with significant behavioral issues. This program also provides information and activities on child development, as well as facilitation and support to access community resources based on family identified needs.

# of Families Served by FTF Funding:
40 children

North Pima

Agency: Marana Unified School District (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)
Program: Marana Parents as Teachers
Contact: Christina Noriega (520) 579-4920

Eligibility:
Families must live within the Marana Unified School District boundaries and families must either be prenatal or have children ages birth to 5.

Description:
Marana Parents as Teachers (Marana PAT) is a free parent education and family support program serving families throughout pregnancy until their child enters kindergarten. Parents are supported by PAT certified parent educators trained to translate scientific information on early brain development into specific when, what, how and why advice for families. By understanding what to expect during each stage of development, parents can easily capture the teachable moments in everyday life to enhance their child’s language development, intellectual growth, social development and motor skills. As a long-term goal, your child’s school readiness and school success will increase. As a Marana Parents as Teachers family, you will receive: ● Monthly personal visits by a certified parent educator ● Group meetings with other parents. Meetings will provide information on age-appropriate topics and opportunities to meet other parents ● Stay and Play Time offered once a month ● Screening of child's vision, hearing, and development ● Community Resource Referrals.

# of Families Served by FTF Funding:
50
## North Pima

<table>
<thead>
<tr>
<th>Agency</th>
<th>Parent Aide Child Abuse Prevention Center (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program</td>
<td>Parent Partners™ Program</td>
</tr>
<tr>
<td>Contact</td>
<td>Tiffany Chipman (520) 798-3004</td>
</tr>
</tbody>
</table>

**Eligibility:**

It is a voluntary program, so a family must be willing to participate, have a child age 0-5 years old in the home, and must not have an open CPS case, and reside within the North Pima region.

**Description:**

Professional Staff are partnered with distressed families in the community to support them in strengthening their family through education and family support. Staff work with each family to identify their desired goal areas, and then provide tools, instruction and support to each family which aid in meeting their goals. Through this partnership, families strengthen parenting skills, increase knowledge of child development, enhance family communication, develop a sense of self-sufficiency, improve their support system and much more.

**# of Families Served by FTF Funding:**

- 6

---

## North Pima

<table>
<thead>
<tr>
<th>Agency</th>
<th>Teen Outreach Pregnancy Services (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program</td>
<td>Teen Outreach Pregnancy Services</td>
</tr>
<tr>
<td>Contact</td>
<td>Laura Pedersen (520) 888-2881</td>
</tr>
</tbody>
</table>

**Eligibility:**

Pregnant and/or parenting teens aged 12-21 and their children through age 5 in North Pima region.

**Description:**

Teen Outreach Pregnancy Services (TOPS) pregnant teens attend 16 hours of Healthy Pregnancy and Childbirth Education classes and receive ongoing case management throughout their pregnancy, delivering babies greater than 5.5 pounds and 37 weeks gestation. TOPS parenting teens receive 16 hours of parenting education (Proactive Parenting), post-partum exercise and support (Shape UP), and Family Support Group. Supportive services for the adolescent family include case management, mentoring, peer support, father/family involvement and home visits conducted by a Registered Nurse. Teens may continue to receive services until they reach age 22 or their child is over 5.

**# of Families Served by FTF Funding:**

By June 30, 2010, up to 50 pregnant teens and up to 150 parenting teens will have enrolled in TOPS services and received education and support.
North Pima

Agency: The Parent Connection, a member agency of Arizona’s Children Association (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)
Program: Parents as Teachers
Contact: Ask for Parents as Teachers (520) 321-1500

Eligibility:
Must live in Pima County; either be a prenatal family and/or have children ages birth to 5.

Description:
The programs and services offered at The Parent Connection are invaluable to promoting the well-being and resiliency of families in our community. There are several formats to choose from: Play-based Parenting Groups; Parenting Classes; and Parents as Teachers. Each format incorporates the concepts of mutual respect between family members as well as fun and engaging activities that promote child development and positive parenting techniques. In addition, a menu of specialty services is provided that include Infant massage, CPR, Newborn baby care, Sign with your baby, One-on-one parenting consultation and more.

