

# # FIRST THINGS FIRST

First Things First partners with communities to strengthen families and help more kids arrive at kindergarten healthy and ready to succeed.

## Family Guide to First Things First Funded Programs in Northwest Maricopa

## Contact

### *Do you have parenting questions, or need advice?*

#### **Birth to Five Helpline**

Helps families with young children get free answers to their toughest parenting questions.

#### **Southwest Human Development**

1-877-705-KIDS (5437)

### *Are you a parent or caregiver looking for resources and support?*

#### **FindHelpPhx.org**

Strengthens families of young children by providing information on free or low-cost resources in Maricopa County.

#### **FindHelpPhx.org**

#### **Family Resource Centers**

Strengthens families of young children by providing locally-based information and instruction on health and child development issues.

#### **FamilyResourceAZ.org**

##### **Benevilla Family Resource Center**

(623) 207-6016

##### **Bicentennial South Family Resource Center**

(623) 237-5244

##### **Deer Valley Family Resource Center**

(623) 445-4727

##### **Desert Garden Family Resource Center**

(623) 237-5494

##### **Landmark School Family Resource Center**

(623) 237-4180

##### **Peoria Unified Family Resource Center**

(623) 773-6681

##### **Sunset Ridge Family Resource Center**

(623) 772-2339

##### **William C. Jack Family Resource Center**

(623) 237-4581

***Are you a parent or caregiver looking for resources and support?***

**Parenting Education**

Strengthens families with young children by providing voluntary classes in community-based settings to increase the knowledge and skills of parents and families. Targeting grandparents raising grandchildren and pregnant and parenting teenagers ages 12 to 21.

**CPLC Parenting Arizona Grandparents Raising Grandchildren**

(602) 248-0428 ext. 268

**Teen Outreach Pregnancy Services**

(623) 334-1501

**Home Visitation**

Home Visitation gives young children stronger, more supportive relationships with their parents through in-home services on a variety of topics, including parenting skills, early childhood development, literacy, etc. Connects parents with community resources to help them better support their child's health and early learning.

**Parent Partners Plus**

(602) 633-0732

parentpartnersplus.com

***Do you need information about your child's special needs?***

**Family Support for Children with Special Needs**

Improves the education and health of children with special needs who don't qualify for publicly funded early intervention programs.

**Child and Family Resources Building Bright Futures – Children with Special Needs**

(602) 234-3941

***Do you want information about your child's physical or oral health?***

**Oral Health**

Decreases preventable oral health problems in young children. Provides oral health screenings and fluoride varnish in a variety of community-based settings.

**First Teeth First**

(602) 506-6888

firstteethfirst.org

**Care Coordination Program**

Improves children's health care and future development by ensuring they have a regular source of care.

**Maricopa Integrated Health System**

Glendale (623) 344-6700

El Mirage (623) 344-6500

***Do you need to find quality child care for your infant, toddler or preschooler?***

**Early Learning**

Resources for finding quality child care and preschool programs.

**Quality First**

qualityfirstaz.com

**Quality First Child Care Scholarships**

Helps low-income families afford a better educational beginning for their children.

**First Things First Northwest Maricopa Regional Partnership Council**

**For more information contact:**

Christina Lyons, Regional Director at [clyons@azftf.gov](mailto:clyons@azftf.gov) or

Tammi Watson, Community Outreach Coordinator at [twatson@azftf.gov](mailto:twatson@azftf.gov) or (602) 771-4960

The NW Maricopa Region includes Glendale, Surprise, Aguila, El Mirage, Morristown, Peoria, the Sun Cities, Wickenburg, Youngtown, Waddell & Wittmann.