# of Families Served by FTF Funding:
30 parents with the Parents as Teachers curriculum/Community-Based Family Education

Santa Cruz

Agency: Mariposa Community Health Center
Program: Santa Cruz County Promotora Partnership for Early Childhood Home Visitation
Contact: Joyce Latura (Referrals) / Susan Kunz (Program) (520) 375-6050

Eligibility:
Infants and children birth to 5 years throughout Santa Cruz County.

Description:
Child development, early literacy, child wellness, nutrition and physical activity services and education will be delivered via home visits and parent workshops to 250 children (200 families) in Santa Cruz County through partner agencies: Mariposa Community Health Center, Santa Cruz County Superintendent of Schools (SCCSS) and University of Arizona Cooperative Extension. Infants and children birth to 30 months will be served through Mariposa Community Health Center, Maternal and Child Health Unit and children 30 months to 5 years will receive services from the SCCSS HIPPY Program. All children are enrolled for one year, with continual renewal each year until the child ages out of the program.

# of Families Served by FTF Funding:
200
South Pima

Agency: Child and Family Resources (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)
Program: Healthy Families
Contact: Lupe Ricardez or AmadoArivaca (520) 321-3754

Eligibility:
The South Pima region including Three Points, Sahuarita, Vail and Tucson. Family must enroll either prenatally or before the child turns 3 months old. Families go through a screening process and are assessed for potential risk factors to determine eligibility for the program.

Description:
During weekly home visits, Family Support Specialists (FSS) provide assistance in developing parenting and coping skills. FSS utilize the Growing Great Kids (Great Kids, Inc.) curriculum as a primary source for activities to use during home visits. Role modeling, active problem solving, and empowering families to make good decisions are inherent in home-based planning. In addition to child development information, FSS encourage school readiness, assist interested parents in employment and further education services, and provide education on the importance of good nutritional habits to improve the overall health of children. The FSS emphasize the importance of reading and early literacy skills as part of school readiness activities with young children.

# of Families Served by FTF Funding:
102

South Pima

Agency: Parent Aide Child Abuse Prevention Center (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)
Program: Parent Partners™ Program
Contact: Tiffany Chipman (520) 798-3004

Eligibility:
It is a voluntary program, so a family must be willing to participate, have a child age 0-5 years old in the home, and must not have an open Child Protective Services' (CPS) case. Families must reside in South Pima zip code region.

Description:
Professional Staff are partnered with distressed families in the community to support them in strengthening their family through education and family support. Staff work with each family to identify their desired goal areas, and then provide tools, instruction and support to each family which aid in meeting their goals. Through this partnership, families strengthen parenting skills, increase knowledge of child development, enhance family communication, develop a sense of self-sufficiency, improve their support system and much more.

# of Families Served by FTF Funding:
8
### South Pima

**Agency:** Sunnyside Unified School District #12 (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)

**Program:** Sunnyside Parents As Teachers

**Contact:** Joan Katz  
(520) 545-2360

**Eligibility:**
Serving parents prenatally until their child enters kindergarten; serving any parent residing in the Sunnyside Unified School District boundaries (85706 and 85714).

**Description:**
Sunnyside Parents As Teachers (PAT) is an early childhood family education and support program serving families prenatally until their child enters kindergarten. Sunnyside PAT increases kindergarten readiness and school success. Currently serving 289 parents, including teens, Sunnyside PAT offers: monthly, bimonthly or weekly home visits; group meetings with other parents; a library/story hour; a Stay and Play program for parents and children together; programs for teen parents; evening programs for fathers; developmental screenings beginning at 6 months through 60 months and a resource and referral network. The program provides the most current research in child development from birth to age five, including prenatal information.

**# of Families Served by FTF Funding:**
80

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### South Pima

**Agency:** Teen Outreach Pregnancy Services (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)

**Program:** Teen Outreach Pregnancy Services

**Contact:** Laura Pedersen  
(520) 888-2881

**Eligibility:**
Pregnant and/or parenting teens aged 12-21 and their children through age 5 in the South Pima zip code region.

**Description:**
Teen Outreach Pregnancy Services (TOPS) pregnant teens attend 16 hours of Healthy Pregnancy and Childbirth Education classes and receive ongoing case management throughout their pregnancy, delivering babies greater than 5.5 pounds and 37 weeks gestation. TOPS parenting teens receive 16 hours of parenting education (Proactive Parenting), post-partum exercise and support (Shape UP), and Family Support Group. Supportive services for the adolescent family include case management, mentoring, peer support, father/family involvement and home visits conducted by a Registered Nurse. Teens may continue to receive services until they reach age 22 or their child is over 5.

**# of Families Served by FTF Funding:**
By June 30, 2010, up to 50 pregnant teens and up to 50 parenting teens will have enrolled in TOPS services and received education and support.
## South Pima

<table>
<thead>
<tr>
<th>Agency:</th>
<th>The Parent Connection, a member agency of Arizona’s Children Association (a partner with the United Way of Tucson and Southern Arizona Family Support Alliance)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program:</td>
<td>Kim Metz</td>
</tr>
<tr>
<td>Contact:</td>
<td>Ask for Parents as Teachers (520) 321-1500</td>
</tr>
</tbody>
</table>

**Eligibility:**
Must live in the South Pima zip code region, either be a prenatal family and/or have children ages birth to 5.

**Description:**
The programs and services offered at The Parent Connection are invaluable to promoting the well-being and resiliency of families in our community. There are several formats to choose from: Play-based Parenting Groups; Parenting Classes; and Parents as Teachers. Each format incorporates the concepts of mutual respect between family members as well as fun and engaging activities that promote child development and positive parenting techniques. In addition, a menu of specialty services is provided that include Infant massage, CPR, Newborn baby care, Sign with your baby, One-on-one parenting consultation and more.

**# of Families Served by FTF Funding:**
33 parents with the Parents as Teachers curriculum plus 100 parents through parent groups.
HOME VISITATION
(Present - June 30, 2010)

Greater Phoenix Regions / Yavapai

Central Phoenix

Agency: Southwest Human Development
Program: Healthy Families
Contact: Candace Crossland (602) 266-5976 x 6120

Eligibility:
Prenatal or infant under 90 days

Description:
Healthy Families is a parent support program emphasizing early childhood health and development, literacy, and school readiness. Degreed staff provide services that increase parent knowledge and skills optimizing health, safety, and family self-sufficiency. Staff work with parents to promote attachment and bonding and to build healthy, nurturing, and safe relationships with their children. All children 0-5 receive regular physical and social emotional developmental screenings. All family members are linked with medical providers and participate in Reading is Fundamental. Families are encouraged to complete education and secure employment. Services may continue until child is age 5.

# of Families Served by FTF Funding:
350-450

Gila River Indian Community

Agency: Gila River Health Care Public Health Nursing
Program: Building Blocks for Healthy Children (BBHC)
Contact: Yvonne Taylor, RN Case Manager (520) 562-5158

Eligibility:
Pregnant and parenting families with children ages 0 - 5.

Description:
Building Blocks for Health Children (BBHC) allows an expansion of Gila River Health Care's home visitation program to incorporate a customized, culturally competent home visiting model specifically for high risk pregnant women and children from ages 0-5 years living in the Gila River Indian Community. Customized screening shall identify women, with high risk factors during the second trimester, who may benefit from this comprehensive education and evaluation program. They will be canvassed to determine their willingness to participate. Children will be screened for developmental milestones and families will receive information and support on child development, parenting skills, health services, and referral and service coordination.

# of Families Served by FTF Funding:
50-60 pregnant women, newborns, and children up to age 5 years. An additional 100 families who are already being visited by existing Public Health Nursing staff will also receive additional education and referral services.
**Greater Phoenix Regions / Yavapai**

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## North Phoenix

<table>
<thead>
<tr>
<th>Agency:</th>
<th>Child &amp; Family Resources, Inc.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program:</td>
<td>Choices for Families</td>
</tr>
<tr>
<td>Contact:</td>
<td>Rana Hermosillo</td>
</tr>
</tbody>
</table>

**Eligibility:**
Pregnant and Parenting families with children 0-5 with the following geographical region (approximately) Glendale Ave to the South to the Northern Maricopa County Border, 51st Avenue to the West and 44th Street to the East. (The Region is not linear so some zip codes may be between 51st Ave and 63rd Ave and may go out past 44th Street). Serving Zip Codes: 85020, 85021, 85022, 85023, 85024, 85027, 85028, 85029, 85032, 85050, 85051, 85053, 85054, 85085, 85086, 85087, 85302, 85304 and 85306.

**Description:**
Choices for Families provides short term (up to one year), case management and in home parenting education through the development of individual goals related to parenting, life skills, health care and self-sufficiency. Services are delivered through weekly or bi-weekly home visits as well as through parent/child activity groups. Developmental Screenings are also provided. The goals of the program are to prevent child abuse and neglect, assist families in becoming successful parents, and the education of parents on their child’s physical, emotional, social, intellectual, and language development. There is strong emphasis on brain development.

**# of Families Served by FTF Funding:**
220-250

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## North Phoenix

<table>
<thead>
<tr>
<th>Agency:</th>
<th>Parenting Arizona</th>
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</thead>
<tbody>
<tr>
<td>Program:</td>
<td>Parent Connection</td>
</tr>
<tr>
<td>Contact:</td>
<td>Erika Mendoza</td>
</tr>
</tbody>
</table>

**Eligibility:**
- Ages between 0-5 years
- Serving Zip Codes: 85020, 85021, 85022, 85023, 85024, 85027, 85028, 85029, 85032, 85050, 85051, 85053, 85054, 85085, 85086, 85087, 85302, 85304 and 85306.

**Description:**
Parenting Arizona (PA) is implementing a home visiting program that will promote health and development and improve school readiness for children aged five or younger. The program is designed to teach child development, child health, effective parenting techniques, and to provide linkage to community resources. Services are provided until the children turn 5 years of age. Support services include: ♦ Child development education and screening ♦ Parenting information ♦ Referrals to health and community services ♦ Emotional support ♦ Short and long-term problem solving ♦ Parent socials & activities ♦ Positive play and interaction ♦ Weekly, bi-monthly, or monthly home visits ♦ Toy/book lending library ♦ Quarterly socials to develop a supportive social network.

**# of Families Served by FTF Funding:**
25
North Phoenix

<table>
<thead>
<tr>
<th>Agency:</th>
<th>Southwest Human Development</th>
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</thead>
<tbody>
<tr>
<td>Program:</td>
<td>Healthy Families</td>
</tr>
<tr>
<td>Contact:</td>
<td>Candace Crossland (602) 266-5976 x 6120</td>
</tr>
</tbody>
</table>

**Description:**
Each mother is partnered with a registered nurse early in her pregnancy and receives nurse home visits every one to two weeks through her child’s second birthday. Goals are to 1. Improve pregnancy outcomes by helping women engage in preventive health practices and prenatal care, improve their diets, and reduce the use of cigarettes, alcohol and illegal substances, 2. Improve child health and development by helping parents provide responsible and competent care, 3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their future, plan future pregnancies, continue their education and find work.

**# of Families Served by FTF Funding:**
137--175

South Phoenix

<table>
<thead>
<tr>
<th>Agency:</th>
<th>Maricopa County Department of Public Health &amp; Southwest Human Development</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program:</td>
<td>South Phoenix Nurse Family Partnership</td>
</tr>
<tr>
<td>Contact:</td>
<td>Bonnie Drenth (602) 200-0434</td>
</tr>
</tbody>
</table>

**Eligibility:**
Women pregnant with their first child before 28 weeks gestation, low income, who reside in 85009, 85031, 85033, 85034, 85035, 85037, 85040, 85041, 85043 or 85339.

**Description:**
Healthy Families is a parent support program emphasizing early childhood health and development, literacy, and school readiness. Degreed staff provide services that increase parent knowledge and skills optimizing health, safety, and family self-sufficiency. Staff work with parents to promote attachment and bonding and to build healthy, nurturing, and safe relationships with their children. All children 0-5 receive regular physical and social emotional developmental screenings. All family members are linked with medical providers and participate in Reading is Fundamental. Families are encouraged to complete education and secure employment. Services may continue until child is age 5.

**# of Families Served by FTF Funding:**
200
### Greater Phoenix Regions / Yavapai

#### South Phoenix

<table>
<thead>
<tr>
<th><strong>Agency:</strong></th>
<th>Southwest Human Development</th>
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<tr>
<td><strong>Program:</strong></td>
<td>Healthy Families</td>
</tr>
<tr>
<td><strong>Contact:</strong></td>
<td>Candace Crossland (602) 266-5976 x 6120</td>
</tr>
</tbody>
</table>

**Eligibility:**
- Prenatal or infant under 90 days.

**Description:**
Healthy Families is a parent support program emphasizing early childhood health and development, literacy, and school readiness. Degreed staff provide services that increase parent knowledge and skills optimizing health, safety, and family self-sufficiency. Staff work with parents to promote attachment and bonding and to build healthy, nurturing, and safe relationships with their children. All children 0-5 receive regular physical and social emotional developmental screenings. All family members are linked with medical providers and participate in Reading is Fundamental. Families are encouraged to complete education and secure employment. Services may continue until child is age 5.

**# of Families Served by FTF Funding:**
155--200

### South Phoenix

<table>
<thead>
<tr>
<th><strong>Agency:</strong></th>
<th>Tanner Community Development Corporation (TCDC) / South Phoenix Regional Consortium (TCDC, Childhelp KEYS/Cummings, My Sister My Friend, U of A Cooperative Extension</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Program:</strong></td>
<td>Parents As Teachers</td>
</tr>
<tr>
<td><strong>Contact:</strong></td>
<td>Dr. Darlene Little (<a href="mailto:doc.darlene@cox.net">doc.darlene@cox.net</a>) (602) 253-6904</td>
</tr>
</tbody>
</table>

**Eligibility:**
- Families with children, Pre natal – 5years
- Zip codes: 85043, 85033, 85034, 85040, 85041, 85009, 85035, 85339, and 85031
- South Mountain Village, South Central Phoenix, West Phoenix, Maryvale and Laveen.

**Description:**
Parent as Teachers is a home visitation National model program. The PAT model provides a detailed curriculum for early childhood parent education and family support. It serves families from pregnancy until children enter kindergarten. The program provides parents with child development knowledge, opportunities for modeling positive parent-child interactions and support.

Certified parent educators will make personal visits in the home to offer practical ideas for interacting with their children that enhance their growth, development and learning potential. Parents will also meet in groups to discuss common topics. Developmental screening including functional hearing and vision will be conducted.

**# of Families Served by FTF Funding:**
The South Phoenix Consortium will serve 121 families.
### Yavapai

<table>
<thead>
<tr>
<th>Agency</th>
<th>Arizona’s Children Association</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program</td>
<td>Bright Start</td>
</tr>
<tr>
<td>Contact:</td>
<td>Cherilyn Boswell</td>
</tr>
<tr>
<td>(928) 443-1991 x 17</td>
<td>(928) 443-1991 x 17</td>
</tr>
</tbody>
</table>

**Eligibility:**
- Prenatal to age 5; all of Yavapai County.

**Description:**
- Developed by the New Directions Institute for Infant Brain Development and presented by Arizona’s Children Association, Bright Start is an in-home training and support program in Yavapai County that helps parents, kinship families, foster and adoptive parents and other caregivers of children 0-5 years old learn more about how children develop healthy brains. Services are available at no charge to families who have one or more children from birth through five years or who are expecting a new baby. With the support of a trained, in-home visitor, families will learn simple, proven techniques that they can integrate into their everyday routines to maximize each child’s potential.

**# of Families Served by FTF Funding:**
- 40

### Yavapai

<table>
<thead>
<tr>
<th>Agency</th>
<th>Verde Valley Medical Center</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program</td>
<td>Verde Valley Parenting Partnership</td>
</tr>
<tr>
<td>Contact:</td>
<td>Susan Lacher (<a href="mailto:sl18367@nahealth.com">sl18367@nahealth.com</a>)</td>
</tr>
<tr>
<td>(928) 639-6489 x 36489</td>
<td>(928) 639-6489 x 36489</td>
</tr>
</tbody>
</table>

**Eligibility:**
- Families who are at-risk for child abuse and neglect or who have children with developmental needs and live within a 40 mile radius of Cottonwood, AZ.

**Description:**
- The program’s goal is family self-sufficiency through providing tools for coping, problem-solving, stress management, life skills and home management skills. Home visits begin prenatally or immediately after birth. Child development will be assessed at regular intervals starting at 4 months of age. Community playgroups will decrease social isolation, and increase child/parent interaction.

**# of Families Served by FTF Funding:**
- 100
Yavapai

Agency: Yavapai County Community Health Services
Program: Nurse Home Visiting for Infants and Toddlers in Foster Care
Contact: Barbara Jorgensen (barbara.jorgensen@co.yavapai.az.us) (928) 442-5489

Eligibility:
Maltreated infants and toddlers, birth through two years of age, in foster care.

Description:
The Nurse Home Visitor will monitor the growth and development of the foster child; work in partnership with other healthcare providers to ensure that needed services are identified and provided in a timely manner; provide information and support to foster parents who may not have sufficient knowledge to deal appropriately with the emotional and physical health needs of an abused infant or toddler; present the unique health and development needs of the child to the other child welfare professionals involved in the child’s care at Child Family Team meetings; participate in Court Team meetings to inform the larger child welfare system about health and development needs of very young children; and provide training to CPS case managers and Court Appointed Special Advocates about the unique health and development needs of infants and toddlers.

# of Families Served by FTF Funding:
30

Yavapai

Agency: Yavapai Regional Medical Center
Program: Healthy Families
Contact: Barbara Wisler-Walock or Bonnie Mari (928) 771-5651

Eligibility:
Prenatal to infant 3 months old. Family must assess into program. Geographic Area served is Prescott, Prescott Valley, Chino Valley, Paulden, Dewey/Humboldt, Mayer.

Description:
Healthy Families is a free and voluntary program whose purpose is to identify and provide emotional support and education through home visitation to parents at risk of child abuse and neglect for up to five years. The program can begin prenatally. Program services include a two-stage screening process to determine eligibility and assignment of a Family Support Specialist to provide intensive, comprehensive, long-term support in the participant’s home.

# of Families Served by FTF Funding:
160
### Maricopa Regions

#### Central Maricopa

<table>
<thead>
<tr>
<th>Agency:</th>
<th>Arizona Partnership for Children (AzPaC)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program:</td>
<td>Parents as Teachers</td>
</tr>
<tr>
<td>Contact:</td>
<td>Aimee Hackman (<a href="mailto:ahackman@cc-az.org">ahackman@cc-az.org</a>) (480) 388-3292</td>
</tr>
</tbody>
</table>

**Eligibility:**
Family must include a pregnant woman or have at least one child 0-5 years old. Services include all zip codes in the regional council areas. This includes the areas of Ahwatukee, Chandler, Guadalupe, and Tempe.

**Description:**
Parents as Teachers includes four main elements:
1. Home visits by qualified and trained parent educators. Educators can help with issues such as parenting, discipline, age-appropriate expectation and activities, development, and home management
2. Group meetings are held monthly and provide opportunities for parents to meet, share experiences, and learn new techniques
3. Children are regularly screened for health and developmental progress. Results are shared with parents, who are given support in helping their children develop optimally
4. Parents are connected to their communities through resources and referrals to agencies that may help them further.

**# of Families Served by FTF Funding:**
60

#### Central Maricopa

<table>
<thead>
<tr>
<th>Agency:</th>
<th>Southwest Human Development</th>
</tr>
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<tr>
<td>Program:</td>
<td>Healthy Families</td>
</tr>
<tr>
<td>Contact:</td>
<td>Candace Crossland (602) 266-5976 x 6120</td>
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**Eligibility:**
Prenatal or infant under 90 days.

**Description:**
Healthy Families is a parent support program emphasizing early childhood health and development, literacy, and school readiness. Degreed staff provide services that increase parent knowledge and skills optimizing health, safety, and family self-sufficiency. Staff work with parents to promote attachment and bonding and to build healthy, nurturing, and safe relationships with their children. All children 0-5 receive regular physical and social emotional developmental screenings. All family members are linked with medical providers and participate in Reading is Fundamental. Families are encouraged to complete education and secure employment. Services may continue until child is age 5.

**# of Families Served by FTF Funding:**
40-71
### Northeast Maricopa

#### Agency:
Center for Autism and Related Disorders, Inc. (CARD)

#### Program:
Crisis Intervention - Specialized Outpatient Services (SOS)

#### Contact:
Emily Barba and Rob Davidson
(602) 325-2485

#### Eligibility:
Age: 0-5, Northeast Maricopa Region: Scottsdale, Paradise Valley, Fountain Hills, Cave Creek, Carefree and the Fort McDowell Yavapai Nation (including zip codes 85251, 85257, 85250, 85258, 85253, 85254, 85260, 85259, 85268, 85269, 85264, 85255, 85331, 85377, 85262, 85263, deducting the portion of the Salt River Pima Maricopa Indian Community in zip code 85264.

#### Description:
The crisis intervention program, CARD S.O.S., is a short-term, focused intervention for families in crisis situations due to the child’s mental, developmental, or behavioral health issues. Individual client assessment and intervention will be combined with group caregiver training to provide optimal intervention for each family. Home-based, direct intervention will include training parents to implement their child’s behavior intervention plan addressing common childhood issues such as tantrums, non-compliance, aggression, toilet training, daily routine, feeding, and separation issues. Concurrently, caregivers will also learn useful skill-based techniques through group training meetings conducted every two weeks.

#### # of Families Served by FTF Funding:
100

### Northeast Maricopa

#### Agency:
Fort McDowell Yavapai Nation

#### Program:
Fort McDowell Yavapai Nation Early Childhood Development Program

#### Contact:
Cathy Quintana
(480) 789-7208

#### Eligibility:
Ages birth to three within the exterior boundaries of Fort McDowell Yavapai Nation.

#### Description:
The program will implement a comprehensive pre-natal - birth through age three, home visiting intervention program which includes parenting classes, case management and child care instruction. The program will be part of the newly created Hman’ Shawa Early Childhood Development Center at Fort McDowell. A population of forty tribal members will be targeted.

#### # of Families Served by FTF Funding:
40
Healthy Steps for Young Children is an evidence-based national initiative promoting early childhood within primary care medical settings. The Healthy Steps Specialist is a highly trained expert child development specialist emphasizing a close relationship between parents and their child's doctor. The Specialist spends time with the family addressing the physical, emotional, and intellectual growth and development of children ages birth through 5 years. Services include home visiting, access to the Child Development Information Line, Reach Out and Read participation to encourage early literacy, topic specific handouts, developmental and family health screening, and linkage to community resources.

# of Families Served by FTF Funding:
600

Healthy Families is a parent support program emphasizing early childhood health and development, literacy, and school readiness. Degreed staff provide services that increase parent knowledge and skills optimizing health, safety, and family self-sufficiency. Staff work with parents to promote attachment and bonding and to build healthy, nurturing, and safe relationships with their children. All children 0-5 receive regular physical and social emotional developmental screenings. All family members are linked with medical providers and participate in Reading is Fundamental. Families are encouraged to complete education and secure employment. Services may continue until child is age 5.

# of Families Served by FTF Funding:
12-18
Parents as Teachers includes four main elements:
1) Home visits by qualified and trained parent educators. Educators can help with issues such as parenting, discipline, age-appropriate expectation and activities, development, and home management
2) Group meetings are held monthly and provide opportunities for parents to meet, share experiences, and learn new techniques
3) Children are regularly screened for health and developmental progress. Results are shared with parents, who are given support in helping their children develop optimally
4) Parents are connected to their communities through resources and referrals to agencies that may help them further.

# of Families Served by FTF Funding:
100

Parenting Arizona is implementing a home visiting program that will promote health and development and improve school readiness for children aged five or younger. The program is designed to teach child development, child health, effective parenting techniques, and to provide linkage to community resources. Services are provided until the children turn 5 years of age. Support services include: ♦ Child development education and screening ♦ Parenting information ♦ Referrals to health and community services ♦ Emotional support ♦ Short and long-term problem solving ♦ Parent socials & activities ♦ Positive play and interaction ♦ Weekly, Bi-monthly, or monthly home visits ♦ Toy/book lending library ♦ Quarterly socials to develop a supportive social network.

# of Families Served by FTF Funding:
125
Maricopa Regions
~Continued~

Southeast Maricopa

Agency: Arizona Partnership for Children (AzPaC)
Program: Parents as Teachers
Contact: Aimee Hackman (ahackman@cc-az.org) (480) 388-3292

Eligibility:
Family must include a pregnant woman or have at least one child 0-5 years old. Services include all zip codes in the regional council areas. This includes the areas of Mesa, Gilbert, and Queen Creek.

Description:
Parents as Teachers includes four main elements:
1) Home visits by qualified and trained parent educators. Educators can help with issues such as parenting, discipline, age-appropriate expectation and activities, development, and home management.
2) Group meetings are held monthly and provide opportunities for parents to meet, share experiences, and learn new techniques.
3) Children are regularly screened for health and developmental progress. Results are shared with parents, who are given support in helping their children develop optimally.
4) Parents are connected to their communities through resources and referrals to agencies that may help them further.

# of Families Served by FTF Funding:
120

Southeast Maricopa

Agency: Banner Health/Cardon Children’s Medical Center
Program: Pregnancy, Parenting, and Play
Contact: Goldie La Porte (480) 512-3410

Eligibility:
Geographic Area: Queen Creek (Maricopa Co.) 85242, Gilbert 85233, 85234, 85295, 85296, 85297, 85298, and Mesa 85201, 85202, 85203, 85204, 85205, 85206, 85207, 85208, 85209, 85212. Eligibility: Pregnant and Parenting Teens, Women with infants/toddlers in shelters, families with infants born at 34-37 weeks gestation. Length of Service: Pregnancy to child’s 3rd birthday.

Description:
Community referrals, assistance with enrollment on eligible programs, parenting support, developmental screenings and guidance, assistance with locating prenatal care, expedited access to prenatal care, home visitation, hearing and vision screenings, written materials about child development, home safety monitoring, collaboration with pediatric care provider; early literacy promotion, and more!

# of Families Served by FTF Funding:
400

Home Visitation Resource Guide
Parenting Arizona is implementing a home visiting program that will promote health and development and improve school readiness for children aged five or younger. The program is designed to teach child development, child health, effective parenting techniques, and to provide linkage to community resources. Services are provided until the children turn 5 years of age. Support services include: ♦ Child development education and screening ♦ Parenting information ♦ Referrals to health and community services ♦ Emotional support ♦ Short and long-term problem solving ♦ Parent socials & activities ♦ Positive play and interaction ♦ Weekly, bi-monthly, or monthly home visits ♦ Toy/book lending library ♦ Quarterly socials to develop a supportive social network.

Southeast Maricopa

Agency: Parenting Arizona
Program: Parent Connection
Contact: Erika Mendoza (602) 695-4428

Eligibility:
Prenatal to children up to age 5. Serving zip codes 85201, 85202, 85203, 85204, 85205, 85206, 85207, 85208, 85209, 85210, 85212, 85213, 85215, 85242, 85233, 85234, 85295, 85296, 85297, and 85298.

Description:
Parenting Arizona (PA) is implementing a home visiting program that will promote health and development and improve school readiness for children aged five or younger. The program is designed to teach child development, child health, effective parenting techniques, and to provide linkage to community resources. Services are provided until the children turn 5 years of age. Support services include: ♦ Child development education and screening ♦ Parenting information ♦ Referrals to health and community services ♦ Emotional support ♦ Short and long-term problem solving ♦ Parent socials & activities ♦ Positive play and interaction ♦ Weekly, bi-monthly, or monthly home visits ♦ Toy/book lending library ♦ Quarterly socials to develop a supportive social network.

# of Families Served by FTF Funding:
125
Southeast Maricopa

**Agency:** Southwest Human Development

**Program:** Healthy Families Arizona

**Contact:** Elizabeth Nunez (Intake) (602) 266-5976 x 5200

**Eligibility:**

Pregnant families or families with newborns up to 90 days of age. Service area includes all zip codes in this region and families may remain in services until child is age 5.

**Description:**

Healthy Families is a parent support program emphasizing early childhood health and development, literacy, and school readiness. Degreed staff provide services that increase parent knowledge and skills optimizing health, safety, and family self-sufficiency. Staff work with parents to promote attachment and bonding and to build healthy, nurturing, and safe relationships with their children. All children 0-5 receive regular physical and social emotional developmental screenings. All family members are linked with medical providers and participate in Reading is Fundamental. Families are encouraged to complete education and secure employment. Services may continue until child is age 5.

**# of Families Served by FTF Funding:**

463 - 660